MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
CHILD AND ADULT CARE FOOD PROGRAM (CACFP)

# 6 MEAL MENU TEMPLATE (5 DAY)

| NAME OF CENTER/FACILITY | | | | | | |
|---|---|---|---|---|---|---|
| YEAR | WEEK OF | DATE | DATE | DATE | DATE | DATE |
| **BREAKFAST** | | | | | | |
| **Milk** | | | | | | |
| **Vegetable, fruit, or portions of both** | | | | | | |
| **Grain** Indicate "WG" next to Whole Grain menu items or Meat/Meat alternate (no more than 3 times per week at breakfast only) | | | | | | |
| **Other Foods** | | | | | | |
| **SNACK AM Serve 2 of 5** | | | | | | |
| **Milk** | | | | | | |
| **Meat/Meat Alternates** | | | | | | |
| **Vegetable** | | | | | | |
| **Fruit** | | | | | | |
| **Grain** | | | | | | |
| **Other Foods** | | | | | | |
| **LUNCH** | | | | | | |
| **Milk** | | | | | | |
| **Meat/Meat Alternates** Meat, poultry, or fish or tofu, soy product, or alternate protein products | | | | | | |
| **Vegetable** | | | | | | |
| **Fruit** | | | | | | |
| **Grain** | | | | | | |
| **Other Foods** | | | | | | |



**Note:** Minimum serving sizes per age group and meal requirements as listed on the Food Charts must be followed for a creditable **CACFP** meal.

| SNACK PM SERVE 2 OF 5 | | | | | |
|---|---|---|---|---|---|
| **Milk** | | | | | |
| **Meat/Meat Alternates** | | | | | |
| **Vegetable** | | | | | |
| **Fruit** | | | | | |
| **Grain** | | | | | |
| **Other Foods** | | | | | |
| **SUPPER** | | | | | |
| **Milk** | | | | | |
| **Meat/Meat Alternates**<br>Meat, poultry, or fish or tofu, soy product, or alternate protein products | | | | | |
| **Vegetable** | | | | | |
| **Fruit** | | | | | |
| **Grain** | | | | | |
| **Other Foods** | | | | | |
| **SNACK PM SERVE 2 OF 5** | | | | | |
| **Milk** | | | | | |
| **Meat/Meat Alternates** | | | | | |
| **Vegetable** | | | | | |
| **Fruit** | | | | | |
| **Grain** | | | | | |
| **Other Foods** | | | | | |

**Note:** Minimum serving sizes per age group and meal requirements as listed on the Food Charts must be followed for a creditable **CACFP** meal.