

Decision Trees

Risk Factors 411, 425 and 427.

WIC and Nutrition Services
Missouri Department of Health
and Senior Services.

This institution is an equal
opportunity provider.



Infants

Risk factor 411 Inappropriate Nutrition Practices for Infants
411.11 Routinely not providing dietary supplements recognized as essential by national public health policy when an infant's diet alone cannot meet nutrient requirements

Check the local water supply's fluoridation level at CDC's "My Water's Fluoride" or the local utility provider. If using bottled or nursery water, check the fluoride content.

Vitamin D

Exclusively breastfed or drinking
< 32 fl oz* of vitamin D-fortified
formula per day

Drinking $\geq$ 32 fl oz of
vitamin D-fortified
formula or taking 400 IU
vitamin D

Taking 400 IU vitamin
D supplement

Not taking 400 IU
vitamin D supplement

Insufficient vitamin D intake

Assign risk factor 411.11

Refer to the health care provider

Sufficient vitamin D intake

*1 liter = 33.8 ounces, 1 quart = 32 ounces

Fluoride

Infants $\geq$ 6 months

Water supply contains < 0.3
mg/L of fluoride and no
fluoride supplement

Insufficient fluoride intake

Assign risk factor 411.11

Refer to the health care
provider

Water supply contains $\geq$ 0.3
mg/L of fluoride or taking a
fluoride supplement

Sufficient fluoride intake

Assign risk factor 411, note the component and justification in the A section of the SOAP note.

Reference

411 Inappropriate Nutrition Practices for Infants, WIC Nutrition Risk, 05/2017.

Children

Risk Factor 425 Inappropriate Nutrition Practices for Children
425.8 Routinely not providing dietary supplements recognized as essential by national public health policy when a child's diet alone cannot meet nutrient requirements

Check your local water supply's fluoridation level at CDC's "My Water's Fluoride" or the local utility provider. If using bottled or nursery water, check the fluoride content.

Vitamin D

Drinking < 32 fl oz of milk per day and not taking 400 IU vitamin D supplement

Insufficient vitamin D intake
Assign risk factor 425.8
Refer to the health care provider

Drinking ≥ 32 fl oz of milk per day or taking 400 IU vitamin D through supplementation

Sufficient vitamin D intake

Fluoride

Children 12-35 months

Water supply contains < 0.3 mg/L of fluoride and not taking a supplement

Insufficient fluoride intake
Assign risk factor 425.8
Refer to the health care provider

Water supply contains ≥ 0.3 mg/L of fluoride or taking a fluoride supplement

Sufficient fluoride intake

Children 36-60 months

Water supply contains < 0.3 mg/L of fluoride and not taking a supplement

Insufficient fluoride intake
Assign risk factor 425.8
Refer to the health care provider

*1 liter = 33.8 ounces, 1 quart = 32 ounces.

*32 ounces of milk exceeds the recommended 16 ounces of milk per day for children; most children will require a vitamin D supplement.

Assign risk factor 425, note the component and justification in the A section of the SOAP note.

Reference

425 Inappropriate Nutrition Practices for Children, WIC Nutrition Risk, 05/2017.

Women

Risk factor 427 Inappropriate Nutrition Practices for Women
427.4 Inadequate vitamin/mineral supplementation recognized as essential by national public health policy

Pregnant

Breastfeeding

Nonbreastfeeding

Iron

Iodine

Folic Acid

27 mg in
supplement

< 27 mg in
supplement

150 mcg in
supplement

<150 mcg in
supplement

400 mcg in
supplement and/or
fortified foods

< 400 mcg in
supplement and/or
fortified foods

Sufficient iron
intake

Insufficient iron
intake

Assign RF 427.4

Refer to the health
care provider

Sufficient iodine
intake

Insufficient iodine
intake

Assign RF 427.4

Refer to the health
care provider

Sufficient folic acid
intake

Insufficient folic acid
intake

Assign RF 427.4

Refer to the health
care provider