

A Class for Family Caregivers



Powerful Tools for Caregivers

Every Tuesday October 28th through December 2nd

1:00 PM - 2:30 PM

Senior Star at Villa Ventura

12100 Wornall Road, Kansas City MO 64145

This six week series is designed to help family caregivers take care of themselves while caring for a relative or friend.

Classes consist of interactive sessions; discussions and brainstorming to help you take the “tools” you choose and put them to work in your life.



This class series meets once a week for 6 weeks. Class size is limited, and registration will be required.
There is no charge to attend the classes

The Caregiver Helpbook will be offered at \$35
Scholarships are available to those who qualify.

For more information or to register
Call Darla Heath at 816-753-7039
or email her at dheath@sccentral.org

www.sccentral.org