

## MEDICAL (Continued)

### Doctors Offices (Non-Clinic Setting):

Joseph Byrnes, MD (Orthopedic).....768-3396  
206 Hospital Lane, Suite 202, Perryville  
Mohammad Moaddabi, MD, Int. Med.....547-4026  
212 Hospital Lane, Suite 201, Perryville  
Joseph Sharlow, MD (Surgeon).....547-8390  
Michael Steele, MD (Surgeon).....547-8390  
206 Hospital Lane, Suite 204, Perryville  
Marlon Torrento, MD (Infectious Disease)  
.....768-3410  
212 Hospital Lane, Suite 200, Perryville

## NEWS MEDIA

Perryville Buzz – [www.Perryvillebuzz.com](http://www.Perryvillebuzz.com)  
Perryville Newspapers–10 W. Ste. Maries...547-4567  
Sun Times News – [www.suntimesnews.com](http://www.suntimesnews.com)  
122 Perry Plaza, Perryville, MO.....547-8005

## NURSING-RETIREMENT HOMES

Holiday Residential Care.....547-7398  
Independence Care Center..... 547-6546  
Independence Court Assisted Living.....547-1499  
Independence Square.....547-8600  
Perry Oaks Manor..... 547-1011

## SENIOR CITIZEN SERVICES

American Legion (Loan of ambulatory supplies).....  
.....547-4588  
APPLE Paperwork Services (*will come to Senior Center*)  
.....573-651-5467  
Legal Services of Southern MO-for low income Elderly  
.....1-800-748-7456  
Perry Co. Health Department.....547-6564  
Perry Co. Senior Center - (*also do Meals on Wheels*)  
.....547-2188  
SADI - (SEMO Alliance for Disability Independence),  
Cape Girardeau.....573-651-6464  
SEMO Area Agency of Aging, Cape Girardeau.....  
.....573-335-3331  
Senior Services Div. (Div. of Aging)..... 573-290-2014  
Social Security Office, (Cape).....573-339-1277  
Veterans Administration - *Representative comes to  
Perry Co. Health Dept. the 2<sup>nd</sup> & 4<sup>th</sup> Thursday of  
Every month. For more info, call* .....547-6564

## SUPPORT GROUPS

### Addictions

**AA & Al-Anon Group** - Meet on Monday evenings  
at 7:30 PM at St. Vincent DePaul (Old School)  
Building, 1021 S. St. Joseph., Perryville  
**Celebrate Recovery** Group (for any type of  
addiction) – Meet on Tuesday evenings: Dinner,  
5:30; Meeting, 6:30 PM at 1<sup>st</sup> Baptist Church, 420 N.  
Main, Perryville. 573-547-4644  
**Hand to Hand Group** - (for any type of addiction)  
– meet on Thursday evenings, 6:30 PM at Immanuel  
Lutheran Church, 453 N. West Street, Perryville  
**Narcotics Anonymous** – Meet on Friday evenings  
at 6:30 in the basement of the Presbyterian Church,  
6 E. Ste. Maries, Perryville

### Dementia

**Caring for the Caregivers of people with  
Dementia Support Group** – meet at Concordia  
Lutheran Church in Frohna on the 1<sup>st</sup> Wednesday of  
every month. Call Carol at Lutheran Children Family  
Services at 573-334-5866 if interested in attending.

## TRANSPORTATION

Bart Transportation.....335-0844  
Courtesy Car (*Provided by Perry Co. Mem.Hosp*).....  
.....573-768-1186  
SMTS Van (SE MO Transportation Service).....  
.....547-8016  
Wings of Hope **AIR Transportation**..... *for patients  
in need*.....636-537-1302 or 1-800-448-9487  
*They provide services in our local area.*

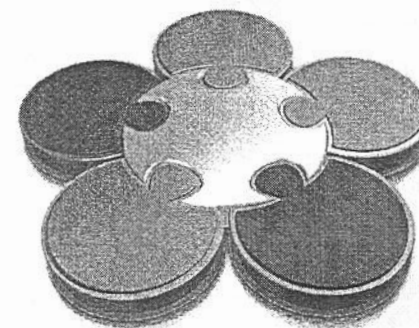
## HOTLINE NUMBERS

Alcohol and Addictions 24-Hr. Helpline  
(ABFT-Pathways) 1-800-574-9096  
Adult Sexual Assault 1-877-820-6278  
Child Abuse/Neglect 1-800-392-3738  
Child Care Hotline 1-800-392-3738  
Elderly Abuse/Neglect 1-800-392-0210  
Mental Health Crisis Hotline 1-800-356-5395  
Poison Control Center 1-800-366-8888  
Regional Family Crisis Ctr. Hotline  
1-877-527-4747  
MO Suicide & Crisis Hotline 1-800-356-5395

## NATIONAL ORGANIZATIONS

Alzheimers Assoc. (St. Louis) 1-800-980-9080  
American Cancer Society 1-573-471-1823  
American Diabetes Assoc. 1-703-549-1500  
American Heart Association 1-512-433-7220  
American Kidney Foundation 1-800-638-8299  
American Lung Association 1-212-315-8700  
American Red Cross (Cape) 1-573-335-9471  
Arthritis Foundation (SE Branch) 1-877-744-4993  
Autism (Southeast MO) Cape 1-800-JUD-EVIN  
Blind & Physically Handicapped 1-800-392-2614  
Cancer Information Service 1-800-422-6237  
Cerebral Palsy 1-800-872-5827  
Cystic Fibrosis Foundation 1-800-344-4823  
Easter Seals Society 1-866-673-3565  
Epilepsy Foundation 1-800-264-6970  
Make A Wish Foundation 1-800-722-WISH  
March of Dimes 1-914-428-7100  
Multiple Sclerosis Society 1-212-986-3240  
Parkinson Foundation 1-800-327-4545

# Perry County RESOURCE GUIDE



Joining People with  
Services

*Prepared & Provided by:*  
**Perry County Health Department**  
406 N. Spring Street, Suite 1  
Perryville, MO 63775  
[www.perrycountyhealth.org](http://www.perrycountyhealth.org)

*“Serving A Caring Community”*

12/2012 SK

**ABUSE/NEGLECT/SUBSTANCE ABUSE**

Gibson Recovery Center..... 547-1121  
New Life Mission Inn MO..... 573-768-3405  
Regional Family Crisis Center..... 547-2480  
Perry Co. Community Task Force..... 547-1292

**ADOPTION & ALTERNATIVES**

Birthright (Infant/child supplies)..... 573-335-0750  
Catholic Family Counseling..... 800-652-8055  
Family Support Division-(Family Services).....  
(Perryville) 547-1140  
..... or (Cape Girardeau) 573-290-5800  
Lutheran Children/Family Services..... 573-334-5866

**ANIMAL SERVICES**

Animal Control Officer..... 547-4546  
PAWS-Perry Animal Welfare Society..... 866-571-7297

**CITY/COUNTY OFFICES & RESOURCES**

**City of Perryville Offices:**

City Hall, 120 N. Jackson Street..... 547-2594  
Police Dept..... 547-4546

**Perry County Offices:**

Assessor..... 547-5211      Commissioner..... 547-4242  
Clerk..... 547-4242      Collector..... 547-4422  
E911 Director..... 547-4000      Road Dept..... 547-6269  
Sheriff's Department..... 547-4576  
Transfer Station (Landfill)..... 547-8098  
Treasurer..... 547-4502

**Other Perry City/County Resources:**

Chamber-Commerce..... 547-6062  
Citizens Electric..... 547-2512  
License Bureau..... 547-6100  
Perry Co. Health Dept..... 547-6564  
Recycling Center..... 547-5006  
Riverside Regional Library..... 547-6508  
U.S. Post Office..... 547-4343  
University of MO Extension..... 547-4504

**COUNSELING SERVICES**

Catholic Family Counseling..... 800-652-8055  
Community Counseling Center..... 547-8305  
Lighthouse Counseling Center..... 547-9963  
Lutheran Children/Family Service..... 573-334-5866  
Michelle Riehn Counseling..... 547-9943  
Perry County Counseling Center..... 517-0200

**DENTAL SERVICES**

Amschler, Dennis DDS - 14 S. Jackson..... 547-2344  
Asselmeier, Craig DDS - 300 Perry Plaza..... 547-3949  
Carron, Stephen DDS - 12 S. Jackson..... 547-5570  
Cooper, Keith DDS - 334 N. Main..... 547-6520  
Hohenadel, Ronald - 121 S. Main..... 547-8374  
Unger, James DDS - 121 S. Main..... 547-8375  
Cross Trails Medical Center-Cape..... 573-332-0808  
408 S. Broadway, Cape Girardeau

**DISABILITY/SPECIAL NEEDS**

My Camp..... 573-788-2345  
Perry County Board for Developmentally Disabled.....  
SADI (SEMO Alliance for Disability Independence).....  
Cape Girardeau..... 573-651-6464  
SEMO Area Agency of Aging (Cape)..... 573-335-3331  
Senior Service Div. (Div. of Aging)..... 573-290-2014  
Sheltered Workshop (United Enterprises).....  
..... 547-1047  
Sikeston Region for Dev. Disabled..... 800-497-4647  
Special Health Care Needs, Cape..... 573-290-5830  
Terrace Gardens..... 547-7170  
Vocational Rehabilitation (Cape)..... 573-290-5788

**EDUCATION**

**Early Childhood/Special Education**

Head Start..... 547-8496  
Parents As Teachers..... 547-7500  
Elementary (Preschool through 8<sup>th</sup>)  
Altenburg Public School..... 573-824-5857  
Immanuel Lutheran School..... 547-6161  
Perry Co. School Dist. 32..... 547-7500  
United In Christ Lutheran Sch. 573-824-5218  
St. Vincent Catholic School..... 547-6503

**High School**

Perry Co. Dist 32 High School..... 547-7500  
St. Vincent Cath. High School..... 547-2560  
Saxony Lutheran High School..... 573-204-7555  
Higher Education  
Perryville Area Career Center..... 547-7500  
Perryville Higher Ed Center..... 547-4143  
GED Classes  
Perry Co. School Dist..... 547-7500, Ext. 8459

**EMPLOYMENT/TRAINING**

Kelly Services..... 517-0366  
Manpower Temporary Services..... 547-2202  
Sheltered Workshop (United Enterprises).....  
..... 547-1047  
Workforce..... 547-6400

**FITNESS/PHYSICAL ACTIVITY**

Mid America Rehab..... 768-3349  
206 Hospital Lane, Ste 100, Perryville  
Perry Park Center..... 547-7275  
800 City Park, Perryville  
Therapy Solutions..... 517-7900  
1506 W. St. Joseph, Perryville

**FOOD/CLOTHING ASSISTANCE**

(May offer other assistance also)  
Birthright (Infant/Child supplies)..... 573-335-0750  
2633 Hopper Rd., Cape Girardeau, MO  
Immanuel Lutheran Social Ministry-Food Pantry.....  
..... 547-8317  
St. Vincent Ladies of Charity-Food Pantry.....  
..... 547-4300  
St. Vincent De Paul Assoc. (Thrift Store)..... 547-3975  
Treasurers (Clothing, household, etc.) - Open Saturdays  
917 N. Kingshighway, Team Fundraiser-Relay For Life

**HARDSHIP ASSISTANCE**

East Missouri Action Agency..... 547-2014  
Family Support Div. (Family Serv.)..... 573-290-5800  
Ministerial Alliance..... 547-8317  
Salvation Army (Cape G.)..... 573-335-7000  
St. Vincent De Paul Society..... 547-1797  
See Food/Clothing Assistance also.

**HOME VISITS/IN-HOME CARE**

Senior Services Div. (Div. of Aging)..... 573-290-5800  
Perry County Health Department..... 547-6564  
Perry Co. Mem. Hosp. Home Health..... 547-7133

**HOUSING**

**Subsidized Housing:**

Barwell Apartments..... 547-4330  
Creekwood Apartments..... 547-7083  
Hillicrest Drive Estates..... 547-2105  
Perry-Co Estates..... 547-7385  
Sr. Gardens (Harvest Acres)..... 547-6556  
Safe House For Women:  
Regional Family Crisis Center..... 547-2480

**INFORMATION/REFERRAL**

"First Call for Help" (Information service for a wide variety of topics)..... 866-914-4357  
211 Information & Referral Service..... Dial 211  
Provides information/referral help for food/housing, employment, healthcare and more.

**MEDICAL**

Samaritan Regional Health Clinic..... 573-388-4504  
937 Broadway, Cape. Free clinic for those with no insurance and no way to pay. By appointment  
Cross Trails Medical Center-Cape..... 573-332-0808  
408 S. Broadway, Cape Girardeau  
MO Breast/Cervical Cancer Project..... 573-290-5800  
(free pap test & mammogram for those that qualify)

Perry County Memorial Hospital..... 547-2536  
434 N. West Street, Perryville

**Doctors (Clinic Setting):**

Convenient Healthcare..... 547-3232  
624 Old St. Mary's Road  
Doctors Memorial Park (Frohna)..... 573-824-5599  
Mark Schabbing MD  
Immediate Healthcare..... 517-7555  
1508 Edgemont, Perryville

**Perry County Women's Care..... 547-4899**

Craig Fryer, DO, OB/GYN  
MereditH Gruenwald, APRN  
Patricia Hinkle, MD, OB/GYN  
Lois Jensen, MD, OB/GYN  
Piemsak Lim, MD, OB/GYN  
206 Hospital Lane, Suite 201, Perryville  
Perry Kids Pediatrics..... 517-0999  
Shilpa Desai, MD, Pediatrics  
Bhargav Kanani, MD, Pediatrics  
Gail Craft, FNP

**210 Hospital Lane, Suite 202, Perryville**

Perryville Family Care Clinic..... 547-7888  
Brad Henneman, FNP      Leticia Kelley, FNP  
David Kapp, MD      Tina Moore, FNP  
David Melchior, DO      Mark Schabbing MD  
Darryl Green, MD      Laura Womack, MD  
Patricia Hinkle, MD  
212 Hospital Lane, Suite 101, Perryville