Bureau of Senior Programs
State Fiscal Year 2027
Programs and Services Directory

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Area Agencies on Aging

Missouri has 10 designated Area Agencies on Aging (AAA), covering all 114 counties and the City of St. Louis. The AAAs must submit an Area Plan every four years and update the plan at least annually. Each AAA is uniquely structured to meet the needs of older adults and adults with disabilities living within its planning and service area. Therefore, none of the AAAs are the same. While all 10 of the AAAs provide a base set of services, the specific menu of services each AAA offers will vary from agency to agency.

Table 1: Missouri's 10 Area Agencies on Aging

Area Agency on Aging Name	Address	Contact Telephone Numbers	Counties Served by the Agency
Aging Ahead	1435 Manchester Road, St. Louis, MO 63011	636-207-0847 800-243-6060	Franklin, Jefferson, St. Charles and St. Louis County
Aging Best	201 West Broadway, Columbia, MO 65203	573-443-5823 800-369-5211	Audrain, Boone, Callaway, Camden, Cole, Cooper, Crawford, Dent, Gasconade, Howard, Laclede, Maries, Miller, Moniteau, Morgan, Osage, Phelps, Pulaski and Washington
Aging Matters	69 Doctors Park, Suite B, Cape Girardeau, MO 63703	573-335-3331 800-392-8771	Bollinger, Butler, Cape Girardeau, Carter, Dunklin, Iron, Madison, Mississippi, New Madrid, Pemiscot, Perry, Reynolds, Ripley, St. Francois, Ste. Genevieve, Scott, Stoddard and Wayne
Care Connection	106 West Young Street, Warrensburg, MO 64093	660-747-3107 800-748-7826	Bates, Benton, Carroll, Cedar, Chariton, Henry, Hickory, Johnson, Lafayette, Pettis, Saline, St. Clair and Vernon

Area Agency on Aging Name	Address	Contact Telephone Numbers	Counties Served by the Agency
Mid-America Regional Council	801 Pennsylvania Ave Kansas City, MO 64105	816-474-4240 800-593-7948	Cass, Clay, Jackson, Platte and Ray
Northeast Missouri Area Agency on Aging	2815 North Baltimore, Kirksville, MO 63501	660-665-3924 800-664-6338	Adair, Clark, Knox, Lewis, Lincoln, Macon, Marion, Monroe, Montgomery, Pike, Ralls, Randolph, Schuyler, Scotland, Shelby and Warren
Region X Area Agency on Aging	531 East 15th Street, Joplin, MO 64804	417-781-7562	Barton, Jasper, McDonald and Newton
SeniorAge	1735 South Fort Avenue, Springfield, MO 65807	417-862-0762 800-497-0822	Barry, Christian, Dade, Dallas, Douglas, Greene, Howell, Lawrence, Oregon, Ozark, Polk, Shannon, Stone, Taney, Texas, Webster and Wright
St. Louis Area Agency on Aging	1520 Market Street, 4th Floor, Room 4086, St. Louis, MO 63103	314-612-5918 877-612-5918	City of St. Louis
Young at Heart	1003 W 4th St, Suite 150, Cameron, MO 64429	660-240-9400 888-844-5626	Andrew, Atchison, Buchanan, Caldwell, Clinton, Daviess, DeKalb, Gentry, Grundy, Harrison, Holt, Linn, Livingston, Mercer, Nodaway, Putnam, Sullivan and Worth

Individuals can also contact the Senior Resource Line to reach their local AAA. The Senior Resource Line number is 800-235-5503. When prompted, the caller should enter their zip code using the telephone keypad, and the call will then be transferred to their local AAA.

Missouri's Senior Centers

Missouri has around 210 senior centers/meal sites across the state that are affiliated with an Area Agency on Aging (AAA). Senior centers provide an array of services for older adults, including meal services, whereas meal sites are locations solely used to serve meals for older adults.

To find out which senior center serves your area, contact your local AAA or call the Senior Resource Line at 1-800-235-5503. The line will prompt you to enter your ZIP code and then connect you to your AAA.

AAA Older Americans Act Services

III B - Supportive Services

Title III B of the Older Americans Act (OAA) provides for supportive services to assist those age 60 or older to remain safe, healthy, and independent in their homes. (The AAAs also receive additional funding to provide meals and transportation to adults aged 18-59 with disabilities.) The Missouri State Plan on Aging, approved by the Administration on Community Living, requires that at least 30% of III B funds go to access services (includes transportation, information and assistance, advocacy, outreach and at several AAAs, case management), at least 20% to in-home services (services might include homemaker, chore, personal care, respite, adult daycare, telephone reassurance, friendly visiting, homebound shopping, home modification and repair, home technology and automation and medication set-up), and at least 1% to legal assistance. III B services vary widely, ranging from personal care and homemaker services to opportunities for recreation and home modification. The purpose of III B services is to help older Missourians age in place.

Table 2: Matrix of Title III B Supportive Services by AAA per Area Plan for SFY2027

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
Adult Day Services	Yes	No	No	No	No	No	No	No	No	No
Assisted Transportation	No	No	No	No	No	Yes	No	No	No	No
Care Coordination/Benefits Assistance	No	No	No	No	No	No	No	No	Yes	No
Case Management	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
DPHP Non-Evidence Based Health & Wellness	Yes	No	No	Yes	No	No	Yes	Yes	Yes	Yes

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
Homemaker Services	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Information & Assistance	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Legal Assistance	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Nutrition Counseling	Yes	Yes	No	No	No	No	No	Yes	Yes	No
Nutrition Education	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
Ombudsman	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Other Services-Access-Interpretation	Yes	Yes	No	No	No	No	Yes	Yes	Yes	No
Other Services-Assistive Technology	Yes	Yes	No	No	No	No	Yes	Yes	No	Yes
Other Services-Consumable Supplies	Yes	Yes	No	No	No	No	Yes	Yes	Yes	Yes
Other Services-Durable Medical Equipment	Yes	Yes	No	No	No	No	Yes	Yes	No	No
Other Services-Elder Abuse Prevention/Elder Rights	Yes	Yes	Yes	No	No	No	No	No	No	No
Other Services-Emergency Response System	No	No	No	No	No	No	Yes	Yes	No	No
Other Services-Minor Home Modifications and/or Home Repair	Yes	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes
Other Services-Other-Advocacy	No	No	No	No	No	Yes	Yes	Yes	No	No

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
Other Services-Other-Financial Assistance	Yes	No	No	Yes	No	No	No	Yes	No	No
Other Services-Other-In-home Respite	No	No	No	No	No	No	Yes	No	Yes	No
Other Services-Other-Pantry Services	No	No	No	No	No	No	No	No	Yes	No
Other Services-Other-Tax Assistance	No	No	Yes	Yes	No	No	Yes	Yes	No	No
Other Services-Other-Technology Support	No	No	No	No	No	No	No	No	No	Yes
Other Services-Other-Volunteer Services	Yes	No	No	No	No	No	No	Yes	No	No
Other Services-Public Education & Information	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
Other Services-Socialization	Yes	Yes	No	No	No	No	No	No	No	Yes
Other Services-Socialization-Friendly Visiting/Telephone Reassurance	Yes	No	Yes	Yes	No	No	Yes	Yes	Yes	Yes
Other Services-Socialization-Recreation	Yes	No	No	Yes	No	No	Yes	Yes	Yes	No

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
Personal Care	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Transportation	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

III C - Nutrition Services

Nutrition services include congregate, home-delivered, and, in some locations, carryout meals. Congregate meals are primarily offered at local senior centers. However, in some communities they are also provided in familiar locations that older adults already visit—such as libraries, YMCAs, restaurants, and other community sites. Congregate meals are provided hot and fresh to participants in a group setting. Home-delivered meals are available for individuals who are homebound and unable to attend senior centers or public locations. Home-delivered meals can be hot or frozen depending on the location of the participant's residence. Some AAAs provide carryout meals to participants who are not homebound and cannot eat in a congregate setting.

Eligibility for nutrition services includes being 60 years of age or older, or an eligible adult with a disability. Additional individuals can receive meals, such as a spouse under age 60 married to someone 60 years of age or older and volunteers helping in the program who are younger than 60.

The OAA requires that all meals served using OAA funds adhere to the current Dietary Guidelines for Americans, provide a minimum of one-third of the Dietary Reference Intakes, meet state and local food safety and sanitation requirements, and be appealing to older adults.

Table 3: Title III C Nutrition Services by AAA per Area Plans for SFY2027

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
Carry Out Meals	Yes	Yes	No	No	No	Yes	No	Yes	No	Yes
Congregate Meals in Other Community Locations	Yes	No	No	No	No	Yes	No	Yes	Yes	No
Congregate Meals in Senior Centers	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Home Delivered Meals	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

III D - Evidence-Based Disease Prevention and Health Promotion Programs

Each AAA provides a variety of evidence-based disease prevention and health promotion programs. You can learn more about each of the programs listed below at the National Council on Aging's Evidence-Based Programs webpage. Each of these programs meets the requirements set by the Administration for Community Living. Because many programs are not offered year-round, it is important to contact the AAA to determine when a program will be available. Any adult age 60 or older is eligible to participate in these programs.

Table 4: Matrix of Title III D Evidence-Based Programs by AAA per Area Plans for SFY2027

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
A Matter of Balance	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes
Active Living with Chronic Pain	Yes	No	No	No	No	No	No	No	No	No
Arthritis Foundation Exercise Program	No	No	No	No	No	No	No	No	No	Yes
Bingocize	Yes	No	No	Yes	Yes	No	No	No	No	No
Cancer Thriving and Surviving	Yes	No	No	No	Yes	No	No	No	No	No
CDSME	Yes	Yes	No	No	Yes	Yes	No	Yes	Yes	No

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
Chronic Pain Self Management Education	No	Yes	No	No	Yes	No	No	No	Yes	No
Circle of Friends	No	No	No	Yes	No	Yes	No	No	No	Yes
Cognitive Stimulation Therapy	No	No	No	No	No	Yes	No	No	No	No
Diabetes Self Management	Yes	Yes	No	No	No	Yes	No	No	Yes	No
Drums Alive	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes	Yes
Eat Smart Move More Weigh Less	No	No	No	No	No	No	No	No	No	Yes
Enhance Fitness	Yes	No	No	Yes	Yes	No	No	No	No	No
Healthy Ideas	No	No	No	No	Yes	No	No	No	No	No
Healthy Steps for Older Adults	Yes	No	No	No	No	No	No	No	No	No
HomeMeds	No	No	Yes	No	No	No	Yes	Yes	No	No
Mind Over Matter	No	Yes	No	Yes	No	Yes	No	No	No	No

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
PEARLS	No	Yes	No	No	No	No	No	No	No	No
Powerful Tools for Caregivers	No	Yes	No	No	No	Yes	No	No	No	No
Stay Strong, Stay Healthy (U. of MO Extension)	Yes	No	No	Yes	Yes	No	No	No	No	Yes
Tai Chi for Arthritis (Health Insititute)	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes	Yes
Tomando Control de Su Salud	Yes	No	No	No	Yes	No	No	No	No	No
Walk with Ease	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes
Wellness Recovery Action Program	Yes	No	No	No	No	No	No	No	No	No
Workplace Chronic Disease Self-Management Education	Yes	Yes	No	No	Yes	No	No	No	No	No

III E - Family Caregiver Services

Family caregiver services are available through the OAA for many different types of caregivers.

Eligible categories include:

- Adult family members or other informal caregivers aged 18 or older providing care to individuals aged 60 or older.
- Adult family members or other informal caregivers aged 18 or older providing care to individuals of any age with Alzheimer's disease and related disorders.
- Older relatives (not parents) aged 55 or older providing care to children under the age of 18.
- Older relatives, including parents, aged 55 or older, providing care to adults ages 18-59 with disabilities.

Table 5: Matrix of Title III E Caregiver Services by AAA per Area Plans for SFY2027

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
FCG Case Management	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
FCG Case Management-Assessment and Care Planning	No	No	No	No	No	Yes	No	No	No	Yes
FCG Counseling	No	No	No	No	No	No	Yes	Yes	No	Yes

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
FCG Information and Assistance	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
FCG Information Services (Public)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
FCG In-home Respite	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
FCG Out of Home Grandparents as Parents (GAP) Respite-Day	No	No	No	No	Yes	No	No	No	No	No
FCG Out of Home Respite-Day	No	No	No	No	No	Yes	No	No	No	No
FCG Out of Home GAP Respite-Overnight	No	No	No	No	Yes	No	No	No	No	No
FCG Supplemental Services-Assistive Technology	No	No	No	No	No	No	Yes	Yes	No	Yes

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
FCG Supplemental Services-Consumable Supplies	Yes	Yes	Yes	No	No	No	Yes	Yes	No	Yes
FCG Supplemental Services-Durable Medical Equipment	Yes	Yes	Yes	No	No	No	Yes	Yes	No	Yes
FCG Supplemental Services-Financial Assistance	No	No	No	No	No	No	No	Yes	No	No
FCG Supplemental Services-Home Modification	Yes	Yes	No	No	No	No	Yes	Yes	Yes	Yes
FCG Supplemental Services-In-Home Services Foot Care	No	No	No	No	No	No	No	Yes	No	No

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
FCG Supplemental Services-In-Home Services Homemaker	Yes	Yes	No	No	No	No	No	No	Yes	Yes
FCG Supplemental Services-In-Home Services Personal Care	Yes	No	No	No	No	No	No	No	Yes	No
FCG Supplemental Services-Legal	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
FCG Supplemental Services-Nutrition Congregate Meals	No	No	No	No	No	No	No	No	No	Yes
FCG Supplemental Services-Nutrition Home Delivered Meals	No	No	No	No	No	No	No	No	No	Yes

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
FCG Supplemental Services-Nutritional Supplements	Yes	Yes	No	No	No	No	No	No	No	No
FCG Supplemental Services-Other-Interpretation	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	Yes
FCG Supplemental Services-Other Patient Companion	No	No	No	No	No	No	No	Yes	No	No
FCG Supplemental Services-Other Telephone Reassurance	No	No	No	No	No	No	Yes	Yes	No	No
FCG Supplemental Services-Personal Emergency Response	No	No	No	No	No	No	No	Yes	No	No

	Aging Ahead	Aging Best	Aging Matters	Care Connection	Mid-America Regional Council	Northeast MO AAA	Region X	SeniorAge	St. Louis AAA	Young at Heart
FCG Supplemental Services-Remote Support Technology	No	No	No	No	No	No	No	Yes	No	No
FCG Supplemental Services-Transportation	No	No	No	No	No	Yes	No	Yes	No	No
FCG Support Groups	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No	Yes
FCG Training	Yes	No	No	Yes	No	No	Yes	Yes	Yes	Yes
FCG Training-Building Better Caregivers	Yes	No	No	No	Yes	No	No	No	No	No
FCG Training-CDSME	Yes	No	No	No	Yes	No	Yes	No	No	No
FCG Training-Grandparent Education	Yes	No	No	No	No	No	No	No	No	No
FCG Training-Powerful Tools for Caregivers	No	Yes	No	No	No	No	No	No	No	No

Other Federal Programs

Medicare Improvements for Patients and Providers Act (MIPPA)

The Medicare Improvements for Patients and Providers Act (MIPPA) program supports states and tribes through grants to provide outreach and assistance to eligible Medicare beneficiaries to apply for benefit programs that help lower the costs of their Medicare premiums and deductibles.

Nine of the 10 AAAs in Missouri provide the MIPPA program.

Table 6: Counties Served per MIPPA Agency

MIPPA Agency	Telephone	Counties Served
SeniorAge	417-862-0762 or 800-497-0822	Barry, Christian, Dade, Dallas, Douglas, Greene, Howell, Lawrence, Oregon, Ozark, Polk, Shannon, Stone, Taney, Texas, Webster, Wright
Aging Matters	573-335-3331 or 800-392-8771	Bollinger, Butler, Cape Girardeau, Carter, Dunklin, Iron, Madison, Mississippi, New Madrid, Pemiscot, Perry, Reynolds, Ripley, Scott, St. Francois, Ste. Genevieve, Stoddard, Wayne
Care Connection for Aging Services	660-747-3107 or 800-748-7826	Bates, Benton, Carroll, Cedar, Chariton, Henry, Hickory, Johnson, Lafayette, Pettis, Saline, St. Clair, Vernon
Young at Heart Resources	660-240-9400 or 888-844-5626	Andrew, Atchison, Buchanan, Caldwell, Clinton, Daviess, DeKalb, Gentry, Grundy, Harrison, Holt, Linn, Livingston, Mercer, Nodaway, Putnam, Sullivan, Worth
Northeast Missouri Area Agency on Aging	660-665-4682 or 800-664-6338	Adair, Clark, Knox, Lewis, Lincoln, Macon, Marion, Monroe, Montgomery, Pike, Ralls, Randolph, Schuyler, Scotland, Shelby, Warren
Aging Best	573-443-5823 or 800-369-5211	Audrain, Boone, Callaway, Camden, Cole, Cooper, Crawford, Dent, Gasconade, Howard, Laclede, Maries, Miller, Moniteau, Morgan, Osage, Phelps, Pulaski, Washington
Aging Ahead	636-207-0847 800-243-6060	Franklin, Jefferson, St. Charles St. Louis
St. Louis Area Agency on Aging	314-612-5918 or 800-369-5211	City of St. Louis
Region X Area Agency on Aging	417-781-7562	Barton, Jasper, McDonald, Newton

Senior Community Service Employment Program (SCSEP)

The Senior Community Service Employment Program (SCSEP) is funded by the U.S. Department of Labor. This program provides job training for persons 55 years of age or older who wish to enter the workforce and need extra training and job placement assistance. The purpose of the program is two-fold: to provide job skill training for the participants and to provide needed support to community host agencies, which consist of not-for-profit 501(c)(3)s and governmental agencies. Host agencies benefit by having someone who is subsidized by the SCSEP program helping them with performing work they could not afford to pay for on their own.

Program participants are provided an average of 20 hours per week of paid training.

To be eligible to participate, a person must be age 55 or older, be unemployed at the time of application, and have an income that does not exceed 125% of the current federal poverty level.

Table 7: Counties Served per SCSEP Agency

SCSEP Grantee	Program Contact and Telephone Number	Counties Served by Grantee
Goodwill of Upstate/Midlands of South Carolina	Name: Jason Jackson Telephone: 806-609-4596	Andrew, Buchanan, Caldwell, Carroll, Chariton, Clinton, Daviess, DeKalb, Gentry, Grundy, Harrison, Holt, Howard, Linn, Livingston, Nodaway, Sullivan
Goodwill International	Name: Veronica Anderson-McMichael Telephone: 618-364-3115	Adair, Audrain, Bollinger, Boone, Butler, Callaway, Camden, Carter, Crawford, Dent, Dunklin, Howell, Iron, Laclede, Macon, Madison, Maries, Marion, Miller, Mississippi, Monroe, Montgomery, New Madrid, Oregon, Pemiscot, Phelps, Pike, Pulaski, Ralls, Randolph, Reynolds, Ripley, Scott, Shannon, Shelby, Stoddard, Texas, Washington, Wayne
MERS Goodwill	Name: Kathy Eichorst Telephone: 314-646-2268	Cape Girardeau, Franklin, Gasconade, Jefferson, Lewis, Lincoln, Perry, St. Charles, St. Francois, St. Louis, St. Louis City, Ste. Genevieve
AARP National	Name: Teresa Lillard Telephone: 501-500-1356	Cole, Cooper, Lafayette, Moniteau, Osage, Platte, Saline, Warren
AARP State	Name: Jonathan Smith Telephone: 816-471-1884	Cass, Clay, Jackson, Johnson, Ray
AARP National	Name: Teresa Lillard Telephone: 501-500-1356	Barton, Bates, Benton, Cedar, Dade, Dallas, Henry, Hickory, Jasper, Morgan, Newton, Pettis, Polk, St. Clair, Vernon
AARP National (NCBA)	Name: Kris Hollenbeck Telephone: 417-873-9275	Barry, Christian, Douglas, Greene, Lawrence, McDonald, Ozark, Stone, Taney, Webster, Wright

General Revenue Programs

Missouri Caregiver Program, aka Customized Caregiver Training & Relief Program

This general revenue-funded program provides training, respite care, assistive technology, and supportive services to family caregivers of individuals with Alzheimer's disease or related dementias. To qualify for the program, the person receiving care must reside in Missouri, the caregiver must be 18 years of age or older and live in the same home as the person receiving care, and the person receiving care must have a diagnosis of probable Alzheimer's disease or related dementia.

DHSS has contracted with the Community Asset Builders (CAB) to run this program in every county in the state. CAB subcontracts with the Alzheimer's Association to provide respite and supportive services (such as paying for adult diapers, medications, minor home modifications and nutrition supplements) and with Memory Care Home Solutions to provide caregiver training. Referrals should be made to **CAB at 573-632-2700 or via email, caregiver@cabllc.com.**

Senior Independent Living Programs (SILPs)

Missouri has four state-funded Senior Independent Living Programs (SILPs). Each SILP provides wrap-around services in its designated planning area to assist Missourians age 60 or older to remain in their home for as long as they are able. The services provided by each SILP vary based on the needs of individuals in their service area. Service needs are determined by completing annual assessments, handling information and assistance calls and through routine interactions with participants.

Table 8: SILP Locations, Contact Information, and Service Areas

SILP Grantee	Program Director	Office Location	Telephone	SILP Service Area
Palestine Senior Citizens Activity Center	Yolanda Robinson	3325 Prospect Ave., Kansas City, MO 64128	816-921-1963	2-mile radius from office
A Caring Plus Foundation	Alice Logan	6350 Garesche Ave., St. Louis, MO 63136	314-382-2560	2-mile radius from office
Jewish Federation of St. Louis	Christine Thurber	12 Millstone Campus Dr., St. Louis, MO 63145	314-442-3859	3-mile radius from office
Aging Best	Marissa Peterson	201 W. Broadway, Ste. 1E, Columbia, MO 65203	573-443-5823	All of Columbia, MO

Naturalization Services for Legal Senior Immigrants and Refugees

This general revenue program has been authorized by the state legislature for years to assist older adults in attaining their citizenship. Eligibility for this program includes:

- Be 60 years of age or older
- Have lived in Missouri for at least five years
- Be legally in the United States
- Have a health barrier to taking the standard naturalization classes

Individuals in this program have several options available to help them attain U.S. citizenship. Individuals who are capable can receive tutoring and the support needed to take the naturalization test in English. Individuals who do not have the cognitive ability to learn English can receive a medical waiver to take the test in their native language using an interpreter. Those whose cognitive ability would prevent them from being able to take the naturalization test are provided legal assistance to attain citizenship without the test. This program is available statewide.

To refer individuals to this program, contact: Monarch Immigrant Services, 4030 Chouteau Ave., Ste. 700. St. Louis, MO 63110 at 314-645-7800.

Other Programs

Century Club

The Missouri Century Club recognizes individuals who have reached or surpassed their 100th birthday. Members in the club receive a letter of greetings from the Governor in honor of their special contributions as Missouri centenarians.

Anyone may submit an individual for recognition by the Missouri Century Club by completing the registration form and submitting it to the address below.

We are honored to celebrate the milestones of older Missourians and recognize their achievements.

You may submit the registration form by

Mail:

Department of Health and Senior Services
Missouri Century Club Coordinator
P.O. Box 570
Jefferson City, Missouri 65102-0570

or

Email:

MoStatePlanOnAging@health.mo.gov

MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES

PO Box 570
Jefferson City, MO 65109
573-526-4542
MoStatePlanOnAging@health.mo.gov
https://health.mo.gov/seniors/

Scan this code with your phone's camera to visit Health.Mo.Gov/programs-services-directory.

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