



ALCOHOL & DRUG ABUSE MENTAL HEALTH RESOURCES

The following services are available
in Cape Girardeau County & Scott City



ALCOHOL & DRUG ABUSE

- Alcohol & Drug Facility Referral** (800) 821-4357/English
. (800) 662-4357 option 3/Spanish
- Alan and Alateen Information Hotline** (800) 356-9996
- Alcohol Abuse Addiction (24 Hour Hotline)** (800) 364-4034
- Alcoholics' Anonymous** (800) 486-1047 or www.district8AA.org
Information on local AA Meetings
- Celebrate Recovery/Celebrate Kids** www.celebraterecoverycape.com
Faith-Based Support Group for Life-Controlling Hurts, Habits and Hang-Ups
(Sunday) St. Andrew Lutheran Church
804 N Cape Rock Dr, Cape Girardeau (573) 334-3200
(Monday) Fruitland Community Church
6040 US Hwy 61, Jackson. (573) 204-0724
(Tuesday) (also Celebrate Kids) Lynwood Baptist Church
2935 Lynwood Hills Dr, Cape Girardeau (573) 334-4600
(Friday) Christ Church of the Heartland
720 Bertling St, Cape Girardeau. (573) 334-7726
- Community Counseling Center: Community Based Solutions (ADA Certified)**
1078 Wolverine Rd, Cape Girardeau (573) 332-2791
*Alcohol/Drug/Gambling Addictions: Co-occurring; Chemical Dependency Evaluations;
Anger Management*
- EPIC Coalition** 937 Broadway, Suite 306, Cape Girardeau (573) 587-1921
Youth Substance Abuse Prevention Strategies
- Family Counseling Center +** 20 S Sprigg St, Cape Girardeau (573) 651-4177
*Alcohol and Drug Services/Treatment for women and adolescents, Residential Treatment
Services for women*
- Gibson Recovery Center +** 1112 Linden St, Cape Girardeau (573) 334-5513
*Co-Dependency Groups, Court Evaluations, DWI Classes, Integrated Dual Diagnosis Treatment,
Residential and Outpatient Treatment for adults, Modified Medical Inpatient Detoxification*

- Mending Hearts** 219 N Henderson St, Cape Girardeau (573) 332-7900
Residential Recovery Services for women
- Mission Missouri** 509 Ruth St, Sikeston (573) 481-0505
Prevention Programs for youth, Recovery Programs for adults
- Narcotics Anonymous** (573) 651-0212
- Southeast Regional Support Center**
Southeast Missouri State University, MS 7650, Cape Girardeau (573) 651-5153
Regional community prevention initiatives
- Teen Challenge of Mid-America** 303 Matc Ln, Cape Girardeau (573) 335-6508
Long Term Residential Facility for men
- Vision House** 10 N Middle St, Cape Girardeau (573) 651-0115
Transitional Housing for homeless women with drug/alcohol addictions

MENTAL HEALTH

- ADHD Support Group** (573)200-6585 or (888) 774-0404
. www.capeadhd.wordpress.com
- Associated Counseling Services (Jeffrey Johnston, PhD)**
1021 Kingsway Dr, Cape Girardeau (573) 335-7929
Child, Adolescent and Family Counseling Services
- Beacon Health Center +** 73 Sheridan Dr, Cape Girardeau (573) 332-1900
Primary Care/Mental Health/Child Advocacy
- Adult Rape Crisis Line** (877) 820-6278
- Bootheel Counseling Services & Family Medical Clinic +**
Main Office: 760 Plantation Blvd, Sikeston. (573) 471-0800
General Counseling Services and Primary Health Care
- Brad Robison, MD; Gloria Miller, MA; Debra Unterreiner, MA; Jane McLain, APRN FNP**
106 S Farrar Dr, Suite 109, Cape Girardeau (573) 334-7055
Child and Adolescent Psychiatric Services, Marriage and Family Therapy

Cape County Case Management + 902 E Jackson Blvd, Jackson (573) 204-3617
Service Coordination for developmentally disabled

Catholic Charities + 937 Broadway, Suite 304 (573) 335-0134
Disaster Case Management, Counseling for individuals, family and couples

Service Coordination for developmentally disabled (Scott County) . . (573) 481-0659

Healthy Babies, Healthy Moms (Scott County) (573) 481-0659

Community Counseling Center + 402 S Silver Springs, Cape Girardeau (573) 334-1100
Comprehensive Mental Health Center, long term and acute care: counseling and psychiatric services

Crisis Hotline (800) 356-5395

TLC Line (4-10 PM & weekends) (573) 651-3642 or (877) 626-0638

Cross Trails Medical Center +

408 S Broadview St, Cape Girardeau (573) 332-0808

109 Highway 51 North, Marble Hill (573) 238-2725

307 Gabriel St, Advance (573) 722-3034

General Counseling Services

Depression and Bipolar Support Alliance

Advocacy, Education and Support Groups

Local Information (573) 332-0724 or 334-8619

National Hotline (800) 784-2433

High Pointe Health Care 100 E Outer Rd, Scott City (573) 264-2211

General Counseling Services

HillCrest Counseling Associates 340 S Broadview St, Cape Girardeau (573) 332-0613

General Counseling Services for individuals, couples and families

Lutheran Family and Children's Services

3178 Blattner Dr, Cape Girardeau (573) 334-5866

Older Adult Counseling and Support Services, Unplanned and Crisis Pregnancy Counseling

Jay Musgrave, PhD 1221 Kingsway Dr, Cape Girardeau (573) 651-4206

General Counseling Services, Marital and Couples Therapy

Jerrell Driver, PhD 2387 W Jackson Blvd, Jackson (573) 204-7771

Counseling and Testing Services for adults and children

Ken Callis & Associates 615 N Broadview St, Suite 102, Cape Girardeau (573) 334-2889

General Counseling Services for individuals, couples and families

New Vision Counseling + 619 N Broadview St, Cape Girardeau (573) 334-3486

Individual and Family Counseling, Assessment and Testing

River City Health Clinic + 224 N Frederick St, Cape Girardeau (573) 332-0121
Medication Management and Psychiatric Services

Riverview Counseling 115 Broadway, Cape Girardeau (573) 334-0018
General Counseling Services

Safe House for Women 230 N. Spring Ave, Cape Girardeau (573) 335-7745

Emergency Shelter for women and children (domestic violence victims); Individual &

Group Counseling for shelter and outreach clients; Thrift Store

Crisis Hotline 24 hours (573) 651-1614

Sikeston Regional Office +

112 Plaza Dr, Sikeston (573) 472-5300 or (800) 497-4647

Services for developmental disabilities

Tender Hearts Child Therapy +

2909 Independence St, Cape Girardeau (573) 803-1402

General Counseling Services for individuals and families

AIDS Hotline (800) 342-2437

Adult & Elderly Abuse (800) 392-0210

Child Abuse & Neglect (800) 392-3738

Mental Health Crisis (800) 356-5395

Missing Children (800) 843-5678

National Domestic Violence Hotline (800) 799-7233

National Sexual Assault Hotline (800) 656-4673

Poison Control (800) 366-8888

Runaway Hotline (800) 448-4663 or (800) 621-4000

+ Medicaid accepted for individuals under 19 years of age.

General Information
When You Don't Know Who to Call
**FIRST CALL
FOR HELP**
334-HELP (4357) or (866) 914-4357

EPIC
PREVENTING SUBSTANCE ABUSE
BEFORE IT STARTS
 **COMMUNITY
CARING COUNCIL**

For the latest services visit www.communitycaringcouncil.org/Resources
Listed providers were limited to those who responded to our mental health services survey in February 2006.