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COMMUNITY RESOURCES 2017-2018

ST. FRANCOIS COUNTY

FOR MORE COPIES OF THIS RESOURCE GUIDE, CALL (573) 431-3173

LOCAL RESOURCES FOR FAMILIES

This Resource Guide is Published by:

St. Francois County Community Partnership
1101 Weber Rd., Suite 202
Farmington, MO 63640
(573) 431-3173 / 760-0212 FAX: 760-0451
www.sfccp.org

Our Mission

To build, nurture, and strengthen families, insuring that every person has the opportunity to become a healthy, productive, and contributing member of the community.

Our Goals

- Parents Working
- Healthy Children & Families
- Children & Families Safe in Homes & Communities
- Children Prepared to Enter School
- Children & Youth Succeeding in School
- Youth Ready to Enter Adulthood

United Way • Missouri

2-1-1

Get Connected. Get Answers.

Supported by Missouri Foundation for Health

FIND HELP / GIVE HELP

A service now available In St. Francois County

Call **2-1-1** NOT for fire, police or emergency needs, but to connect with people for available community resources and volunteer opportunities. By simply dialing **2-1-1** you can now make one call to find or give help. No more wasted time trying to find the right resource. You will reach a trained, caring professional **7 days a week, 24 hours a day.** Call for needs of food pantry; utility assistance; help for a child with a learning impairment; loss of power and needing temporary shelter; frightened spouse seeking safe haven; counseling information; day care information; senior adult wanting to volunteer; employment services; information on a way out of debt.

MoHealthNet

For More Information, Call Toll-Free:

(888) 275-5908

COMMUNITY INFORMATION SERVICES

Chambers of Commerce

* Bonne Terre **(573) 358-4000** * Desloge **(573) 431-3006**
* Farmington **(573) 756-3615** * Park Hills/Leadington **(573) 431-1051**

Child Care Aware of Missouri 1000 Executive Parkway Dr., Suite 103, St. Louis, MO 63141, (314) 535-1458 / (800) 200-9017.
Educational materials for choosing quality childcare. Information on parenting and child development. Referral services for finding childcare.

St. Francois County Community Partnership 1101 Weber Rd., Suite 202, Farmington (573) 431-3173 Partnering with local and state agencies.

CHARITABLE ORGANIZATIONS

March of Dimes Visit online at: **www.marchofdimes.org**
Ministerial Alliance: Various Area Churches.... some listed are:
Bonne Terre **(573) 534-7077** Farmington **(573) 756-4654**
Park Hills **(573) 431-3124** Bismarck **(573) 734-2610**

East Missouri Action Agency (EMAA) Park Hills **(573) 431-0103, 431-5191**
United Way of St. Francois County 739 E. Karsch Blvd., Farmington **(573) 760-8929** director@unitedwayofsfc.org

FOOD PANTRIES

All Food Pantries require a referral from East Missouri Action Agency. For information on referrals please call **(573) 431-0103.**

Bismarck Church of God Gifford & Cherry St. Bismarck. (573) 330-3996 or (573) 210-6339 Serves Bismarck and Iron Mountain Lake; Open the 2nd and 4th Saturday each month 9-11 am.

Bonne Terre St. Joe Catholic Church 15 St. Joseph St, Bonne Terre. (573) 358-2112 Serves Bonne Terre & North SFC area; Monday & Friday, 9-11 am.
Elvins Food Pantry 17 West Main, Park Hills, (PO Box 282). (573) 518-1266. Serves St. Francois County, Open Monday & Friday, 9 am - 12:30 pm.
Farmington St. Vincent DePaul 404 E. Liberty St., Farmington. (573) 756-0997 Serves Farmington; Open Tuesday & Friday 9 am — 12 noon.
Farmington Ministerial Alliance Food Pantry 4331 Showplace Dr., Holly Tree Plaza, on the West Outer Road on Hwy 67, between Solid Rock Family Church and Parkland Gymnastics. **(573) 756-1917** Mon, Wed, & Fri, 9 am - 12 Noon.
Hands of Christ Ministry 911 Cedar St., Bismarck (PO Box 811). (573) 747-8544 Open 1st & 3rd Tuesday each month 9 am - 12 pm.
Immaculate Conception Food Pantry (Mailing address: 1020 W. Main, Park Hills) Located at Hwys. 8 & Z, Park Hills). (573) 431-2427 Serves Desloge, Wortham, Park Hills, Leadington, & Leadwood; Open Fridays 7:30-9:30 am.

THRIFT SHOPS

GoodWill Store 695 Potosi St., Farmington (573) 760-9252
Monday-Saturday 9 am - 8 pm; Sunday 10 am - 6 pm
Habitat ReStore 712 E. Main St., Park Hills (573) 431-5045 open to public for making donations and purchasing building supplies. Wednesday, Thursday, Friday, Saturday 11 am - 3 pm.
Helping Hand Ministries 526 Benham St., Bonne Terre (573) 358-3508
Monday-Saturday 10 am - 4 pm (closed Sundays and Thursdays)
Thrift Shop of Ministerial Alliance 4331 Showplace Dr., Farmington (573) 756-1794 Monday - Saturday, 9 am - 5 pm
Mammas Thrift Store 43 Rivermines St., Park Hills (573) 431-4492 Monday – Saturday 10 am - 2 pm.
FPAC's Second Chance Resale Store 2901 US Hwy 67 S., Farmington (573) 756-8658 Tuesday – Saturday 10 am - 4 pm

County Health Department (573) 431-1947
East Missouri Action Agency (573) 431-5191
Family Support Division & Children's Services 855-373-4636
Juvenile Detention Center (573) 756-5766
St. Francois County Non-Emergency Services Central Dispatch (573) 431-3131

DISABILITIES

Alzheimer's Association (314) 432-3422 / (800) 272-3900 24/7 Helpline to speak to trained staff and volunteers qualified to answer questions about all aspects of dementia, care consultation, support groups, MedicAlert Safe Return, early stage programs, family education, respite care assistance, community education, family support, advocacy, Memory Walk.

First Steps 102 E. Springfield Ave., Suite 101, Union, 63084 (866) 583-2392 / (636) 584-7279. Missouri's early intervention program available to all eligible children ages birth - three with developmental concerns.

Friends in Action Clubhouse 657 Walton Dr., Farmington (573) 760-8360 A membership program that promotes recovery and independence by providing a nurturing community that offers wellness, social, education, and employment opportunities. Call for details.

Greater Heights Adult Day Health Care for handicapped and mentally disabled. **719 Maple Street, Farmington (573) 756-7554**

L.I.F.E. Center for Independent Living 725 E. Karsch Blvd., Farmington (573) 756-4314 TTY (573) 760-1402 FAX (573) 756-3507 Services for any age person with disabilities. Information/Referral services, peer support, advocacy, independent living skills training, employment services, equipment loan, personal attendant services, ramp/home modifications, adaptive telephone program and social security benefits specialist. Meds assistance program. Transportation program.

MCII Sheltered Workshop 1687 S Westmount Drive, Farmington (573) 756-6406 Provides dignified employment opportunities to disabled adults.

MERS/Goodwill Career Center 400 N Washington, Ste. 202, Farmington (573) 756-1773 FAX: (573) 756-2277 Job Placement and Vocational Evaluation Services. Assisting individuals with barriers to employment.

Missouri Protection & Advocacy Services 925 S. Country Club Dr., Jefferson City, MO 65109 (800) 392-8667 or (866) 777-7199, TDD 800-735-2966 Advocates, protects rights, & provides legal services for the disabled.

New Beginnings Community Services, Inc. 518 Grove St., Bonne Terre (573) 760-3609 Loans medical equipment. Grief/Loss support group.

OVCS 310 S. Shepherd St., Ironton (PO Box 156) 63650 (573) 546-2418 Supervised living, supported living, off-site day habilitation, and transportation services for people with developmental/physical disabilities.

Preferred Employment Services 903 Chestnut, Desloge (573) 431-5507 / (800) 876-9804, Employment and resume services specializing in assisting individuals with barriers to employment. Must be referred by Vocational Rehab.

Rehabilitation Service for the Blind 106 Arthur, Ste. E, Sikeston, MO 63801 (573) 472-5240 / 573-472-5393 Vocational rehabilitation for the blind, older blind services and independent living services.

Rolla Regional Center for the Developmentally Disabled 105 Fairgrounds Road / PO Box 1098 Rolla, MO 65401 (573) 368-2200 Assessment, residential placement & day habilitation services for persons with developmental disabilities who live in St. Francois County.

St. Francois County Board for the Developmentally Disabled PO Box 652 / 2068 N Washington, Farmington (573) 756-0595 Multiple support services for individuals and families.

Social Security Administration 507 E Main, Park Hills 1-877-622-9009 Retirement, survivors & disability insurance, Medicare, supplemental security income for the aged, blind, and persons with disabilities.

Unit of Special Health Care Needs 471 Siemers Dr., Suite H, Cape Girardeau, MO 63701 (573) 290-5830 Authorized in-home medical services for Missouri Medicaid clients.

Vocational Rehabilitation 901 Progress Dr., Suite 100, Farmington (573) 218-6100 or (800) 640-7110, Provides employment/job training assistance for individuals with disabilities.

EDUCATION/JOB TRAINING

ALEX (Alternative Learning Experiences) (800) 587-2539 (573) 431-2009 , Ext. 1 www.aoinc.org Provides educational and treatment services for high school students with substance use or abuse issues. Serving Missouri, Arkansas, and Oklahoma.

Early Childhood Special Education (Contact Your Local School District) Services for children aged 3-5 years who demonstrate developmental delays.

EDUCARE of St. Francois County 1101 Weber Rd., Suite 202, Farmington (573) 431-3173 / 760-0212 FAX: 760-0451 Professional development opportunities and training for childcare providers and early childhood teachers. Resource Center and lending library.

Family Assistance Center for Military Families located at **Missouri National Guard Armory, 2626 Independence St., Cape Girardeau, MO 63703 (573) 339-6206** Serving Southeast Missouri. Information and referral services to essential resources for all military families.

Head Start—For Information Call East Missouri Action Agency (573) 431-5191 A comprehensive pre-school program to meet the educational, emotional, social, health, nutritional, & psychological needs of children ages 3 to kindergarten entry.

L.I.F.E. Employment Solutions 725 E. Karsch Blvd., Farmington (573) 756-4314 Full Service employment network for beneficiaries of Social Security Disability providing assistance with resumes, interview skills, career exploration and specializing in accurate information about how employment income will affect federal/state benefits (SSDI, SSI, Medicare, Medicaid, etc.)

Manpower 1162B E Gannon Drive, Festus, MO, 63028 (636) 931-6333 Provides testing, job counseling, and temporary/permanent job placement.

MCII Sheltered Workshop 1687 S Westmount, Farmington (573) 756-6406 Provides dignified employment opportunities to disabled adults.

MERS/Goodwill Farmington Career Center 400 N Washington, Ste. 202, Farmington (573) 756-1773 FAX: (573) 756-2277 Job Placement, job readiness training and vocational evaluation services. Specializing in assisting individuals and families with barriers to employment.

Military Recruitment Offices:
- **Air Force:** 376 Festus Center Dr., Festus, MO 63028 **(636) 933-2341**
- **Army:** 560 Walmart Drive, Farmington **(573) 756-6426**
- **Army Reserves Center:** Hwy 67S & Hwy W, Farmington **(573) 756-3129**
- **Marine Corps:** 560 Walmart Drive, Farmington **(573) 756-6763**
- **National Guard:** 1210 Morris, Farmington **(573) 756-3545**

Mineral Area College 5270 Flat River Road, Leadington (PO Box 1000)
Dean of Vocational Education (573) 518-2157 Offers Arts & Science degrees as well as numerous Career and Tech/Prep degrees and certificates. Student aid programs available.

Mingo Job Corps Center 4253 Hwy T, Puxico, MO 63960 (573) 222-3537 Provides residential training and educational help in a variety of trades.

Missouri Career Center 403 Parkway Drive, Suite A, Park Hills (573) 518-2431 Employment training, skills assessment, One Stop Missouri Career Center. Services for dislocated workers, youth, outreach to veterans, migrant/seasonal farm workers and low-income individuals.

Parents As Teachers Bismarck R-V **(573) 734-6111,** Central R-III **(573) 431-2616,** Farmington R-VII **(573) 701-1300 Ext. 2913 ,** North County R-I **(573) 431-3300,** West County R-IV **(573) 562-2984.** Assists parents role as their child's first teacher.

Preferred Employment Services 903 Chestnut, Ste. D, Desloge (573) 431-5507 or (800) 876-9804 Employment, resume services and permanent job placements. Assisting families with barriers to employment.

St. Louis Job Corps Center ***4333 Goodfellow Blvd., St. Louis, MO, 63120 (314) 679-0300*** Academic & vocational training w/ residential & non-residential living.

Talentforce ***902 Progress Drive, Farmington (573) 756-6700*** Temporary/ permanent job placement.

UniTec Career Center 7163 Raider Rd., Bonne Terre High School Students call **(573) 358-2271** for vocational training. For Adult Education call **(573) 358-3011** for HiSet (high school equivalent test) preparation. Call for services available in your community.

University of Missouri Extension Office SFC Courthouse Annex, Farmington(573) 756-4539 Educational services and activities for youth & family development, nutrition & health, parenting, and life skills, livestock specialist.

Southeast Missouri Mental Health Center 1010 W. Columbia, Farmington (573) 218-6792 Long-term psychiatric services. All admissions pre-arranged upon referral. Call for more information.

Southeast Missouri Behavioral Health 5536 Hwy. 32, Farmington (573) 756 -5749 Family counseling program, alcohol/drug treatment centers—Farmington (Aquinas) Poplar Bluff and Salem; Employees Assistance Programs (EAP); Community Psychiatric rehabilitation program; professional and community services; Children First; Out-patient comprehensive substance abuse treatment and rehab program (CSTAR); Healthy Children and Youth (HCY); Substance abuse treatment offenders programs (SATOP; Managed care programs—substance abuse and mental health out-patient services).

Thurman, Carol, LPC, LLC, Counselor 400 N. Washington St., Suite 210, Farmington (573) 760-3758 / Fax (573) 915-5171. Providing individual, couples, family, and group counseling for children, adolescents, and adults. Accepts private pay and most private insurances.

PARENTING CLASSES

BJC Behavioral Health 1085 Maple Street, Farmington (573) 756-5353. Basic parenting class for parents with children of all ages. Classes are in a group setting for six weeks. New classes offered approximately every three months. Cost is $5 per class and a certificate is given upon completion.

Parkland Pregnancy Resource Center 815 E. Main St., Park Hills (573) 431-6001. Earn While You Learn Parenting Classes: Topics include: prenatal care, nutrition, healthy relationships, safety, infant development, discipline. Also, gently used maternity and baby products available free of charge for parent class clients. Free classes offered weekly.

Southeast Missouri Family Violence Council P.O. Box 465, Bonne Terre (573) 358-3913. See info under Family Services/Victimization/Housing.

CHILDCARE ASSISTANCE

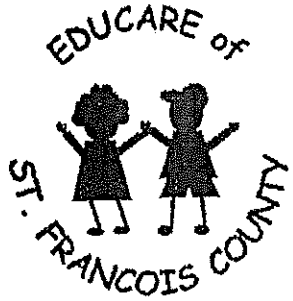
Child Care Aware of Missouri 1000 Executive Parkway Dr., Suite 103, St. Louis, MO 63141, (314) 535-1458 / (800) 200-9017.
Educational materials for choosing quality childcare. Information on parenting and child development. Referral services for finding childcare.

YOUTH OPPORTUNITIES

Boy Scouts *(800) 335-3346 District Office*
Girl Scouts *(314) 592-2300 District Office*
Community Sports: *Contact your local Parks & Rec. Department*
Farmington Civic Center *(573) 756-0900*
4-H Clubs *(573) 756-4539 UM Extension & Outreach*
Young Faith In Christ *(573) 747-1705*

ParentLink (800) 552-8522
You can ask us anything!

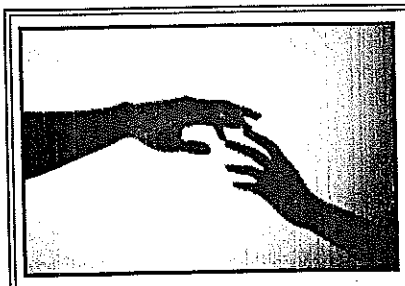
Children's Trust Fund It's Your License and Your Opportunity To Care! **(888) 826-KIDS** or www.ctf4kids.org. P.O. Box 1641, Jefferson City, MO 65102-1641. Make a credit card donation or have your license plate changed on your vehicle to the official Children's Trust Fund license plate. Make an annual contribution of $25 or if you qualify for a two-year license registration, a $50 minimum donation must be made to CTF. Upon receipt, CTF will send you a logo use authorization statement (donation receipt) and application for personalized license plates for any new plate request. Department of Revenue (DOR) will then notify you by mail when your plates are available for pick-up at your local license contract office. You may order CTF plates at any time regardless of your current license plate expiration date. DOR will either exchange the new CTF plates for your surrendered plates or pro-rate your fees. In St. Francois County, donations go to St. Francois County Community Partnership to help fund programs such as Mentoring, Youth Suicide Prevention. All questions about processing your application should be directed to DOR. **Farmington License Office: 103 Walker Drive, Farmington, MO 63640 (573) 747-0527. Bonne Terre Motor Vehicle and Divers License: 30 N. Allen, Bonne Terre, MO 63628 (573) 358-3584.**



Educare of St. Francois County

Promoting Quality Care and Education for Young Children

Educare is part of a statewide initiative to improve the early learning experiences of children from birth to five years of age. Our efforts to achieve this goal include: Training opportunities for teachers and caregivers; lending library of professional resources; professional consultation; peer-to-peer networking; and creating links between children, families, providers, schools and community resources. Our resource center includes over 200 die cuts, a laminator, construction paper and much more! **To learn more about Educare, call (573) 431-3173, or stop in and visit us at 1101 Weber Rd., Suite 202, Farmington, MO., Mon. - Fri., 8 AM—5 PM (closed for lunch at noon).**



Community Youth Mentoring Programs

You may call St. Francois County Community Partnership at (573) 431-3173 for information on any of the following mentoring programs.

Farmington Presbyterian Children's Home: (573) 756-6744. Adults are greatly needed to demonstrate life and family skills for children ages 10-21. Helpful qualities for a mentor include: self-motivated, creativity, organized, patient, passionate, and responsible. Children in this program come from challenging family backgrounds and need committed unconditional love and patience. Mentors are asked for a minimum 6-month commitment and are required to complete a background check. Paid and volunteer mentoring positions available.

Path To Success: (573) 747-1705. This mentoring program, sponsored by Young Faith In Christ, is a school-based program. Mentors commit to one hour per week for the school year and meet with K - 12 students at the school. Background checks are required and three hours of training are provided. We have seen that kids with mentors not only improve their grades, but also are referred less for discipline problems.

Upward Bound Mineral Area College PO Box 1000, Park Hills (573) 518-2156 FAX: 518-2168 Provides educational opportunities and support for students from 10 area high schools preparing them for a successful college experience. Students must meet federal guidelines.

Veterans Benefits (800) 827-1000

Vocational Rehabilitation (573) 218-6100 901 Progress Drive, Suite 100, Farmington Provides assessment and employment/job training assistance.

FREE MEALS

Cornerstone Café Centenary United Methodist Church, 4 Park Street, Bonne Terre (573) 358-2238. Free meals every other Wednesday 5-6 p.m. Everyone welcome!

MUM's, Memorial United Methodist Church 425 North Street, Farmington (573) 756-4565. Free meals every Thursday 5-6 p.m. Everyone welcome!

Our Father's Table, St. Joseph Catholic Church 3 S. Carlton, Farmington (in the cafeteria) (573) 756-4250. Free meals last Sunday of every month 4-6 p.m. Everyone welcome!

HOME HEALTH SERVICES

Farmington

Advantage 301 N. Washington, Suite 4A, Farmington (573) 756-7743

BJC Home Care Services 757 Weber Rd., Farmington (573) 760-8575

Home Care Nursing, Inc. 3370 Delassus Rd, Farmington (573) 747-1678

Kindred At Home Community Care 751 Maple Valley Dr., Farmington (573) 431-6599

Kindred At Home Health 4783 Flat River Rd., Suite A, Farmington (573) 760-0751

Private Nursing Service, Independent Nurses 107 E. Harrison St., Farmington (573) 756-4504

Pyramid Home Care 1207a Maple St., Farmington (573) 756-7575

Desloge / Park Hills

Premier Home Health Care 513 E. Main St., Park Hills (573) 431-3134

ResCare HomeCare 1136-G North Desloge Dr., Desloge (573) 518-0275

Bonne Terre

A-1 Homecare 522 Benham, Suite B, Bonne Terre (573) 358-7755

A-1 Adult Daycare 522 Benham, Suite C, Bonne Terre (573) 358-7755

HOSPICE SERVICES

BJC Hospice 757 Weber Road, Farmington (573) 760-8550

Kindred Hospice 4783 Flat River Rd., Suite 100B, Farmington (573) 756-0554

Heart and Soul Hospice 412 Cayce Ave., Farmington (573) 756-7066

Preferred Hospice 810 Progress Dr., Farmington (573) 756-9800 or 1-888-756-9802.

Safe Harbor Hospice 101 Kingsbury, Fredericktown, MO, 63645 (573) 783-7625 or (877) 404-7478

Serenity HospiceCare 5272 Flat River Rd. (on Mineral Area College Campus) P.O. Box 1000, Park Hills (573) 431-0162 or (800) 876-0162, www.serenityhc.org

MENTAL HEALTH / COUNSELING SERVICES

www.sfcmentalhealth.com

Access Alcohol Drug Abuse Services 400 N. Washington, Suite 101, Farmington (573) 756-2200 Assessments, counseling and educational services, substance abuse, and SATOP referrals.

BJC Behavioral Health 1085 Maple Street, Farmington (573) 756-5353 (888) 331-5111 Individual, group and family therapy, psychiatric services, medication monitoring. Psychosocial rehab, intensive in-home services for adults and children, treatment in family homes for children, school-based services, clinical case management, employee assistance program, respite services for adults and children, family assistance services for children.

Bridge of Hope Ministries 400 N. Washington St., Ste. 228, Farmington (573) 701-9861 Individual family and marriage counseling. Personality profiles w/ homework, trauma, PTSD, and grief issues. Private pay only. Over 40 years of experience.

Carter's Clubhouse P.O. Box 1000, Park Hills (573) 701-2504 A place where grieving children, ages 4-18 can share their experiences with other children with similar stories. Meetings held first Monday of each month at Serenity HospiceCare from 6:30- 8:00 p.m. at no cost, but prior enrollment is requested.

Children's Advocacy Center of East Central Missouri (573) 756-4148 Farmington office / (636) 586-1806 DeSoto office / (636) 584-0222 Union office. Sexual abuse forensic interviews and exams, victim advocacy, mental health referrals, education regarding serious child abuse, collaboration among agencies. Children are referred by law enforcement agencies or Children's Division.

Children's Haven 400 N. Washington, Suite 130, Farmington (573) 756-2108 Out-patient counseling for children and adults/adolescents, ages 4 and up. Provides evaluation, counseling, and referrals for problems including physical, emotional or sexual abuse, anger, depression, ADHD, behavioral problems and adjustment disorders that can be due to divorce, loss of family member, adoption, and other major changes or traumas. Most insurances and Mo HealthNet accepted.

Community Counseling Center 820 Park Drive, Ste. Genevieve, MO 63670 (573) 883-7407; 406 N. Spring St., Ste. 2, Perryville, MO 63775 (573) 547-8305; 402 S. Silver Springs Road, Cape Girardeau, MO 63703 (573) 334-1100; 208 Broadway, P.O Box 245, Marble Hills, MO 63764 (573) 238-1027; 309 Garrett St., Fredericktown, MO 63645 (573) 783-4104. Crisis Hotline: (800) 356-5395. 24-hour on call intensive counseling services for families where one or more children are at imminent risk of placement outside the home, out-patient counseling; psychiatry; case management for adults and children; family reunification of foster children; psychosocial rehabilitation; bullying prevention; forensic division; community based solutions; peer support; Talk, Listen, Care (warm-line 1-877-626-0638); psychoeducation; Youth Suicide Prevention in schools and community; 24 hour crisis intervention walk-in or call-in.

Counseling Connections (636) 931-0300, 115 Brierton Lane, Festus, MO 63028 Counseling for individuals of all ages, couples, parents & their children, teens, and families. Parenting classes. Provides assistance for anger management, substance abuse, domestic violence, co-dependency, female/male empowerment, trauma, depression, personality disorders, and some psychological testing. Accepts most insurances, self-pay and Mo HealthNet.

Geriatric Psychiatry 1101 W. Liberty St., Farmington (573) 760-8342. Fax: 760-8345 Provides in-patient acute psychiatric services for ages 55 years and older. Treatment includes individual meetings with psychiatrists and group therapy to assist with emotional, mental, physical and medication needs. Nurses, psychiatrists, trained counselors and social workers can help with all aspects of a person's life.

Hope Crossing Christian Counseling 7 S. Jefferson St., Farmington (314) 983-9300 Trauma, anxiety, EMDR, depression, sexual abuse, individual counseling, child, adolescent and adult, marriage and family.

HOUSING: Family Self-Sufficiency Program / Friendship House Apartments 655 Walton Dr., Farmington (through EMAA) **(573) 431-5191**

McGraw, MSW, LCSW, Richard, 1598 St. Mary's Lane, Festus (573) 358-8984 Cell: (573) 576-8881 Private Therapy Services for all individuals including children 5 & up, adults & family therapy. In-home service available. Accepts all Missouri Medicaid plans and other private insurances.

McIntosh Counseling McIntosh, Sandy 400 N. Washington St., Ste 130A, Farmington (573) 756-7099 (573) 747-7109 Provides counseling for individuals including adolescents, and adults, as well as marriage counseling. Welcomes Medicare / Disability patients and accepts most insurances. Sliding scale pricing.

Mineral Area Community Psychiatric Rehabilitation Center (CPRC) 560 W. Pine St., P.O. Box 510, Farmington (573) 756-2899 Adult only. Out-patient psychiatric services for clients with varying degrees of mental illness with the goal of re-integrating into the community. Services include intake/assessment, medication service/administration, community support workers, psychosocial rehabilitation, crisis intervention and resolution.

NAMI Southeast Missouri (National Alliance on Mental Illness) (573) 701-4185 www.nami.org. Provides education, support and advocacy programs and services that benefit individuals and families affected by mental illness in the community.

New Beginnings Community Services, Inc. P.O. Box 132, Park Hills (573) 760-3609, Kathy Grogan. Grief & loss support, Living With Chronic Illness support. Also loans out medical equipment.

New Vision at Ste. Genevieve Memorial Hospital 800 Ste. Genevieve Dr., Ste. Genevieve (573) 883-1165. A short-term medical stabilization service for people with drug, alcohol and health related issues. Accepts Medicaid, Medicare and most commercial insurance plans.

Parkland Health Center 1101 W. Liberty St., Farmington (573) 756-6451. Inpatient facilities for geriatric mental health patients.

Presbyterian Children's Homes and Services of Missouri - Farmington Children's Home 608 Pine Street, Farmington (573) 756-6744 Private & agency-referred residential care for homeless, dependent, or neglected adolescents. Emergency and residential care for children ages 10-21.

HEALTH

Breast Health Care Center at Missouri Baptist Medical Center 3023 North Ballas Road, Building D, Suite 630, St. Louis, MO (314) 996-7550 Provides a full range of breast health services, from screening and diagnostic mammography to treatment, all in a pleasant, well-equipped facility.

Caring Communities Serves children & families to improve health and ensure success in school. Affiliated with local school district.

Bismarck School District (Counselor's office) **(573) 562-7558**
Central School District (Counselor's office) **(573) 431-1211**
Farmington Caring Communities **(573) 701-1395**
North St. Francois County Caring Communities **(573) 431-3300 Ext. 4,7**
West County Caring Communities **(573) 562-7558, 3**

Gateway To Hope 425 N. New Ballas Rd., Suite 220, St. Louis, MO. 63141 (314) 569-1113, info@gthstl.org, www.gthstl.org. Assistance to secure comprehensive care and provide financial assistance for individuals in need that are diagnosed with or at high risk for developing breast cancer.

Great Mines Health Center #1 Southtowne Dr., Potosi, MO 63664 (573) 438-9355, gmhc@gmhcenter.org Family practice clinic, sliding fee scale.

Iron County Medical Center 301 N. Hwy. 21, Pilot Knob, MO. (573) 546-1260 www.icmedcenter.org

Lifeline (BJC Home Health Care) (866) 674-9900, ext. 4405 (800) 635-6156 Fee-based personal response and support services.

Madison Medical Center 611 W. Main, *Fredericktown, MO 63645 (573) 783-3341* www.madisonmedicalcenter.net

Mercy Hospital Jefferson 1400 *Hwy 61 South, Festus, MO 63028 (636) 933-1000*, www.mercy.net/jefferson

My Life Health Clinic 815 E. Main St., Park Hills (573) 431-6013 Free pregnancy test, 1st trimester ultrasound, STD testing and education. Monday-Thursday, 9 a.m. - 4 p.m.

New Vision at Ste. Genevieve Memorial Hospital 800 Ste. Genevieve Dr., Ste. Genevieve (573) 883-1165. In-patient medical stabilization service for adults with drug, alcohol and related health issues, for those experiencing withdrawal symptoms.

ODACS 1122 E. Main St., Park Hills (573) 431-6290 Drug, alcohol & DNA testing. Electronic finger printing.

Parkland Health Center (2 locations locally):
—Farmington: 1101 W. Liberty, Farmington (573) 756-6451
—Bonne Terre: 7245 Raider Road, Bonne Terre (573) 756-6451
Parkland Health Center provides in-patient and out-patient services, emergency care, a variety of educational services and community service health screenings.

Parkland Pregnancy Resource Center 815 E. Main St., Park Hills (573) 431-6001 Pregnant woman care, support, resources. Free pregnancy testing, free first trimester ultrasound, STD testing, classes on parenting, sexual integrity. Maternity and baby items. **24 hour pregnancy crisis hotline: (800) 712-HELP.**

Partnership for Prescription Assistance (888) 477-2669 www.pparx.org Assistance in finding a prescription medication program. Income guidelines may apply. Call for more information.

PS Card (888) 516-2535 www.pscard.com Free prescription savings card for individuals and families without prescription coverage.

Pregnancy Decision Line *(800) 395-HELP*

Sheets-Young , Inc. Medical Equipment #2 Cap America Drive, PO Box 501, Fredericktown, MO 63645 (573) 783-4623 or (573) 783-9167. Medical equipment for those in need who are unable to acquire specific items. Also, please contact if you or someone you know have equipment that is not being used.

St. Francois County Ambulance District (573) 431-0030 Fee-based medical transportation services. CPR/First Aid training. Child Safety Seat inspections.

St. Francois County Health Center 1025 West Main, PO Box 367 – Park Hills (573) 431-1947 Blood sugar and cholesterol screenings; Blood pressure monitoring; Breastfeeding Peer Counseling Services; Communicable disease follow-up and investigations; Infectious Disease Clinic; Environmental Health services; Immunizations for children & adults; Flu shots; Lead screenings for children 6 mo-6 yrs; Sexually Transmitted Disease Clinic (free confidential counseling, testing and treatment); HIV confidential counseling, testing and care coordination; Rabies control; Emergency Response Planning; Vital Records—recording and issuing certified copies of birth and death certificates; TB testing and treatment; WIC; Well Woman Clinic: pregnancy testing, temporary Medicaid cards for pregnant women, free breast and cervical cancer screenings for women ages 35 and older, chronic disease self-management; Maternal Child Health Program. Smoking cessation, diabetes self management, nutrition counseling

Ste. Genevieve County Memorial Hospital 800 Ste. Genevieve Drive, Ste. Genevieve, MO 63670 (573) 883-2751 www.stegenevievehospital.org See website for list of services.

Washington County Memorial Hospital 300 Health Way Dr., Potosi, MO 63664 (573) 438-5451. www.wcmhosp.org See website for list of services.

Women's Wellness Center / East Missouri Action Agency 403 Parkway Dr., Park Hills (573) 431-5191 Show Me Healthy Women: Free breast and cervical cancer screenings for eligible women ages 35-64 (income guidelines apply); Family Planning Services: Reproductive healthcare services and education. Exams, screenings & contraceptive services. Pregnancy, HIV and STD testing (men & women). Blood sugar, cholesterol, hematocrit, hemoglobin, lipid panels, Hepatitis, HSV (Herpes), Thyroid and Pregnancy. Sliding fee scale.

DENTAL SERVICES

Upward Smiles, Inc. 2820 Anchor Drive, Farmington and 660 N. Creek Dr., Festus, MO 63028 For more information, call toll free (855) 944-KIDS (5437) Dental screenings, preventative seals & restorative care for Medicaid children ages 2-20 and pregnant women. Offering deep sedation and nitrous oxide if required. Sliding fee scale for qualified uninsured children & pregnant woman.

Crosstrails Dental Clinic 109 Hwy 51 N, Marble Hill, MO 63764 (573) 238-1110 Dental screenings, preventative seals, fillings. Accepts Medicaid/ Missouri Health Net and sliding fee payment scales. www.crosstrails.us

Great Mines Health Center Dental Services Two convenient locations: **508 W. Pine St., Farmington (573) 664-1100 or #1 Southtowne Dr., Potosi, MO 63664 (573) 438-9355 Ext. 8401** Providing Medicaid dental services to those who qualify. Accepting most insurance plans.

FAMILY SERVICES / VICTIMIZATION / HOUSING

Children's Advocacy Center of East Central Missouri (573) 756-4148 Farmington office / (636) 586-1806 DeSoto office / (636) 584-0222 Union office. Sexual abuse forensic interviews and exams, victim advocacy, mental health referrals, education regarding serious child abuse, collaboration among agencies. Children are referred by law enforcement agencies or Children's Division.

Children's Division 140 Staples, Park Hills, (573) 518-2585 Investigation of Child Abuse, Foster Care, Family Centered Services, Family Preservation Services, Adoptions. ***Child Abuse Hotline: (800) 392-3738***

Cordial Caravan Welcome Service (573) 747-6387 Information for new arrivals , newlyweds & new parents to St. Francois County.

Division of Youth Services 140 Staples, Park Hills (573) 431-3239 High Risk Youth services. Call for information.

East Missouri Action Agency 403 Parkway Drive Park Hills (800) 392-8663 / (573) 431-5191 www.eastmoaa.org Head Start, Housing, Weatherization, Section 8 HUD Rental Assistance, Women's Wellness.

Easterseals Midwest 13545 Barrett Parkway Dr., Suite 300, Ballwin, MO 63021 (314) 432-6200 (314) 394-7100 (800) 200-2119 Training for professionals parents and families with children on the autism spectrum; residential services community living, employment support, family support, recreational programs and respite care.

Family Support Division 140 Staples, Park Hills (573) 431-6592 or (855) 373 4636 Medical Financial Assistance, Temporary Financial Aid, Food Stamps, Da Care Financial Assistance

Habitat for Humanity 403 W. Columbia St., Farmington (573) 760-170 Assisting low-income families of reaching their dream of owning a home. Providin volunteer service for people wanting to make a difference in people's lives complete community service hours.

Habitat ReStore 712 E. Main St., Park Hills (573) 431-5045 open to the publ for making donations and purchasing building supplies.

Parent Link (800) 552-8522 Information service answering questions abo parenting, child development, etc. Missouri resources available.

SEMO Family Violence Council — A Friend's Place (Domestic Violence Shelte **(573) 358-3913 24 Hour Crisis Hotline (800) 663-9929** Domestic violence crisis intervention, support groups, information and referrals, child advocacy, court advocacy, outreach support groups, parenting classes, sexual assault advocate.

Shared Blessings Homeless Shelter PO Box 456, Bonne Terre (573) 358-29 Call for information.

USDA Rural Development 812 Progress Drive, Farmington (573) 756-64 ext. 4 Housing loans for very low and low income, housing repair grants/loans very low income (age 62 and up), housing/rental assistance program information

SUPPORT GROUPS

A Friend's Place (Domestic Violence) **(800) 663-9929**
Al Anon Family Group (573) 756-1313 (7 pm Thursdays)
(Help for those whose lives have been affected by someone who drinks.)
Alcoholics Anonymous (800) 840-0762
Alzheimer's Association Caregiver Support Group (573) 756-9800
(Meets at Farmington Senior Center on the 4th Thursday of each month.)
American Cancer Society (314) 286-8100
Breast Cancer Support Groups (636) 933-5757— Women's Wellness Center
Cancer (800) 4 CANCER
Carter's Clubhouse - Children's Grief Program (573) 701-2504
Drug Addiction: www.drugrehab.com/support
Family Support Crisis Line (800) 811-4760 / MOCARS (800) 356-5395
Family Violence Survivors (573) 358-3913
Medicare Assistance (800) 390-3330
NAMI Southeast Missouri (National Alliance on Mental Illness) (573) 701-4185
www.nami.org. (Meets 2nd Thursday of the month at 7:00 p.m. - for family and consumer)
Narcotics Anonymous (818) 773-9999
New Beginnings Grief and Loss (573) 760-3609
Overeaters Anonymous (314) 638-6070
Sexual Assault Victims (573) 358-3913
SEMO Behavioral Health (573) 756-5749
SEMO Family Violence Council (573) 358-3913
Weight Watchers (800) 651-6000

SENIOR CITIZEN SERVICES

Alzheimer's Association (800) 272-3900 Call for information, support and services.
Department of Health & Senior Services (573) 431-0361, 142 Staples Drive, Park Hills
SEMO Area Agency on Aging — Aging Matters (800) 392-8771
Provides a variety of services to enhance the quality of life for seniors. Senior community service employment program, housing, in-home services, retired senior volunteer program, advocate program, family caregiver program, transportation services, legal services, Medicare counseling, adult day care, long-term care Ombudsman.
SMTS (573) 431-5765 / (800) 273-0646—Transportation Services
Social Security Administration (877) 622-9009
VA Clinic 1580 West Columbia, Farmington **(573) 760-1365**

The following centers offer services including meals, support groups & health screenings:

Bismarck Nutrition Center 922 Center Street, Bismarck **(573) 734-2429**
Bonne Terre Nutrition Center 114 N. Allen Street, Bonne Terre **(573) 358-3726**
Farmington Nutrition Center 607 Wallace Road, Farmington **(573) 756-1376**
Park Hills/ Leadwood/ Desloge Senior Center 224 West Main, Park Hills **(573) 431-4974**

SENIOR RENTAL ASSISTED APARTMENTS

BONNE TERRE:
Bonne Terre Senior Apartments 600 Cherry St., Bonne Terre **(573) 358-2088**
FARMINGTON:
Ben-Nor Apartments 800 E. Liberty St., Farmington **(573) 756-2052**
Farm Villa Apartments 739 Hillsboro Rd., Farmington **(573) 756-8013**
Parkland Senior Apartments 40 Potosi St., Farmington **(573) 701-9596**
DESLOGE:
Desloge Senior Apartments 206 N. Washington, Desloge **(573) 431-0426**
LEADWOOD:
Cedar Ridge Apartments 1001 Caviness, Leadwood **(573) 562-7650**
PARK HILLS:
Heritage Manor Lee & 2nd St., Park Hills **(573) 431-6827**
Pleasant View 115 McGlashon, Park Hills **(573) 518-0252**
Village Gardens 302 Edgewood, Park Hills **(573) 431-2042**
(For additional areas call East Mo. Action Agency at **(573) 431-5191**)

REMEMBER, WE HAVE MOVED!
Our new address is:
1101 Weber Rd., Suite 202, Farmington, MO 63640
www.sfccp.org

American Red Cross

American Red Cross provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies. ***10195 Corporate Square, St. Louis, MO 63132 (314) 516-2800 or (314) 516-2700***

PREVENTING SUICIDE

Help is available:

- BJC Behavioral Health Crisis Hotline: **(800) 811-4760**
- MoCAR (Missouri Crisis Access Response) 24/7 Crisis Line **(800) 356-5395**
- KUTO (Kids Under Twenty-One) Crisis Help-line **(888) 644-5886.** Staffed by trained youth volunteers everyday after 4 p.m.
- Online: **www.suicidology.org; www.spanusa.org; www.kuto.org**

NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-TALK www.suicidepreventionlifeline.org

PUBLIC TRANSPORTATION

Crystal Cab (573) 915– TAXI (8294)
Liberty Cab (573) 518-0960
LIFE Center Accessible Van Service (573) 756-4314 FREE for seniors and those with disabilities who reside in St. Francois, Madison & Ste. Genevieve counties. Call for details.
Non-Emergency Medical Transport (866) 269-5927 For Medicaid/MC+ recipients. Call for fees and details.
SMTS - Southeast Missouri Transportation Services (573) 431-5765 or (800) 273-0646 Transportation for all, from local to long distance, Wheelchair & lift service available. Fee may apply, please call office for rate assistance.

IMPORTANT NUMBERS

Abuse, Elderly	(800) 392-0210
Adult Education / GED / Literacy	(800) 521-7323
Cancer Information	(800) 422-6237
CDC (Disease) Information	(800) 232-4636
CHADD/ADHD/ADD	(800) 233-4050
Child Support Information	(800) 859-7999
Child Abuse Hotline	(800) 392-3738
Crisis Text Line	Text "HOME" to 741-741
Pregnancy Options Information	(877) 791-5475
Domestic/Family Violence Shelter/Sexual Assault	(800) 663-9929
Drug Abuse & Mental Health Division of Behavioral Health	(800) 575-7480
Epilepsy Found. of USA	(800) 332-1000
Federal Emergency Management Agency (FEMA)	(800) 621-3362
Federal Tax Info./IRS	(800) 829-1040
Food Stamps / MOHealthNet	(800) 392-1261
Health Information Center	(240) 453-8280
Hotline Info. Listing #'s	(800) 555-1212
Infant Loss Resources (formerly SIDS)	(800) 421-3511
Legal Aid Services	(800) 999-0249
Lifeline Network	(800) 273-8255
Mental Health Crisis Line	(800) 356-5395
Missing / Exploited Child	(800) 843-5678
Mothers Against Drunk Driving (MADD)	(800) 438-6233
National Human Trafficking Hotline Or Text 'BeFree'	(888) 373-7888
Parent Link Resources	(800) 552-8522
Poison Control	(800) 392-9111
Rape/Domestic Sexual Assault Crisis	(800) 548-2480
Relay Missouri	(866) 735-2460
National Runaway Safe Line — Home Free Trips to Parent Guardian (Referral for teens in crisis.)	(800) RUNAWAY
Safe Place (National) — Text "SAFE" and your location (address, city, state) to 69866	
Sexual Assault Hotline	(800) 656-HOPE
Schoolviolencehotline.com	(866) 748-7047
Support Crisis Line	(800) 811-4760
Teen Suicide Prevention (Staffed by youth after 4 p.m.) (Staffed by adults 24 hrs.)	(888) 644-5886
Veteran's Crisis Line	(800) 273-8255,1
Women Infant Children (WIC)	(800) 392-8209