



Bixiyahayga daryeelka caafimaadku wuxuu igala hadlay saamaynta uu mid kasta oo ka mid ah walxaha hoos ku taxan ku leeyahay caafimaadkayga iyo saamaynta uu ku leeyahay caafimaadka ilmahayga aan weli dhalan:

- ☐ KHAMRIGA (BIIR, KHAMRI, KHAMRIGA AADKA U CULUS, IWM.)
- ☐ TUBAAKADA (SIGAARKA, QAACA SIGAARKA EE DADKA KALE, VAPING, IWM.)
- ☐ DAAWOYINKA DHAAKHTARKU QORO (OXYCODONE, METHADONE, ACE INHIBITORS, IWM.)
- ☐ DAAWOYINKA AAN U BAAHNAYN WARQAD DHAKHTAR (FIITAMIINNADA UURKA, DAAWOYINKA SANKA XIRAN, IBUPROFEN, IWM.)
- ☐ DAROOGOYINKA SHARCI-DARRADA AH (HEROIN, COCAINE, AMPHETAMINES, IWM.)
- ☐ CANNABIS/MARIJUANA (UBAX, KUWO HORAY LOO DUUBAY, VAPES, KUWO LA CUNO, IWM.)

I understand this information, and I have been given the opportunity to ask questions about substance use during pregnancy.

Waxaa la i siiyay ilahan soo socda si aan macluumaad dheeraad ah uga helo:

- MISSOURI DEPARTMENT OF MENTAL HEALTH, Division of Behavioral Health – Waxay bixisaa gudbin laguugu diro xarun daaweyn oo loogu talagalay isticmaalka walxaha. Haweenka uurka leh waxaa mudnaan la siiyaa barnaamijyada daaweynta. Wac **800-575-7480**.
- MISSOURI TEL-LINK – Waxay bixisaa gudbino qarsoodi ah oo loogu talagalay adeegyada caafimaadka hooyada iyo ilmaha. Wac **800-TEL-LINK (800-835-5465)**.
- MOTHERTOBABY – Waxay bixisaa macluumaad ku saabsan badbaadada daawooyinka iyo waxyaabaha kale ee qofku la kulmi karo inta lagu jiro uurka iyo xilliga naasnuujinta. Wac **866-626-6847**.
- MISSOURI TOBACCO QUIT SERVICES – Waa adeeg bilaash ah oo lagu caawiyo joojinta sigaarka, kaas oo bixiya tababar iyo taageero, macluumaad wax-ku-ool ah, gudbino, iyo daawooyin ay FDA ansixisay oo lagu caawiyo joojinta sigaarka (haddii qofku u qalmo). Wac **800-QUIT-NOW (800-784-8669)**.
- NATIONAL DOMESTIC VIOLENCE HOTLINE – Waxay siisaa macluumaad iyo gudbino, **24 saacadood maalintii, 7 maalmood usbuucii**, qof kasta oo la kulma rabshadaha qoyska. Wac **800-799-SAFE (800-799-7233)** ama TTY: **800-787-3224**.
- RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN) – Waxay siisaa adeegyo taageero oo qarsoodi ah, **24 saacadood maalintii, 7 maalmood usbuucii**, dadka ka badbaaday kufsiga, xadgudubka, ama galmada qaraabada dhow. Wac **800-656-HOPE (800-656-4673)**.

SAXIIXA MACMIILKA

TAARIIKHDA

PROVIDER SIGNATURE

TAARIIKHDA