

# Caregiver of the Year



***Do you know someone who puts their life on hold to care for an ill family member or friend?***

If so, the Department of Health and Senior Services invites you to nominate that person for Caregiver of the Year.

The department will feature a story and photo of an unpaid Missouri caregiver each month on its website. By December, an overall Caregiver of the Year will be selected.

**For more information please call (573) 751-2413.**

**Nomination forms are available at  
<http://health.mo.gov/seniors/caregiver.php>**

