Home-Delivered Meals Program for Rural Residents

Distance Dining

at 1 (800) 392-8771 for more details.

Cassandra Smith at cassandra@sem.arca.ore or call SEMO Agency on Aging

Who?

Contact Rhonda Bramlett at rhonda@sem.arca.ore or

What?

Regular basis by SEMO AAA central office staff or volunteer.

A phone contact to client will be made on a per month or as client requests. A phone contact to client will be made on a

A pack of frozen meals are delivered by FedEx weekly (46 meals

Goal:

Living in rural areas where senior centers do not deliver meals.

Offer meals to Medicare eligible (non spend down) clients age 65+
Distance Dining Program Information

1. Offered **Directly** by Central Office AAA-not through a Center
2. Authorized exactly the same as other home-delivered meals
3. Highest units *(46)* or Lowest *(10)* per month
4. Our priority is to **reach rural** clients, but **other circumstances** have been accommodated *(i.e. biting dogs, belligerent clients, etc)*
5. Delivery day is **Thursday**-Arrives in a box with dry ice in a Styrofoam cooler and another box inside with all the components *(client may need help in putting these items away)*
6. **Full Menu** Pattern Required: Entrée, vegetables, fruit/ juice, individually wrapped bread, muffin, crackers, cookie, dry instant milk *(client may need help stirring up milk, taking film off tray, cutting open components, seasoning meal when heated, adding raw fruit/ veg. etc.)*
7. Advantages: **Nutrition** label on Meals- **Variety** of food offered - **Helps lower** client’s fuel and food **bill $**- Use meals on weekends