MISSOURI WIC and Nutrition Services

HERE FOR YOU AND YOUR FAMILY



WIC provides:

- Healthy food.
- Nutrition counseling.
- Health care referrals.
- Breastfeeding promotion and support.

To:

- Women.
  - Pregnant.
  - Postpartum (up to 6 months).
  - Breastfeeding (up to 1 year).
- Infants.
- Children until their 5th birthday.

Contact information

1-800-835-5465

WICInfo@health.mo.gov

WIC.Mo.Gov

@MissouriWIC

Scan to connect with a WIC local agency.

This institution is an equal opportunity provider.