

Residents' Rights: What You Need to Know

As a resident of a long-term care facility, you have rights that are guaranteed and protected by law. These “residents’ rights” support the principles of dignity and respect. Every facility must protect and promote these rights for all residents.

Make Choices

You should be given the opportunity to make your own choices about care and treatment whenever possible. Choices might include, but are not limited to:

- What time you go to bed;
- When you take a bath;
- What you eat and when;
- The clothes you wear;
- Whom you share a room with;
- Sharing a room with your spouse or significant other, if you both agree;
- Observing your religious beliefs;
- How you use your personal funds;
- Receiving visitors;
- Leaving the facility;
- Whether to participate in facility activities;
- Participating in the Resident Council if you wish;
- The care and treatment you receive;
- Refusing care;
- The physician that provides your medical care;
- The pharmacy that provides your medications;
- Completing advance directives for health care and treatment options; and,
- Appealing an involuntary discharge or transfer.

For more information about these rights, or any other questions or concerns you may have when you are a resident in a long-term care facility, please call, email or visit us online:

1-800-309-3282

Email: LTCOmbudsman@health.mo.gov

Online: health.mo.gov/seniors/ombudsman