

Do I need a

MEASLES VACCINE?



Birth Year	Vaccination	Recommendation
Born before 1957	Vaccine not available during this time and measles was widespread Considered immune	No action needed No vaccination recommended – highly likely to have immunity due to widespread measles exposure
Born 1957 or later	2 doses documented Considered immune	No action needed No additional dose recommended
	Previous measles infection documented Considered immune	No action needed No additional dose recommended
	Born 1957-1962 No vaccine available during this time	MMR dose(s) needed One MMR dose recommended – high risk individuals should receive a total of two MMR doses in their lifetime
	Vaccinated 1963-1967 Less effective vaccine used during this time	MMR dose(s) needed One MMR dose recommended – high risk individuals should receive a total of two MMR doses in their lifetime
	Vaccinated 1968-88 One dose recommended during this time	Consider MMR booster Consider another MMR dose to increase protection – high risk individuals should receive a total of two MMR doses in their lifetime
	Vaccinated 1989 or later Likely received two doses	No action needed No additional dose required – high risk individuals should receive a total of two MMR doses in their lifetime
	Vaccination history unknown or records unavailable	1 MMR dose suggested One MMR dose recommended since it only requires one appointment

Important Notes

- Those who are pregnant or severely immunocompromised should not receive the MMR vaccine. Please discuss alternatives with your doctor.
- High Risk Definition: Healthcare workers, international travelers, close contacts of immunocompromised individuals, those with HIV without evidence of severe immunosuppression, and university, college or trade school students.