

## Guidelines for the Management of *Breast Self-Exam (BSE)* Reported Symptoms

MOHSAIC Reporting Form: (Blue) Screening Form Section B1 and B2

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| (1)<br><b>Self-reported Lump</b>                                                                          | Option 1) Clinician to perform CBE and it is their discretion to follow in less than 60 days with 2 diagnostic tests per program guidelines:<br><ul style="list-style-type: none"> <li>- Diagnostic mammogram,      - Specialist consult, or</li> <li>- Ultrasound,                      - Breast biopsy</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                           | Option 2) Clinician to perform CBE and it is their discretion to follow in 14 days – 10 months with a rescreen CBE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| (2)<br><b>Nipple Discharge</b><br>(Especially unilateral spontaneous clear or bloody drainage)            | Option 1) Clinician to perform CBE and it is their discretion to follow in less than 60 days with 2 diagnostic tests per program guidelines:<br><ul style="list-style-type: none"> <li>- Diagnostic mammogram,      - Specialist consult, or</li> <li>- Ultrasound,                      - Breast biopsy</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                           | Option 2) Clinician to perform CBE and it is their discretion to follow in 14 days – 10 months with a rescreen CBE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| (3)<br><b>Skin Changes</b><br>(dimpling, retraction, new nipple inversion, ulceration or Paget's disease) | Option 1) Clinician to perform CBE and it is their discretion to follow in less than 60 days with 2 diagnostic tests per program guidelines:<br><ul style="list-style-type: none"> <li>- Diagnostic mammogram,      - Specialist consult, or</li> <li>- Ultrasound,                      - Breast biopsy</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                           | Option 2) Clinician to perform CBE and it is their discretion to follow in 14 days – 10 months with a rescreen CBE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| (4)<br><b>Pain/Tenderness</b>                                                                             | If pain and tenderness are reported, the client may be followed with a rescreen CBE in 14 days to 10 months. If the client continues to report pain and tenderness twice, and breast cancer is a concern, it is the clinician's discretion for additional follow-up or 2 diagnostic tests per program guidelines, insert a statement in the comment section at the bottom of the screening form that additional diagnostics are being done following a second rescreen. If the client comes with a recent previous history of a documented pain or tenderness complaint, make a note in the comments when the physician documented the issue, and report it as a second occurrence of pain on the blue screening form. Please consult the RPC for your area for clarification. |
| (5)<br><b>Other</b>                                                                                       | Example: Personal history of treated breast cancer. In this case, the client may receive a diagnostic mammogram annually.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                                                                                                           | Example: Known BRCA carrier. At this time, screening guidelines are not altered due to genetic predisposition for breast cancer.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| (6)<br><b>Family History</b>                                                                              | At this time, screening guidelines are not altered due to a family history of breast cancer.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |