

	Division of Community and Public Health	
	Section: 9.0 Electronic Directly Observed Therapy (eDOT)	Revised January 2022
	Subsection: 9.06 Appendix B – Sample Training with Patient Script	Page 1 of 2

Appendix B-Sample Training Procedure with Patient Script

Patient Training Procedure- eDOT

1. TB staff reviews the list of common side effects with the patient. The patient is instructed that if they have side effects during the course of eDOT, they are to not take the next dose and call the person on their Contact Card immediately. **Patient must be able to vocalize on camera they are “sick or ill” if the medications are making them feel sick or ill.**
2. Patient and TB staff gather the Patient Script, Pill Form, clear glass of clear liquid, and medications. Patient removes the correct dose (correct number of pills) from the medication bottle and places the dose for each drug on the correct Pill Form space.
3. Patient and TB staff activate the eDOT application (app) on phone.
4. Staff ensures clear visualization of patient (upper body and hands must be visible at all times).
5. Patient states their name and holds up picture ID, if available. If they do not have picture ID, staff provides a unique number, such as an RVCT number, to identify the patient on eDOT recording.
6. Patient holds the bottle of TB medication up to the phone’s camera so that the label can be clearly seen. Patients states the drug name and the number of pills they are taking and places them in their hand and shows their hand on camera.
7. Patient places pills in mouth and swallows them while on camera.
8. Patient opens mouth and shows staff that pills have been swallowed.
9. Patient repeats steps 6-8 for each drug until all medications have been swallowed.
10. Patient states the date and time for their next eDOT session and ends the recording in the app.

	Division of Community and Public Health	
	Section: 9.0 Electronic Directly Observed Therapy (eDOT)	Revised January 2022
	Subsection: 9.06 Appendix B – Sample Training with Patient Script	Page 2 of 2

Patient Script

Trainers: Use during training sessions to ensure patient can use this script on their own. Patients: Check your Common Side Effects list before beginning each session, and if you have any, do not take your medications and immediately call the person listed on your Contact Card.

1. Turn on the application (app) by tapping the app icon, logging in, and pressing the “Record Video” icon. Your face, hands, and pills should never leave the video.
2. Say: “Hello, this is (say your full name).”
3. Say: “Today I feel ____.” Do not take your medicine if you don’t feel well, feel different than usual or have concerns, and call the person listed on your Contact Card.
4. Show each pill container to the camera so the label can be easily read.
5. Remove the correct number of pills from each container, using your Pill Form as a guide. Place each medication on its Pill Form spot.
6. Put the pills in your hand and hold your hand to the camera so your pills can be seen on the video. Swallow pills one at a time, or all at once. Show your empty hand to the camera after taking your pills.
7. Use a clear liquid in a clear container to help you swallow your pills, like water or a clear juice.
8. When you’re done swallowing your pills, open your mouth so your video will clearly show that you swallowed all your pills.
9. Say: “Thank you. I will record again on __ (day) at __: __ (time) __ (Am/PM). Goodbye.”
10. Stop the recording by pressing the red “Record” button.
11. If you are connected to WiFi, your video will automatically upload. If not, your video will be held in “Pending” status until your device connects with WiFi. Remember that you are required to upload your videos by 8:00 AM the morning after you record them.
12. Enjoy your day!