

SENIOR LIFESTYLES

Missouri Delta Medical Center
1008 N Main
Sikeston, MO 63801
(573) 472-7490
(800) 455-8253

ADMISSION CRITERIA

Admission to the Senior Lifestyles Behavioral Health Unit is indicated for patients above the age of 55 who meet at least one of the following criteria:

- 1. Suicide attempts**
- 2. Suicidal ideation (e.g. depression with feelings of hopelessness, helplessness, and worthlessness)**
- 3. Self mutilative behavior**
- 4. Homicidal ideation with poor impulse control**
- 5. Assaultive behavior**
- 6. Destructive behavior (to property)**
- 7. Hallucinations, delusions, panic reaction, anxiety, agitation, and/or depression severe enough to interfere with activities of daily living**
- 8. Disorientation or memory impairment severe enough to endanger the welfare of self or others.**
- 9. A recent weight loss/gain refractory to aggressive outpatient or partial hospitalization**
- 10. Recurrent psychosis not responsive to outpatient treatment, severe depression or failing to respond to (21) days of outpatient drug therapy.**
- 11. Toxic effects of therapeutic psychotropic drugs**
- 12. Introduction of, withdrawal from or change of dose of psychotherapeutic medication(s), in cases in which there is strong reason to believe that potentially serious side effects are likely to occur**

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EXCLUSIONARY CRITERIA

The patient must be able to participate in active treatment, which can reasonably be expected to improve a patient's condition, and which is under the supervision of a physician.

- 1. Patients with a substantial diagnosis of dementia with no acute behavioral change or no known psychiatric disorder and no expectation for a positive response to treatment.**
- 2. Patients with acute medical or surgical illnesses.**
- 3. Patients with terminal diseases without a treatable psychiatric disorder.**
- 4. Patients who seek readmission but are determined to be inappropriate for the program.**
- 5. Patients who are bedfast or who cannot participate in the treatment program.**
- 6. Patients who require complex/surgical procedures.**

Nursing Problems Which Can Be Managed:

- 1. C.O.P.D. in need of therapy.**
- 2. Wheelchair bound who can transfer to and from bed with minimal assistance.**
- 3. Walker and cane ambulation.**
- 4. Intermittent or indwelling catheter.**
- 5. Supplemental feeding.**
- 6. Intravenous and/or rehydration.**
- 7. Other nursing problems are reviewed by the Program Director and Nurse Manager on a per case basis.**