	A	В	С	D	E	F	G	Н	I	J	K	L
Progra	ım Name	Organization/Contractor	Agency/Division/ Bureau	Age Restrictions	Residency Requirements	Financial Status/Medicaid	Veteran Status	Diagnosis Required	Other Requirements	Services Offered	Referral Required?	Contact Information
211		United Way	n/a	No	Nationwide, but specific services for Missouri by ZIP code	Varies by program	No	Varies by Program	Varies	Connection to resources and agencies providing services throughout the state. Information on food, housing, clothing, transportation, legal services, education, health, employment, income support, mental health, and other areas tailored to a person's location.		Call 211, text 800-427-4626, or visit 211helps.org to search resources or chat with a specialist
AARP 3			n/a	No	No	No	No	No	No	Facebook Discussion Group, Brain Matters trainings in Missouri w/ Alzheimer's Association, Extensive Caregiver Guides info, and	No	www.aarp.org/caregiving Support Line: 1-877-333-5885 or in Spanish 1-888-971-2013
Adult E		1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/DSDS	Care for disabled adults ages 18-63	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirements	Care recipient must meet nursing facility level of care.	No	Services include but are not limited to assistance with activities of daily living, planned group activities, food services, observation, skilled nursing services as specified in the plan of care, and transportation to and from the adult daycare setting.	No	Contact DSDS Central Office at \$73.526.8557
5		Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/DSDS	Care for individuals aged 63 or older	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	requirements	Care recipient must meet nursing facility level of care.	No	The Aged and Disabled Waiver offers in-home services to individuals aged 63 or over who have been assessed with certain impairments and unment needs to the extent that they would require nursing home care in the absence of these services. The services available include homemaker, chore, respite, home delivered meals and adult day care.		Contact DSDS Central Office at \$73.526.8557
AIDS W		1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/BHSH	No age restrictions	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirements	Care recipient must meet nursing facility level of care and be diagnosed by a physician as having AIDS or an HIV-related illness.	No	The AIDS Waiver provides in-home services to participants diagnosed by a physician as having AIDS or an HIV-eatbed lines and are assessed as meeting a nursing home level of care. The services available include personal care, private duty nursing, attendant care, and supplies. Supplies include diapers, under pads, and gloves.	No	DHSS Bureau of HIV, STD, and Hepatitis (573) 751-6475
Brain li	injury Waiver	1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/DCPH	Care for individuals between the ages of 21 and 65	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirements	Care recipient must have a traumatic brain injury and require nursing home level of care.	No	The Brain Injury Waiver offers Home and Community-Based Services to participants with traumatic brain injuries who are between the ages of 21 and 65 that require nursing home level of care. Services include personal care, applied behavior analysis, assistive technology, environmental access and modification, neuropsychological evaluation, cognitive rehabilitation therapy, and occupational, physicial and speech therapy. The Department of Health and Senior Services, Division of Community and Public Health, administers this program.	Developmental Disabilities Regional Office and ask for	Contact DSDS Central Office at \$73.526.8557
Breakti 8	time Club	Shepherd Centers of America	MARC (AAA)	Caregiver of adult 60+ or adult w/ dementia	Clay, Jackson, Platte, Ray, Cass Counties in Mo	No	No veteran requirements	No	No	Breaktime Club is a structured respite program to prvide a safe and enriching day out for older adults who cannot be left alone while their caregiver is provided a break from caregiving responsibilities.	No	(816) 421-2980 and ask about caregiver services
Care Pa Interve	artner Education and ention	Memory Care Home Solutions	n/a	Adult caregiver	Most services provided in the greater St Louis area, but some are available statewide via virtual visits	No specific financial requirements. Some services are offered at no charge, while others are privately paid	No veteran requirements	Caring for a person with dementia	No	Memory Care Home Solutions will make it easier for you to enhance your skills and adapt your home setting to meet the ever-changing demands of caregiving. Over the course of one year, Memory Care Home Solutions will provide you with in-home, personalized care partner education to reduce stress, improve communication, make the home a safer environment, modify daily activities to promote independence, learn ways to reduce difficult behavior, connect with community resources and other supports.	No	314-645-6247 or https://memorycarehs.org/
Caregio	ver Action Network	CAN	n/a	None	Nationwide	No specific financial requirements	No veteran requirements	No	No	Online resources and support for caregivers	n/a	https://www.caregiveraction.org/
Caregio	ver Resources	Alzheimer's Association	Greater Missouri Chapter or Heart of America Chapter	None	Two separate chapters serve Missouri. Choose the county of residence served by the appropriate chapter Heart of America service map: https://www.alz.org/kansascit y/about_us/areas_we_serve Greater Missouri service map: https://www.alz.org/greatermii	No specific financial requirements	No veteran requirements	Probable Alzheimer's disease or related dementia	No	2a/7 helpline services in multiple languages, care consultations, informational resources, support groups (virtual and in person), etc.	No	24/7 Helpline: 800.272.3900 or visit alt.org
12	, , , , , , , , , , , , , , , , , , , ,	Medicaid Home and Community Based Waiver Program funded with federal dollars and general revenue/local county match	DMH	Care recipient can be an adult or a child.	Missouri resident	Care recipient must qualify for Medicaid	requirements	The person must meet intermediate care facility for individuals with intellectual disability (ICF/ID) level of care and must be at risk of needing ICF/ID services if waiver services are not provided.	No	The Community Support Waiver began in July 2003 for persons with a place to live in the community, susually with family. Annual waiver service cost limit per participant of \$28,000. The Support Waiver service over 3,800 individuals.	Developmental Disabilities Regional Office and ask for Intake Eligibility	
Compr	weehensive Waiver	Medicaid Home and Community Based Waiver Forgram funded with federal dollars and general revenue/local county match	DMH	Care recipient must be 18+	Care recipient must be Missouri resident	Care recipient must qualify for Medicald	No veteran requirements	The participant must meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID) institutional level of care and must be at risk of needing ICF/ID institutional services if waiver services are not provided.	There must be a determination that the individual's needs cannot be met in the Community Support Waiver.	This waiver provides residential services for the care recipient: Group Home, Shared Living, or Individualized Supported Living services. This waiver does not have an individual cap on the amount of service an individual may receive annually through the waiver. The Division serves over 8,000 people through the Comprehensive Waiver. Although this waiver can provide residential support services when they are necessary for a participant, not every participant accesses residential services. Some live with their families or on their own and receive support services.		https://dmh.mo.gov/dev-disabilities/regional-offices
Crisis C	Care	Multiple	DSS Children's Division	Parents of children under 18	Missouri residents, children live with parents requiring assistance	No financial requirements	No veteran requirements	Parent experiencing a crisis or emergency situation	No .	Crisis Care services include providing shelter, food, personal care, medical attention, education assistance, transportation, and developmental activities for the child, providing or arranging for mediation services for the family, participating and completing assessment/treatment planning to help eliminate stress the family is experiencing, linking families to helpful resources and coordinating services as needed.	Temporary care is available 24 hours a day, 7 days a week	https://dss.mo.gov/cd/child-care/help-for-families/crisis- help-for-families.htm

ustomized Caregiver Training A nd Relief Program (CCTRP)	В	С	D	E	F	G	Н		J	K	L
d Relief Program (CCTRP)			No age restrictions for	caregiver and care receiver	No financial limitations for		Probable diagnosis of	Enrollment contingent upon	Training provides hands-on instruction and education so the caregiver		Erin Alewine, Dementia Specialist 573.415.6247
	Association	au of Senior	caregiver or care recipient	must be Missouri residents,	acceptance. Services paid	requirements	Alzheimer's disease or related	funding availability and	can manage challenging behaviors, learn care strategies, and improve	welcome	mrhassociation.org/caregivers/
		Programs		caregiver and care receiver	by Medicare, Medicaid, or		dementia		quality time at home. Trained staff make a free, confidential in-home		
				must live in the same home	any other source cannot be			served basis	assessment, provide caregiver education, and link caregivers to		
				(persons residing in long-term	reimbursed to the caregiver				needed community resources.		
				care facilities are not eligible)					Caregiver Relief provides financial assistance to caregivers living with		
									and caring for persons with Alzheimer's disease or related dementias.		
									Reimbursement is provided to caregivers for expenses related to the		
									use of repite care services and/or the purchase of products and		
									services required to care for the individual with dementia.		
									Reimbursements could include assessment and care coordination, in-		
									home care, adult day care, incontinence producst, safety and		
									supportive programs, education prgrams, counseling services,		
									nutritional supplements, etc.		
Idercare Locator A	Administration for Community	ACI	Varies by program	Nationwide, but specific	Varies by program	Varies by program	Varios by program	Generally no	Eldercare Locator is a public service of the US Administration on aging	Varios by program	800-677-1116 or eldercare.acl.gov
	Living (ACL)	Administration on	varies by program	services for Missouri by ZIP	varies by program	varies by program	varies by program	denerally no	connecting people to services for older adults and their families that	varies by program	dob or / 1110 or clucicurc.uci.gov
	Eiving (MCE)	Aging		anda					are tailored to the individual by location. Online resources include a		
		Aging		code							
									Caregiver Corner with useful links and answers to frequently asked		
									questions.		
					1						
					1						
					1						
					1						
amily Caregiver Toolbox	Caregiver Action Network	CAN	None	Nationwide	No specific financial	No Veteran	No	No	Articles, checklists, training videos, newsletters, support forums, and	n/a	Caregiver helpdesk: 855.227.3640 or visit
,					requirements	requirements			many other online resources for family caregivers. Live helpdesk can	**	https://www.caregiveraction.org/family-caregiver-toolbox
									be reached via phone or web chat Monday-Friday, 7A-6P.		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
									be reactied via priorie of web chat worlday-i riday, 7x-or.		
oster and Adoptive Caregiver	Central Missouri Foster Care	CMFCAA	Adults caring for minor children	Serves 24 counties in central	No specific financial	No veteran	n/a	No	Kinship Navigator program provides support to families who are	No	573-298-0258
ervices and Support a	and Adoption Association		_	Missouri	requirements	requirements			caring for others' children. They can be another relative to the child		
									such as a grandparent or aunt, or a close trusted friend or neighbor.		
									The program helps families connect to necessary resources, expands		
									family support services, seeks to reduce stress, and promotes family		
									stability. Services offered include navigating the child welfare, mental		
									health, and educational systems, providing training and licensing		
									assistance to relative childcare providers, connecting caregivers to		
									food, clothing, and other tangible resources		
									,		
oster and Adoptive Caregiver F	Foster Adopt Connect	FAC	Adults caring for minor children	Services available around	No specific financial	No veteran	n/a	No	FosterAdopt Connect works with children, youth, and families as they	No	816-350-0215
ervices and Support	i oster Adopt Connect	IAC	Addits caring for million children	Independence, Springfield,	requirements	requirements	liya .	140	navigate the complexities of the child welfare system. Programs	140	810-330-0213
ervices and Support				Joplin, Chillicothe, Poplar Bluff,	requirements	requirements			include 30 Days to Family, foster care advocacy, behavioral		
				and Kirksville					interventions, clinical services, Connect Café, food pantry/clothing		
									closet, Kinship Navigator, legal services, respite care, and support		
oster and Adoptive Parent F	Foster & Adoptive Care	FACC	Adults caring for minor children	Serves 12 counties in the St	No specific financial	No veteran	n/a	No	Comprehensive wraparound support services help foster and	Agency or self-referrals	314-367-8373
	Coalition			Louis Metro (Missouri and	requirements	requirements			adoptive families build resilience. Services include educational	welcome	
apportive services	Coalition			Illinois)	requirements	requirements			advocacy, parent training, support groups, therapy, wish granting,	weicome	
				illinois)							
									case navigation, free/discounted clothing, and more		
			 								
	Area VA Hospitals		No age restrictions for	Veterans are served by their	Veteran enrolled in VA		Some programs require service	No	PGCSS offers services including skills training, coaching, phone	Reach out to the facility CSP	Truman Veterans Hospital-Columbia 573-814-6204
ervices (PGCSS)		Veterans Affairs	caregiver or care receipent	local VA facility	health care benefits	enrolled in	disability of the veteran		support, and online programs for caregivers of veterans.	Team/Caregiver Support	Kansas City VA 816-922-2044
						Department of				Coordinator or request a	Pershing VA-Poplar Bluff 573-778-4476
						Veterans Affairs				referral from the veteran's	St. Louis VA-314-652-4100x54127
						(VA) health care and				provider	https://www.caregiver.va.gov/Care_Caregivers.asp
						be receiving				provider	mtps//www.caregiver.va.gov/care_caregivers.asp
						assistance from a					
						caregiver in order					
						for the caregiver to					
		n/a	No	Greater KC	No	No	Cancer diagnosis	No	Support groups, counseling, and wellness programs, and education	No	(816) 531-5444 or gildasclubkc.org
ilda's Club n	n/a								for anyone impacted by a cancer diagnosis		
ilda's Club n	n/a				Care recipient must qualify	Newsteren	Must meet disability	A participant of CDS must be	The Independent Living Majors is similar to the Consumer Directed	Vac	
		nucc/nene	Care for persons 50 as alds	Care recipient must be a						TES .	
dependent Living Waiver 1	1915c Home and Community	DHSS/DSDS	Care for persons 60 or older	Care recipient must be a			requirements		State Plan Personal Care program, requiring the same eligibility		
dependent Living Waiver 1	1915c Home and Community Based Waivers granted by the	DHSS/DSDS	and to adults with disabilities	Care recipient must be a Missouri resident	for Medicaid	requirements		process and hire an attendant	criteria be met and offering additional personal assistance services		
idependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS				requirements		process and nire an attendant			
ndependent Living Waiver 1	1915c Home and Community Based Waivers granted by the	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available		
ndependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant			
ndependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available		
ndependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available include:		
ndependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations		Contact DSDS Central Office at 573.526.8557
idependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies		Contact DSDS Central Office at \$73.526.8557
ndependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies financial management services		Contact DSDS Central Office at 573.526.8557
idependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies financial management services case management		Contact DSDS Central Office at 573.526.8557
dependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies financial management services case management		Contact DSDS Central Office at 573.526.8557
idependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attenuant	beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies financial management services case management The Department of Health and Senior Services, Division of Senior and		Contact DSDS Central Office at \$73.526.8557
idependent Living Waiver 1	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	and to adults with disabilities			requirements		process and nire an attendant	beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies financial management services case management		Contact DSDS Central Office at 573.526.8557

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H	Kinship Navigator Program	Central Missouri Foster Care	n/a	Must be caring for a child age	Must live within one of 24	No financial requirements	No veteran	n/a	No	The Kinship Navigator Program provides support to families who are	No	573-298-0258
		and Adoption Association	.,-	18 or under who is not your	counties served by CMFCAA		requirements			caring for other's children. They can be another relative to the child		
				own when the natural	(families residing outside of					such as a grandparent or aunt, or a close trusted friend or neighbor.		
				parent(s) cannot or will not do		i				The program helps families connect to necessary resources, expands		
				so	and referred out)					family support services, seeks to reduce stress, and promotes family		
										stability.		
										Services offered:		
										Support groups that focus on the unique needs of children who have		
										been neglected or abused.		
										been neglected of abused.		
										Navigating the child welfare, mental health, and educational systems		
										including crisis intervention services		
										Providing training and licensing assistance to relative care providers		
										Connecting caregivers to food, clothing, and other tangible resources		
										Respite exchange		
2	1											
	KU Alzheimer's Disease	Contracted w/ MARC for some	n/a	No	MO/KS	No	No	Dementia of any kind	No	CareText support program, support groups, training/education,	No	https://www.kumc.edu/research/alzheimers-disease-
2	Research Center	services								research studies galore, empowerment talks, SPARK. My Alliance for		research-center.html
	Medical Foster Care Program	Individual providers in served	VA	No age restrictions	Enrolled at a Missouri VA	There is a montly rate	Care recipient must	No particular diagnosis.	The veteran and the caregiver	MFH is a voluntary care option in a non-institutional, homelike	PACT or HBPC team referral	Natalie Gough, Medical Foster Home Coordinator 573-814-
		areas			Medical Center (currently	based on recipient's care	be a veteran	Voluntary care option when	will sign a private care	setting. The Home Based Primary Care Program will visit regularly.	required.	6000 x5452
					Kansas City, St. Louis,	needs and financial	enrolled at a	living at home becomes	agreement covering care	This team includes a nurse practitioner, nurse, social worker,		
					Springfield, Branson, Joplin,	resources. The cost may be		difficult. Can serve as an	provided, rate, rights, and	occupational or physical therapist, pharmacist, and psychologist. Tem		
			1		and Columbia areas)	paid using a combination of private income, social	Medical Center. Some medical foster	interim alternative while waiting on long-term care	responsibilities.	members provide case management and support to the veteran and the caregiver. Medical foster homes provide private rooms,		
1	1		1			security, savings, VA	care homes also	facility admission. Care needs		medication management, personal care, supervision, individualized		
1	1		1			income, or other funding.	serve non-veterans	may include physical care,		care planning, a consistent caregiver, meals, housekeeping/laundry,		
			1			.,	through a private-	medication management,		home-like living, flexibility and choice, socialization and recreation,		
١.	.1		1				pay arrangement.	mental health support, or		and other care support as needed.		
2	Medically Fragile Adult	1915c Home and Community	DHSS/BSHCN	Care for individuals 21 and	Care recipient must be a	Care recipient must qualify	Nevetere	memory impairment Serious and complex medical	Me	The Madically Francis Adult Walver offers consists to 1997 the banks	Vac Contact BELICH for	Contact Bureau of Special Health Care Needs 573-751-
	Medically Fragile Adult Waiver	Based Waivers granted by the	DU39/R2HCM	older (No longer eligible under	Care recipient must be a Missouri resident	for Medicaid	requirements	needs, requiring placement in	INU	The Medically Fragile Adult Waiver offers services to individuals who have serious and complex medical needs and are no longer eligible	process	Contact Bureau of Special Health Care Needs 5/3-/51- 6246
	··········	Centers for Medicare and		the Healthy Children and Youth		TOT INICUICATO	requirements	an ICF/MR absent these		for services under the Healthy Children and Youth program. To be	process.	0240
		Medicaid Services		Program)				services		eligible, an individual must be age 21 or older and assessed as		
										requiring placement in an ICF/MR absent these services. The services		
										available include attendant care, private duty nursing, and specialized		
										medical supplies.		
2	Marian and Anadom to the other states	Advanced Academic Technology	Adiana and Analakina	No constitutions	Missouri Resident	5	No to	5	No.	A contract of a contract of the last of th	N/-	han de la companya de
	Missouri Assistive Technology	Missouri Assistive Technology	Missouri Assistive Technology	No age restrictions	Missouri Resident	Some programs have financial restrictions	No veteran requirements	Some programs have limitations, while others do not	No	A variety of programs for individuals with disabilities or experiencing age-related changes. Demonstration centers to see, try, and learn	No	https://at.mo.gov/
			recnnology			Tinancial restrictions	requirements	limitations, while others do not		about devices, Equipment Technology Consortium (ETC) short term		
										device loan program, Telecommunications Access Program (TAP)		
	1									providing equipment to individuals who have problems sending or		
										providing equipment to individuals who have problems sending or receiving phone calls, texts, or emails or who have problems using		
2	3									receiving phone calls, texts, or emails or who have problems using the Internet,		
2	Missouri Caregiver of the Year	Constituent Services		No age restrictions for	Missouri resident	No financial limitations	No veteran	No diagnosis limitations	No	receiving phone calls, texts, or emails or who have problems using the internet, Do you know someone who puts their life on hold to care for a family	Anyone can nominate	Get nomination form and photo release form from
2	Missouri Caregiver of the Year	Constituent Services	DHSS/DSDS/Cons tituent Services	No age restrictions for caregiver or care receipent	Missouri resident	No financial limitations	No veteran requirements	No diagnosis limitations	No	receiving phone calls, texts, or emails or who have problems using the internet, Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A	Anyone can nominate	health.mo.gov/seniors/caregiver and send to
2	Missouri Caregiver of the Year	Constituent Services			Missouri resident	No financial limitations		No diagnosis limitations	No	receiving phone calls, texts, or emails or who have problems using the internet, Do you know someone who puts their life on hold to care for a family	Anyone can nominate	
2	,						requirements		No	receiving phone calls, texts, or emails or who have problems using the Internet, Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSDS website.		health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov
2	Missouri Centers for	Missouri Centers for			22 Centers in Missouri cover all	Some programs have	requirements No veteran	Some programs have	No Varies by program	receiving phone calls, texts, or emails or who have problems using the Internet. Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSDS website. MOCIL is a statewide association dedicated to protecting and	Anyone can nominate Self-referrals accepted	health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov https://mocil.org/locations/independent-living-resource-
2	,						requirements		No Varies by program	receiving phone calls, texts, or emails or who have problems using the Internet, Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSDS website. MOCIL is a statewide association dedicated to protecting and advancing the civil rights of people with disabilities		health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov
2	Missouri Centers for	Missouri Centers for			22 Centers in Missouri cover all	Some programs have	requirements No veteran	Some programs have	No Varies by program	receiving phone calls, texts, or emails or who have problems using the Internet. Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSIS website. MOCIL is a statewide association dedicated to protecting and advancing the civil rights of people with disabilities Centers are community-based, non-residential, not-for-profit		health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov https://mocil.org/locations/independent-living-resource-
2	Missouri Centers for	Missouri Centers for			22 Centers in Missouri cover all	Some programs have	requirements No veteran	Some programs have	No Varies by program	receiving phone calls, texts, or emails or who have problems using the internet, Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSDS website. ON COLL is a statewide association dedicated to protecting and advancing the civil rights of people with disabilities Centers are community-based, non-residential, not-for-profit organizations that are community controlled.		health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov https://mocil.org/locations/independent-living-resource-
2	Missouri Centers for	Missouri Centers for			22 Centers in Missouri cover all	Some programs have	requirements No veteran	Some programs have	No Varies by program	receiving phone calls, texts, or emails or who have problems using the Internet. Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSIS website. MOCIL is a statewide association dedicated to protecting and advancing the civil rights of people with disabilities Centers are community-based, non-residential, not-for-profit		health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov https://mocil.org/locations/independent-living-resource-
2	Missouri Centers for	Missouri Centers for			22 Centers in Missouri cover all	Some programs have	requirements No veteran	Some programs have	No Varies by program	receiving phone calls, texts, or emails or who have problems using the Internet, Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSID's website. MOCIL is a statewide association dedicated to protecting and advancing the civil rights of people with disabilities Centers are community-based, non-residential, not-for-profit organizations that are community controlled. Funding for Centers comes from a variety of sources, including federal, state, and/or local governments, grants, and fee-for-service programs.		health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov https://mocil.org/locations/independent-living-resource-
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MS Society- Mid-America	MS Society	n/a	N	Western MO, KS, NE	No	No	Multiple Sclerosis	No	Support groups, online discussion community, connection to information and resources, some case management and financial	For some services	1-800-344-4867 for an MS Navigator, https://www.nationalmssociety.org/Chapters/KSG
34									assistance if eligible		
National Council on Aging	NCOA	n/a	n/a	naitonwide	n/a	n/a	n/a	n/a	Online resources for older adults, caregivers, and aging professionals	n/a	https://www.ncoa.org/
National Family Caregiver Support Program	Area Agencies on Aging	DHSS/DSDS/Bure au of Senior Programs	Adult family members or other informal caregivers age 18 or older providing care to individuals 60 or older, Adult family members or other informal caregivers age 18 or older providing care to individuals of any age with Alzheimer's disease and related disorders, Older relatives (not parents) age 55 or older providing care to oblidiren under the age of 18, Older relatives, including parents, age 55 or older providing care to 55 or older providing care to 25 or older providing care to 25 or older providing care to 35 or older providing care	Missouri resident	No limitations for enrollment, but priority given to low income participants.	No veteran requirements	No particular diagnoses of care receiver required to participate, but if receiver has Alzheimer's disease or a related dementia, age requirements are waived.	greatest social or economic need	Services vary by AAA, but can include caregiver support services such as information about available resources, assistance in gaining access to the resources, individual counseling, organization of support groups, caregiver training, respite care, and supplemental services. The supplemental services might include minor home modifications, medical or incontinence supplies, nutritional supplements, assistive technology, durable medical equipment, or one-time financial assistance.		Call the Senior Resource Line to be connected with the AAA in your area 800.235.5503 https://health.mo.gov/seniors/aaa/
Older Adult Programs	City of Chesterfield	n/a	55+	Area around Chesterfield	No specific financial requirements	No veteran requirements	No	No	Senior Sizzlers gives you the opportunity to join the other Older Adults within the area for different programs and events including outings, seminars, exercise programs, and support groups.	No	https://www.chesterfield.mo.us/older-adult- programs.html
Online Resources	Care Connection	AAA	None	None	None	No veteran	No	n/a	Long list of online resources compiled by Care Connection Area	No	https://goaging.org/resources/
Online Support	Family Caregiver Alliance	n/a	None	Nationwide	No specific financial requirements	No veteran requirements	No	Some support groups are for specific demographic groups such as LGBTQ+, young adult caregivers, etc.	Agency on Agine in Warrenshure FCA facilitates and sponsors several types of support groups including those for caregivers who want a safe place to discuss the stresses, challenges, and rewards of providing care for adults with disorders such as Alzheimer's, stroke, brain injury, and other chronic debilitating health conditions. They also have a wide range of resources, tips, and information available online.	No	caregiver.org
Parenttink	University of Missouri	College of Education and Human Development	Caregivers of children under 18		No financial requirements	requirements	No diagnosis requirements	No	information and support: Visik with professionals who can assist you in thinking through solutions to your parenting concerns. Obtain community service and other resource information. Family Support Specialists offer problem-solving support, research-based information, and referrals to services. In areas of the state where we have funding to do so, we also offer follow-up calls to ensure that families get connected with needed resources. During follow-up we help families problem-solve any barriers to accessing services and provide additional information and referrals as needed. ParentLink's Kinship Navigator Line (Kin-4-kild Line) exists to assist and strengthen families of relative/kin caregivers, grandparents, and foster parents caring for children in a kinship relationship. This includes children being cared for by kin in foster care or legal guardianship arrangements, fullern at risk of entering foster care being cared for by kin, and children being cared for by kin outside of the child welfare system. Statewide Kinship Navigators can assist with areas such as finding transportation, assistance with housing and utility needs, connection to mental and behavioral health resources, access to developmental screenings for young children, finding household terms, clothing, and	Agency or self-referrals welcome	Warmline (all caregivers and professionals) 800.552.8522 Kinship Navigato line (Kinship caregivers and grandfamilies) 833.Kink401 (833.346.4543) https://education.missouri.edu/parentlink/email parentlink@missouri.edu
Parkinson's Foundation- Heartland Chapter	Parkinson's Foundation	n/a		KS, NE, IA, MO	No	No veteran requirements	Parkinson's Disease or caregiver of person w/ PD	No	Support groups, exercise and wellness classes for care recipient,	No	https://www.parkinson.org/sites/default/files/documents Heartland_Wellness_Programs_062123MS.pdf https://www.parkinson.org/sites/default/files/documents Kansas_and_Missouri_Support_Groups_062123MS.pdf
2	Medical Home and Community Based Waiver Program funded with federal dollars and general revenue/local county match	This is a county- based waiver that is a result of a partnership the Missouri Association of County Developmental Disabilities Services, the Division of Developmental Disabilities (DD), and the MO HealthNet Division.	and children.	Care recipient must be a resident of one of the counties shown in the linked map. There are currently 11 Missouri counties that do not participate. https://dmh.mo.gov/media/pd//counties-partnership-hope-waiver-map		Noveteran requirements	Care recipient must meet eligibility criteria for Division of DD services and meet ICF/ID level of care.	met with the current communits yupport system, meet crisis or priority criteria. Outlined in this document https://dmh.co.gov/media/pdf/partnership-hope-summary	This waiver can serve adults and children and has an annual total waiver service sost limit per participant of 51,28.6. The Partnership for Hope Walver serves over 2,100 individuals. Services could include Applied Behavior Analysis (ABA), Assistive Technology, Benefits Pflaming, Career Planning, Community Networking, Community Specialist, Community Transition, Day Habilitation, Dental, Environmental Accessibility Adaptations, Family Pers Support, Individual DirectedGoods and Services, Individualized Skill Development, Dob Development, Occupational Therapy, Personal Assistant, Physical Therapy, Prevocational Service, Professional Assessment & Monitoring, Specialized Medical Equipment and Supplies, Speech Therapy, Support Broker, Supported Employment, Tamonarcan, Devilential of Transparence, Devilential of Transparence, Devilential of Transparence, Devilential of Transparence, Development of the Programment of the	Contact your local Division of Developmental Disabilities Regional Office and ask for Intake Eligibility	Division of Developmental Disabilities at 573-526-7555.
Private Homecare Services	Various	Missouri Alliance for Home Care	No	No	Generally private pay	No	No	Varies by provider	Private citizens contracting with home care companies to provide care for loved ones.	No	573-634-7772 or https://www.homecaremissouri.org/

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Т	Program of Comprehensive	Missouri VA Hospitals	US Department of	f No age restrictions for	Veterans are served by their	Veteran enrolled in VA	The Veteran must be	Veterans may be eligible for	No	Veterans can designate one (1) Primary Family Caregiver and up to	Reach out to the facility CSP	https://www.caregiver.va.gov/
	Assistance for Family		Veterans Affairs	caregiver or care receipent	local VA facility	health care benefits	enrolled in	this clinical program if they:		two (2) Secondary Family Caregivers on the application. Secondary	Team/Caregiver Support	
	Caregivers (PCAFC)						Department of	Sustained or aggravated a		Family Caregivers serve as a backup support to the Primary Family	Coordinator or request a	
							Veterans Affairs	serious injury (or illness) in the		Caregiver when needed. Services will depend on whether you are the	referral from the veteran's	
							(VA) health care and	line of duty in the active		Primary Family Caregiver or a Secondary Family Caregiver.	provider	
							be receiving	military, naval or air service		Caregivers may receive: A monthly stipend (paid directly to the		
							assistance from a	during any service era. Among		caregiver), access to health care insurance through CHAMPVA,		
							caregiver in order	other applicable eligibility		mental health counseling, beneficiary travel benefits when traveling		
							for the caregiver to	criteria, an eligible Veteran		with the veteran to appointments, respite care		
							participate.	must:				
								Have a single or combined				
								service-connected disability				
								rating by the Department of				
								Veterans Affairs (VA) of 70% or				
								more, and				
								Be in need of personal care				
								services (requiring in-person				
								personal care services) for a				
								minimum of six continuous				
1							1	months based on any one of				
								the following:				
								- An inability to perform an				
44								activity of daily living.				
	Remote Support	Careforth	n/a	None	None	Some programs are free	No veteran	Some services specifically for	No	Links to several virtual support groups, forums, and other resources	n/a	https://www.careforth.com/blog/7-best-remote-support-
						and others are private pay	requirements	persons with dementia and		for people living with dementia and their caregivers. (Careforth also		groups-for-caregivers-of-people-with-dementia
								their caregivers		provides an expert care team, emotional support, and connects to		
										financial assistance for families caring for loved ones at home, but		
45										these services are not currently offered in Missouri).		
	Sandwiched-KC	Sandwiched	n/a	No	In-person services & respite	No	No	No	No	Virtual and in-person support groups, annual caregiver conference,		(816) 472-9178
					vouchers offered in Greater					training, respite vouchers		www.sandwichedkc.com
46					Kansas City						No	info@sandwichedkc.com
	Shared Care Tax Credit	n/a	Department of	Care recipient 60 or older	Caregiver and care receiver	Person receiving care	No veteran	The care recipient must be		Provides a tax credit to help families offset the costs of caring for an	No	To file a claim for the credit with the Missouri Department
			Revenue		must be Missouri residents, caregiver and care receiver	cannot receive funding or services through Medicaid	requirements	physically or mentally incapable of living alone, as	operate a motor vehicle	elderly person		of Revenue, the original, completed, and signed physician certification for Shared Care Tax Credit Form MO-SCC,
						or Social Services Block		determined and certified by a				must be attached to the individual income tax return
					least 6 months per tax year	Grant		physician licensed pursuant to				must be attached to the individual income tax return
					least o months per tax year	Grunt		Chapter 334, RSMo; and				
								Requires assistance with				
								activities of daily living to the				
								extent that without care and				
								oversight at home would				
								require placement in a facility				
47								licensed pursuant to Chapter				
		SMTS	n/a	Anyone can ride	21 counties in Southeast	Payment is by anonymous		No	No		No	800-273-0646 or ridesmts.org
⊿ s	Transportation Services				Missouri	suggested donation	requirements			nutrition, recreation, and personal business.		
-+0	(SMTS) Structured Family Caregiver	1915c Home and Community	DHSS/DSDS	Adults age 21 and over	Caregiver and care receiver	Must be Medicaid eligible	No veteran	Adults with Alzheimer's or a	Care receiver must meet	The Structured Family Caregiving Waiver (SFCW) was developed to	A referral for HCBS is required	HCBS Intake team 866.835.3505 online referral form at
		Based Waivers granted by the	,		must be Missouri residents.	and the second support	requirements	related disorder diagnosed by a			in order to initiate an	health.mo.gov/seniors
	`` '	Centers for Medicare and			Caregiver and care receiver		1	licensed physician in Missouri	3	Based Service (HCBS) option for individuals ages 21 and older	assessment to determine if	= ,
		Medicaid Services			must live in the same home						eligible participants meet	
					(persons residing in long-term		1			home in the community and would otherwise require	Skilled Nursing Facility Level-of-	
					care facilities are not eligible)		1			8,	Care	
							1			and Senior Services, Division of Senior and Disability Services		
							1			administers this program. Services include homemaker, attendant		
49										care, medication oversight, and escorting or transporting individuals.		
Г	Suicide and Crisis Lifeline	n/a	DMH	No age restrictions	Nationwide	No financial requirements	No veteran	No diagnosis requirements	No	By calling or texting 988, you'll connect with mental health	Agency or self-referrals	Call or text 988
1							requirements			professionals with the 988 Suicide and Crisis Lifeline, formerly known	welcome	
							1			as the National Suicide Prevention Lifeline. The 988 Lifeline provides		
							1			24/7, confidential support to people in suicidal crisis or mental health-		
1										related distress.		
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