



HERE FOR YOU AND YOUR FAMILY



WIC provides:

- Healthy food.
- Nutrition counseling.
- Health care referrals.
- Breastfeeding promotion and support.

To:

- Women.
 - Pregnant.
 - Postpartum (up to 6 months).
 - Breastfeeding (up to 1 year).
- Infants.
- Children until their 5th birthday.

Contact information

☎ 1-800-835-5465

✉ WICInfo@health.mo.gov

🌐 WIC.Mo.Gov

📱 @MissouriWIC



Scan to connect with a
WIC local agency.

This institution is an equal opportunity provider.