

WISEWOMAN SCREENING CLAIM FORM (RRC, INITIAL AND ANNUAL)

WISEWOMAN SCREENING CLAIM FORM (RRC, INITIAL AND ANNUAL) CONT.

a. Stroke/transient ischemic attack (TIA)	☐ Yes	☐ No	☐ Don't know/not sure		
b. Heart Attack	☐ Yes	☐ No	☐ Don't know/not sure		
c. Coronary heart disease	☐ Yes	☐ No	☐ Don't know/not sure		
d. Heart failure	☐ Yes	☐ No	☐ Don't know/not sure		
e. Vascular disease (peripheral arterial disease)	☐ Yes	☐ No	☐ Don't know/not sure		
f. Congenital heart disease and defects	☐ Yes	☐ No	☐ Don't know/not sure		
B. HEALTH HISTORY SECTION CONT... Clear Section					
1. Are you taking an aspirin daily to help prevent a heart attack or stroke?	☐ Yes	☐ No			
2. How many cups of fruits and vegetables do you eat in an average day?		Number of Cup(s)	☐ None		
3. Do you eat two (2) servings or more of fish weekly?	☐ Yes	☐ No			
4. How many servings of grain products do you eat in a typical day?	☐ 1/2 serving or less	☐ 1/2 serving			
	☐ 1/2 serving or more	☐ none			
5. How many servings are whole grains (Oatmeal, cereal, bread, etc.)?	☐ 1/2 serving or less	☐ 1/2 serving			
	☐ 1/2 serving or more	☐ none			
6. Do you drink less than 36 ounces (450 calories) of beverages with added sugars weekly?	☐ Yes	☐ No			
7. Are you currently watching or reducing your sodium or salt intake?	☐ Yes	☐ No			
8. Physical Activity					
a. How many minutes of physical activity (exercise) do you get in a week?		Number of Minute(s)	☐ None		
9. Alcohol					
a. In the past 7 days, how often do you have a drink containing alcohol?		Number of Day(s)	☐ Don't know/not sure		
b. How many alcoholic drinks, on average do you consume during a day you drink?		Number of Drinks	☐ Don't know/not sure		
10. Overall Wellness					
a. Over the past 2 weeks, how often have you been bothered by little interest or pleasure in doing things?	☐ Not at all	☐ Several Days			
	☐ More than half the month	☐ Nearly every day			
b. Over the past 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	☐ Not at all	☐ Several Days			
	☐ More than half the month	☐ Nearly every day			
11. Tobacco Products					
a. Do you smoke? Includes cigarettes, pipes, cigars, or e-cigarettes (smoked tobacco in any form)	☐ Current Smoker	☐ Quit(1-12 months ago)			
	☐ Quit(More than 12 months ago)	☐ Never smoked			
b. Tobacco Cessation activity Completed?	☐ Yes	☐ No			
	☐ Discontinued activity	☐ Not sure			
READINESS TO CHANGE HABITS Clear Section					
Check the one box by each of the following three statements that best describes your behavior today.	I have little to no intention to change my behavior in the foreseeable future.	I am thinking about making a change in my behavior.	I am ready to plan how I will make a change in my behavior.	I am in the process of trying to make a change in my behavior.	I am trying to maintain a change I have made in my behavior.

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1. Eat more fruits and vegetables	☐	☐	☐	☐	☐	☐
2. Quit smoking	☐	☐	☐	☐	☐	(or never smoked)
3. Increase physical activity	☐	☐	☐	☐	☐	☐
CLINICAL MEASUREMENTS						Clear Section
BMI: Height: ft. in. Weight: lbs.			Waist Circumference: Hip Circumference: Ratio:			
BP 1st: / BP 2nd: / Average BP: /						
Fasting Status (9-12 hrs) ☐ Yes ☐ No ☐ BMP(Comment below abnormal values) ☐ CMP(Comment below abnormal values)						
☐ Glucose Quant. ☐ BG Strip ☐ A1C						
☐ Lipid Panel ☐ Total Cholesterol ☐ HDL			LDL Triglycerides			
ALERT VALUE FOLLOW-UP						
Schedule medical follow-up within seven (7) days of screening for medical evaluation and treatment. <i>Document status of work-up using codes below.</i>						
☐ ALERT BLOOD PRESSURE Alert Blood Pressure SBP > 180 or DBP > 120 mmHg Evaluation Visit Date: *Status of Work-Up:			☐ ALERT BLOOD GLUCOSE Alert Blood Glucose <= 50 or >= 250 mg/dl Evaluation Visit Date: *Status of Work-Up:			
*STATUS OF WORK-UP CODE NUMBERS 1. Work-up Complete. Participant has been seen and diagnosed by a medical provider either the day of the screening visit or within seven (7) days of the screening visit. Notify WISEWOMAN Education Coordinator of any of the following status responses: 2. Follow-up/Workup by Alternate Provider. Patient intends to see alternate provider within seven (7) days. 3. Client Refused Work-up. Participant had an alert value but refused workup. 4. Workup Not Completed, Client Lost to Follow-up. Participant had an alert value but was lost-to-follow-up and workup was not completed. <i>Lost to follow-up</i> is defined as a participant who did not attend her scheduled workup within three (3) months after a screening visit and could not be reached to reschedule another appointment.						
Alert Value Notes/Comments: 						
OTHER FOLLOW-UP						

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Date Risk Counseling Completed:					
Client Priority Area(s): ☐ None ☐ Healthy Eating ☐ Physical Activity ☐ Smoking Cessation ☐ Blood Pressure Management					
☐ Weight Watchers ☐ Self-Monitoring Blood Pressure ☐ Add HBSS referral ☐ Mental Health Referral					
☐ Physical Activity Clearance denied. Client is not cleared to increase her physical activity until further evaluation.					
LSP Referred To: ☐ Eating Smart-Being Active ☐ Diabetes Prevention Program ☐ Health Coaching ☐ Tobacco Quitline ☐ TOPS					
Date Referred:					
☐ Mental Health Referral					
Follow-Up Comments:					
RECORD OF PARTICIPATION Clear Section					
Clients should be encouraged to participate in at least three (3) Health Coaching sessions. Areas/boxes that are not shaded indicate allowable billing times for each type of Health Coaching.					
Description/Type	Date	Length of session (minutes)	Face-to-Face	Telephone	Topic (Mark all that apply)
Health Coaching Individual (Session 1)		Select Length	☐	☐	☐ Healthy Eating ☐ Physical Activity ☐ Blood Pressure Management ☐ Smoking Cessation ☐ Medication Education
Health Coaching Individual (Session 2)		Select Length	☐	☐	☐ Healthy Eating ☐ Physical Activity ☐ Blood Pressure Management ☐ Smoking Cessation ☐ Medication Education
Health Coaching Individual (Session 3)		Select Length	☐	☐	☐ Healthy Eating ☐ Physical Activity ☐ Blood Pressure Management ☐ Smoking Cessation ☐ Medication Education
Health Coaching Individual (Session 4), Face to Face		Select Length	☐	☐	☐ Pink Assessment Form Completed
Health Coaching, Group, Face to Face		Select Length	☒	☐	☐ Healthy Eating ☐ Physical Activity ☐ Blood Pressure Management ☐ Smoking Cessation ☐ Medication Education
COMMENTS Maximum length is 600 characters.					
Submit Cancel ☐ Override					