Child and Adult Care Food Program

What is the Child and Adult Care Food Program?

The Child and Adult Care Food Program (CACFP) was established to improve the meals and snacks served in child and adult day care programs.

Registered providers can be reimbursed for nutritious meals and snacks served to children receiving DSS subsidy, as well as other related or unrelated children enrolled for care in the child care home. All child care homes are eligible for Tier II reimbursement rates. A higher Tier I rate will be paid to home providers who live in low-income areas, have low household income, or serve low-income children. All subsidized children would qualify for Tier I reimbursement.

The CACFP is administered by the Missouri Department of Health and Senior Services and funded by the U.S. Department of Agriculture.

Building Good Nutrition Through Registered Homes

What are the Eligibility Requirements?

- ✓ All registered child care homes must have current registration status with the Department of Elementary and Secondary Education.
- ✓ Care provided in registered homes must be in the provider's own residence.
- ✓ Registered homes must participate in the CACFP through a sponsoring organization.
- ✓ The sponsoring organization must have access to the registered home and must complete a safety inspection of the home before approval to participate in the CACFP can be granted.
- ✓ Serve meals meeting program requirements.
- ✓ Keep accurate meal count and daily attendance records.
- ✓ Keep accurate records of all meals served, including menus and meal count documentation.
- ✓ Maintain enrollment documentation on each child in care, and obtain certified statements for related children in care.
- ✓ Claim no more than two meals and one snack or one meal and two snacks for each child per day. The child must be in attendance and be served a creditable meal.
- ✓ Meet minimum health and safety standards and maintain compliance with the standards throughout participation in the program.

Missouri Department of Health and Senior Services Child and Adult Care Food Program

FOOD CHART– CHILDREN		AGE: 1 and 2	AGE: 3 through 5	Age: 6 through 18
BREAKFAST	Fluid Milk	½ cup	¾ cup	1 cup
	Vegetable or Fruit or both	¼ cup	½ cup	½ cup
	Grain	½ oz. eq.	½ oz. eq.	1 oz. eq.
SNACK (Serve 2)	Fluid Milk	½ cup	½ cup	1 cup
	Vegetable	½ cup	½ cup	¾ cup
	Fruit	½ cup	½ cup	¾ cup
	Meat or Meat Alternate	½ oz. eq.	½ oz. eq.	1 oz. eq
	Grain	½ oz. eq.	½ oz. eq.	1 oz. eq.
LUNCH/SUPPER	Fluid Milk	½ cup	¾ cup	1 cup
	Meat or Poultry or Fish or Cheese	1 oz. eq.	1 ½ oz. eq.	2 oz. eq.
	or Egg	½	¾	1
	or Cooked Beans, Peas, and Lentils	¼ cup	⅜ cup	½ cup
	or Peanut Butter	2 tbsp.	3 tbsp.	4 tbsp.
	Vegetable	⅛ cup	¼ cup	½ cup
	Fruit	⅛ cup	¼ cup	¼ cup
	Grain	½ oz. eq.	½ oz. eq.	1 oz. eq.

Oz. eq. = ounce equivalent

Infant meal pattern available for children under 1 year of age and detailed food charts for children ages 1-12 are available on the CACFP webpage.

Sponsoring organizations are nonprofit or public organizations that contract with the Missouri Department of Health and Senior Services (DHSS). They serve as sponsors for family child care homes. Their responsibilities are:

- ✓ Conduct a pre-approval visit to the registered home to inspect the home for basic health and safety compliance.
- ✓ Make at least three visits annually to observe meal service and CACFP program compliance.
- ✓ Check records such as menus, meal counts, and attendance records on a monthly basis.
- ✓ Train registered providers on program requirements.
- ✓ Provide help to registered providers in areas of nutrition, nutrition education, food preparation, food sanitation, and provide referral to other community resources.
- ✓ Determine if the registered providers are Tier I homes and determine which children are eligible for Tier I reimbursement.
- ✓ Submit claim information on a monthly basis to DHSS – CFNA.
- ✓ Disburse or mail reimbursement checks to home providers in a timely manner.

Family Child Care Home Sponsoring Organizations

Child Nutrition Service, Inc.
PO Box 999
Smithville, MO 64089
816-343-6009
aubrie@childnutritionservice.com

Delta Area Economic Opportunity Corp.
99 Skyview Road
Portageville, MO 63873
573-379-3851 or 800-748-8320
mchristian@daeoc.com

Northeast Missouri (NEMO) Community Action Agency
PO Box 966
Kirksville, MO 63501
660-223-0466 or 800-737-3165 ext. 1030
cwood@capnemo.org

United 4 Children
5501 Delmar Blvd, Suite B520
Saint Louis, MO 63112
800-467-2322 or 314-531-1412
frazierc@united4children.org

Missouri Department of Health & Senior Services
Community Food & Nutrition Assistance
PO Box 570
Jefferson City, Mo 65102
For more information about CACFP:

Visit our web site at:
http://health.mo.gov/cacfp
E-mail questions to: cacfp@health.mo.gov
Phone: 800-733-6251 or 573-751-6269

This institution is an equal opportunity provider.

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