

MEASLES RECOMMENDATIONS

Patient Vaccination and Treatment



Birth year	Vaccination record	No known measles exposure	Exposed to measles case (incl. suspected)
Born before 1957	Considered immune	No action needed Routine shot usually not needed	Generally considered immune; usually no action. Follow local health department advice.
Born 1957 or later	1 dose documented	Consider MMR booster Consider another MMR dose to increase protection - high-risk individuals should receive a total of two MMR doses in their lifetime	Considered immune; no post-exposure prophylaxis.
	2 doses documented	No action needed No additional dose recommended	Considered immune; no post-exposure prophylaxis.
	Prior infection documented	No action needed No additional dose recommended	Considered immune; no post-exposure prophylaxis.
	Unvaccinated, or no documentation available	1 MMR dose suggested One MMR dose recommended since it only requires one appointment, but two can be given to increase protection	Give first MMR dose within 72 hours of exposure. If it has been >72 hours (up to 6 days), immune globulin may be used instead.
	Vaccinated 1963-1967 Killed vaccine era	MMR dose(s) needed One MMR dose recommended; high-risk individuals should receive a total of two MMR doses in their lifetime	Treat as nonimmune → MMR within 72 hours, or immune globulin within 6 days.

Important: Those who are pregnant or severely immunocompromised should not receive the MMR vaccine.