

Food/Toiletry Pantries

Please call to confirm pantry hours

Bishop Sullivan Center

816-231-0984 6435 Truman Rd
1:30 - 4 Monday - Thursday
816-561-8515 3936 Troost Ave
9-12:30 Monday - Thursday

Blue Hills Church of the Nazarene 816-523-2833

10306 Blue Ridge Blvd.
2nd Tuesdays 10 am - 2 pm

Community Progressive Church 816-921-7016

4920 E. 31st St.
Tues & Fri 8 am - 12 pm; 1st Wed 8 AM

Covenant Presbyterian Church 816-444-3693

5931 Swope Parkway
Mon - Fri 9 am - 12:45 pm

Della Lamb 816-842-8040

500 Woodland Ave.
Fridays 8:30 am - 10:30 am

Episcopal Community Services 816-931-2850

11 E. 40th St.
Tues & Fri 10 am -12 pm; Wed 5:30 pm - 7:30 pm

Guardian Angels Church 816-931-4351

1310 Westport Rd.
Tues - Thurs 9 am - 12 pm; 1 pm - 3 pm

Kansas City Indian Center 816-421-7608

600 W. 39th St.
Mon - Fri 8:30 - 4:30

Memorial Church International 816-363-7939

11424 Hickman Mills Dr.
Thursdays 1 pm - 2 pm

Metropolitan Missionary Baptist Church

816-923-3689 2310 E. Linwood Blvd.
2nd & 4th Tuesdays 9:30 am - 11 am

Morning Star Baptist Church 816-923-3559

2411 E. 27th St.
3rd Wednesdays 10:45 am - 12:45 pm

Palestine Senior Center 816-921-1963

3325 Prospect Ave.
Tues - Thurs 9:30 am - 1 pm

Redemptorist Center 816-931-9942

207 W. Linwood Blvd.
Mon - Fri 10 am - 11:45 am

Salvation Army-Westport 816-753-6040

500 W. 39th St.
Tues & Thurs 1:30 pm - 2:30 pm
Wednesday 10 am - 11 am

St. James United Methodist Church 816-444-5588 5540 Wayne

Free Meals

Breakfast

Hope Faith Ministries 705 Virginia Ave
Monday - Saturday 8:30 am - 10 am

KC Community Kitchen 750 Paseo
Monday - Friday 7 am - 9 am

Morning Glory Café 416 W. 12th St.
Tuesday - Friday 7:15 am - 8:30 am

Neighbor2Neighbor 3551 Wabash
Monday - Friday 9:30 am -10:30 am

Lunch

City Union Mission Men's Shelter 1100 E. 11th St.
Monday - Saturday 11:30 am - 12:30 pm
Sunday 2:30 pm - 3 pm

Food Not Bombs 9th & Harrison Fridays 3 pm

Hope Faith Ministries 705 Virginia Ave.
Monday - Friday 11 am - 12:30 pm
Saturday 11 am - 1:30 pm

KC Community Kitchen 750 Paseo
Monday - Friday 11 am - 2 pm

Morning Glory Café 416 W. 12th St.
Saturday 12 pm - 12:45 pm, Sunday 1 pm - 2 pm

Salvation Army 3013 E. 9th St.
Monday - Friday 11:30 am - 12:30 pm

Thelma's Kitchen 3101 Troost Ave.
Monday - Friday 11 am -2 pm

Trinity UMC 620 E. Amour Blvd.
Monday 12 pm - 1 pm, Saturday 12 pm-1pm

True Light Ministries (women & children only) 719 E. 31st St.
Monday - Friday 12 pm -1 pm

Neighbor2Neighbor 3551 Wabash
Monday - Friday 11 am -12:30 pm

Dinner

City Union Mission Men's Shelter 1100 E. 11th St. M-Sat 5pm

Food Not Bombs Independence Ave & Monroe Sundays 4 pm
KC Rescue Mission 1520 Cherry St.

Monday - Sunday Arrive by 7 pm, food served at 7:30 pm
Micah Ministries 606 Gladstone Blvd Monday 5:30 pm - 7 pm

Bishop Sullivan Center 3936 Troost Monday- Friday 4:30-6pm

Kid's Café at KC Public Library

Healthy meal provided for children ages 1-18
Bluford 3050 Prospect Mon-Fri 3:30 pm - 4:30 pm
Southeast 6242 Swope Pkwy Mon-Thurs 2:30 pm - 3:30 pm
Waldo 201 E. 75th St. Tues - Thurs 3:30- 4:30 pm

Kansas City EMERGENCY HELP & COMMUNITY RESOURCES

THE KANSAS CITY
PUBLIC LIBRARY

December 2018