



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**



Missouri
Association
of Area
Agencies
on Aging

2024 State of Missouri Needs Assessment Survey

Report of Results

November 2024

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Executive Summary

Survey Background and Methods

In 2024, the State of Missouri Department of Health and Human Services in partnership with the Missouri Association of Area Agencies on Aging (MAA) contracted with Polco to implement a needs assessment survey with a representative sample of older adult residents to inform decision making and Missouri's Master Plan on Aging. In addition, they wished to gather information from adults (age 18 and older) with disabilities and from adult (age 18 and older) caregivers.

A total of 158,489 Missouri households were selected to participate in the survey; about half of these were randomly selected from households believed to have a member aged 50 or older, and half were randomly selected from all households. These survey recipients were contacted by mail two times with a postcard notifying residents that they had been chosen to participate in the survey and providing them the option to complete the survey online or to request a paper survey, complete the survey over the phone with an interviewer, or request an in-person interview. Additionally, responses were collected through open-participation outreach promoted by the State of Missouri and local Area Agencies on Aging.

Overall, the State of Missouri gathered opinions from 7,621 respondents: 6,842 were older adults (50+), 2,612 were residents with disabilities (18+), 2,326 were caregivers (18+), and 290 did not fall into any of those categories (residents were able to multi-select options, so some residents fall into multiple categories). The results of those who identified as older adults were weighted to reflect the demographic profile of all residents in the State.

Key Findings

Current and Future Caregivers

- Current caregivers indicated that they have some significant needs regarding support. About two-thirds of Missouri caregivers somewhat or strongly agreed that they need help locating services for the people they care for. Additionally, nearly 6 in 10 residents somewhat or strongly agreed that they need temporary relief from their caregiver duties and need help paying for services needed by the person they care for. Just under half of caregivers also indicated they would like training on caring for someone at home.
- Future caregivers reiterated similar needs as current caregivers. Nearly 8 in 10 respondents indicated they anticipate needing help locating services for the person they will care for. About 7 in 10 respondents felt they would need help paying for services needed by the person they plan to care for, and two-thirds shared they would require temporary relief from caregiver duties.

Employment Status and Challenges

- Caregivers faced the most employment challenges of all three respondent types with 2 in 10 respondents facing difficulty finding a job that paid enough. While close to 1 in 10 struggled to find a job that matched their skills, find a job close to their home, were unable to leave the individual they were caring for alone in order to work, and had concerns about losing public benefits.
- Around 1 in 10 older adults indicated struggling to find a job that paid enough.
- About 1 in 10 adults with disabilities struggled to find a job that matched their skills, a job that paid enough, and indicated concern about losing public benefits.

Housing and Accessibility

- Around two-thirds of residents across respondent type positively rated the availability of parks that they feel safe visiting, and parks that are accessible to them. In contrast, only around one-third of residents indicated that their communities had a place for people to live as they age, indicating a potential area of focus.
- Many respondents across the state indicated that their residence was in need of repair to improve their ability to live safely, including nearly 4 in 10 people with disabilities, close to 3 in 10 older adults, and one-third of caregivers.

Transportation

- Nearly 9 in 10 older adults and caregivers have access to a personal vehicle as their main form of transportation, while just over 8 in 10 residents with disabilities indicated they have regular access to a personal vehicle. Relatedly, nearly 4 in 10 older adults and caregivers have regular access to rides from friends of family, while nearly half of adults with disabilities have access to rides from friends and family.
- Most survey respondents (about two-thirds or higher) indicated that they do not have access to trolley/streetcars, metro/train, public use bicycles, scooters, Paratransit, or bus services in their communities.
- Nearly two in ten adults with disabilities indicated that they faced the following barriers in accessing transportation in the past 12 months: they didn't know what transportation services are available in my community, transportation services didn't go where they needed them, and/or the cost of transportation was too high.

Technology and Information Resources

- Over 8 in 10 of all respondents indicated they have a smart phone (call, text, and internet), while 2 in 10 indicated they have a mobile phone (call and text only) or a landline phone. Similarly, over 8 in 10 of all respondents indicated they have access to high-speed internet/broadband at home.
- Of those who do not have high-speed internet/broadband at home, around 50% indicated they cannot afford high-speed internet. Closer to 3 in 10 reported that high-speed internet is not available in their area, and close to 2 in 10 said they were not interested in high-speed internet.
- The most favored modes of communication among residents were email (preferred by 8 in 10 respondents), text (preferred by 7 in 10 respondents), website updates (preferred by 6 in 10 respondents), and brochures (preferred by 5 in 10 respondents).
- At least 3 in 10 residents across respondent type indicated they had challenges knowing what services are available to older adults in their community, knowing what services are available to people with disabilities in their community, and having adequate information on dealing with public programs such as Social Security, Medicare, and Medicaid.

Whole-Person Health

- Just over one-third of adults with disabilities indicated that having opportunities to socialize and meet new people was a moderate or minor problem for them. A similar proportion of adults with disabilities indicated that feeling depressed was a challenge for them.
- Close to 8 in 10 residents reported that they know how to report abuse, neglect, or exploitation of themselves or others.
- Adults with disabilities faced the most challenges related to independent living, with over half indicating that staying physically fit, doing heavy or intense housework, and maintaining their home were moderate or major problems.
- Just over half of respondents with disabilities experienced one or more falls in the last 12 months, compared to just over 3 in 10 caregivers and older adults.
- Close to 3 in 10 of all respondent types were unable to access healthcare they needed in the past 12 months with the most notable barriers (close to 10%) being the cost to access healthcare was too high and being unable to find a provider in their area that provides the healthcare they need.
- At least 3 in 10 of all respondent types always or frequently experienced not having enough money available to eat balanced meals. While 50% or more of all respondents had awareness of food assistance programs, 30% or less reported using those programs.

Survey Background

Survey Purpose

In 2024, the State of Missouri Department of Health and Human Services in partnership with the Missouri Association of Area Agencies on Aging (MAA) contracted with Polco to implement a needs assessment survey with a representative sample of older adult residents to inform decision making and Missouri's Master Plan on Aging. In addition, they wished to gather information from adults (age 18 and older) with disabilities and from adult (age 18 and older) caregivers.

The Area Agencies on Aging in Missouri partnered with the State on this effort to ensure they all received reports specific to their AAA service areas so that they could use the data gathered to make data driven decisions in their service areas and better support their residents.

Survey Administration

A total of 158,489 Missouri households were selected to participate in the survey; about half of these were randomly selected from households believed to have a member aged 50 or older, and half were randomly selected from all households. These survey recipients were contacted by mail two times with a postcard notifying residents that they had been chosen to participate in the survey and providing them the option to complete the survey online or to request a paper survey, complete the survey over the phone with an interviewer, or request an in-person interview. A total of 3,858 people completed the survey, providing an overall response rate of 2.4%. Of the 3,858 completed surveys, 2,962 were completed online, 22 were completed via phone interview, and 874 on paper.

Responses were also collected through open-participation outreach promoted by the State of Missouri and local Area Agencies on Aging. A total of 3,763 residents responded to this outreach effort.

The survey was available in Spanish, French, German, Arabic, and Simplified Chinese and all mailings contained instructions in those languages on how to access the online survey.

Overall, the State of Missouri gathered opinions from 7,621 respondents: 6,842 were older adults (50+), 2,612 were residents with disabilities (18+), 2,326 were caregivers (18+), and 290 did not fall into any of those categories (residents were able to multi-select options, so some residents fall into multiple categories). The results of those who identified as older adults were weighted to reflect the demographic profile of all residents in the State.

It is customary to describe the precision of estimates made from surveys by a "level of confidence" and accompanying "confidence interval" (or margin of error). The 95 percent confidence interval for this survey is generally no greater than plus or minus 2% around

any given percent reported for all survey respondents (3,858). For comparisons among subgroups, the margin of error rises.

How the Results are Reported

For the most part, frequency distributions and the “percent positive” are presented in the body of the report. The percent positive is the combination of the top two most positive response options (i.e., “excellent” and “good,” “strongly agree” and “somewhat agree”). For the questions about challenges faced by respondents, we show the proportion who said each was a “major” or “moderate problem.”

On many of the questions in the survey, respondents could give an answer of “don’t know.” The proportion of respondents giving this reply is shown in the full set of responses included in the appendices. However, these responses have been removed from the analyses presented in the body of the report, unless otherwise indicated. In other words, the majority of the figures in the body of the report display the responses from respondents who had an opinion about a specific item.

When a figure for a question that only permitted a single response does not total to exactly 100%, it is due to the common practice of percentages being rounded to the nearest whole number.

Comparing Survey Results by Geographic and Demographic Subgroups

Select survey results were compared by demographic characteristics of survey respondents as well as geographic location of residency. The full set of results by demographic characteristics can be found in a separate document, due to its length.

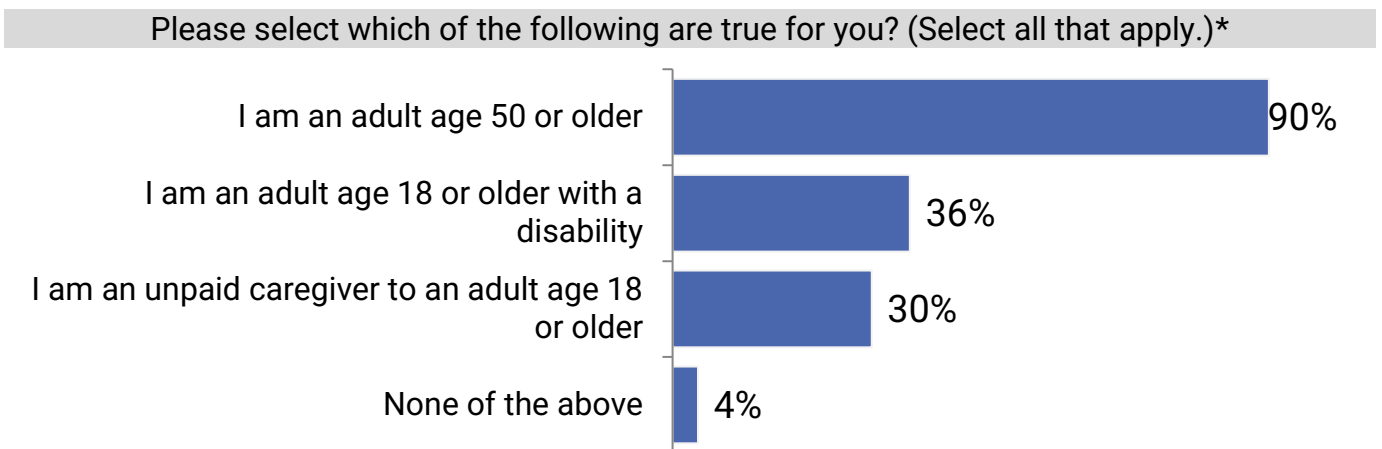
Survey Results

Survey Participants

The State of Missouri wanted to hear from three types of residents: older adults (age 50 or older), adults with disabilities (age 18 or older), and adults who were caregivers (age 18 and older). Many residents fit into more than one of these categories. The figures below cover respondent type and show further participant breakdowns by older adults, adults with disabilities, and caregivers. *(Note: Figures 1-8 relate to survey participants).*

All Respondents

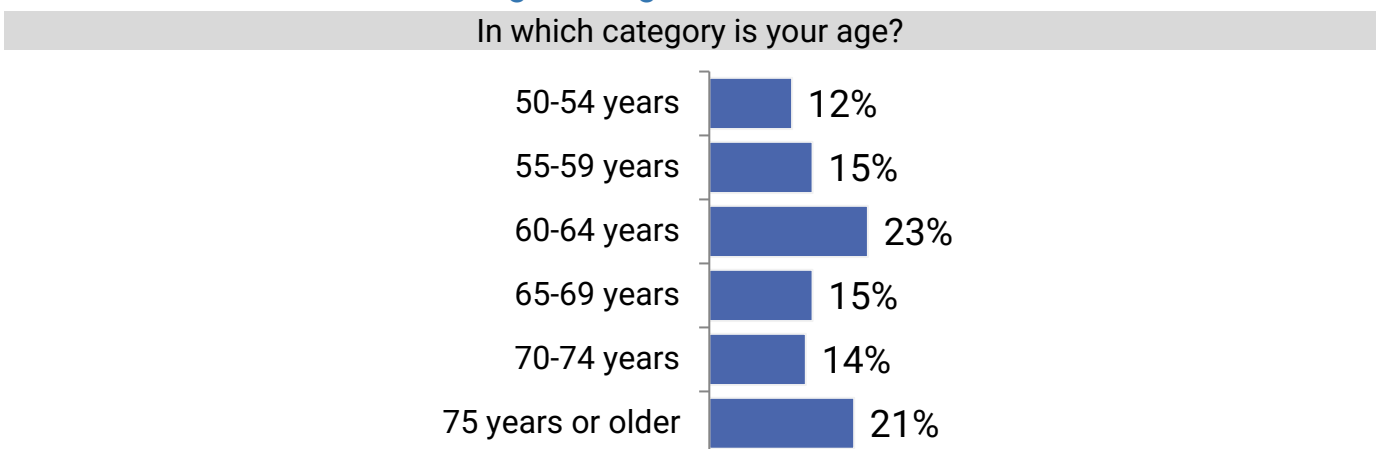
Figure 1: Respondent Type



* Percents add to more than 100% as respondents could identify in more than one category, e.g., be an older adult who is also a caregiver.

Older Adults

Figure 2: Age of Older Adults



Adults with Disabilities

Figure 3: Age of Adults with Disabilities

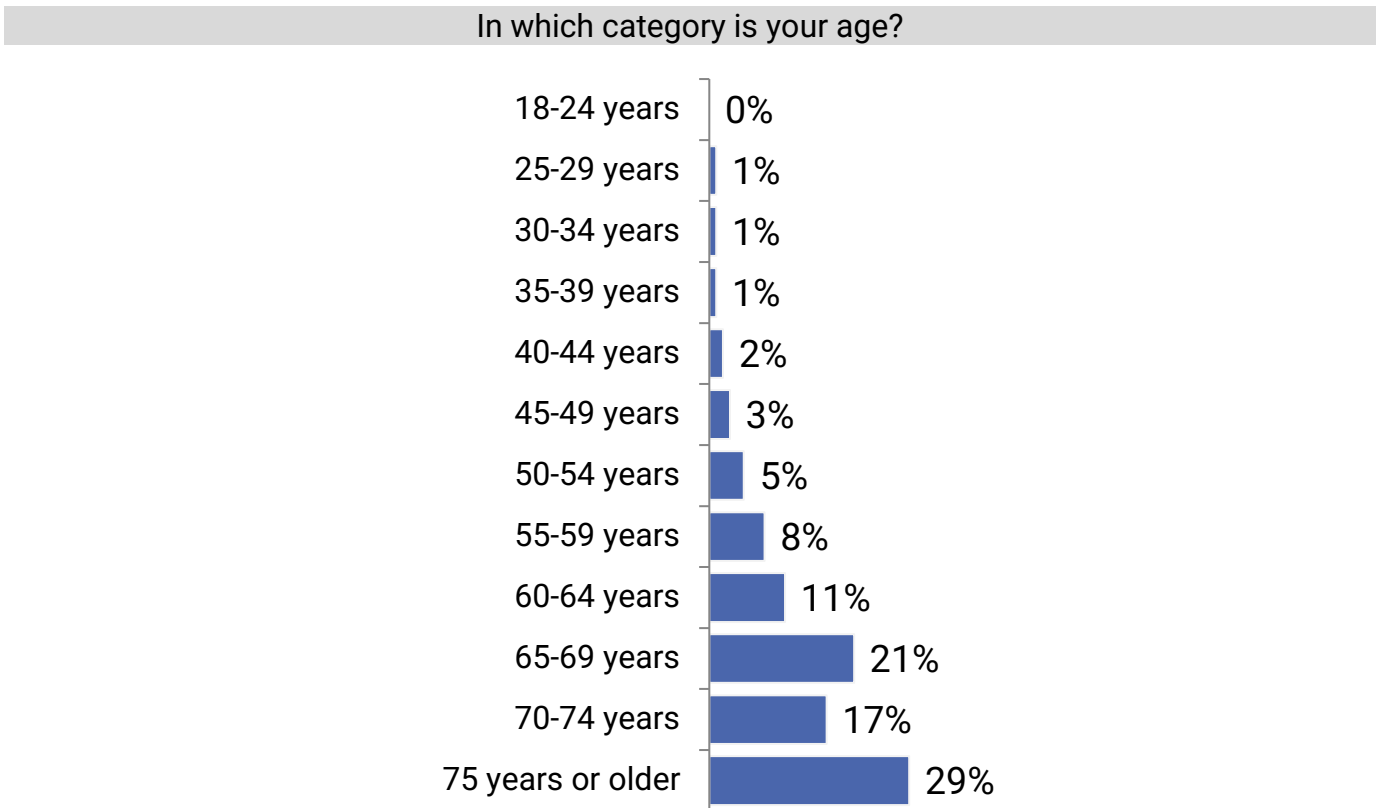


Figure 4: Disability Type

Which of the following disabilities, if any, do you currently have? (Select all that apply.)*	Percent of respondents with a disability
I do not have a disability	4%
A sensory impairment (e.g., difficulty hearing or seeing)	33%
A mobility impairment (e.g., difficulty walking without assistance)	35%
A long-term mental health condition (e.g., depression, anxiety)	31%
A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)	11%
A long-term medical illness (e.g., epilepsy, cystic fibrosis)	26%
An intellectual/developmental disability (e.g., ADHD, autism, cerebral palsy, PKU)	7%
Other	21%

**Responses add to more than 100% as respondents could have more than one type of disability.*

Caregivers

Figure 5: Age of Caregivers

In which category is your age?

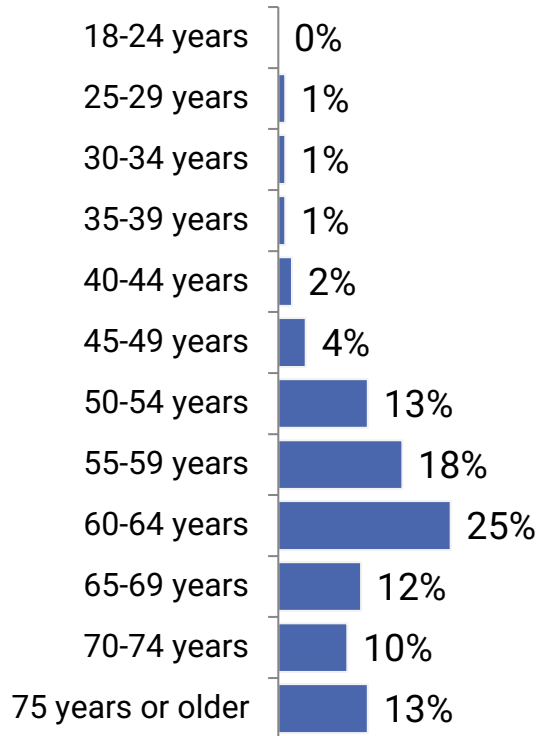


Figure 6: Types of Caregiving

Percent of caregivers providing 1 or more hours of caregiving per week for each group

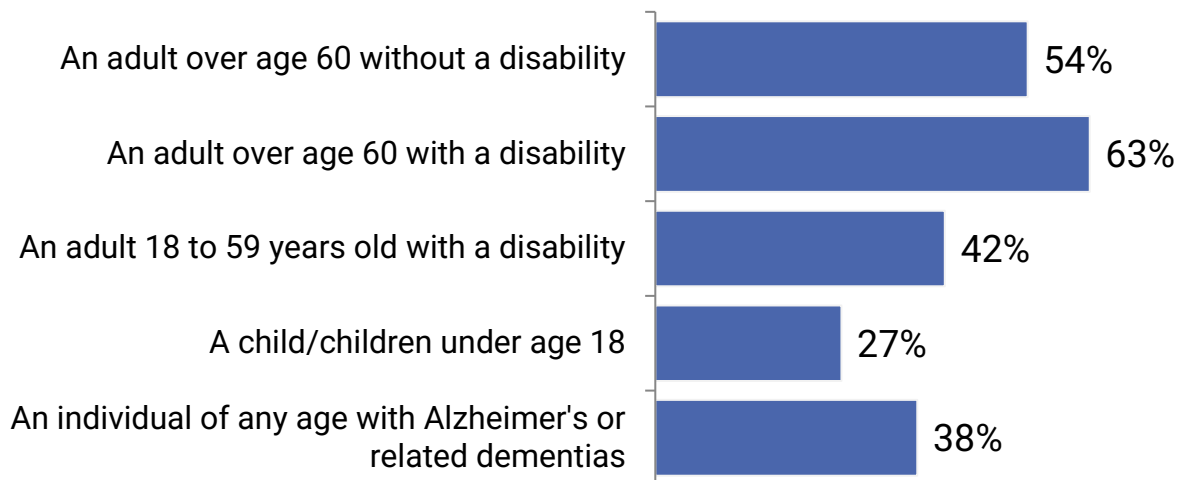
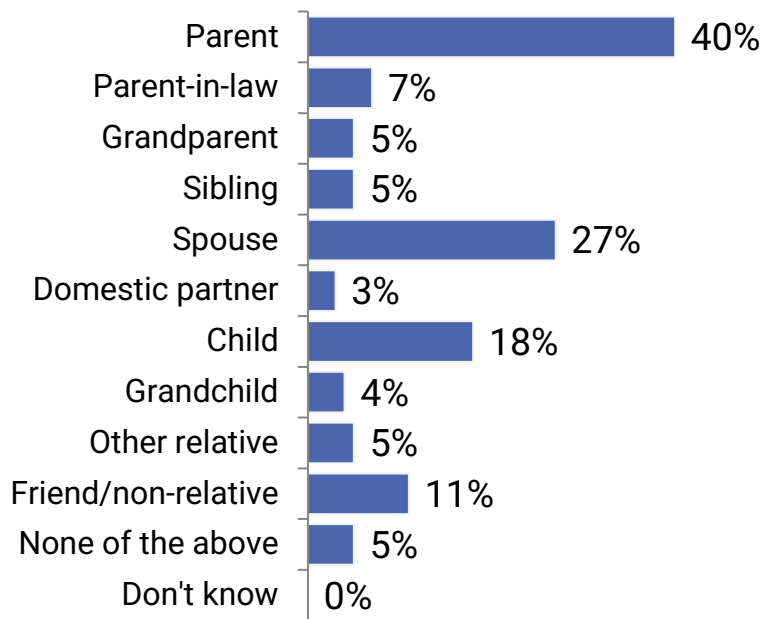


Figure 7: Hours of Caregiving Provided by Caregivers

During a typical week, how many hours do you spend providing care for:	None	1 to 3	4 to 5	6 to 10	11 to 19	20+
An adult over age 60 without a disability	46%	22%	10%	8%	3%	11%
An adult over age 60 with a disability	37%	17%	11%	9%	5%	21%
An adult 18 to 59 years old with a disability	58%	7%	5%	5%	4%	21%
A child/children under age 18	73%	3%	3%	3%	3%	15%
An individual of any age with Alzheimer's or related dementias	62%	12%	5%	5%	3%	12%

Figure 8: Caregiver Relationship

What is your relationship to those for whom you provide care?
(If caring for more than one individual, select each relevant option.)*



* Responses add to more than 100% as caregiving respondents could provide care to more than one person.

Current and Future Caregivers

Caregivers are essential in providing support to individuals with diverse needs. Understanding the challenges they face is critical for identifying gaps in resources, training, and support systems. By assessing caregiver needs, community leaders can create targeted interventions aimed at enhancing caregiver well-being, reducing burnout, and improving the quality of care for recipients. Furthermore, anticipating future caregiving demands allows leaders to proactively address potential workforce shortages and ensure a sustainable caregiving environment. This proactive approach ultimately contributes to better health outcomes for the entire community. *(Note: Figures 9-12 relate to current and future caregivers).*

Figure 9: Needed Supports for Current Caregivers

Percent of caregivers who strongly or somewhat agree with each statement.

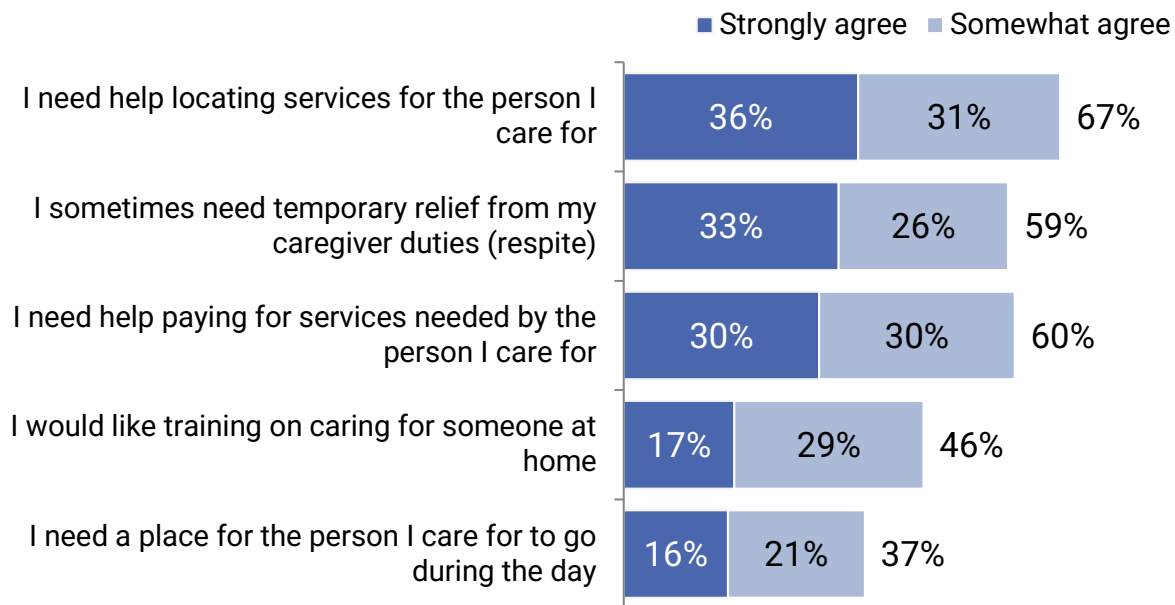


Figure 10: Caregiving Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Feeling EMOTIONALLY burdened by providing care for another person	13%	17%	33%	12%
Feeling FINANCIALLY burdened by providing care for another person	12%	18%	27%	10%
Feeling PHYSICALLY burdened by providing care for another person	9%	14%	25%	5%

Figure 11: Future Caregivers

Percent who expect to provide care or assistance to a friend or family member who has a health problem or disability in the next two years

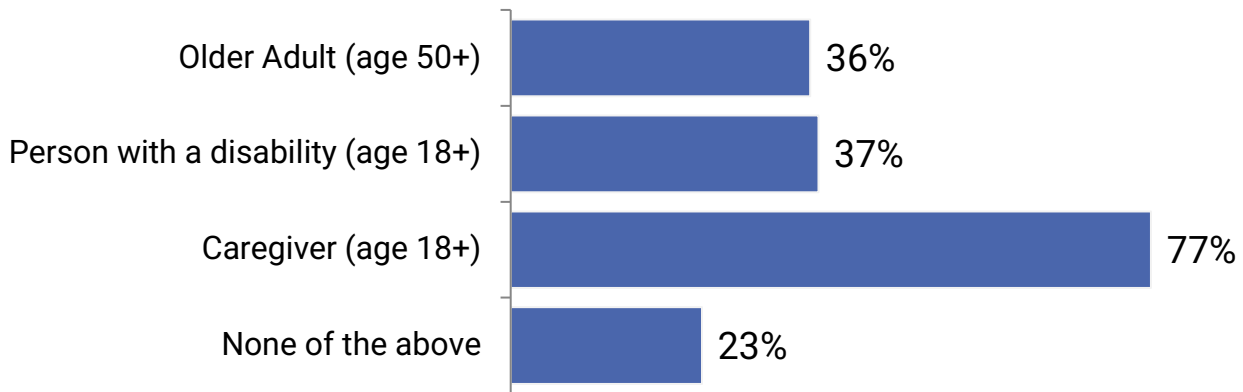
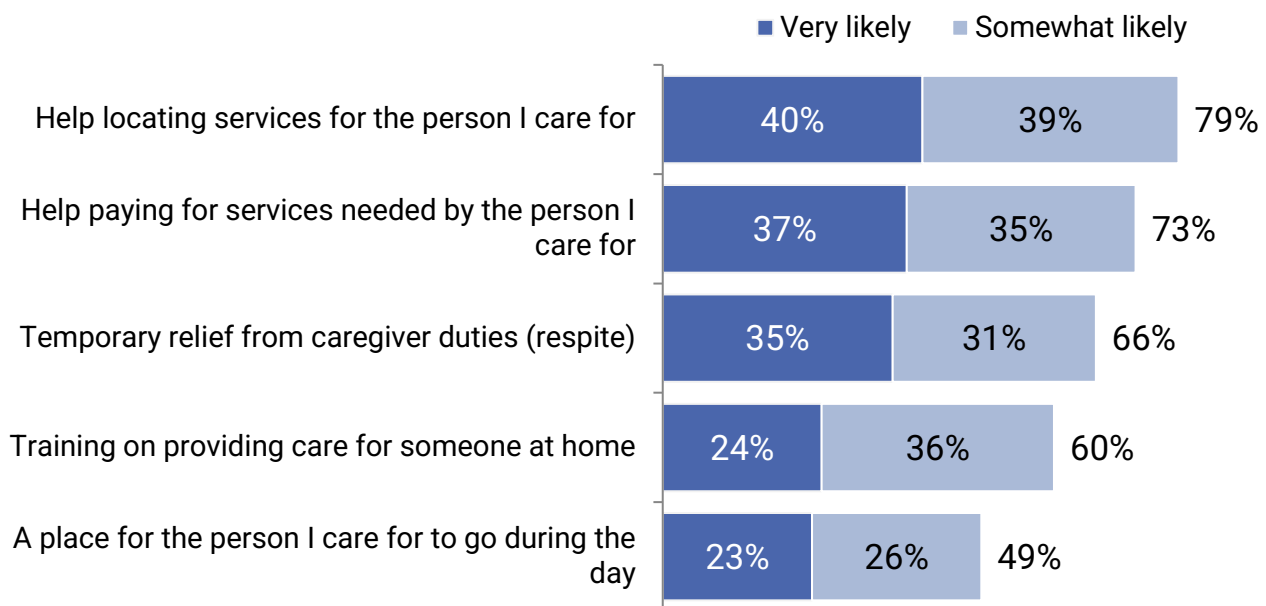


Figure 12: Anticipated Needed Supports for Future Caregivers

Percent of respondents who expect to provide care in the next two years and anticipate being very or somewhat likely to need the following types of caregiver support in the future.



Employment Status and Challenges

Examining employment status and associated challenges is essential for understanding the economic and social dynamics affecting residents. Employment can significantly impact financial stability, retirement plans, access to resources, and overall quality of life. By assessing employment challenges, such as job availability, workplace accommodations, and skill development needs, stakeholders can identify barriers that hinder workforce participation. This information is vital for designing effective programs and policies that support job retention and accessibility, ultimately fostering greater independence and enhancing the well-being of older adults, caregivers, and individuals with disabilities within the community. *(Note: Figures 13-16 relate to employment status and challenges).*

Figure 13: Employment Status

What is your employment status?	Older adults	Adults with disabilities	Caregivers	None of the above
Employed full-time	33%	16%	45%	79%
Employed part-time	8%	6%	10%	4%
Homemaker	1%	1%	2%	0%
Unemployed, seeking work	2%	2%	4%	2%
Unemployed, not seeking work	1%	1%	1%	0%
Retired	48%	54%	33%	15%
Student	0%	0%	0%	0%
Disabled	6%	17%	4%	0%
Other	1%	2%	1%	0%
Total	100%	100%	100%	100%

Figure 14: Anticipated Age of Retirement Among Those Not Already Retired

At what age do you expect to retire completely and not work for pay at all?	Older adults	Adults with disabilities	Caregivers	None of the above
55-59	6%	13%	5%	15%
60-64	16%	13%	16%	12%
65-67	28%	18%	27%	37%
68-69	8%	4%	6%	10%
70-72	10%	9%	9%	7%
73 or older	8%	8%	8%	10%
I don't think I will ever be able to retire	23%	36%	28%	10%
Total	100%	100%	100%	100%

Figure 15: Employment Challenges

Which, if any, of the following employment-related challenges have you faced in the last 12 months? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
Difficulty finding a job that matched my skills	7%	9%	11%	6%
Difficulty finding a job close to my home	6%	8%	10%	9%
Difficulty finding a job that paid enough	11%	12%	19%	26%
Difficulty finding a job working the shift or hours that I prefer	5%	7%	9%	17%
Difficulty finding transportation for a job	2%	4%	2%	0%
I am a caregiver and was unable to leave the individual I was caring for alone	4%	5%	14%	6%
Concern about losing public benefits (health insurance, housing assistance, etc.)	8%	13%	12%	4%
Other	4%	7%	6%	2%
Not applicable	75%	69%	59%	62%

** Responses add to more than 100% as respondents could face more than one challenge*

Figure 16: Volunteering Status

During a typical week, how many hours do you spend volunteering your time?	Older adults	Adults with disabilities	Caregivers	None of the above
None	52%	60%	40%	53%
1 to 3 hours	25%	20%	25%	38%
4 to 5 hours	11%	9%	14%	6%
6 to 10 hours	5%	5%	8%	2%
11 to 19 hours	2%	2%	3%	0%
20 or more hours	4%	4%	9%	0%
Total	100%	100%	100%	100%

Housing and Accessibility

Accessible housing and communities are a necessity for older adults, adults with disabilities, and caregivers. Safe, affordable, and accessible housing is fundamental for enabling independence and sustaining a high quality of life. By evaluating housing conditions, stakeholders can identify barriers that may limit mobility and access to necessary resources. This information is essential for informing policies and programs that promote inclusive housing solutions, ensuring that older adults, caregivers, and individuals with disabilities can live comfortably and securely in their communities. *(Note: Figures 17-21 relate to housing and accessibility).*

Figure 17: Public Accommodations

Please rate the availability of each of the following in your community: Percent rating each as excellent or good.	Older adults	Adults with disabilities	Caregivers	None of the above
Sidewalks in needed locations	40%	36%	37%	38%
Curb cutouts to allow safe street crossing	45%	40%	41%	37%
Parks that I feel safe visiting	70%	61%	67%	73%
Parks that are accessible to me	74%	64%	69%	80%
Public restrooms accessible to people of different physical abilities	43%	38%	38%	28%
Benches in public areas (e.g., parks, sidewalks, public buildings)	47%	38%	44%	51%
Conveniently located areas to park, including handicapped parking	57%	49%	51%	56%
A place for people to live as they age	37%	31%	29%	29%

Figure 18: Needed Home Repairs

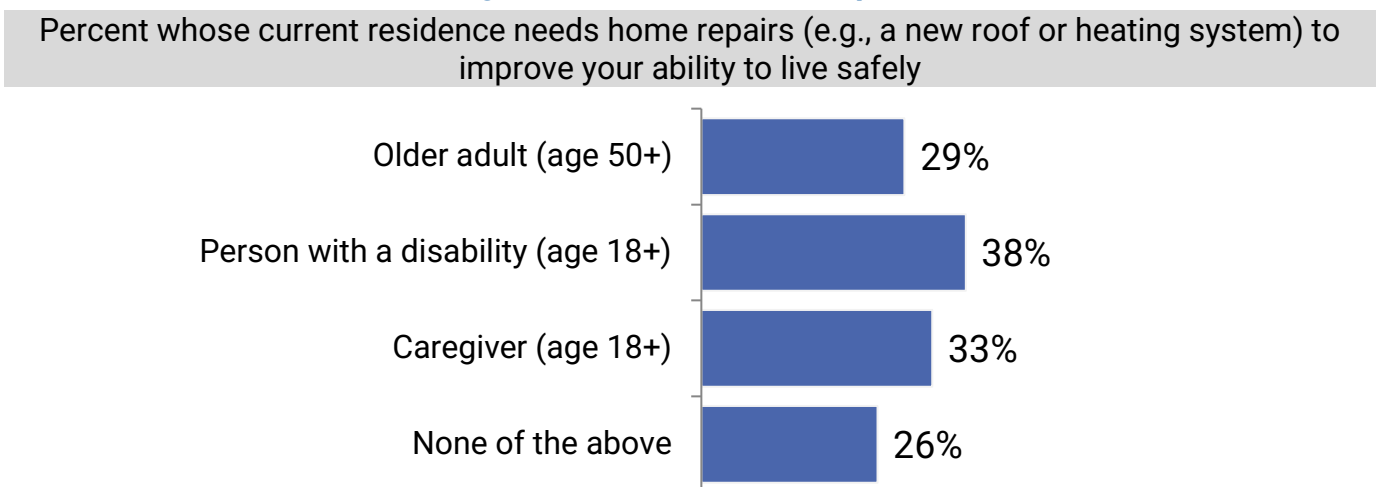


Figure 19: Barriers to Making Needed Home Repairs

What barriers have kept you from making the repairs? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
I have not yet had the time or ability to complete the repairs myself	33%	32%	40%	25%
I cannot afford to make the repairs	71%	77%	76%	67%
I do not own my home, and the landlord will not make the repairs	12%	13%	11%	17%
I cannot find an individual or company to do the repair work	15%	12%	16%	0%
I have scheduled the repairs, but they have not yet been completed	6%	5%	6%	0%
Other	7%	9%	9%	8%

** Responses add to more than 100% as respondents could face more than one challenge*

Figure 20: Percent of Respondents’ Homes with Accessibility Features

Percent of respondents indicating their home has each of the following accessibility features.	Older adults	Adults with disabilities	Caregivers	None of the above
Main-level living (at least the bedroom, bathroom, and kitchen are located on the main level)	82%	83%	82%	66%
Step-free entrances and walkways	37%	40%	34%	22%
Ramp access	18%	25%	18%	7%
Doorways wide enough to accommodate a walker or wheelchair	50%	53%	46%	37%
Bright overhead lighting, night lights, accessible lamps, and other lighting to easily see and maneuver in the home	77%	76%	70%	65%
Shelves where nothing is out of reach	43%	45%	37%	30%
Countertops that are comfortable sitting or standing	60%	61%	52%	48%
Walk-in bath or shower	49%	45%	46%	30%
Stairs with handrails	65%	58%	65%	60%
Floors that allow for easy movement between rooms (e.g., minimal or no carpet, level floors without tripping hazards)	75%	71%	72%	68%
Easy to reach (sitting or standing) light switches, electrical outlets, thermostats, and other environmental controls	81%	80%	75%	66%
Lever door handles	46%	46%	45%	37%
Lever sink faucets	66%	64%	64%	53%
Grab bars or rails in the bathroom (e.g., in or near shower/bathtub, near the toilet)	36%	43%	36%	19%
Raised toilet seat	39%	38%	38%	13%

Figure 21: Percent of Respondents' Whose Homes Could Use Accessibility Features

Percent of respondents indicating their home does not have an accessibility feature but it would be useful to have it.	Older adults	Adults with disabilities	Caregivers	None of the above
Main-level living (at least the bedroom, bathroom, and kitchen are located on the main level)	12%	11%	12%	21%
Step-free entrances and walkways	42%	45%	48%	37%
Ramp access	33%	38%	41%	33%
Doorways wide enough to accommodate a walker or wheelchair	28%	30%	37%	24%
Bright overhead lighting, night lights, accessible lamps, and other lighting to easily see and maneuver in the home	15%	19%	20%	22%
Shelves where nothing is out of reach	38%	43%	44%	36%
Countertops that are comfortable sitting or standing	25%	29%	31%	28%
Walk-in bath or shower	38%	46%	45%	43%
Stairs with handrails	15%	19%	17%	21%
Floors that allow for easy movement between rooms (e.g., minimal or no carpet, level floors without tripping hazards)	19%	24%	22%	21%
Easy to reach (sitting or standing) light switches, electrical outlets, thermostats, and other environmental controls	12%	15%	16%	15%
Lever door handles	33%	36%	38%	28%
Lever sink faucets	20%	24%	23%	26%
Grab bars or rails in the bathroom (e.g., in or near shower/bathtub, near the toilet)	45%	47%	49%	38%
Raised toilet seat	30%	34%	35%	22%

Transportation

Reliable transportation options are crucial for accessing essential services, including healthcare, grocery stores, and social activities. By examining transportation barriers and accessibility of public transit, stakeholders can identify gaps that hinder mobility and participation in the community. This information is essential for developing targeted solutions that enhance transportation options, ensuring that older adults, caregivers, and individuals with disabilities can engage fully in their daily lives and maintain their connections to essential resources. *(Note: Figures 22-26 relate to transportation).*

Figure 22: Percent of Respondents Who Have Access and Use Various Forms of Transportation

Percent of respondents indicating they have regular access to and use each of the following forms of transportation	Older adults	Adults with disabilities	Caregivers	None of the above
Bus	5%	5%	3%	4%
Trolley/streetcar	1%	1%	1%	4%
Metro/train	2%	2%	2%	2%
OATS/SMTS	4%	5%	5%	4%
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	1%	2%	1%	2%
Public use bicycles, scooters, etc.	2%	2%	2%	4%
Personal vehicle	91%	82%	92%	98%
Taxi	5%	5%	3%	6%
Rideshare service (e.g., Uber, Lyft)	9%	8%	9%	15%
Rental vehicles	7%	4%	7%	19%
Rides from friends or family	37%	47%	38%	32%

Figure 23: Percent of Respondents Who Have Access to But Do Not Use Various Forms of Transportation

Percent of respondents indicating they have regular access to, but do not use, each of the following forms of transportation	Older adults	Adults with disabilities	Caregivers	None of the above
Bus	31%	28%	31%	43%
Trolley/streetcar	6%	6%	5%	4%
Metro/train	11%	10%	11%	11%
OATS/SMTS	64%	61%	61%	57%
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	22%	18%	23%	30%
Public use bicycles, scooters, etc.	20%	18%	22%	23%
Personal vehicle	3%	4%	2%	0%
Taxi	58%	53%	59%	68%
Rideshare service (e.g., Uber, Lyft)	52%	46%	54%	55%
Rental vehicles	60%	51%	60%	60%
Rides from friends or family	46%	34%	44%	60%

Figure 24: Percent of Respondents Who Do Not Have Access to Various Forms of Transportation

Percent of respondents indicating they do not have regular access to each of the following forms of transportation	Older adults	Adults with disabilities	Caregivers	None of the above
Bus	64%	67%	66%	53%
Trolley/streetcar	93%	93%	94%	91%
Metro/train	87%	87%	87%	87%
OATS/SMTS	32%	33%	35%	39%
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	76%	79%	77%	68%
Public use bicycles, scooters, etc.	78%	81%	76%	72%
Personal vehicle	6%	14%	6%	2%
Taxi	37%	42%	38%	26%
Rideshare service (e.g., Uber, Lyft)	39%	46%	38%	30%
Rental vehicles	34%	44%	33%	21%
Rides from friends or family	16%	19%	18%	9%

Figure 25: Transportation Barriers

What barriers, if any, have you experienced in accessing transportation in the past 12 months? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
I didn't experience any barriers	75%	58%	69%	77%
I didn't know who to call to get a ride	7%	13%	9%	4%
Public transportation schedules were confusing or not easy to find	6%	10%	7%	11%
I didn't know what transportation services are available in my community	11%	19%	14%	6%
Transportation services didn't go where I needed them	9%	16%	12%	11%
Transportation was not available during the time of day that I needed it	7%	13%	10%	11%
The cost of transportation was too high	10%	17%	13%	13%
Other	5%	9%	6%	9%

** Responses add to more than 100% as respondents could face more than one challenge*

Figure 26: Transportation Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Safely navigating community spaces (e.g., poorly maintained sidewalks, pedestrian intersections, inaccessible public buildings, etc.)	16%	28%	19%	14%
Having safe and affordable transportation available	15%	25%	17%	9%
No longer being able to drive	9%	19%	10%	2%

Technology and Information Resources

Technology plays a significant role in facilitating communication, accessing services, and providing information about health and social support. By assessing the availability and usability of these resources, stakeholders can identify gaps in digital literacy, accessibility, and the delivery of information. Implementing effective and well-designed programs, along with educating residents about available assistance resources, is a crucial way for government agencies to support aging in place and enhance the quality of life for all involved. *(Note: Figures 27-31 relate to technology and information resources).*

Figure 27: Telephone Access

Which of the following types of phones, if any, do you have at your residence? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
Smart phone (call, text, and internet)	86%	82%	87%	96%
Mobile phone or cellphone (call and text only)	17%	21%	16%	8%
Landline phone	21%	22%	23%	13%
No phone	0%	0%	1%	0%

* Responses add to more than 100% as respondents could face more than one challenge

Figure 28: Home High-Speed/Broadband Access

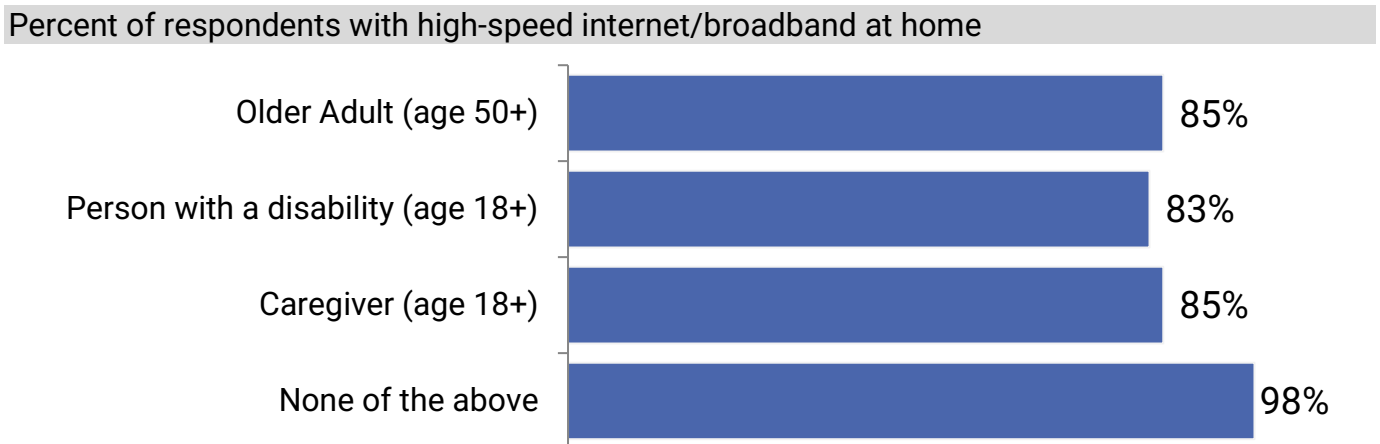


Figure 29: Barriers to Home High-Speed Internet/Broadband

What are the reasons you do not have high-speed internet/broadband at home? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
High-speed internet is not available in my area.	30%	20%	37%	---
High-speed internet is available but not reliable.	11%	8%	13%	---
I cannot afford high-speed internet.	49%	61%	49%	---
I'm not interested in high-speed internet.	22%	19%	14%	---
Other	5%	8%	6%	---

* Responses add to more than 100% as respondents could face more than one challenge

Figure 30: Preferred Modes of Communication

Percent who strongly prefer each mode of communication from the State of Missouri or local providers about new programs, services, and emergency information.	Older adults	Adults with disabilities	Caregivers	None of the above
Phone voicemail messages	44%	51%	44%	47%
Email	82%	81%	83%	67%
Text	69%	72%	74%	80%
Website updates	63%	61%	63%	65%
Social media (e.g., Facebook, Instagram, etc.)	44%	47%	48%	67%
Newspaper	37%	35%	35%	36%
Brochures	52%	53%	53%	57%
Presentations	42%	37%	40%	59%
Health fairs	47%	43%	46%	59%

Figure 31: Information Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Not knowing what services are available to older adults in your community	33%	46%	43%	29%
Not knowing what services are available to people with disabilities in your community	29%	44%	43%	32%
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	28%	36%	39%	21%
Reading or understanding health information provided to you	16%	23%	20%	17%

Whole-Person Health

Whole-Person Health poses the greatest risk and the biggest opportunity for communities to ensure the independence and contributions of their older adults, adults with disabilities, and caregivers. Whole-Person Health, for the purposes of this study, included not only physical and mental health, but broader topics like issues of safety, independent living, inclusion, employment, and finances.

The individual survey questions about specific problems faced by respondents were broken into categories to provide a broader picture of needs for older adults, adults with disabilities, and caregivers in Missouri. The figures below show the percent of respondents who reported that one or more items was a major or moderate problem in the categories of: Inclusion and Productivity, Safety, Independent Living, Falls, Access to Healthcare and Medication, Food Access, and End of Life Document Preparation. *(Note: Figures 32-54 relate to whole-person health).*

Inclusion and Productivity Challenges

Figure 32: Community/Inclusion Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Having opportunities to socialize and meet new people	20%	34%	27%	13%
Feeling like your voice is heard in the community	20%	30%	28%	23%
Participating in activities with others (e.g., pickleball or other sports, arts and crafts, etc.)	17%	31%	21%	17%
Having friends or family you can rely on	16%	27%	21%	19%
Feeling lonely or isolated	16%	30%	21%	13%
Having interesting recreational or cultural activities to attend	16%	27%	20%	14%
Having interesting social events or activities to attend	16%	27%	21%	11%
Feeling bored	15%	27%	18%	15%
Feeling like you don't fit in or belong	13%	23%	18%	16%
Finding accessible locations to gather with people of similar age or ability (e.g., senior centers, regular clubs or support groups, etc.)	13%	24%	17%	7%
Being treated unfairly or discriminated against because of your age	9%	13%	12%	2%
Being treated unfairly or discriminated against because of a disability	6%	13%	8%	5%

Figure 33: Employment/Productive Activity Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Finding work in retirement	20%	30%	24%	10%
Building skills for paid or unpaid work	13%	21%	17%	14%
Finding productive or meaningful activities to do	11%	21%	13%	9%
Finding meaningful volunteer work	6%	12%	7%	3%

Figure 34: Mental Health Challenges

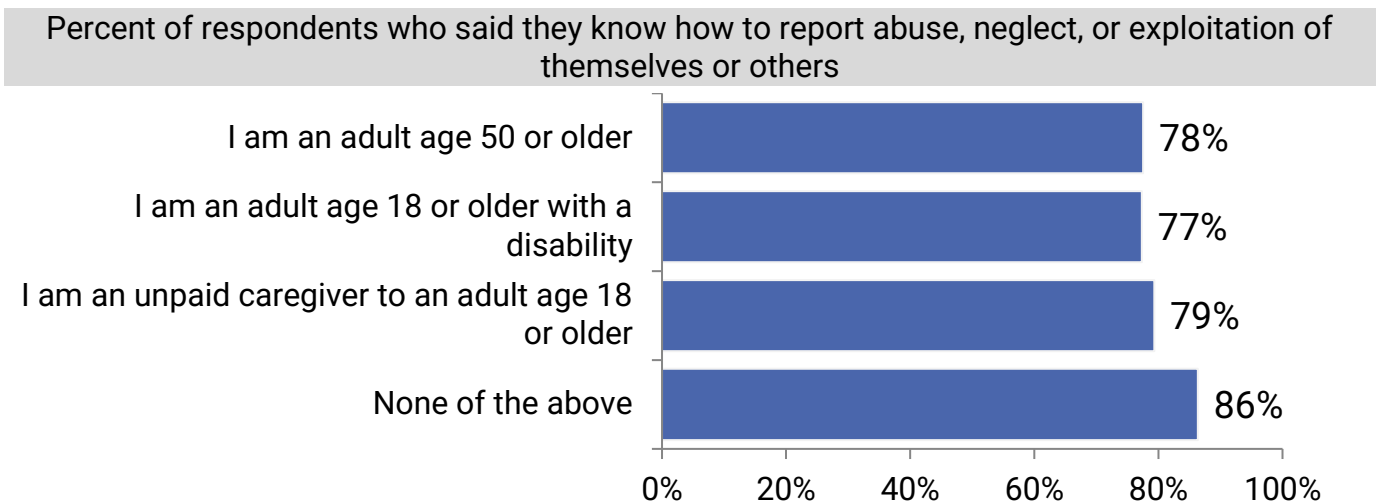
Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Dealing with the loss of a close family member or friend	21%	31%	26%	11%
Feeling depressed	18%	34%	25%	22%
Experiencing confusion or forgetfulness	10%	20%	14%	18%

Safety Challenges

Figure 35: Safety Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Feeling concerned about your personal safety (e.g., worried that others may try to harm, steal from, or take advantage of you)	11%	17%	14%	11%
Being a victim of fraud or a scam	9%	15%	12%	9%
Being a victim of crime	5%	9%	8%	7%
Being physically or emotionally abused	4%	8%	7%	4%

Figure 36: Know How to Report Abuse, Neglect, or Exploitation of Self or Others



Independent Living Challenges

Figure 37: Independent Living Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Staying physically fit	37%	56%	42%	40%
Doing heavy or intense housework	31%	58%	36%	17%
Maintaining your home	31%	51%	39%	19%
Maintaining your yard	27%	45%	33%	21%
Having housing to suit your needs	13%	23%	15%	11%
Performing regular activities, including walking, eating, and preparing meals	13%	30%	15%	4%

Figure 38: Financial Challenges

Percent who said each potential challenge was a major or moderate problem.	Older adults	Adults with disabilities	Caregivers	None of the above
Finding affordable health insurance	31%	32%	41%	24%
Having enough money to meet daily expenses	27%	43%	33%	40%
Having enough money to pay your property taxes	25%	36%	32%	20%

Falls

Figure 39: Experiences of Falls in Last 12 Months

Percent of respondents who experienced one or more falls in last 12 months

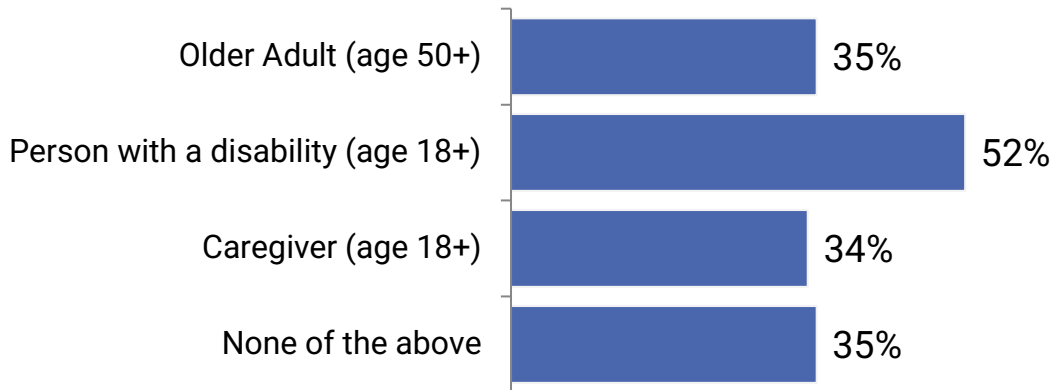


Figure 40: Number of Falls in Last 12 Months

How many times have you fallen in the last 12 months?	Older adults	Adults with disabilities	Caregivers	None of the above
No falls	65%	48%	66%	65%
1-2 falls	27%	34%	25%	33%
3-4 falls	6%	12%	6%	2%
5+ falls	3%	7%	3%	0%
Total	100%	100%	100%	100%

Figure 41: Fall Outcomes

What was the outcome of your fall(s)? [Only asked of those who had experienced one or more falls] (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
Got up on my own (did not need assistance)	73%	64%	70%	81%
Needed someone to help me get up	24%	34%	28%	13%
Went to my primary doctor	10%	14%	12%	0%
Went to the emergency room (ER) or urgent care clinic	15%	18%	16%	13%
Was hospitalized	4%	7%	5%	6%
Other	4%	6%	5%	0%

* Responses add to more than 100% as respondents could face more than one challenge

Access to Healthcare and Medication

Figure 42: Percent of Respondents Who Were Unable to Access Needed Healthcare

Percent of respondents who were unable to access healthcare they needed in the past 12 months

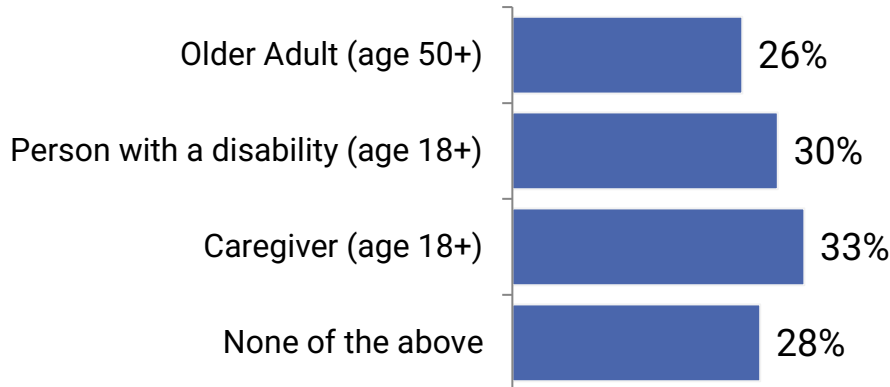


Figure 43: Barriers to Accessing Healthcare

Which, if any, of the following barriers to accessing physical or mental healthcare have you experienced in the past 12 months? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
None, I accessed the healthcare that I needed	81%	74%	76%	77%
None, I did not need to access healthcare in the past 12 months	7%	5%	5%	11%
I did not have insurance	3%	3%	6%	4%
I could not find a provider in my area that accepts my insurance	3%	6%	5%	9%
The cost to access healthcare was too high	9%	11%	13%	11%
I could not find a provider in my area that provides the healthcare I need	6%	10%	8%	6%
I did not feel welcome at the providers in my area	2%	4%	4%	2%
I did not have transportation to a healthcare provider	3%	6%	4%	2%

* Responses add to more than 100% as respondents could face more than one barrier

Figure 44: Use of Various Types of Healthcare

Percent of respondents who had accessed the following types of healthcare at least once in the past 12 months	Older adults	Adults with disabilities	Caregivers	None of the above
Primary care provider (a medical provider that takes care of basic needs, including annual wellness visits)	91%	92%	92%	89%
Specialty care provider (a medical provider that takes care of specific area of medicine, such as cardiology, dermatology, etc.)	73%	82%	74%	68%
Urgent care center (a walk-in clinic focused on caring for minor illnesses and injuries)	38%	46%	43%	43%
Emergency room	27%	43%	29%	23%
In-patient hospital treatment (non-emergency)	18%	29%	18%	11%
Out-patient hospital treatment	34%	44%	37%	23%

Figure 45: Healthcare Use and Needs

Percent of respondents who indicated that each of the following were true for them.	Older adults	Adults with disabilities	Caregivers	None of the above
I typically see a dentist for a check-up every 6 months	58%	47%	56%	84%
I typically get an eye exam every 12 months	69%	67%	66%	64%
I typically get a hearing test every 5 years	29%	34%	28%	20%
I need new eyeglasses or need my eyeglasses repaired	37%	46%	42%	21%
I need new contact lenses	9%	11%	15%	26%
I need dental work	43%	57%	48%	38%
I need new dentures or need my dentures repaired	22%	38%	21%	7%
I need new hearing aids or need my hearing aids repaired	17%	28%	17%	12%

Figure 46: Percent of Respondents Who Do Not Have Health Insurance

Percent of respondents who are not covered by health insurance

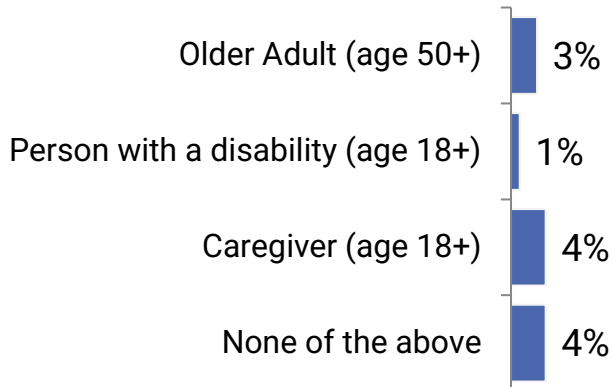


Figure 47: Health Insurance Coverage

By which types of health insurance, if any, are you currently covered? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
I am not insured	3%	1%	4%	4%
Insurance through employer	31%	14%	40%	77%
Retirement insurance from former employer	11%	10%	9%	0%
Insurance through the Marketplace	6%	5%	8%	4%
Veteran's Administration	5%	8%	6%	0%
TRICARE or other military insurance	4%	4%	3%	2%
Medicare	36%	51%	26%	6%
Medicare Advantage or Medicare Supplement	31%	45%	23%	10%
Mo Healthnet (Missouri Medicaid)	9%	20%	10%	8%
Indian health service	0%	0%	0%	0%
Other	4%	4%	4%	0%

* Responses add to more than 100% as respondents could face more than one challenge

Figure 48: Percent of Respondents Who Went Without Medication Because They Could Not Afford It

Percent of respondents who went without medication because they could not afford it in the last 12 months

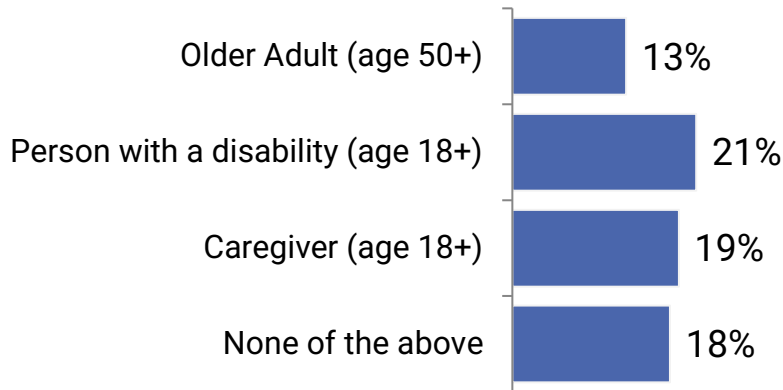


Figure 49: Inability to Afford Medications

Percent of respondents who have done any of the following because they could not afford (more) medication in the last 12 months.	Older adults	Adults with disabilities	Caregivers	None of the above
Gone without medication (not refilled a medication when you ran out)	13%	21%	19%	18%
Skipped dosages	16%	25%	21%	18%
Taken less than the prescribed dose	13%	22%	20%	11%

Food Access

Figure 50: Food Insecurity

Percent of respondents who always, or frequently experienced each of the following in the last 12 months.	Older adults	Adults with disabilities	Caregivers	None of the above
I did not have adequate access to fruits and vegetables	25%	27%	23%	33%
There was not enough money available to eat balanced meals	30%	33%	32%	24%
Less food was eaten because there was not enough money	20%	26%	23%	18%
Meals were skipped because there was not enough money	17%	22%	20%	8%

Figure 51: Awareness of Food Assistance Programs

Percent of respondents who knew about each of the following food assistance programs.	Older adults	Adults with disabilities	Caregivers	None of the above
SNAP (food stamps)	89%	88%	90%	96%
Congregate meals (eaten at a senior center or other location where you eat with others)	75%	74%	75%	67%
Home-delivered meals from an Area Agency on Aging	77%	75%	77%	70%
Food from a community food pantry	88%	86%	89%	89%
Government-sponsored supplemental food sources	57%	50%	58%	66%

Figure 52: Use of Food Assistance Programs

Percent of respondents who have ever used each of the following food assistance programs.	Older adults	Adults with disabilities	Caregivers	None of the above
SNAP (food stamps)	15%	26%	16%	23%
Congregate meals (eaten at a senior center or other location where you eat with others)	14%	19%	11%	2%
Home-delivered meals from an Area Agency on Aging	7%	13%	8%	2%
Food from a community food pantry	18%	28%	18%	11%
Government-sponsored supplemental food sources	6%	11%	6%	4%

End of Life Document Preparation

Figure 53: Have No Estate Planning/Advance Directive Documents

Percent of respondents who have no estate planning/advance directive documents

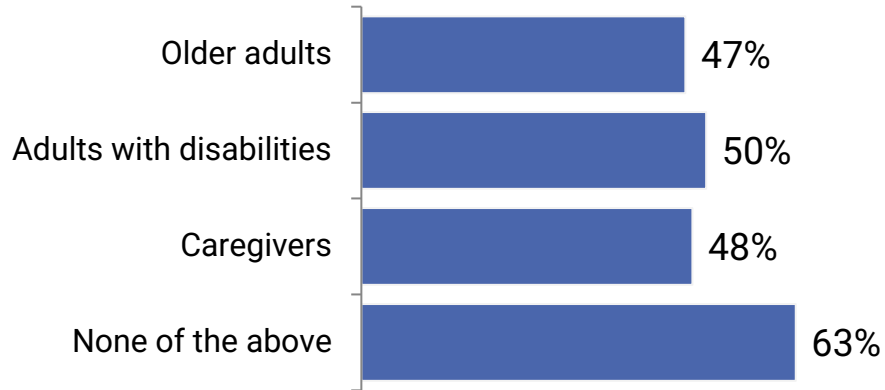


Figure 54: End of Life Document Preparation

Which of the following do you currently have? (Select all that apply.)*	Older adults	Adults with disabilities	Caregivers	None of the above
A will	41%	33%	41%	27%
A durable Power of Attorney (for finances)	32%	29%	31%	23%
A durable Power of Attorney (for medical)	37%	37%	35%	21%
An advance healthcare directive	33%	32%	32%	15%
A legal guardian or conservator	6%	7%	6%	2%
None of these	47%	50%	48%	63%

* Responses add to more than 100% as respondents could have more than one of these

Appendix A. Full Frequencies of Older Adults

The following tables display the weighted results for all older adults responding to the 2024 State of Missouri Needs Assessment Survey, including frequency of responses, and the number of respondents.

Table 1: Question 2

Which of the following disabilities, if any, do you currently have? (Select all that apply)	%	N
I do not have a disability	66%	N=4338
A sensory impairment (e.g., difficulty hearing or seeing)	13%	N=833
A mobility impairment (e.g., difficulty walking without assistance)	13%	N=856
A long-term mental health condition (e.g., depression, anxiety)	10%	N=652
A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)	4%	N=281
A long-term medical illness (e.g., epilepsy, cystic fibrosis)	9%	N=591
An intellectual/developmental disability (e.g., ADHD, autism, cerebral palsy, PKU)	1%	N=97
Other	8%	N=512

Table 2: Question 3 without don't know responses

During a typical week, how many hours do you spend providing care for:	None		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Total	
	%	N	%	N	%	N	%	N	%	N	%	N	%	N
An adult over age 60 without a disability	83%	N=3909	7%	N=314	3%	N=150	2%	N=113	1%	N=44	3%	N=156	100%	N=4686
An adult over age 60 with a disability	80%	N=3707	5%	N=254	3%	N=161	3%	N=133	1%	N=68	7%	N=302	100%	N=4626
An adult 18 to 59 years old with a disability	89%	N=3859	2%	N=82	1%	N=54	1%	N=62	1%	N=39	6%	N=245	100%	N=4341
A child/children under age 18	87%	N=3747	2%	N=87	2%	N=71	2%	N=80	2%	N=69	6%	N=263	100%	N=4317
An individual of any age with Alzheimer's or related dementias	90%	N=3881	4%	N=154	2%	N=68	1%	N=58	1%	N=31	3%	N=134	100%	N=4325

Table 3: Question 3 with don't know responses

During a typical week, how many hours do you spend providing care for:	None		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N
An adult over age 60 without a disability	82%	N=3909	7%	N=314	3%	N=150	2%	N=113	1%	N=44	3%	N=156	2%	N=72	100%	N=4758
An adult over age 60 with a disability	79%	N=3707	5%	N=254	3%	N=161	3%	N=133	1%	N=68	6%	N=302	1%	N=52	100%	N=4678
An adult 18 to 59 years old with a disability	88%	N=3859	2%	N=82	1%	N=54	1%	N=62	1%	N=39	6%	N=245	1%	N=32	100%	N=4373
A child/children under age 18	86%	N=3747	2%	N=87	2%	N=71	2%	N=80	2%	N=69	6%	N=263	1%	N=36	100%	N=4353
An individual of any age with Alzheimer's or related dementias	89%	N=3881	4%	N=154	2%	N=68	1%	N=58	1%	N=31	3%	N=134	1%	N=34	100%	N=4360

Table 4: Question 4

What is your relationship to those for whom you provide care? (If caring for more than one individual, select each relevant option)	%	N
Parent	36%	N=845
Parent-in-law	6%	N=131
Grandparent	10%	N=232
Sibling	5%	N=111
Spouse	24%	N=556
Domestic partner	3%	N=70
Child	16%	N=366
Grandchild	5%	N=129
Other relative	4%	N=93
Friend/non-relative	10%	N=232
None of the above	6%	N=131
Don't know	0%	N=3

Table 5: Question 5 without don't know responses

How much do you agree or disagree with each of the following statements?	Strongly agree		Somewhat agree		Somewhat disagree		Strongly disagree		Total	
	%	N	%	N	%	N	%	N	%	N
I need help paying for services needed by the person I care for	26%	N=508	27%	N=531	16%	N=314	30%	N=581	100%	N=1934
I need help locating services for the person I care for	31%	N=606	30%	N=589	12%	N=236	27%	N=534	100%	N=1965
I would like training on caring for someone at home	15%	N=260	26%	N=456	19%	N=331	40%	N=712	100%	N=1758
I need a place for the person I care for to go during the day	14%	N=250	19%	N=338	15%	N=269	53%	N=965	100%	N=1821
I sometimes need temporary relief from my caregiver duties (respite)	28%	N=539	23%	N=450	13%	N=246	37%	N=717	100%	N=1952

Table 6: Question 5 with don't know responses

How much do you agree or disagree with each of the following statements?	Strongly agree		Somewhat agree		Somewhat disagree		Strongly disagree		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
I need help paying for services needed by the person I care for	23%	N=508	24%	N=531	14%	N=314	26%	N=581	12%	N=272	100%	N=2206
I need help locating services for the person I care for	28%	N=606	27%	N=589	11%	N=236	25%	N=534	10%	N=212	100%	N=2177
I would like training on caring for someone at home	12%	N=260	22%	N=456	16%	N=331	34%	N=712	16%	N=338	100%	N=2096
I need a place for the person I care for to go during the day	12%	N=250	16%	N=338	13%	N=269	46%	N=965	14%	N=289	100%	N=2111
I sometimes need temporary relief from my caregiver duties (respite)	25%	N=539	21%	N=450	11%	N=246	33%	N=717	10%	N=220	100%	N=2172

Table 7: Question 6

In the next two years, do you expect to provide care or assistance to a friend or family member who has a health problem or disability?	%	N
Yes	36%	N=2229
No	64%	N=3949
Total	100%	N=6178

Table 8: Question 7 without don't know responses

How likely or unlikely are you to need each of the following types of caregiving support in the future?	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Total	
	%	N	%	N	%	N	%	N	%	N
Help paying for services needed by the person I care for	35%	N=662	36%	N=683	14%	N=257	15%	N=290	100%	N=1893
Help locating services for the person I care for	38%	N=760	41%	N=809	11%	N=213	10%	N=203	100%	N=1986
Training on providing care for someone at home	23%	N=427	37%	N=690	18%	N=332	22%	N=409	100%	N=1857
A place for the person I care for to go during the day	22%	N=402	25%	N=455	21%	N=387	31%	N=567	100%	N=1811
Temporary relief from caregiver duties (respite)	34%	N=626	31%	N=574	15%	N=280	20%	N=362	100%	N=1843

Table 9: Question 7 with don't know responses

How likely or unlikely are you to need each of the following types of caregiving support in the future?	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Help paying for services needed by the person I care for	31%	N=662	32%	N=683	12%	N=257	14%	N=290	11%	N=241	100%	N=2133
Help locating services for the person I care for	36%	N=760	38%	N=809	10%	N=213	10%	N=203	7%	N=143	100%	N=2129
Training on providing care for someone at home	21%	N=427	33%	N=690	16%	N=332	20%	N=409	10%	N=213	100%	N=2070
A place for the person I care for to go during the day	19%	N=402	22%	N=455	19%	N=387	28%	N=567	12%	N=251	100%	N=2062
Temporary relief from caregiver duties (respite)	30%	N=626	28%	N=574	14%	N=280	18%	N=362	11%	N=219	100%	N=2062

Table 10: Question 9

What is your employment status?	%	N
Employed full-time	33%	N=2206
Employed part-time	8%	N=548
Homemaker	1%	N=65
Unemployed, seeking work	2%	N=125
Unemployed, not seeking work	1%	N=64
Retired	48%	N=3208
Student	0%	N=4
Disabled	6%	N=379
Other	1%	N=77
Total	100%	N=6676

Table 11: Question 10

At what age do you expect to retire completely and not work for pay at all?	%	N
55-59	6%	N=201
60-64	16%	N=535
65-67	28%	N=914
68-69	8%	N=274
70-72	10%	N=316
73 or older	8%	N=268
I don't think I will ever be able to retire	23%	N=763
Total	100%	N=3272

Table 12: Question 11

Which, if any, of the following employment-related challenges have you faced in the last 12 months? (Select all that apply.)	%	N
Difficulty finding a job that matched my skills	7%	N=437
Difficulty finding a job close to my home	6%	N=400
Difficulty finding a job that paid enough	11%	N=677
Difficulty finding a job working the shift or hours that I prefer	5%	N=329
Difficulty finding transportation for a job	2%	N=131
I am a caregiver and was unable to leave the individual I was caring for alone	4%	N=265
Concern about losing public benefits (health insurance, housing assistance, etc.)	8%	N=489
Other	4%	N=231
Not applicable	75%	N=4806

Table 13: Question 12

During a typical week, how many hours do you spend volunteering your time?	%	N
None	52%	N=3432
1 to 3 hours	25%	N=1635
4 to 5 hours	11%	N=752
6 to 10 hours	5%	N=353
11 to 19 hours	2%	N=160
20 or more hours	4%	N=260
Total	100%	N=6592

Table 14: Question 13 without don't know responses

Please rate the availability of each of the following in your community:	Excellent		Good		Fair		Poor		Total	
	%	N	%	N	%	N	%	N	%	N
Sidewalks in needed locations	12%	N=693	28%	N=1641	31%	N=1803	29%	N=1695	100%	N=5831
Curb cutouts to allow safe street crossing	13%	N=740	32%	N=1810	30%	N=1678	25%	N=1384	100%	N=5612
Parks that I feel safe visiting	28%	N=1627	42%	N=2413	21%	N=1202	9%	N=543	100%	N=5784
Parks that are accessible to me	32%	N=1868	42%	N=2443	18%	N=1053	7%	N=433	100%	N=5797
Public restrooms accessible to people of different physical abilities	11%	N=512	32%	N=1503	32%	N=1503	25%	N=1195	100%	N=4714
Benches in public areas (e.g., parks, sidewalks, public buildings)	13%	N=746	33%	N=1838	33%	N=1852	20%	N=1094	100%	N=5530
Conveniently located areas to park, including handicapped parking	17%	N=947	40%	N=2278	29%	N=1664	14%	N=783	100%	N=5672
A place for people to live as they age	11%	N=592	26%	N=1415	32%	N=1740	32%	N=1732	100%	N=5479

Table 15: Question 13 with don't know responses

Please rate the availability of each of the following in your community:	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Sidewalks in needed locations	11%	N=693	25%	N=1641	28%	N=1803	26%	N=1695	10%	N=648	100%	N=6480
Curb cutouts to allow safe street crossing	12%	N=740	29%	N=1810	26%	N=1678	22%	N=1384	11%	N=723	100%	N=6335
Parks that I feel safe visiting	26%	N=1627	38%	N=2413	19%	N=1202	9%	N=543	9%	N=556	100%	N=6340
Parks that are accessible to me	30%	N=1868	39%	N=2443	17%	N=1053	7%	N=433	8%	N=514	100%	N=6311
Public restrooms accessible to people of different physical abilities	8%	N=512	24%	N=1503	24%	N=1503	19%	N=1195	26%	N=1656	100%	N=6370
Benches in public areas (e.g., parks, sidewalks, public buildings)	12%	N=746	29%	N=1838	29%	N=1852	17%	N=1094	13%	N=811	100%	N=6341
Conveniently located areas to park, including handicapped parking	15%	N=947	36%	N=2278	26%	N=1664	12%	N=783	11%	N=709	100%	N=6381
A place for people to live as they age	9%	N=592	22%	N=1415	27%	N=1740	27%	N=1732	15%	N=943	100%	N=6422

Table 16: Question 14

Does your current residence need home repairs (e.g., a new roof or heating system) to improve your ability to live safely?	%	N
No	71%	N=4671
Yes	29%	N=1951
Total	100%	N=6621

Table 17: Question 14'

What barriers have kept you from making the repairs? (Select all that apply)	%	N
I have not yet had the time or ability to complete the repairs myself	33%	N=635
I cannot afford to make the repairs	71%	N=1365
I do not own my home, and the landlord will not make the repairs	12%	N=228
I cannot find an individual or company to do the repair work	15%	N=283
I have scheduled the repairs, but they have not yet been completed	6%	N=125
Other	7%	N=140

Table 18: Question 15

Please indicate whether your home has or could use each of the following accessibility features.	Already have		Do not have, but would be useful for my home		Would not be useful		Total	
	%	N	%	N	%	N	%	N
Main-level living (at least the bedroom, bathroom, and kitchen are located on the main level)	82%	N=5231	12%	N=735	7%	N=420	100%	N=6386
Step-free entrances and walkways	37%	N=2325	42%	N=2633	21%	N=1342	100%	N=6301
Ramp access	18%	N=1086	33%	N=2006	50%	N=3067	100%	N=6159
Doorways wide enough to accommodate a walker or wheelchair	50%	N=3086	28%	N=1714	23%	N=1406	100%	N=6206
Bright overhead lighting, night lights, accessible lamps, and other lighting to easily see and maneuver in the home	77%	N=4869	15%	N=970	8%	N=477	100%	N=6315
Shelves where nothing is out of reach	43%	N=2691	38%	N=2339	19%	N=1182	100%	N=6213
Countertops that are comfortable sitting or standing	60%	N=3705	25%	N=1528	16%	N=963	100%	N=6197
Walk-in bath or shower	49%	N=3143	38%	N=2450	12%	N=775	100%	N=6368
Stairs with handrails	65%	N=4051	15%	N=932	20%	N=1280	100%	N=6263
Floors that allow for easy movement between rooms (e.g., minimal or no carpet, level floors without tripping hazards)	75%	N=4744	19%	N=1202	6%	N=381	100%	N=6326
Easy to reach (sitting or standing) light switches, electrical outlets, thermostats, and other environmental controls	81%	N=5114	12%	N=779	7%	N=428	100%	N=6321
Lever door handles	46%	N=2866	33%	N=2098	21%	N=1335	100%	N=6299
Lever sink faucets	66%	N=4151	20%	N=1279	13%	N=829	100%	N=6258
Grab bars or rails in the bathroom (e.g., in or near shower/bathtub, near the toilet)	36%	N=2253	45%	N=2814	20%	N=1228	100%	N=6295
Raised toilet seat	39%	N=2471	30%	N=1899	31%	N=1980	100%	N=6349

Table 19: Question 16

Do you have regular access to any of the following forms of transportation?	Yes, and I use it		Yes, but I don't use it		No, I don't have access		Total	
	%	N	%	N	%	N	%	N
Bus	5%	N=300	31%	N=1965	64%	N=4087	100%	N=6353
Trolley/streetcar	1%	N=48	6%	N=393	93%	N=5759	100%	N=6199
Metro/train	2%	N=121	11%	N=674	87%	N=5381	100%	N=6176
OATS/SMTS	4%	N=244	64%	N=3936	32%	N=1969	100%	N=6148
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	1%	N=86	22%	N=1351	76%	N=4676	100%	N=6113
Public use bicycles, scooters, etc.	2%	N=106	20%	N=1250	78%	N=4767	100%	N=6123
Personal vehicle	91%	N=5878	3%	N=187	6%	N=410	100%	N=6476
Taxi	5%	N=283	58%	N=3654	37%	N=2352	100%	N=6289
Rideshare service (e.g., Uber, Lyft)	9%	N=549	52%	N=3269	39%	N=2419	100%	N=6238
Rental vehicles	7%	N=409	60%	N=3693	34%	N=2068	100%	N=6171
Rides from friends or family	37%	N=2376	46%	N=2954	16%	N=1043	100%	N=6373

Table 20: Question 18

What barriers, if any, have you experienced in accessing transportation in the past 12 months? (Select all that apply)	%	N
I didn't experience any barriers	75%	N=4762
I didn't know who to call to get a ride	7%	N=476
Public transportation schedules were confusing or not easy to find	6%	N=364
I didn't know what transportation services are available in my community	11%	N=728
Transportation services didn't go where I needed them	9%	N=598
Transportation was not available during the time of day that I needed it	7%	N=428
The cost of transportation was too high	10%	N=620
Other	5%	N=308

Table 21: Question 19

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Having enough money to meet daily expenses	51%	N=3392	21%	N=1382	18%	N=1209	8%	N=545	1%	N=62	100%	N=6590
Having enough money to pay your property taxes	52%	N=3415	16%	N=1061	13%	N=873	10%	N=628	8%	N=537	100%	N=6514
Having housing to suit your needs	73%	N=4719	13%	N=830	8%	N=494	5%	N=343	2%	N=111	100%	N=6496
Doing heavy or intense housework	41%	N=2655	27%	N=1759	17%	N=1137	13%	N=857	2%	N=122	100%	N=6530
Maintaining your home	39%	N=2556	28%	N=1810	20%	N=1318	10%	N=641	3%	N=208	100%	N=6533
Maintaining your yard	44%	N=2842	23%	N=1500	14%	N=930	10%	N=664	9%	N=572	100%	N=6509
Having safe and affordable transportation available	69%	N=4454	11%	N=742	9%	N=556	6%	N=362	5%	N=342	100%	N=6456
No longer being able to drive	71%	N=4605	5%	N=322	3%	N=211	5%	N=291	16%	N=1023	100%	N=6452
Safely navigating community spaces (e.g., poorly maintained sidewalks, pedestrian intersections, inaccessible public buildings, etc.)	59%	N=3807	19%	N=1225	9%	N=587	6%	N=390	7%	N=482	100%	N=6491
Finding work in retirement	40%	N=2561	6%	N=404	5%	N=350	6%	N=371	43%	N=2745	100%	N=6431
Building skills for paid or unpaid work	47%	N=2962	8%	N=524	5%	N=345	3%	N=168	36%	N=2284	100%	N=6282
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	43%	N=2712	21%	N=1341	15%	N=951	9%	N=589	12%	N=769	100%	N=6362
Reading or understanding health information provided to you	62%	N=4044	20%	N=1274	11%	N=690	5%	N=302	3%	N=178	100%	N=6489

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Not knowing what services are available to older adults in your community	32%	N=2077	30%	N=1922	18%	N=1157	12%	N=803	9%	N=555	100%	N=6515
Not knowing what services are available to people with disabilities in your community	38%	N=2423	18%	N=1171	12%	N=804	10%	N=677	21%	N=1379	100%	N=6453
Finding affordable health insurance	51%	N=3294	14%	N=929	13%	N=851	16%	N=1017	6%	N=364	100%	N=6455
Staying physically fit	32%	N=2119	30%	N=1970	23%	N=1480	13%	N=882	1%	N=94	100%	N=6544
Experiencing confusion or forgetfulness	61%	N=3948	26%	N=1689	6%	N=420	3%	N=201	4%	N=261	100%	N=6519
Feeling depressed	54%	N=3529	26%	N=1709	11%	N=742	6%	N=390	3%	N=206	100%	N=6576
Feeling bored	58%	N=3783	25%	N=1646	10%	N=635	4%	N=288	3%	N=180	100%	N=6531
Having friends or family you can rely on	66%	N=4363	17%	N=1106	8%	N=557	7%	N=453	2%	N=99	100%	N=6579
Having opportunities to socialize and meet new people	55%	N=3593	22%	N=1442	11%	N=734	8%	N=548	4%	N=237	100%	N=6554
Feeling lonely or isolated	59%	N=3861	23%	N=1498	9%	N=580	6%	N=419	2%	N=163	100%	N=6521
Dealing with the loss of a close family member or friend	54%	N=3554	19%	N=1265	12%	N=776	8%	N=502	7%	N=434	100%	N=6532
Being a victim of crime	78%	N=5045	7%	N=445	3%	N=169	2%	N=139	11%	N=688	100%	N=6486
Being a victim of fraud or a scam	67%	N=4371	16%	N=1033	5%	N=326	3%	N=223	8%	N=525	100%	N=6479
Feeling concerned about your personal safety (e.g., worried that others may try to harm, steal from, or take advantage of you)	65%	N=4280	21%	N=1344	7%	N=438	4%	N=272	3%	N=213	100%	N=6546

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Being physically or emotionally abused	86%	N=5636	5%	N=300	3%	N=183	1%	N=73	5%	N=336	100%	N=6528
Being treated unfairly or discriminated against because of your age	71%	N=4599	16%	N=1017	6%	N=362	3%	N=209	5%	N=305	100%	N=6491
Being treated unfairly or discriminated against because of a disability	74%	N=4801	7%	N=463	3%	N=192	2%	N=140	14%	N=909	100%	N=6507
Feeling like you don't fit in or belong	65%	N=4227	20%	N=1282	8%	N=527	5%	N=314	3%	N=170	100%	N=6520
Feeling like your voice is heard in the community	52%	N=3367	17%	N=1125	10%	N=632	8%	N=506	13%	N=864	100%	N=6495
Feeling PHYSICALLY burdened by providing care for another person	64%	N=4143	12%	N=752	5%	N=303	3%	N=210	16%	N=1040	100%	N=6448
Feeling EMOTIONALLY burdened by providing care for another person	59%	N=3793	15%	N=960	6%	N=399	5%	N=293	15%	N=995	100%	N=6441
Feeling FINANCIALLY burdened by providing care for another person	61%	N=3961	14%	N=889	6%	N=371	4%	N=282	15%	N=974	100%	N=6476
Performing regular activities, including walking, eating, and preparing meals	67%	N=4368	20%	N=1289	9%	N=562	4%	N=261	1%	N=68	100%	N=6547
Finding meaningful volunteer work	64%	N=4141	9%	N=603	4%	N=231	1%	N=93	21%	N=1388	100%	N=6457
Finding productive or meaningful activities to do	67%	N=4313	18%	N=1161	7%	N=422	4%	N=236	5%	N=322	100%	N=6454

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Finding accessible locations to gather with people of similar age or ability (e.g., senior centers, regular clubs or support groups, etc.)	60%	N=3908	16%	N=1067	7%	N=482	4%	N=274	12%	N=767	100%	N=6498
Having interesting recreational or cultural activities to attend	57%	N=3682	21%	N=1323	10%	N=618	6%	N=358	7%	N=470	100%	N=6451
Having interesting social events or activities to attend	57%	N=3701	20%	N=1324	9%	N=601	6%	N=379	7%	N=453	100%	N=6458
Participating in activities with others (e.g., pickleball or other sports, arts and crafts, etc.)	52%	N=3335	19%	N=1222	9%	N=556	6%	N=410	14%	N=924	100%	N=6446

Table 22: Question 20

How many times have you fallen in the last 12 months?	%	N
No falls	65%	N=4303
1-2 falls	27%	N=1762
3-4 falls	6%	N=389
5+ falls	3%	N=172
Total	100%	N=6626

Table 23: Question 21

What was the outcome of your fall(s)? (Select all that apply)	%	N
I did not fall in the last 12 months	0%	N=11
Got up on my own (did not need assistance)	73%	N=1688
Needed someone to help me get up	24%	N=563
Went to my primary doctor	10%	N=238
Went to the emergency room (ER) or urgent care clinic	15%	N=351
Was hospitalized	4%	N=101
Other	4%	N=88

Table 24: Question 22

In the past 12 months, have you been unable to access healthcare that you needed?	%	N
Yes	26%	N=1745
No	74%	N=4876
Total	100%	N=6621

Table 25: Question 23

In the past 12 months, how often, if ever, have you accessed the following types of healthcare?	Never		Once		2-4 times		5 or more times		Total	
	%	N	%	N	%	N	%	N	%	N
Primary care provider (a medical provider that takes care of basic needs, including annual wellness visits)	9%	N=623	26%	N=1754	52%	N=3466	12%	N=806	100%	N=6649
Specialty care provider (a medical provider that takes care of specific area of medicine, such as cardiology, dermatology, etc.)	27%	N=1749	24%	N=1588	36%	N=2370	12%	N=803	100%	N=6511
Urgent care center (a walk-in clinic focused on caring for minor illnesses and injuries)	62%	N=4022	24%	N=1584	12%	N=798	1%	N=86	100%	N=6491
Emergency room	73%	N=4781	18%	N=1191	8%	N=524	1%	N=55	100%	N=6551
In-patient hospital treatment (non-emergency)	82%	N=5324	13%	N=844	5%	N=309	0%	N=31	100%	N=6507
Out-patient hospital treatment	66%	N=4307	20%	N=1277	11%	N=734	3%	N=171	100%	N=6489

Table 26: Question 24

Which, if any, of the following barriers to accessing physical or mental healthcare have you experienced in the past 12 months? (Select all that apply)	%	N
None, I accessed the healthcare that I needed	81%	N=5313
None, I did not need to access healthcare in the past 12 months	7%	N=470
I did not have insurance	3%	N=227
I could not find a provider in my area that accepts my insurance	3%	N=204
The cost to access healthcare was too high	9%	N=588
I could not find a provider in my area that provides the healthcare I need	6%	N=363
I did not feel welcome at the providers in my area	2%	N=154
I did not have transportation to a healthcare provider	3%	N=189

Table 27: Question 25

By which types of health insurance, if any, are you currently covered? (Select all that apply)	%	N
I am not insured	3%	N=197
Insurance through employer	31%	N=2069
Retirement insurance from former employer	11%	N=726
Insurance through the Marketplace	6%	N=427
Veteran's Administration	5%	N=358
TRICARE or other military insurance	4%	N=252
Medicare	36%	N=2393
Medicare Advantage or Medicare Supplement	31%	N=2077
Mo Healthnet (Missouri Medicaid)	9%	N=611
Indian health service	0%	N=8
Other	4%	N=258

Table 28: Question 26

Which of the following do you currently have? (Select all that apply)	%	N
A will	41%	N=2722
A durable Power of Attorney (for finances)	32%	N=2104
A durable Power of Attorney (for medical decisions)	37%	N=2467
An advance healthcare directive	33%	N=2168
A legal guardian or conservator	6%	N=410
None of these	47%	N=3093

Table 29: Question 27

Which of the following do you currently have? (Select all that apply)	%	N
Yes	78%	N=5109
No	22%	N=1479
Total	100%	N=6588

Table 30: Question 28 with don't know responses

In the last 12 months, have you done any of the following because you could not afford (more) medication?	Yes		No		N/A		Total	
	%	N	%	N	%	N	%	N
Gone without medication (not refilled a medication when you ran out)	12%	N=764	77%	N=5074	11%	N=753	100%	N=6590
Skipped dosages	14%	N=902	75%	N=4870	11%	N=718	100%	N=6489
Taken less than the prescribed dose	12%	N=768	77%	N=4957	11%	N=733	100%	N=6458

Table 31: Question 28 without don't know responses

In the last 12 months, have you done any of the following because you could not afford (more) medication?	Yes		No		Total	
	%	N	%	N	%	N
Gone without medication (not refilled a medication when you ran out)	13%	N=764	87%	N=5074	100%	N=5838
Skipped dosages	16%	N=902	84%	N=4870	100%	N=5772
Taken less than the prescribed dose	13%	N=768	87%	N=4957	100%	N=5724

Table 32: Question 29 with don't know responses

Please indicate whether each of the following are true for you.	Yes		No		N/A		Total	
	%	N	%	N	%	N	%	N
I typically see a dentist for a check-up every 6 months	55%	N=3665	39%	N=2618	6%	N=375	100%	N=6658
I typically get an eye exam every 12 months	68%	N=4488	31%	N=2052	1%	N=71	100%	N=6611
I typically get a hearing test every 5 years	27%	N=1764	66%	N=4347	7%	N=432	100%	N=6543
I need new eyeglasses or need my eyeglasses repaired	34%	N=2195	58%	N=3803	8%	N=551	100%	N=6549
I need new contact lenses	5%	N=338	54%	N=3498	41%	N=2633	100%	N=6468
I need dental work	39%	N=2499	52%	N=3378	9%	N=605	100%	N=6482
I need new dentures or need my dentures repaired	14%	N=931	52%	N=3353	34%	N=2204	100%	N=6489
I need new hearing aids or need my hearing aids repaired	10%	N=667	50%	N=3270	39%	N=2564	100%	N=6501

Table 33: Question 29 without don't know responses

Please indicate whether each of the following are true for you.	Yes		No		Total	
	%	N	%	N	%	N
I typically see a dentist for a check-up every 6 months	58%	N=3665	42%	N=2618	100%	N=6283
I typically get an eye exam every 12 months	69%	N=4488	31%	N=2052	100%	N=6540
I typically get a hearing test every 5 years	29%	N=1764	71%	N=4347	100%	N=6111
I need new eyeglasses or need my eyeglasses repaired	37%	N=2195	63%	N=3803	100%	N=5998
I need new contact lenses	9%	N=338	91%	N=3498	100%	N=3836
I need dental work	43%	N=2499	57%	N=3378	100%	N=5877
I need new dentures or need my dentures repaired	22%	N=931	78%	N=3353	100%	N=4285
I need new hearing aids or need my hearing aids repaired	17%	N=667	83%	N=3270	100%	N=3936

Table 34: Question 30

Are you aware of any of these food assistance programs?	Know about this program but have not used it		Have used this program		Did not know about this program		Total	
	%	N	%	N	%	N	%	N
SNAP (food stamps)	74%	N=4775	15%	N=959	11%	N=743	100%	N=6477
Congregate meals (eaten at a senior center or other location where you eat with others)	61%	N=3931	14%	N=906	25%	N=1617	100%	N=6453
Home-delivered meals from an Area Agency on Aging	69%	N=4515	7%	N=486	23%	N=1517	100%	N=6518
Food from a community food pantry	70%	N=4574	18%	N=1180	12%	N=796	100%	N=6550
Government-sponsored supplemental food sources	51%	N=3359	6%	N=384	43%	N=2788	100%	N=6531

Table 35: Question 31

In the last 12 months, how often have the following statements been true?	Always		Frequently		Sometimes		Rarely		Never		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
I did not have adequate access to fruits and vegetables	5%	N=317	5%	N=329	13%	N=884	16%	N=1035	61%	N=4035	100%	N=6599
There was not enough money available to eat balanced meals	5%	N=298	6%	N=389	13%	N=818	13%	N=809	64%	N=4111	100%	N=6425
Less food was eaten because there was not enough money	3%	N=172	4%	N=247	11%	N=691	15%	N=942	68%	N=4327	100%	N=6378
Meals were skipped because there was not enough money	2%	N=126	3%	N=171	8%	N=528	14%	N=881	73%	N=4718	100%	N=6424

Table 36: Question 32

Which of the following types of phones, if any, do you have at your residence? (Select all that apply)	%	N
Smart phone (call, text, and internet)	86%	N=5749
Mobile phone or cellphone (call and text only)	17%	N=1147
Landline phone	21%	N=1425
No phone	0%	N=25

Table 37: Question 33

Do you have high-speed internet/broadband at home?	%	N
Yes	85%	N=5607
No	15%	N=990
Total	100%	N=6596

Table 38: Question 33a

What are the reasons you do not have high-speed internet/broadband at home? (Select all that apply)	%	N
High-speed internet is not available in my area.	30%	N=294
High-speed internet is available but not reliable.	11%	N=107
I cannot afford high-speed internet.	49%	N=481
I'm not interested in high-speed internet.	22%	N=215
Other	5%	N=53

Table 39: Question 34

Please rate your preferred modes of communication from the State of Missouri or your local providers about new programs, services, and emergency information.	Strongly prefer		Somewhat prefer		Do not prefer		Total	
	%	N	%	N	%	N	%	N
Phone voicemail messages	19%	N=1178	24%	N=1479	56%	N=3418	100%	N=6074
Email	52%	N=3266	30%	N=1875	18%	N=1129	100%	N=6270
Text	39%	N=2482	30%	N=1929	31%	N=1963	100%	N=6373
Website updates	26%	N=1636	36%	N=2255	37%	N=2289	100%	N=6180
Social media (e.g., Facebook, Instagram, etc.)	16%	N=978	28%	N=1754	56%	N=3442	100%	N=6174
Newspaper	14%	N=868	23%	N=1461	63%	N=3905	100%	N=6233
Brochures	15%	N=930	38%	N=2334	48%	N=2954	100%	N=6217
Presentations	10%	N=626	31%	N=1916	58%	N=3580	100%	N=6122
Health fairs	14%	N=852	33%	N=2017	53%	N=3300	100%	N=6168

Table 40: Question D1

How many years have you lived in your community?	%	N
Less than 2 years	6%	N=389
2-5 years	11%	N=760
6-10 years	12%	N=780
11-20 years	13%	N=884
More than 20 years	58%	N=3811
Total	100%	N=6623

Table 41: Question D2

In which category is your age?	%	N
18-24 years	0%	N=0
25-29 years	0%	N=0
30-34 years	0%	N=0
35-39 years	0%	N=0
40-44 years	0%	N=0
45-49 years	0%	N=0
50-54 years	12%	N=789
55-59 years	14%	N=991
60-64 years	23%	N=1560
65-69 years	15%	N=1000
70-74 years	13%	N=917
75 years or older	21%	N=1403
NA	3%	N=182
Total	100%	N=6842

Table 42: Question D3

What is your race/ethnicity? (Mark one or more to indicate what race/ethnicity you consider yourself to be)	%	N
White	89%	N=5872
Black or African American	6%	N=410
Hispanic or Latino	3%	N=232
Asian or Asian American	2%	N=112
American Indian or Alaska Native	3%	N=232
Native Hawaiian or Other Pacific Islander	0%	N=24
A race not listed	2%	N=122

Table 43: Question D4

What is the highest level of education you have completed?	%	N
Less than a high school graduate	2%	N=125
High school graduate or GED	21%	N=1358
Some college or associate's degree	31%	N=2053
Bachelor's degree or higher	46%	N=3060
Total	100%	N=6596

Table 44: Question D5

What is your gender?	%	N
Woman	54%	N=3590
Man	46%	N=3030
Identify in another way	0%	N=11
Total	100%	N=6631

Table 45: Question D6

What is your sexual orientation?	%	N
Heterosexual	95%	N=5885
Lesbian	1%	N=39
Gay	2%	N=121
Bisexual	1%	N=81
Identify in another way	1%	N=74
Total	100%	N=6200

Table 46: Question D7

How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household)	%	N
Less than \$15,000	9%	N=576
\$15,000 to \$29,999	19%	N=1176
\$30,000 to \$49,999	22%	N=1390
\$50,000 to \$74,999	19%	N=1175
\$75,000 to \$99,999	13%	N=808
\$100,000 to \$149,999	10%	N=637
\$150,000 to \$199,999	5%	N=289
\$200,000 to \$299,999	2%	N=126
\$300,000 or more	1%	N=78
Total	100%	N=6255

Table 47: Question D8

What is your source(s) of household income? (Select all that apply)	%	N
Employment	47%	N=3101
Social Security	55%	N=3648
State retirement	13%	N=872
Federal retirement	4%	N=257
Military retirement	4%	N=236
Investments	22%	N=1464
Public assistance	2%	N=157
Disability (including SSI, SSDI, or Veteran Disability Benefits)	9%	N=620
None/no income	3%	N=166
Other	12%	N=795

Table 48: Question D9

Which best describes the building you live in?	%	N
Single-family detached home	74%	N=4899
Townhouse or duplex (may share walls but no units above or below you)	4%	N=245
Condominium or apartment (have units above or below you)	14%	N=936
Assisted living residence	1%	N=47
Nursing home	0%	N=8
Other	8%	N=498
Total	100%	N=6632

Table 49: Question D10

Do you rent or own your home?	%	N
Rent	21%	N=1391
Own (with a mortgage payment)	38%	N=2479
Own (free and clear; no mortgage)	41%	N=2682
Total	100%	N=6552

Table 50: Question D11

About how much is your MONTHLY housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?	%	N
Less than \$300	13%	N=799
\$300 to \$599	27%	N=1710
\$600 to \$999	24%	N=1522
\$1,000 to \$1,499	15%	N=946
\$1,500 to \$2,499	13%	N=841
\$2,500 to \$3,999	4%	N=264
\$4,000 to \$6,999	2%	N=142
\$7,000 to \$9,999	0%	N=20
\$10,000 or more	0%	N=19
Total	100%	N=6263

Table 51: Question D12

How many people, including yourself, live in your household?	%	N
1 person (live alone)	35%	N=2346
2 people	47%	N=3101
3 people	10%	N=681
4 or more people	8%	N=523
Total	100%	N=6651

Table 52: Question D13

How many of these people, including yourself, are 50 or older?	%	N
None	6%	N=424
1 person	41%	N=2695
2 people	49%	N=3189
3 people	3%	N=187
4 or more people	1%	N=41
Total	100%	N=6537

Table 53: Question D14

How many of these people, including yourself, have a disability?	%	N
None	62%	N=4094
1 person	30%	N=1951
2 people	7%	N=433
3 people	1%	N=71
4 or more people	1%	N=34
Total	100%	N=6583

Table 54: Question D15

Have you ever served on active duty in the Armed Forces of the United States and separated from such service under conditions other than dishonorable?	%	N
Yes	13%	N=876
No	87%	N=5777
Total	100%	N=6653

Table 55: Question D16

Would you like to receive information and assistance regarding veteran services?	%	N
Yes	11%	N=728
No	89%	N=5871
Total	100%	N=6599

Appendix B. Full Frequencies of those with Disabilities

Table 56: Question 2

Which of the following disabilities, if any, do you currently have? (Select all that apply)	%	N
I do not have a disability	4%	N=120
A sensory impairment (e.g., difficulty hearing or seeing)	33%	N=895
A mobility impairment (e.g., difficulty walking without assistance)	35%	N=955
A long-term mental health condition (e.g., depression, anxiety)	31%	N=844
A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)	11%	N=300
A long-term medical illness (e.g., epilepsy, cystic fibrosis)	26%	N=693
An intellectual/developmental disability (e.g., ADHD, autism, cerebral palsy, PKU)	7%	N=196
Other	21%	N=563

Table 57: Question 3 without don't know responses

During a typical week, how many hours do you spend providing care for:	None		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Total	
	%	N	%	N	%	N	%	N	%	N	%	N	%	N
An adult over age 60 without a disability	87%	N=1507	4%	N=78	3%	N=45	2%	N=33	0%	N=8	4%	N=68	100%	N=1740
An adult over age 60 with a disability	76%	N=1357	6%	N=105	3%	N=58	3%	N=60	2%	N=30	10%	N=173	100%	N=1784
An adult 18 to 59 years old with a disability	87%	N=1422	3%	N=50	2%	N=28	1%	N=20	2%	N=25	5%	N=82	100%	N=1626
A child/children under age 18	87%	N=1404	2%	N=31	2%	N=28	1%	N=20	1%	N=15	7%	N=110	100%	N=1609
An individual of any age with Alzheimer's or related dementias	89%	N=1458	3%	N=56	2%	N=25	1%	N=16	1%	N=8	4%	N=70	100%	N=1632

Table 58: Question 3 with don't know responses

During a typical week, how many hours do you spend providing care for:	None		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N
An adult over age 60 without a disability	85%	N=1507	4%	N=78	3%	N=45	2%	N=33	0%	N=8	4%	N=68	2%	N=28	100%	N=1767
An adult over age 60 with a disability	75%	N=1357	6%	N=105	3%	N=58	3%	N=60	2%	N=30	10%	N=173	1%	N=22	100%	N=1805
An adult 18 to 59 years old with a disability	87%	N=1422	3%	N=50	2%	N=28	1%	N=20	2%	N=25	5%	N=82	1%	N=10	100%	N=1636
A child/children under age 18	87%	N=1404	2%	N=31	2%	N=28	1%	N=20	1%	N=15	7%	N=110	1%	N=11	100%	N=1620
An individual of any age with Alzheimer's or related dementias	88%	N=1458	3%	N=56	1%	N=25	1%	N=16	1%	N=8	4%	N=70	1%	N=17	100%	N=1649

Table 59: Question 4

What is your relationship to those for whom you provide care? (If caring for more than one individual, select each relevant option)	%	N
Parent	27%	N=237
Parent-in-law	5%	N=39
Grandparent	8%	N=72
Sibling	6%	N=56
Spouse	30%	N=258
Domestic partner	5%	N=39
Child	16%	N=139
Grandchild	6%	N=53
Other relative	7%	N=58
Friend/non-relative	10%	N=85
None of the above	6%	N=55
Don't know	1%	N=4

Table 60: Question 5 without don't know responses

How much do you agree or disagree with each of the following statements?	Strongly agree		Somewhat agree		Somewhat disagree		Strongly disagree		Total	
	%	N	%	N	%	N	%	N	%	N
I need help paying for services needed by the person I care for	33%	N=220	32%	N=215	13%	N=89	22%	N=150	100%	N=673
I need help locating services for the person I care for	40%	N=283	27%	N=192	11%	N=79	23%	N=163	100%	N=717
I would like training on caring for someone at home	17%	N=107	27%	N=173	17%	N=105	39%	N=246	100%	N=631
I need a place for the person I care for to go during the day	18%	N=117	17%	N=113	12%	N=80	53%	N=354	100%	N=663
I sometimes need temporary relief from my caregiver duties (respite)	31%	N=218	28%	N=194	11%	N=79	30%	N=211	100%	N=701

Table 61: Question 5 with don't know responses

How much do you agree or disagree with each of the following statements?	Strongly agree		Somewhat agree		Somewhat disagree		Strongly disagree		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
I need help paying for services needed by the person I care for	28%	N=220	27%	N=215	11%	N=89	19%	N=150	15%	N=117	100%	N=791
I need help locating services for the person I care for	36%	N=283	24%	N=192	10%	N=79	21%	N=163	9%	N=70	100%	N=787
I would like training on caring for someone at home	14%	N=107	23%	N=173	14%	N=105	32%	N=246	17%	N=132	100%	N=762
I need a place for the person I care for to go during the day	16%	N=117	15%	N=113	11%	N=80	47%	N=354	12%	N=91	100%	N=754
I sometimes need temporary relief from my caregiver duties (respite)	27%	N=218	24%	N=194	10%	N=79	27%	N=211	12%	N=92	100%	N=793

Table 62: Question 6

In the next two years, do you expect to provide care or assistance to a friend or family member who has a health problem or disability?	%	N
Yes	37%	N=841
No	63%	N=1423
Total	100%	N=2264

Table 63: Question 7 without don't know responses

How likely or unlikely are you to need each of the following types of caregiving support in the future?	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Total	
	%	N	%	N	%	N	%	N	%	N
Help paying for services needed by the person I care for	45%	N=319	33%	N=235	11%	N=78	12%	N=83	100%	N=715
Help locating services for the person I care for	42%	N=308	35%	N=257	10%	N=76	12%	N=89	100%	N=728
Training on providing care for someone at home	26%	N=173	34%	N=224	17%	N=109	23%	N=154	100%	N=660
A place for the person I care for to go during the day	22%	N=142	26%	N=166	19%	N=124	33%	N=214	100%	N=646
Temporary relief from caregiver duties (respite)	33%	N=217	35%	N=229	15%	N=100	17%	N=115	100%	N=661

Table 64: Question 7 with don't know responses

How likely or unlikely are you to need each of the following types of caregiving support in the future?	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Help paying for services needed by the person I care for	40%	N=319	29%	N=235	10%	N=78	10%	N=83	11%	N=93	100%	N=808
Help locating services for the person I care for	39%	N=308	32%	N=257	10%	N=76	11%	N=89	8%	N=66	100%	N=795
Training on providing care for someone at home	23%	N=173	30%	N=224	14%	N=109	20%	N=154	13%	N=100	100%	N=760
A place for the person I care for to go during the day	19%	N=142	22%	N=166	17%	N=124	29%	N=214	13%	N=97	100%	N=743
Temporary relief from caregiver duties (respite)	28%	N=217	30%	N=229	13%	N=100	15%	N=115	13%	N=103	100%	N=764

Table 65: Question 9

What is your employment status?	%	N
Employed full-time	16%	N=418
Employed part-time	6%	N=150
Homemaker	1%	N=32
Unemployed, seeking work	2%	N=59
Unemployed, not seeking work	1%	N=33
Retired	54%	N=1410
Student	0%	N=3
Disabled	17%	N=449
Other	2%	N=43
Total	100%	N=2597

Table 66: Question 10

At what age do you expect to retire completely and not work for pay at all?	%	N
55-59	13%	N=127
60-64	13%	N=127
65-67	18%	N=181
68-69	4%	N=42
70-72	9%	N=87
73 or older	8%	N=85
I don't think I will ever be able to retire	36%	N=361
Total	100%	N=1010

Table 67: Question 11

Which, if any, of the following employment-related challenges have you faced in the last 12 months? (Select all that apply.)	%	N
Difficulty finding a job that matched my skills	9%	N=230
Difficulty finding a job close to my home	8%	N=193
Difficulty finding a job that paid enough	12%	N=303
Difficulty finding a job working the shift or hours that I prefer	7%	N=163
Difficulty finding transportation for a job	4%	N=100
I am a caregiver and was unable to leave the individual I was caring for alone	5%	N=131
Concern about losing public benefits (health insurance, housing assistance, etc.)	13%	N=313
Other	7%	N=161
Not applicable	69%	N=1701

Table 68: Question 12

During a typical week, how many hours do you spend volunteering your time?	%	N
None	60%	N=1530
1 to 3 hours	20%	N=503
4 to 5 hours	9%	N=241
6 to 10 hours	5%	N=116
11 to 19 hours	2%	N=54
20 or more hours	4%	N=110
Total	100%	N=2555

Table 69: Question 13 without don't know responses

Please rate the availability of each of the following in your community:	Excellent		Good		Fair		Poor		Total	
	%	N	%	N	%	N	%	N	%	N
Sidewalks in needed locations	11%	N=259	25%	N=562	30%	N=684	33%	N=756	100%	N=2260
Curb cutouts to allow safe street crossing	11%	N=249	29%	N=625	28%	N=605	32%	N=700	100%	N=2179
Parks that I feel safe visiting	22%	N=467	39%	N=838	24%	N=514	14%	N=308	100%	N=2128
Parks that are accessible to me	24%	N=502	40%	N=864	23%	N=495	13%	N=274	100%	N=2136
Public restrooms accessible to people of different physical abilities	8%	N=159	29%	N=555	34%	N=642	29%	N=547	100%	N=1904
Benches in public areas (e.g., parks, sidewalks, public buildings)	10%	N=206	28%	N=585	35%	N=746	27%	N=571	100%	N=2109
Conveniently located areas to park, including handicapped parking	13%	N=290	36%	N=785	30%	N=658	21%	N=450	100%	N=2182
A place for people to live as they age	10%	N=201	22%	N=461	31%	N=658	37%	N=784	100%	N=2104

Table 70: Question 13 with don't know responses

Please rate the availability of each of the following in your community:	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Sidewalks in needed locations	10%	N=259	22%	N=562	27%	N=684	30%	N=756	10%	N=253	100%	N=2513
Curb cutouts to allow safe street crossing	10%	N=249	25%	N=625	25%	N=605	29%	N=700	11%	N=275	100%	N=2454
Parks that I feel safe visiting	19%	N=467	35%	N=838	21%	N=514	13%	N=308	12%	N=296	100%	N=2424
Parks that are accessible to me	21%	N=502	36%	N=864	20%	N=495	11%	N=274	12%	N=283	100%	N=2420
Public restrooms accessible to people of different physical abilities	6%	N=159	23%	N=555	26%	N=642	22%	N=547	23%	N=563	100%	N=2467
Benches in public areas (e.g., parks, sidewalks, public buildings)	8%	N=206	24%	N=585	31%	N=746	23%	N=571	13%	N=326	100%	N=2435
Conveniently located areas to park, including handicapped parking	12%	N=290	32%	N=785	27%	N=658	18%	N=450	10%	N=253	100%	N=2436
A place for people to live as they age	8%	N=201	19%	N=461	27%	N=658	32%	N=784	15%	N=358	100%	N=2462

Table 71: Question 14

Does your current residence need home repairs (e.g., a new roof or heating system) to improve your ability to live safely?	%	N
No	62%	N=1612
Yes	38%	N=1003
Total	100%	N=2615

Table 72: Question 14

What barriers have kept you from making the repairs? (Select all that apply)	%	N
I have not yet had the time or ability to complete the repairs myself	32%	N=314
I cannot afford to make the repairs	77%	N=751
I do not own my home, and the landlord will not make the repairs	13%	N=125
I cannot find an individual or company to do the repair work	12%	N=122
I have scheduled the repairs, but they have not yet been completed	5%	N=51
Other	9%	N=88

Table 73: Question 15

Please indicate whether your home has or could use each of the following accessibility features.	Already have		Do not have, but would be useful for my home		Would not be useful		Total	
	%	N	%	N	%	N	%	N
Main-level living (at least the bedroom, bathroom, and kitchen are located on the main level)	83%	N=2087	11%	N=279	6%	N=141	100%	N=2508
Step-free entrances and walkways	40%	N=984	45%	N=1105	15%	N=367	100%	N=2457
Ramp access	25%	N=596	38%	N=902	38%	N=904	100%	N=2403
Doorways wide enough to accommodate a walker or wheelchair	53%	N=1281	30%	N=718	17%	N=417	100%	N=2415
Bright overhead lighting, night lights, accessible lamps, and other lighting to easily see and maneuver in the home	76%	N=1847	19%	N=459	6%	N=140	100%	N=2445
Shelves where nothing is out of reach	45%	N=1096	43%	N=1047	12%	N=284	100%	N=2427
Countertops that are comfortable sitting or standing	61%	N=1456	29%	N=703	10%	N=246	100%	N=2404
Walk-in bath or shower	45%	N=1132	46%	N=1159	9%	N=223	100%	N=2514
Stairs with handrails	58%	N=1429	19%	N=457	23%	N=560	100%	N=2445
Floors that allow for easy movement between rooms (e.g., minimal or no carpet, level floors without tripping hazards)	71%	N=1759	24%	N=586	5%	N=119	100%	N=2464
Easy to reach (sitting or standing) light switches, electrical outlets, thermostats, and other environmental controls	80%	N=1961	15%	N=360	6%	N=144	100%	N=2465
Lever door handles	46%	N=1132	36%	N=895	18%	N=442	100%	N=2469
Lever sink faucets	64%	N=1579	24%	N=601	11%	N=279	100%	N=2458
Grab bars or rails in the bathroom (e.g., in or near shower/bathtub, near the toilet)	43%	N=1072	47%	N=1171	10%	N=238	100%	N=2482
Raised toilet seat	38%	N=960	34%	N=854	27%	N=687	100%	N=2501

Table 74: Question 16

Do you have regular access to any of the following forms of transportation?	Yes, and I use it		Yes, but I don't use it		No, I don't have access		Total	
	%	N	%	N	%	N	%	N
Bus	5%	N=129	28%	N=694	67%	N=1666	100%	N=2490
Trolley/streetcar	1%	N=15	6%	N=149	93%	N=2215	100%	N=2380
Metro/train	2%	N=55	10%	N=250	87%	N=2083	100%	N=2388
OATS/SMTS	5%	N=131	61%	N=1465	33%	N=786	100%	N=2382
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	2%	N=55	18%	N=431	79%	N=1858	100%	N=2344
Public use bicycles, scooters, etc.	2%	N=40	18%	N=420	81%	N=1907	100%	N=2367
Personal vehicle	82%	N=2046	4%	N=99	14%	N=353	100%	N=2499
Taxi	5%	N=117	53%	N=1302	42%	N=1026	100%	N=2445
Rideshare service (e.g., Uber, Lyft)	8%	N=198	46%	N=1117	46%	N=1102	100%	N=2418
Rental vehicles	4%	N=99	51%	N=1213	44%	N=1050	100%	N=2363
Rides from friends or family	47%	N=1163	34%	N=835	19%	N=480	100%	N=2478

Table 75: Question 18

What barriers, if any, have you experienced in accessing transportation in the past 12 months? (Select all that apply)	%	N
I didn't experience any barriers	58%	N=1441
I didn't know who to call to get a ride	13%	N=333
Public transportation schedules were confusing or not easy to find	10%	N=248
I didn't know what transportation services are available in my community	19%	N=479
Transportation services didn't go where I needed them	16%	N=389
Transportation was not available during the time of day that I needed it	13%	N=335
The cost of transportation was too high	17%	N=436
Other	9%	N=217

Table 76: Question 19

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Having enough money to meet daily expenses	34%	N=880	23%	N=610	24%	N=642	18%	N=465	1%	N=29	100%	N=2625
Having enough money to pay your property taxes	40%	N=1016	16%	N=406	16%	N=401	16%	N=416	13%	N=330	100%	N=2569
Having housing to suit your needs	60%	N=1533	15%	N=388	13%	N=343	9%	N=236	3%	N=69	100%	N=2570
Doing heavy or intense housework	18%	N=475	23%	N=586	26%	N=678	30%	N=775	3%	N=71	100%	N=2586
Maintaining your home	21%	N=542	26%	N=661	28%	N=717	21%	N=539	5%	N=123	100%	N=2581
Maintaining your yard	27%	N=691	20%	N=508	19%	N=477	20%	N=518	14%	N=350	100%	N=2543
Having safe and affordable transportation available	54%	N=1352	16%	N=405	12%	N=315	11%	N=282	7%	N=167	100%	N=2521
No longer being able to drive	59%	N=1486	8%	N=215	6%	N=153	10%	N=248	17%	N=437	100%	N=2540
Safely navigating community spaces (e.g., poorly maintained sidewalks, pedestrian intersections, inaccessible public buildings, etc.)	42%	N=1066	24%	N=612	15%	N=395	10%	N=244	10%	N=244	100%	N=2562
Finding work in retirement	33%	N=822	5%	N=138	7%	N=168	10%	N=241	46%	N=1158	100%	N=2526
Building skills for paid or unpaid work	38%	N=929	9%	N=214	7%	N=173	6%	N=137	40%	N=986	100%	N=2439
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	37%	N=935	22%	N=559	19%	N=481	14%	N=347	8%	N=193	100%	N=2515
Reading or understanding health information provided to you	53%	N=1380	21%	N=531	14%	N=367	8%	N=201	4%	N=101	100%	N=2580

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Not knowing what services are available to older adults in your community	23%	N=586	27%	N=698	23%	N=587	20%	N=505	8%	N=204	100%	N=2580
Not knowing what services are available to people with disabilities in your community	26%	N=668	23%	N=584	19%	N=480	19%	N=486	13%	N=327	100%	N=2544
Finding affordable health insurance	49%	N=1256	14%	N=370	14%	N=352	16%	N=404	7%	N=178	100%	N=2559
Staying physically fit	17%	N=431	27%	N=691	29%	N=765	25%	N=650	2%	N=55	100%	N=2593
Experiencing confusion or forgetfulness	44%	N=1143	32%	N=824	12%	N=311	8%	N=195	4%	N=109	100%	N=2581
Feeling depressed	36%	N=953	27%	N=717	18%	N=471	15%	N=403	3%	N=77	100%	N=2620
Feeling bored	42%	N=1098	28%	N=736	16%	N=405	11%	N=276	3%	N=69	100%	N=2584
Having friends or family you can rely on	54%	N=1419	18%	N=468	13%	N=332	14%	N=360	2%	N=46	100%	N=2624
Having opportunities to socialize and meet new people	41%	N=1061	23%	N=587	17%	N=443	15%	N=396	5%	N=119	100%	N=2606
Feeling lonely or isolated	44%	N=1121	25%	N=640	14%	N=370	15%	N=375	3%	N=64	100%	N=2570
Dealing with the loss of a close family member or friend	44%	N=1131	19%	N=497	15%	N=394	14%	N=354	8%	N=212	100%	N=2589
Being a victim of crime	72%	N=1838	7%	N=190	4%	N=110	4%	N=94	12%	N=310	100%	N=2542
Being a victim of fraud or a scam	59%	N=1512	18%	N=461	7%	N=190	6%	N=154	9%	N=239	100%	N=2555
Feeling concerned about your personal safety (e.g., worried that others may try to harm, steal from, or take advantage of you)	55%	N=1422	25%	N=639	9%	N=227	8%	N=199	4%	N=96	100%	N=2583
Being physically or emotionally abused	80%	N=2074	7%	N=175	5%	N=119	3%	N=67	6%	N=153	100%	N=2587

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Being treated unfairly or discriminated against because of your age	65%	N=1663	17%	N=449	7%	N=187	5%	N=125	6%	N=147	100%	N=2571
Being treated unfairly or discriminated against because of a disability	65%	N=1661	15%	N=381	8%	N=197	5%	N=120	8%	N=209	100%	N=2568
Feeling like you don't fit in or belong	50%	N=1310	24%	N=626	12%	N=316	10%	N=268	3%	N=86	100%	N=2605
Feeling like your voice is heard in the community	41%	N=1053	17%	N=443	12%	N=321	13%	N=326	17%	N=439	100%	N=2582
Feeling PHYSICALLY burdened by providing care for another person	56%	N=1432	11%	N=293	7%	N=173	5%	N=117	21%	N=534	100%	N=2548
Feeling EMOTIONALLY burdened by providing care for another person	54%	N=1358	13%	N=324	8%	N=194	6%	N=148	20%	N=508	100%	N=2532
Feeling FINANCIALLY burdened by providing care for another person	55%	N=1396	12%	N=302	8%	N=200	7%	N=173	19%	N=480	100%	N=2550
Performing regular activities, including walking, eating, and preparing meals	40%	N=1051	29%	N=761	18%	N=474	11%	N=293	1%	N=26	100%	N=2604
Finding meaningful volunteer work	54%	N=1364	9%	N=227	5%	N=139	3%	N=79	29%	N=735	100%	N=2544
Finding productive or meaningful activities to do	52%	N=1330	21%	N=539	11%	N=286	8%	N=213	7%	N=176	100%	N=2543
Finding accessible locations to gather with people of similar age or ability (e.g., senior centers, regular clubs or support groups, etc.)	49%	N=1265	18%	N=459	12%	N=310	9%	N=223	13%	N=326	100%	N=2583
Having interesting recreational or cultural activities to attend	43%	N=1102	22%	N=554	14%	N=355	11%	N=273	10%	N=265	100%	N=2549
Having interesting social events or activities to attend	44%	N=1125	22%	N=557	13%	N=328	11%	N=288	10%	N=260	100%	N=2558

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Participating in activities with others (e.g., pickleball or other sports, arts and crafts, etc.)	35%	N=904	20%	N=503	12%	N=309	13%	N=336	20%	N=506	100%	N=2560

Table 77: Question 20

How many times have you fallen in the last 12 months?	%	N
No falls	48%	N=1255
1-2 falls	34%	N=886
3-4 falls	12%	N=320
5+ falls	7%	N=176
Total	100%	N=2636

Table 78: Question 21

What was the outcome of your fall(s)? (Select all that apply)	%	N
I did not fall in the last 12 months	0%	N=6
Got up on my own (did not need assistance)	64%	N=875
Needed someone to help me get up	34%	N=470
Went to my primary doctor	14%	N=190
Went to the emergency room (ER) or urgent care clinic	18%	N=254
Was hospitalized	7%	N=100
Other	6%	N=77

Table 79: Question 22

In the past 12 months, have you been unable to access healthcare that you needed?	%	N
Yes	30%	N=797
No	70%	N=1853
Total	100%	N=2650

Table 80: Question 23

In the past 12 months, how often, if ever, have you accessed the following types of healthcare?	Never		Once		2-4 times		5 or more times		Total	
	%	N	%	N	%	N	%	N	%	N
Primary care provider (a medical provider that takes care of basic needs, including annual wellness visits)	8%	N=224	17%	N=442	52%	N=1370	23%	N=615	100%	N=2650
Specialty care provider (a medical provider that takes care of specific area of medicine, such as cardiology, dermatology, etc.)	18%	N=473	17%	N=442	42%	N=1090	22%	N=575	100%	N=2579
Urgent care center (a walk-in clinic focused on caring for minor illnesses and injuries)	54%	N=1383	26%	N=666	18%	N=471	2%	N=57	100%	N=2576
Emergency room	57%	N=1483	26%	N=670	15%	N=387	2%	N=50	100%	N=2590
In-patient hospital treatment (non-emergency)	71%	N=1824	19%	N=493	9%	N=222	1%	N=34	100%	N=2573
Out-patient hospital treatment	56%	N=1429	23%	N=582	17%	N=426	5%	N=135	100%	N=2571

Table 81: Question 24

Which, if any, of the following barriers to accessing physical or mental healthcare have you experienced in the past 12 months? (Select all that apply)	%	N
None, I accessed the healthcare that I needed	74%	N=1943
None, I did not need to access healthcare in the past 12 months	5%	N=133
I did not have insurance	3%	N=88
I could not find a provider in my area that accepts my insurance	6%	N=156

Which, if any, of the following barriers to accessing physical or mental healthcare have you experienced in the past 12 months? (Select all that apply)	%	N
The cost to access healthcare was too high	11%	N=298
I could not find a provider in my area that provides the healthcare I need	10%	N=270
I did not feel welcome at the providers in my area	4%	N=112
I did not have transportation to a healthcare provider	6%	N=165

Table 82: Question 25

By which types of health insurance, if any, are you currently covered? (Select all that apply)	%	N
I am not insured	1%	N=35
Insurance through employer	14%	N=375
Retirement insurance from former employer	10%	N=268
Insurance through the Marketplace	5%	N=124
Veteran's Administration	8%	N=204
TRICARE or other military insurance	4%	N=106
Medicare	51%	N=1358
Medicare Advantage or Medicare Supplement	45%	N=1191
Mo Healthnet (Missouri Medicaid)	20%	N=540
Indian health service	0%	N=5
Other	4%	N=100

Table 83: Question 26

Which of the following do you currently have? (Select all that apply)	%	N
A will	33%	N=878
A durable Power of Attorney (for finances)	29%	N=766
A durable Power of Attorney (for medical decisions)	37%	N=967
An advance healthcare directive	32%	N=846
A legal guardian or conservator	7%	N=187
None of these	50%	N=1311

Table 84: Question 27

Which of the following do you currently have? (Select all that apply)	%	N
Yes	77%	N=2032
No	23%	N=595
Total	100%	N=2627

Table 85: Question 28 with don't know responses

In the last 12 months, have you done any of the following because you could not afford (more) medication?	Yes		No		N/A		Total	
	%	N	%	N	%	N	%	N
Gone without medication (not refilled a medication when you ran out)	19%	N=488	72%	N=1876	9%	N=247	100%	N=2611
Skipped dosages	23%	N=585	68%	N=1743	9%	N=233	100%	N=2561
Taken less than the prescribed dose	20%	N=506	71%	N=1803	9%	N=234	100%	N=2543

Table 86: Question 28 without don't know responses

In the last 12 months, have you done any of the following because you could not afford (more) medication?	Yes		No		Total	
	%	N	%	N	%	N
Gone without medication (not refilled a medication when you ran out)	21%	N=488	79%	N=1876	100%	N=2364
Skipped dosages	25%	N=585	75%	N=1743	100%	N=2328
Taken less than the prescribed dose	22%	N=506	78%	N=1803	100%	N=2309

Table 87: Question 29 with don't know responses

Please indicate whether each of the following are true for you.	Yes		No		N/A		Total	
	%	N	%	N	%	N	%	N
I typically see a dentist for a check-up every 6 months	43%	N=1142	49%	N=1295	8%	N=217	100%	N=2654
I typically get an eye exam every 12 months	66%	N=1735	33%	N=865	1%	N=21	100%	N=2621
I typically get a hearing test every 5 years	32%	N=839	62%	N=1602	6%	N=152	100%	N=2593
I need new eyeglasses or need my eyeglasses repaired	42%	N=1097	50%	N=1298	8%	N=200	100%	N=2595
I need new contact lenses	6%	N=148	50%	N=1259	45%	N=1136	100%	N=2542
I need dental work	51%	N=1305	39%	N=999	9%	N=237	100%	N=2542
I need new dentures or need my dentures repaired	26%	N=657	42%	N=1075	32%	N=828	100%	N=2561
I need new hearing aids or need my hearing aids repaired	18%	N=471	46%	N=1184	36%	N=919	100%	N=2574

Table 88: Question 29 without don't know responses

Please indicate whether each of the following are true for you.	Yes		No		Total	
	%	N	%	N	%	N
I typically see a dentist for a check-up every 6 months	47%	N=1142	53%	N=1295	100%	N=2437
I typically get an eye exam every 12 months	67%	N=1735	33%	N=865	100%	N=2600
I typically get a hearing test every 5 years	34%	N=839	66%	N=1602	100%	N=2441
I need new eyeglasses or need my eyeglasses repaired	46%	N=1097	54%	N=1298	100%	N=2395
I need new contact lenses	11%	N=148	89%	N=1259	100%	N=1407
I need dental work	57%	N=1305	43%	N=999	100%	N=2304
I need new dentures or need my dentures repaired	38%	N=657	62%	N=1075	100%	N=1733
I need new hearing aids or need my hearing aids repaired	28%	N=471	72%	N=1184	100%	N=1655

Table 89: Question 30

Are you aware of any of these food assistance programs?	Know about this program but have not used it		Have used this program		Did not know about this program		Total	
	%	N	%	N	%	N	%	N
SNAP (food stamps)	62%	N=1591	26%	N=667	12%	N=312	100%	N=2569
Congregate meals (eaten at a senior center or other location where you eat with others)	55%	N=1410	19%	N=472	26%	N=662	100%	N=2544
Home-delivered meals from an Area Agency on Aging	62%	N=1597	13%	N=325	25%	N=654	100%	N=2576
Food from a community food pantry	57%	N=1481	28%	N=734	14%	N=363	100%	N=2578
Government-sponsored supplemental food sources	40%	N=1027	11%	N=271	50%	N=1276	100%	N=2574

Table 90: Question 31

In the last 12 months, how often have the following statements been true?	Always		Frequently		Sometimes		Rarely		Never		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
I did not have adequate access to fruits and vegetables	6%	N=161	9%	N=240	22%	N=569	20%	N=524	43%	N=1139	100%	N=2632
There was not enough money available to eat balanced meals	7%	N=173	11%	N=273	19%	N=489	17%	N=425	46%	N=1156	100%	N=2516
Less food was eaten because there was not enough money	4%	N=111	8%	N=209	16%	N=397	20%	N=513	52%	N=1324	100%	N=2555
Meals were skipped because there was not enough money	4%	N=94	5%	N=138	13%	N=325	19%	N=492	59%	N=1491	100%	N=2540

Table 91: Question 32

Which of the following types of phones, if any, do you have at your residence? (Select all that apply)	%	N
Smart phone (call, text, and internet)	82%	N=2176
Mobile phone or cellphone (call and text only)	21%	N=556
Landline phone	22%	N=585
No phone	0%	N=8

Table 92: Question 33

Do you have high-speed internet/broadband at home?	%	N
Yes	83%	N=2173
No	17%	N=440
Total	100%	N=2613

Table 93: Question 33a

What are the reasons you do not have high-speed internet/broadband at home? (Select all that apply)	%	N
High-speed internet is not available in my area.	20%	N=86
High-speed internet is available but not reliable.	8%	N=34
I cannot afford high-speed internet.	61%	N=269
I'm not interested in high-speed internet.	19%	N=85
Other	8%	N=37

Table 94: Question 34

Please rate your preferred modes of communication from the State of Missouri or your local providers about new programs, services, and emergency information.	Strongly prefer		Somewhat prefer		Do not prefer		Total	
	%	N	%	N	%	N	%	N
Phone voicemail messages	23%	N=564	27%	N=671	49%	N=1205	100%	N=2440
Email	52%	N=1280	29%	N=718	19%	N=478	100%	N=2476
Text	43%	N=1086	29%	N=729	28%	N=707	100%	N=2523
Website updates	27%	N=653	34%	N=835	39%	N=950	100%	N=2439
Social media (e.g., Facebook, Instagram, etc.)	18%	N=444	28%	N=681	53%	N=1293	100%	N=2417
Newspaper	14%	N=333	21%	N=516	65%	N=1590	100%	N=2439
Brochures	15%	N=367	38%	N=927	47%	N=1161	100%	N=2455
Presentations	9%	N=206	28%	N=676	63%	N=1505	100%	N=2387
Health fairs	13%	N=324	30%	N=736	57%	N=1383	100%	N=2444

Table 95: Question D1

How many years have you lived in your community?	%	N
Less than 2 years	8%	N=202
2-5 years	13%	N=339
6-10 years	13%	N=330
11-20 years	13%	N=354
More than 20 years	53%	N=1406
Total	100%	N=2631

Table 96: Question D2

In which category is your age?	%	N
18-24 years	0%	N=13
25-29 years	1%	N=17
30-34 years	1%	N=26
35-39 years	1%	N=38
40-44 years	2%	N=55
45-49 years	3%	N=92
50-54 years	5%	N=138
55-59 years	8%	N=216
60-64 years	10%	N=282
65-69 years	21%	N=559
70-74 years	16%	N=448
75 years or older	28%	N=756
NA	3%	N=83
Total	100%	N=2723

Table 97: Question D3

What is your race/ethnicity? (Mark one or more to indicate what race/ethnicity you consider yourself to be)	%	N
White	88%	N=2319
Black or African American	6%	N=154
Hispanic or Latino	4%	N=94
Asian or Asian American	2%	N=56
American Indian or Alaska Native	6%	N=167
Native Hawaiian or Other Pacific Islander	1%	N=16
A race not listed	3%	N=87

Table 98: Question D4

What is the highest level of education you have completed?	%	N
Less than a high school graduate	4%	N=107
High school graduate or GED	23%	N=609
Some college or associate's degree	37%	N=980
Bachelor's degree or higher	36%	N=937
Total	100%	N=2633

Table 99: Question D5

What is your gender?	%	N
Woman	59%	N=1545
Man	40%	N=1062
Identify in another way	1%	N=18
Total	100%	N=2625

Table 100: Question D6

What is your sexual orientation?	%	N
Heterosexual	92%	N=2238
Lesbian	1%	N=23
Gay	2%	N=51
Bisexual	2%	N=58
Identify in another way	3%	N=71
Total	100%	N=2441

Table 101: Question D7

How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household)	%	N
Less than \$15,000	19%	N=484
\$15,000 to \$29,999	27%	N=680
\$30,000 to \$49,999	23%	N=572
\$50,000 to \$74,999	15%	N=374
\$75,000 to \$99,999	9%	N=221
\$100,000 to \$149,999	5%	N=126
\$150,000 to \$199,999	1%	N=32
\$200,000 to \$299,999	1%	N=16
\$300,000 or more	0%	N=5
Total	100%	N=2511

Table 102: Question D8

What is your source(s) of household income? (Select all that apply)	%	N
Employment	28%	N=731
Social Security	69%	N=1837
State retirement	11%	N=303
Federal retirement	4%	N=118
Military retirement	4%	N=98
Investments	17%	N=449
Public assistance	4%	N=98
Disability (including SSI, SSDI, or Veteran Disability Benefits)	22%	N=577
None/no income	4%	N=106
Other	12%	N=312

Table 103: Question D9

Which best describes the building you live in?	%	N
Single-family detached home	65%	N=1707
Townhouse or duplex (may share walls but no units above or below you)	5%	N=134
Condominium or apartment (have units above or below you)	17%	N=447
Assisted living residence	2%	N=46
Nursing home	0%	N=8
Other	11%	N=281
Total	100%	N=2623

Table 104: Question D10

Do you rent or own your home?	%	N
Rent	31%	N=806
Own (with a mortgage payment)	34%	N=884
Own (free and clear; no mortgage)	34%	N=875
Total	100%	N=2565

Table 105: Question D11

About how much is your MONTHLY housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?	%	N
Less than \$300	13%	N=330
\$300 to \$599	28%	N=705
\$600 to \$999	25%	N=629
\$1,000 to \$1,499	14%	N=353
\$1,500 to \$2,499	13%	N=315
\$2,500 to \$3,999	4%	N=112
\$4,000 to \$6,999	2%	N=49
\$7,000 to \$9,999	0%	N=11
\$10,000 or more	0%	N=11
Total	100%	N=2514

Table 106: Question D12

How many people, including yourself, live in your household?	%	N
1 person (live alone)	44%	N=1173
2 people	39%	N=1029
3 people	9%	N=235
4 or more people	8%	N=207
Total	100%	N=2644

Table 107: Question D13

How many of these people, including yourself, are 50 or older?	%	N
None	13%	N=327
1 person	46%	N=1185
2 people	38%	N=973
3 people	3%	N=81
4 or more people	1%	N=22
Total	100%	N=2588

Table 108: Question D14

How many of these people, including yourself, have a disability?	%	N
None	24%	N=619
1 person	56%	N=1464
2 people	16%	N=420
3 people	3%	N=86
4 or more people	1%	N=22
Total	100%	N=2611

Table 109: Question D15

Have you ever served on active duty in the Armed Forces of the United States and separated from such service under conditions other than dishonorable?	%	N
Yes	14%	N=371
No	86%	N=2272
Total	100%	N=2644

Table 110: Question D16

Would you like to receive information and assistance regarding veteran services?	%	N
Yes	13%	N=345
No	87%	N=2258
Total	100%	N=2603

Appendix C. Full Frequencies of Caregivers

Table 111: Question 2

Which of the following disabilities, if any, do you currently have? (Select all that apply)	%	N
I do not have a disability	67%	N=1496
A sensory impairment (e.g., difficulty hearing or seeing)	11%	N=250
A mobility impairment (e.g., difficulty walking without assistance)	11%	N=248
A long-term mental health condition (e.g., depression, anxiety)	12%	N=271
A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)	4%	N=82
A long-term medical illness (e.g., epilepsy, cystic fibrosis)	9%	N=200
An intellectual/developmental disability (e.g., ADHD, autism, cerebral palsy, PKU)	4%	N=95
Other	7%	N=147

Table 112: Question 3 without don't know responses

During a typical week, how many hours do you spend providing care for:	None		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Total	
	%	N	%	N	%	N	%	N	%	N	%	N	%	N
An adult over age 60 without a disability	46%	N=733	22%	N=349	10%	N=162	8%	N=133	3%	N=50	11%	N=172	100%	N=1599
An adult over age 60 with a disability	37%	N=606	17%	N=277	11%	N=182	9%	N=148	5%	N=91	21%	N=353	100%	N=1658
An adult 18 to 59 years old with a disability	58%	N=802	7%	N=98	5%	N=73	5%	N=70	4%	N=56	21%	N=294	100%	N=1393
A child/children under age 18	73%	N=928	3%	N=36	3%	N=40	3%	N=38	3%	N=34	15%	N=193	100%	N=1270
An individual of any age with Alzheimer's or related dementias	62%	N=856	12%	N=171	5%	N=75	5%	N=68	3%	N=39	12%	N=161	100%	N=1370

Table 113: Question 3 with don't know responses

During a typical week, how many hours do you spend providing care for:	None		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N
An adult over age 60 without a disability	44%	N=733	21%	N=349	10%	N=162	8%	N=133	3%	N=50	10%	N=172	5%	N=77	100%	N=1676
An adult over age 60 with a disability	35%	N=606	16%	N=277	11%	N=182	9%	N=148	5%	N=91	21%	N=353	3%	N=54	100%	N=1711
An adult 18 to 59 years old with a disability	56%	N=802	7%	N=98	5%	N=73	5%	N=70	4%	N=56	21%	N=294	3%	N=37	100%	N=1430
A child/children under age 18	71%	N=928	3%	N=36	3%	N=40	3%	N=38	3%	N=34	15%	N=193	2%	N=30	100%	N=1300
An individual of any age with Alzheimer's or related dementias	61%	N=856	12%	N=171	5%	N=75	5%	N=68	3%	N=39	11%	N=161	3%	N=43	100%	N=1413

Table 114: Question 4

What is your relationship to those for whom you provide care? (If caring for more than one individual, select each relevant option)	%	N
Parent	40%	N=900
Parent-in-law	7%	N=150
Grandparent	5%	N=107
Sibling	5%	N=120
Spouse	27%	N=602
Domestic partner	3%	N=78
Child	18%	N=405
Grandchild	4%	N=91
Other relative	5%	N=108
Friend/non-relative	11%	N=246
None of the above	5%	N=104
Don't know	0%	N=6

Table 115: Question #5 without don't know responses

How much do you agree or disagree with each of the following statements?	Strongly agree		Somewhat agree		Somewhat disagree		Strongly disagree		Total	
	%	N	%	N	%	N	%	N	%	N
I need help paying for services needed by the person I care for	30%	N=569	30%	N=577	15%	N=284	24%	N=463	100%	N=1893
I need help locating services for the person I care for	36%	N=687	31%	N=607	12%	N=231	21%	N=409	100%	N=1935
I would like training on caring for someone at home	17%	N=299	29%	N=489	19%	N=318	35%	N=603	100%	N=1709
I need a place for the person I care for to go during the day	16%	N=283	21%	N=379	14%	N=260	49%	N=877	100%	N=1798
I sometimes need temporary relief from my caregiver duties (respite)	33%	N=624	26%	N=500	11%	N=213	30%	N=581	100%	N=1918

Table 116: Question #5 with don't know responses

How much do you agree or disagree with each of the following statements?	Strongly agree		Somewhat agree		Somewhat disagree		Strongly disagree		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
I need help paying for services needed by the person I care for	27%	N=569	27%	N=577	13%	N=284	22%	N=463	11%	N=236	100%	N=2129
I need help locating services for the person I care for	33%	N=687	29%	N=607	11%	N=231	19%	N=409	8%	N=178	100%	N=2113
I would like training on caring for someone at home	15%	N=299	24%	N=489	16%	N=318	29%	N=603	17%	N=340	100%	N=2049
I need a place for the person I care for to go during the day	14%	N=283	18%	N=379	13%	N=260	42%	N=877	13%	N=267	100%	N=2065
I sometimes need temporary relief from my caregiver duties (respite)	29%	N=624	23%	N=500	10%	N=213	27%	N=581	10%	N=213	100%	N=2131

Table 117: Question 6

In the next two years, do you expect to provide care or assistance to a friend or family member who has a health problem or disability?	%	N
Yes	77%	N=1682
No	23%	N=489
Total	100%	N=2171

Table 118: Question 7 without don't know responses

How likely or unlikely are you to need each of the following types of caregiving support in the future?	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Total	
	%	N	%	N	%	N	%	N	%	N
Help paying for services needed by the person I care for	39%	N=590	35%	N=531	13%	N=194	13%	N=188	100%	N=1504
Help locating services for the person I care for	40%	N=621	38%	N=582	10%	N=160	11%	N=175	100%	N=1538
Training on providing care for someone at home	25%	N=352	36%	N=509	19%	N=269	21%	N=296	100%	N=1426
A place for the person I care for to go during the day	26%	N=366	24%	N=344	21%	N=298	28%	N=396	100%	N=1405
Temporary relief from caregiver duties (respite)	39%	N=563	31%	N=451	14%	N=199	16%	N=234	100%	N=1447

Table 119: Question 7 with don't know responses

How likely or unlikely are you to need each of the following types of caregiving support in the future?	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Help paying for services needed by the person I care for	36%	N=590	33%	N=531	12%	N=194	12%	N=188	7%	N=121	100%	N=1625
Help locating services for the person I care for	38%	N=621	36%	N=582	10%	N=160	11%	N=175	5%	N=82	100%	N=1620
Training on providing care for someone at home	22%	N=352	32%	N=509	17%	N=269	19%	N=296	9%	N=150	100%	N=1576
A place for the person I care for to go during the day	23%	N=366	22%	N=344	19%	N=298	25%	N=396	11%	N=171	100%	N=1575
Temporary relief from caregiver duties (respite)	36%	N=563	29%	N=451	13%	N=199	15%	N=234	8%	N=133	100%	N=1580

Table 120: Question 9

What is your employment status?	%	N
Employed full-time	45%	N=1002
Employed part-time	10%	N=227
Homemaker	2%	N=39
Unemployed, seeking work	4%	N=81
Unemployed, not seeking work	1%	N=27
Retired	33%	N=744
Student	0%	N=2
Disabled	4%	N=96
Other	1%	N=28
Total	100%	N=2247

Table 121: Question 10

At what age do you expect to retire completely and not work for pay at all?	%	N
55-59	5%	N=79
60-64	16%	N=239
65-67	27%	N=403
68-69	6%	N=92
70-72	9%	N=128
73 or older	8%	N=111
I don't think I will ever be able to retire	28%	N=416
Total	100%	N=1469

Table 122: Question 11

Which, if any, of the following employment-related challenges have you faced in the last 12 months? (Select all that apply.)	%	N
Difficulty finding a job that matched my skills	11%	N=236
Difficulty finding a job close to my home	10%	N=215
Difficulty finding a job that paid enough	19%	N=408
Difficulty finding a job working the shift or hours that I prefer	9%	N=198
Difficulty finding transportation for a job	2%	N=47
I am a caregiver and was unable to leave the individual I was caring for alone	14%	N=296
Concern about losing public benefits (health insurance, housing assistance, etc.)	12%	N=265
Other	6%	N=133
Not applicable	59%	N=1288

Table 123: Question 12

During a typical week, how many hours do you spend volunteering your time?	%	N
None	40%	N=902
1 to 3 hours	25%	N=557
4 to 5 hours	14%	N=319
6 to 10 hours	8%	N=177
11 to 19 hours	3%	N=69
20 or more hours	9%	N=205
Total	100%	N=2229

Table 124: Question 13 without don't know responses

Please rate the availability of each of the following in your community:	Excellent		Good		Fair		Poor		Total	
	%	N	%	N	%	N	%	N	%	N
Sidewalks in needed locations	11%	N=233	26%	N=521	32%	N=641	31%	N=629	100%	N=2024
Curb cutouts to allow safe street crossing	12%	N=237	29%	N=554	34%	N=666	25%	N=481	100%	N=1938
Parks that I feel safe visiting	25%	N=495	42%	N=850	22%	N=436	12%	N=234	100%	N=2015
Parks that are accessible to me	28%	N=575	41%	N=820	21%	N=421	10%	N=202	100%	N=2018
Public restrooms accessible to people of different physical abilities	9%	N=159	29%	N=525	33%	N=585	29%	N=512	100%	N=1781
Benches in public areas (e.g., parks, sidewalks, public buildings)	12%	N=231	32%	N=626	33%	N=646	22%	N=432	100%	N=1935
Conveniently located areas to park, including handicapped parking	14%	N=290	37%	N=741	32%	N=652	17%	N=338	100%	N=2021
A place for people to live as they age	7%	N=143	22%	N=420	32%	N=624	38%	N=733	100%	N=1919

Table 125: Question 13 with don't know responses

Please rate the availability of each of the following in your community:	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Sidewalks in needed locations	11%	N=233	24%	N=521	29%	N=641	28%	N=629	8%	N=187	100%	N=2211
Curb cutouts to allow safe street crossing	11%	N=237	26%	N=554	31%	N=666	22%	N=481	10%	N=219	100%	N=2157
Parks that I feel safe visiting	23%	N=495	39%	N=850	20%	N=436	11%	N=234	8%	N=165	100%	N=2180
Parks that are accessible to me	26%	N=575	38%	N=820	19%	N=421	9%	N=202	7%	N=155	100%	N=2173
Public restrooms accessible to people of different physical abilities	7%	N=159	24%	N=525	27%	N=585	23%	N=512	19%	N=417	100%	N=2197
Benches in public areas (e.g., parks, sidewalks, public buildings)	11%	N=231	29%	N=626	30%	N=646	20%	N=432	10%	N=220	100%	N=2155
Conveniently located areas to park, including handicapped parking	13%	N=290	34%	N=741	30%	N=652	15%	N=338	8%	N=169	100%	N=2189
A place for people to live as they age	7%	N=143	19%	N=420	28%	N=624	33%	N=733	13%	N=275	100%	N=2194

Table 126: Question 14

Does your current residence need home repairs (e.g., a new roof or heating system) to improve your ability to live safely?	%	N
No	67%	N=1494
Yes	33%	N=753
Total	100%	N=2247

Table 127: Question 14

What barriers have kept you from making the repairs? (Select all that apply)	%	N
I have not yet had the time or ability to complete the repairs myself	40%	N=299
I cannot afford to make the repairs	76%	N=568
I do not own my home, and the landlord will not make the repairs	11%	N=80
I cannot find an individual or company to do the repair work	16%	N=122
I have scheduled the repairs, but they have not yet been completed	6%	N=44
Other	9%	N=67

Table 128: Question 15

Please indicate whether your home has or could use each of the following accessibility features.	Already have		Do not have, but would be useful for my home		Would not be useful		Total	
	%	N	%	N	%	N	%	N
Main-level living (at least the bedroom, bathroom, and kitchen are located on the main level)	82%	N=1776	12%	N=268	6%	N=131	100%	N=2175
Step-free entrances and walkways	34%	N=728	48%	N=1028	18%	N=381	100%	N=2137
Ramp access	18%	N=373	41%	N=872	42%	N=883	100%	N=2128
Doorways wide enough to accommodate a walker or wheelchair	46%	N=968	37%	N=783	17%	N=369	100%	N=2120
Bright overhead lighting, night lights, accessible lamps, and other lighting to easily see and maneuver in the home	70%	N=1509	20%	N=440	10%	N=215	100%	N=2164
Shelves where nothing is out of reach	37%	N=792	44%	N=933	20%	N=418	100%	N=2143
Countertops that are comfortable sitting or standing	52%	N=1107	31%	N=653	17%	N=367	100%	N=2127
Walk-in bath or shower	46%	N=996	45%	N=987	9%	N=193	100%	N=2176
Stairs with handrails	65%	N=1398	17%	N=358	18%	N=388	100%	N=2144
Floors that allow for easy movement between rooms (e.g., minimal or no carpet, level floors without tripping hazards)	72%	N=1548	22%	N=471	6%	N=139	100%	N=2158
Easy to reach (sitting or standing) light switches, electrical outlets, thermostats, and other environmental controls	75%	N=1612	16%	N=354	8%	N=182	100%	N=2148
Lever door handles	45%	N=984	38%	N=817	17%	N=368	100%	N=2170
Lever sink faucets	64%	N=1381	23%	N=484	13%	N=280	100%	N=2145
Grab bars or rails in the bathroom (e.g., in or near shower/bathtub, near the toilet)	36%	N=775	49%	N=1055	15%	N=311	100%	N=2140
Raised toilet seat	38%	N=817	35%	N=759	27%	N=591	100%	N=2167

Table 129: Question 16

Do you have regular access to any of the following forms of transportation?	Yes, and I use it		Yes, but I don't use it		No, I don't have access		Total	
	%	N	%	N	%	N	%	N
Bus	3%	N=73	31%	N=658	66%	N=1397	100%	N=2127
Trolley/streetcar	1%	N=12	5%	N=111	94%	N=1996	100%	N=2119
Metro/train	2%	N=37	11%	N=226	87%	N=1838	100%	N=2101
OATS/SMTS	5%	N=96	61%	N=1270	35%	N=722	100%	N=2089
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	1%	N=19	23%	N=474	77%	N=1608	100%	N=2101
Public use bicycles, scooters, etc.	2%	N=37	22%	N=463	76%	N=1584	100%	N=2084
Personal vehicle	92%	N=2028	2%	N=48	6%	N=122	100%	N=2199
Taxi	3%	N=60	59%	N=1270	38%	N=824	100%	N=2154
Rideshare service (e.g., Uber, Lyft)	9%	N=182	54%	N=1135	38%	N=799	100%	N=2115
Rental vehicles	7%	N=143	60%	N=1263	33%	N=707	100%	N=2113
Rides from friends or family	38%	N=819	44%	N=957	18%	N=392	100%	N=2168

Table 130: Question 18

What barriers, if any, have you experienced in accessing transportation in the past 12 months? (Select all that apply)	%	N
I didn't experience any barriers	69%	N=1507
I didn't know who to call to get a ride	9%	N=199
Public transportation schedules were confusing or not easy to find	7%	N=156
I didn't know what transportation services are available in my community	14%	N=310
Transportation services didn't go where I needed them	12%	N=258
Transportation was not available during the time of day that I needed it	10%	N=223
The cost of transportation was too high	13%	N=280
Other	6%	N=127

Table 131: Question 20

How many times have you fallen in the last 12 months?	%	N
No falls	66%	N=1464
1-2 falls	25%	N=557
3-4 falls	6%	N=133
5+ falls	3%	N=71
Total	100%	N=2225

Table 132: Question 21

What was the outcome of your fall(s)? (Select all that apply)	%	N
I did not fall in the last 12 months	1%	N=6
Got up on my own (did not need assistance)	70%	N=536
Needed someone to help me get up	28%	N=215
Went to my primary doctor	12%	N=88
Went to the emergency room (ER) or urgent care clinic	16%	N=119
Was hospitalized	5%	N=40
Other	5%	N=41

Table 133: Question 22

In the past 12 months, have you been unable to access healthcare that you needed?	%	N
Yes	33%	N=731
No	67%	N=1496
Total	100%	N=2227

Table 134: Question 23

In the past 12 months, how often, if ever, have you accessed the following types of healthcare?	Never		Once		2-4 times		5 or more times		Total	
	%	N	%	N	%	N	%	N	%	N
Primary care provider (a medical provider that takes care of basic needs, including annual wellness visits)	8%	N=187	29%	N=644	50%	N=1115	13%	N=287	100%	N=2232
Specialty care provider (a medical provider that takes care of specific area of medicine, such as cardiology, dermatology, etc.)	26%	N=564	27%	N=604	34%	N=739	13%	N=292	100%	N=2200
Urgent care center (a walk-in clinic focused on caring for minor illnesses and injuries)	57%	N=1244	26%	N=567	15%	N=333	2%	N=42	100%	N=2187
Emergency room	71%	N=1560	19%	N=408	9%	N=208	1%	N=22	100%	N=2198
In-patient hospital treatment (non-emergency)	82%	N=1780	13%	N=281	5%	N=102	0%	N=11	100%	N=2174
Out-patient hospital treatment	63%	N=1379	22%	N=483	11%	N=246	3%	N=64	100%	N=2171

Table 135: Question 24

Which, if any, of the following barriers to accessing physical or mental healthcare have you experienced in the past 12 months? (Select all that apply)	%	N
None, I accessed the healthcare that I needed	76%	N=1667
None, I did not need to access healthcare in the past 12 months	5%	N=106
I did not have insurance	6%	N=126
I could not find a provider in my area that accepts my insurance	5%	N=110
The cost to access healthcare was too high	13%	N=295
I could not find a provider in my area that provides the healthcare I need	8%	N=169
I did not feel welcome at the providers in my area	4%	N=88
I did not have transportation to a healthcare provider	4%	N=92

Table 136: Question 25

By which types of health insurance, if any, are you currently covered? (Select all that apply)	%	N
I am not insured	4%	N=79
Insurance through employer	40%	N=905
Retirement insurance from former employer	9%	N=194
Insurance through the Marketplace	8%	N=173
Veteran's Administration	6%	N=133
TRICARE or other military insurance	3%	N=69
Medicare	26%	N=582
Medicare Advantage or Medicare Supplement	23%	N=525
Mo Healthnet (Missouri Medicaid)	10%	N=220
Indian health service	0%	N=5
Other	4%	N=101

Table 137: Question 26

Which of the following do you currently have? (Select all that apply)	%	N
A will	41%	N=905
A durable Power of Attorney (for finances)	31%	N=686
A durable Power of Attorney (for medical decisions)	35%	N=772
An advance healthcare directive	32%	N=706
A legal guardian or conservator	6%	N=141
None of these	48%	N=1070

Table 138: Question 27

Which of the following do you currently have? (Select all that apply)	%	N
Yes	79%	N=1761
No	21%	N=459
Total	100%	N=2220

Table 139: Question 28 with don't know responses

In the last 12 months, have you done any of the following because you could not afford (more) medication?	Yes		No		N/A		Total	
	%	N	%	N	%	N	%	N
Gone without medication (not refilled a medication when you ran out)	17%	N=372	72%	N=1588	11%	N=242	100%	N=2202
Skipped dosages	19%	N=415	71%	N=1534	10%	N=221	100%	N=2170
Taken less than the prescribed dose	18%	N=392	71%	N=1541	11%	N=236	100%	N=2168

Table 140: Question 28 without don't know responses

In the last 12 months, have you done any of the following because you could not afford (more) medication?	Yes		No		Total	
	%	N	%	N	%	N
Gone without medication (not refilled a medication when you ran out)	19%	N=372	81%	N=1588	100%	N=1960
Skipped dosages	21%	N=415	79%	N=1534	100%	N=1949
Taken less than the prescribed dose	20%	N=392	80%	N=1541	100%	N=1932

Table 141: Question 29 with don't know responses

Please indicate whether each of the following are true for you.	Yes		No		N/A		Total	
	%	N	%	N	%	N	%	N
I typically see a dentist for a check-up every 6 months	54%	N=1207	43%	N=950	3%	N=70	100%	N=2227
I typically get an eye exam every 12 months	65%	N=1439	34%	N=745	1%	N=23	100%	N=2207
I typically get a hearing test every 5 years	26%	N=573	67%	N=1479	6%	N=140	100%	N=2192
I need new eyeglasses or need my eyeglasses repaired	39%	N=856	53%	N=1165	7%	N=160	100%	N=2181
I need new contact lenses	10%	N=210	54%	N=1180	36%	N=777	100%	N=2167
I need dental work	45%	N=977	47%	N=1039	8%	N=176	100%	N=2191
I need new dentures or need my dentures repaired	14%	N=305	52%	N=1132	34%	N=746	100%	N=2183
I need new hearing aids or need my hearing aids repaired	10%	N=227	51%	N=1104	39%	N=850	100%	N=2181

Table 142: Question 29 without don't know responses

Please indicate whether each of the following are true for you.	Yes		No		Total	
	%	N	%	N	%	N
I typically see a dentist for a check-up every 6 months	56%	N=1207	44%	N=950	100%	N=2158
I typically get an eye exam every 12 months	66%	N=1439	34%	N=745	100%	N=2184
I typically get a hearing test every 5 years	28%	N=573	72%	N=1479	100%	N=2053
I need new eyeglasses or need my eyeglasses repaired	42%	N=856	58%	N=1165	100%	N=2021
I need new contact lenses	15%	N=210	85%	N=1180	100%	N=1391
I need dental work	48%	N=977	52%	N=1039	100%	N=2015
I need new dentures or need my dentures repaired	21%	N=305	79%	N=1132	100%	N=1437
I need new hearing aids or need my hearing aids repaired	17%	N=227	83%	N=1104	100%	N=1331

Table 143: Question 30

Are you aware of any of these food assistance programs?	Know about this program but have not used it		Have used this program		Did not know about this program		Total	
	%	N	%	N	%	N	%	N
SNAP (food stamps)	74%	N=1603	16%	N=336	10%	N=224	100%	N=2163
Congregate meals (eaten at a senior center or other location where you eat with others)	64%	N=1367	11%	N=239	25%	N=546	100%	N=2152
Home-delivered meals from an Area Agency on Aging	69%	N=1500	8%	N=174	23%	N=510	100%	N=2185
Food from a community food pantry	71%	N=1557	18%	N=389	11%	N=247	100%	N=2193
Government-sponsored supplemental food sources	52%	N=1138	6%	N=121	42%	N=931	100%	N=2190

Table 144: Question 31

In the last 12 months, how often have the following statements been true?	Always		Frequently		Sometimes		Rarely		Never		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
I did not have adequate access to fruits and vegetables	5%	N=111	6%	N=125	16%	N=359	19%	N=426	54%	N=1176	100%	N=2198
There was not enough money available to eat balanced meals	5%	N=114	9%	N=190	14%	N=298	16%	N=337	57%	N=1222	100%	N=2162
Less food was eaten because there was not enough money	4%	N=78	5%	N=115	11%	N=240	19%	N=412	61%	N=1295	100%	N=2140
Meals were skipped because there was not enough money	3%	N=57	4%	N=85	9%	N=193	17%	N=364	68%	N=1460	100%	N=2158

Table 145: Question 32

Which of the following types of phones, if any, do you have at your residence? (Select all that apply)	%	N
Smart phone (call, text, and internet)	87%	N=1939
Mobile phone or cellphone (call and text only)	16%	N=351
Landline phone	23%	N=510
No phone	1%	N=20

Table 146: Question 33

Do you have high-speed internet/broadband at home?	%	N
Yes	85%	N=1877
No	15%	N=331
Total	100%	N=2208

Table 147: Question 33a

What are the reasons you do not have high-speed internet/broadband at home? (Select all that apply)	%	N
High-speed internet is not available in my area.	37%	N=123
High-speed internet is available but not reliable.	13%	N=45
I cannot afford high-speed internet.	49%	N=164
I'm not interested in high-speed internet.	14%	N=47
Other	6%	N=20

Table 148: Question 34

Please rate your preferred modes of communication from the State of Missouri or your local providers about new programs, services, and emergency information.	Strongly prefer		Somewhat prefer		Do not prefer		Total	
	%	N	%	N	%	N	%	N
Phone voicemail messages	18%	N=369	26%	N=534	56%	N=1131	100%	N=2035
Email	54%	N=1150	29%	N=633	17%	N=365	100%	N=2149
Text	42%	N=903	32%	N=676	26%	N=547	100%	N=2126
Website updates	27%	N=576	36%	N=746	37%	N=774	100%	N=2097
Social media (e.g., Facebook, Instagram, etc.)	17%	N=359	31%	N=641	52%	N=1094	100%	N=2095
Newspaper	12%	N=250	23%	N=486	65%	N=1361	100%	N=2098
Brochures	15%	N=307	38%	N=789	47%	N=990	100%	N=2087
Presentations	9%	N=184	31%	N=661	60%	N=1254	100%	N=2099
Health fairs	13%	N=281	33%	N=683	54%	N=1137	100%	N=2100

Table 149: Question D1

How many years have you lived in your community?	%	N
Less than 2 years	5%	N=109
2-5 years	11%	N=239
6-10 years	12%	N=266
11-20 years	14%	N=311
More than 20 years	58%	N=1290
Total	100%	N=2215

Table 150: Question D2

In which category is your age?	%	N
18-24 years	0%	N=7
25-29 years	1%	N=14
30-34 years	1%	N=17
35-39 years	1%	N=31
40-44 years	2%	N=55
45-49 years	4%	N=82
50-54 years	13%	N=288
55-59 years	17%	N=398
60-64 years	24%	N=548
65-69 years	12%	N=269
70-74 years	9%	N=212
75 years or older	13%	N=288
NA	3%	N=75
Total	100%	N=2285

Table 151: Question D3

What is your race/ethnicity? (Mark one or more to indicate what race/ethnicity you consider yourself to be)	%	N
White	91%	N=2003
Black or African American	6%	N=138
Hispanic or Latino	2%	N=54
Asian or Asian American	2%	N=38
American Indian or Alaska Native	4%	N=86
Native Hawaiian or Other Pacific Islander	1%	N=14
A race not listed	2%	N=48

Table 152: Question D4

What is the highest level of education you have completed?	%	N
Less than a high school graduate	1%	N=33
High school graduate or GED	16%	N=364
Some college or associate's degree	32%	N=711
Bachelor's degree or higher	50%	N=1099
Total	100%	N=2207

Table 153: Question D5

What is your gender?	%	N
Woman	60%	N=1336
Man	39%	N=866
Identify in another way	0%	N=10
Total	100%	N=2212

Table 154: Question D6

What is your sexual orientation?	%	N
Heterosexual	93%	N=1959
Lesbian	1%	N=16
Gay	2%	N=32
Bisexual	2%	N=49
Identify in another way	2%	N=39
Total	100%	N=2096

Table 155: Question D7

How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household)	%	N
Less than \$15,000	10%	N=203
\$15,000 to \$29,999	13%	N=275
\$30,000 to \$49,999	24%	N=517
\$50,000 to \$74,999	18%	N=391
\$75,000 to \$99,999	14%	N=304
\$100,000 to \$149,999	13%	N=269
\$150,000 to \$199,999	4%	N=87
\$200,000 to \$299,999	2%	N=42
\$300,000 or more	1%	N=31
Total	100%	N=2120

Table 156: Question D8

What is your source(s) of household income? (Select all that apply)	%	N
Employment	58%	N=1295
Social Security	45%	N=993
State retirement	12%	N=258
Federal retirement	4%	N=81
Military retirement	3%	N=66
Investments	20%	N=444
Public assistance	3%	N=56
Disability (including SSI, SSDI, or Veteran Disability Benefits)	13%	N=280
None/no income	2%	N=51
Other	9%	N=204

Table 157: Question D9

Which best describes the building you live in?	%	N
Single-family detached home	79%	N=1743
Townhouse or duplex (may share walls but no units above or below you)	4%	N=83
Condominium or apartment (have units above or below you)	11%	N=239
Assisted living residence	0%	N=2
Nursing home	0%	N=7
Other	7%	N=145
Total	100%	N=2218

Table 158: Question D10

Do you rent or own your home?	%	N
Rent	18%	N=401
Own (with a mortgage payment)	44%	N=977
Own (free and clear; no mortgage)	37%	N=822
Total	100%	N=2200

Table 159: Question D11

About how much is your MONTHLY housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?	%	N
Less than \$300	11%	N=229
\$300 to \$599	22%	N=475
\$600 to \$999	25%	N=539
\$1,000 to \$1,499	17%	N=355
\$1,500 to \$2,499	17%	N=355
\$2,500 to \$3,999	4%	N=95
\$4,000 to \$6,999	3%	N=58
\$7,000 to \$9,999	0%	N=9
\$10,000 or more	1%	N=11
Total	100%	N=2128

Table 160: Question D12

How many people, including yourself, live in your household?	%	N
1 person (live alone)	19%	N=413
2 people	53%	N=1173
3 people	16%	N=362
4 or more people	12%	N=266
Total	100%	N=2214

Table 161: Question D13

How many of these people, including yourself, are 50 or older?	%	N
None	7%	N=164
1 person	32%	N=707
2 people	54%	N=1204
3 people	5%	N=117
4 or more people	1%	N=21
Total	100%	N=2212

Table 162: Question D14

How many of these people, including yourself, have a disability?	%	N
None	44%	N=972
1 person	38%	N=844
2 people	14%	N=309
3 people	4%	N=81
4 or more people	1%	N=18
Total	100%	N=2223

Table 163: Question D15

Have you ever served on active duty in the Armed Forces of the United States and separated from such service under conditions other than dishonorable?	%	N
Yes	12%	N=261
No	88%	N=1960
Total	100%	N=2222

Table 164: Question D16

Would you like to receive information and assistance regarding veteran services?	%	N
Yes	13%	N=293
No	87%	N=1902
Total	100%	N=2195

Appendix D. Comparison Tables

Table 165: Question 2

Which of the following disabilities, if any, do you currently have? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I do not have a disability	66%	4%	67%	100%
A sensory impairment (e.g., difficulty hearing or seeing)	13%	33%	11%	0%
A mobility impairment (e.g., difficulty walking without assistance)	13%	35%	11%	0%
A long-term mental health condition (e.g., depression, anxiety)	10%	31%	12%	0%
A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)	4%	11%	4%	0%
A long-term medical illness (e.g., epilepsy, cystic fibrosis)	9%	26%	9%	0%
An intellectual/developmental disability (e.g., ADHD, autism, cerebral palsy, PKU)	1%	7%	4%	0%
Other	8%	21%	7%	0%

Table 166: Question 3

During a typical week, how many hours do you spend providing care for: (Percent: One hour or more)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
An adult over age 60 without a disability	17%	13%	54%	0%
An adult over age 60 with a disability	20%	24%	63%	0%
An adult 18 to 59 years old with a disability	11%	13%	42%	0%
A child/children under age 18	13%	13%	27%	44%
An individual of any age with Alzheimer's or related dementias	10%	11%	38%	0%

Table 167: Question 4

What is your relationship to those for whom you provide care? (If caring for more than one individual, select each relevant option)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Parent	36%	27%	40%	50%
Parent-in-law	6%	5%	7%	0%
Grandparent	10%	8%	5%	0%
Sibling	5%	6%	5%	0%
Spouse	24%	30%	27%	0%
Domestic partner	3%	5%	3%	0%
Child	16%	16%	18%	50%
Grandchild	5%	6%	4%	0%
Other relative	4%	7%	5%	0%
Friend/non-relative	10%	10%	11%	0%
None of the above	6%	6%	5%	0%
Don't know	0%	1%	0%	0%

Table 168: Question 5

How much do you agree or disagree with each of the following statements? (Percent: strongly agree or somewhat agree)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I need help paying for services needed by the person I care for	54%	65%	60%	53%
I need help locating services for the person I care for	61%	66%	67%	47%
I would like training on caring for someone at home	41%	45%	46%	28%
I need a place for the person I care for to go during the day	33%	35%	37%	44%
I sometimes need temporary relief from my caregiver duties (respite)	51%	59%	59%	33%

Table 169: Question 6

In the next two years, do you expect to provide care or assistance to a friend or family member who has a health problem or disability?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Yes	36%	37%	77%	23%
No	64%	63%	23%	77%
Total	100%	100%	100%	100%

Table 170: Question 7

How likely or unlikely are you to need each of the following types of caregiving support in the future? (Percent: very likely or somewhat likely)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Help paying for services needed by the person I care for	71%	78%	75%	70%
Help locating services for the person I care for	79%	77%	78%	82%
Training on providing care for someone at home	60%	60%	60%	70%
A place for the person I care for to go during the day	47%	48%	51%	70%
Temporary relief from caregiver duties (respite)	65%	68%	70%	67%

Table 171: Question 9

What is your employment status?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Employed full-time	33%	16%	45%	79%
Employed part-time	8%	6%	10%	4%
Homemaker	1%	1%	2%	0%
Unemployed, seeking work	2%	2%	4%	2%
Unemployed, not seeking work	1%	1%	1%	0%
Retired	48%	54%	33%	15%
Student	0%	0%	0%	0%
Disabled	6%	17%	4%	0%
Other	1%	2%	1%	0%
Total	100%	100%	100%	100%

Table 172: Question 10

At what age do you expect to retire completely and not work for pay at all?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
55-59	6%	13%	5%	15%
60-64	16%	13%	16%	12%
65-67	28%	18%	27%	37%
68-69	8%	4%	6%	10%
70-72	10%	9%	9%	7%
73 or older	8%	8%	8%	10%
I don't think I will ever be able to retire	23%	36%	28%	10%
Total	100%	100%	100%	100%

Table 173: Question 11

Which, if any, of the following employment-related challenges have you faced in the last 12 months? (Select all that apply.)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Difficulty finding a job that matched my skills	7%	9%	11%	6%
Difficulty finding a job close to my home	6%	8%	10%	9%
Difficulty finding a job that paid enough	11%	12%	19%	26%
Difficulty finding a job working the shift or hours that I prefer	5%	7%	9%	17%
Difficulty finding transportation for a job	2%	4%	2%	0%
I am a caregiver and was unable to leave the individual I was caring for alone	4%	5%	14%	6%
Concern about losing public benefits (health insurance, housing assistance, etc.)	8%	13%	12%	4%
Other	4%	7%	6%	2%
Not applicable	75%	69%	59%	62%

Table 174: Question 12

During a typical week, how many hours do you spend volunteering your time?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
None	52%	60%	40%	53%
1 to 3 hours	25%	20%	25%	38%
4 to 5 hours	11%	9%	14%	6%
6 to 10 hours	5%	5%	8%	2%
11 to 19 hours	2%	2%	3%	0%
20 or more hours	4%	4%	9%	0%
Total	100%	100%	100%	100%

Table 175: Question 13

Please rate the availability of each of the following in your community: (Percent: excellent or good)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Sidewalks in needed locations	40%	36%	37%	38%
Curb cutouts to allow safe street crossing	45%	40%	41%	37%
Parks that I feel safe visiting	70%	61%	67%	73%
Parks that are accessible to me	74%	64%	69%	80%
Public restrooms accessible to people of different physical abilities	43%	38%	38%	28%
Benches in public areas (e.g., parks, sidewalks, public buildings)	47%	38%	44%	51%
Conveniently located areas to park, including handicapped parking	57%	49%	51%	56%
A place for people to live as they age	37%	31%	29%	29%

Table 176: Question 14

Does your current residence need home repairs (e.g., a new roof or heating system) to improve your ability to live safely?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I have not yet had the time or ability to complete the repairs myself	33%	32%	40%	25%
I cannot afford to make the repairs	71%	77%	76%	67%
I do not own my home, and the landlord will not make the repairs	12%	13%	11%	17%
I cannot find an individual or company to do the repair work	15%	12%	16%	0%
I have scheduled the repairs, but they have not yet been completed	6%	5%	6%	0%
Other	7%	9%	9%	8%

Table 177: Question 15

Please indicate whether your home has or could use each of the following accessibility features. (percent: have or would be useful to have)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Main-level living (at least the bedroom, bathroom, and kitchen are located on the main level)	93%	94%	94%	87%
Step-free entrances and walkways	79%	85%	82%	59%
Ramp access	50%	62%	58%	39%
Doorways wide enough to accommodate a walker or wheelchair	77%	83%	83%	61%
Bright overhead lighting, night lights, accessible lamps, and other lighting to easily see and maneuver in the home	92%	94%	90%	87%
Shelves where nothing is out of reach	81%	88%	80%	66%
Countertops that are comfortable sitting or standing	84%	90%	83%	76%
Walk-in bath or shower	88%	91%	91%	72%
Stairs with handrails	80%	77%	82%	81%
Floors that allow for easy movement between rooms (e.g., minimal or no carpet, level floors without tripping hazards)	94%	95%	94%	89%
Easy to reach (sitting or standing) light switches, electrical outlets, thermostats, and other environmental controls	93%	94%	92%	81%
Lever door handles	79%	82%	83%	65%
Lever sink faucets	87%	89%	87%	79%
Grab bars or rails in the bathroom (e.g., in or near shower/bathtub, near the toilet)	80%	90%	85%	57%
Raised toilet seat	69%	73%	73%	35%

Table 178: Question 16

Do you have regular access to any of the following forms of transportation? (Percent: yes)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Bus	36%	33%	34%	47%
Trolley/streetcar	7%	7%	6%	9%
Metro/train	13%	13%	13%	13%
OATS/SMTS	68%	67%	65%	61%
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	24%	21%	23%	32%
Public use bicycles, scooters, etc.	22%	19%	24%	28%
Personal vehicle	94%	86%	94%	98%
Taxi	63%	58%	62%	74%
Rideshare service (e.g., Uber, Lyft)	61%	54%	62%	70%
Rental vehicles	66%	56%	67%	79%
Rides from friends or family	84%	81%	82%	91%

Table 179: Question 18

What barriers, if any, have you experienced in accessing transportation in the past 12 months? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I didn't experience any barriers	75%	58%	69%	77%
I didn't know who to call to get a ride	7%	13%	9%	4%
Public transportation schedules were confusing or not easy to find	6%	10%	7%	11%
I didn't know what transportation services are available in my community	11%	19%	14%	6%
Transportation services didn't go where I needed them	9%	16%	12%	11%
Transportation was not available during the time of day that I needed it	7%	13%	10%	11%
The cost of transportation was too high	10%	17%	13%	13%

What barriers, if any, have you experienced in accessing transportation in the past 12 months? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Other	5%	9%	6%	9%

Table 180: Question 19

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Having enough money to meet daily expenses	27%	43%	33%	40%
Having enough money to pay your property taxes	25%	36%	32%	20%
Having housing to suit your needs	13%	23%	15%	11%
Doing heavy or intense housework	31%	58%	36%	17%
Maintaining your home	31%	51%	39%	19%
Maintaining your yard	27%	45%	33%	21%
Having safe and affordable transportation available	15%	25%	17%	9%
No longer being able to drive	9%	19%	10%	2%
Safely navigating community spaces (e.g., poorly maintained sidewalks, pedestrian intersections, inaccessible public buildings, etc.)	16%	28%	19%	14%
Finding work in retirement	20%	30%	24%	10%
Building skills for paid or unpaid work	13%	21%	17%	14%
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	28%	36%	39%	21%
Reading or understanding health information provided to you	16%	23%	20%	17%
Not knowing what services are available to older adults in your community	33%	46%	43%	29%
Not knowing what services are available to people with disabilities in your community	29%	44%	43%	32%
Finding affordable health insurance	31%	32%	41%	24%
Staying physically fit	37%	56%	42%	40%
Experiencing confusion or forgetfulness	10%	20%	14%	18%
Feeling depressed	18%	34%	25%	22%
Feeling bored	15%	27%	18%	15%
Having friends or family you can rely on	16%	27%	21%	19%

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Having opportunities to socialize and meet new people	20%	34%	27%	13%
Feeling lonely or isolated	16%	30%	21%	13%
Dealing with the loss of a close family member or friend	21%	31%	26%	11%
Being a victim of crime	5%	9%	8%	7%
Being a victim of fraud or a scam	9%	15%	12%	9%
Feeling concerned about your personal safety (e.g., worried that others may try to harm, steal from, or take advantage of you)	11%	17%	14%	11%
Being physically or emotionally abused	4%	8%	7%	4%
Being treated unfairly or discriminated against because of your age	9%	13%	12%	2%
Being treated unfairly or discriminated against because of a disability	6%	13%	8%	5%
Feeling like you don't fit in or belong	13%	23%	18%	16%
Feeling like your voice is heard in the community	20%	30%	28%	23%
Feeling PHYSICALLY burdened by providing care for another person	9%	14%	25%	5%
Feeling EMOTIONALLY burdened by providing care for another person	13%	17%	33%	12%
Feeling FINANCIALLY burdened by providing care for another person	12%	18%	27%	10%
Performing regular activities, including walking, eating, and preparing meals	13%	30%	15%	4%
Finding meaningful volunteer work	6%	12%	7%	3%
Finding productive or meaningful activities to do	11%	21%	13%	9%
Finding accessible locations to gather with people of similar age or ability (e.g., senior centers, regular clubs or support groups, etc.)	13%	24%	17%	7%
Having interesting recreational or cultural activities to attend	16%	27%	20%	14%
Having interesting social events or activities to attend	16%	27%	21%	11%
Participating in activities with others (e.g., pickleball or other sports, arts and crafts, etc.)	17%	31%	21%	17%

Table 181: Question 19

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Having enough money to meet daily expenses	46%	N=1005	20%	N=450	20%	N=451	12%	N=265	1%	N=31	100%	N=2202
Having enough money to pay your property taxes	46%	N=1010	17%	N=368	17%	N=375	13%	N=282	7%	N=163	100%	N=2198
Having housing to suit your needs	68%	N=1502	15%	N=321	9%	N=187	7%	N=147	2%	N=37	100%	N=2194
Doing heavy or intense housework	37%	N=807	27%	N=585	20%	N=437	15%	N=333	2%	N=35	100%	N=2198
Maintaining your home	32%	N=710	27%	N=603	25%	N=545	14%	N=299	2%	N=36	100%	N=2194
Maintaining your yard	40%	N=868	24%	N=536	18%	N=399	13%	N=280	5%	N=108	100%	N=2191
Having safe and affordable transportation available	67%	N=1467	12%	N=255	10%	N=213	6%	N=135	5%	N=113	100%	N=2183
No longer being able to drive	70%	N=1526	5%	N=100	3%	N=56	6%	N=133	17%	N=360	100%	N=2174
Safely navigating community spaces (e.g., poorly maintained sidewalks, pedestrian intersections, inaccessible public buildings, etc.)	53%	N=1157	22%	N=474	10%	N=225	7%	N=162	7%	N=150	100%	N=2168
Finding work in retirement	38%	N=827	6%	N=123	6%	N=123	8%	N=172	43%	N=933	100%	N=2178
Building skills for paid or unpaid work	45%	N=955	10%	N=206	8%	N=168	4%	N=78	34%	N=733	100%	N=2139
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	32%	N=678	23%	N=500	19%	N=407	16%	N=346	10%	N=215	100%	N=2145
Reading or understanding health information provided to you	56%	N=1215	22%	N=486	13%	N=275	7%	N=157	2%	N=54	100%	N=2187
Not knowing what services are available to older adults in your community	23%	N=513	30%	N=646	21%	N=460	19%	N=421	7%	N=146	100%	N=2186

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Not knowing what services are available to people with disabilities in your community	27%	N=581	23%	N=505	18%	N=392	19%	N=417	14%	N=296	100%	N=2192
Finding affordable health insurance	42%	N=911	14%	N=295	15%	N=324	24%	N=513	6%	N=129	100%	N=2172
Staying physically fit	26%	N=582	32%	N=695	24%	N=533	17%	N=377	1%	N=17	100%	N=2204
Experiencing confusion or forgetfulness	56%	N=1217	27%	N=598	8%	N=185	5%	N=106	4%	N=83	100%	N=2188
Feeling depressed	45%	N=999	28%	N=618	16%	N=345	8%	N=183	3%	N=58	100%	N=2202
Feeling bored	56%	N=1227	24%	N=535	11%	N=252	6%	N=125	3%	N=60	100%	N=2199
Having friends or family you can rely on	59%	N=1293	19%	N=428	12%	N=257	9%	N=192	2%	N=34	100%	N=2206
Having opportunities to socialize and meet new people	46%	N=1009	24%	N=528	14%	N=315	12%	N=263	4%	N=80	100%	N=2197
Feeling lonely or isolated	52%	N=1143	24%	N=533	12%	N=262	9%	N=196	2%	N=55	100%	N=2189
Dealing with the loss of a close family member or friend	51%	N=1120	18%	N=395	15%	N=331	10%	N=210	6%	N=142	100%	N=2199
Being a victim of crime	76%	N=1661	7%	N=161	3%	N=74	4%	N=85	10%	N=209	100%	N=2190
Being a victim of fraud or a scam	67%	N=1458	14%	N=313	7%	N=149	4%	N=84	8%	N=179	100%	N=2183
Feeling concerned about your personal safety (e.g., worried that others may try to harm, steal from, or take advantage of you)	63%	N=1382	20%	N=448	8%	N=178	6%	N=131	3%	N=62	100%	N=2201
Being physically or emotionally abused	83%	N=1834	5%	N=100	4%	N=97	2%	N=51	5%	N=115	100%	N=2197
Being treated unfairly or discriminated against because of your age	67%	N=1468	16%	N=352	6%	N=132	5%	N=113	6%	N=121	100%	N=2187
Being treated unfairly or discriminated against because of a disability	74%	N=1619	8%	N=169	5%	N=101	3%	N=62	11%	N=239	100%	N=2190
Feeling like you don't fit in or belong	58%	N=1275	22%	N=479	10%	N=221	7%	N=159	3%	N=56	100%	N=2190

Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? (percent: major or moderate problem)	Not a problem		Minor problem		Moderate problem		Major problem		Don't know/NA		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Feeling like your voice is heard in the community	46%	N=1001	17%	N=362	13%	N=280	12%	N=262	12%	N=260	100%	N=2164
Feeling PHYSICALLY burdened by providing care for another person	46%	N=993	27%	N=588	13%	N=289	10%	N=225	3%	N=69	100%	N=2164
Feeling EMOTIONALLY burdened by providing care for another person	36%	N=794	29%	N=647	17%	N=382	14%	N=313	3%	N=63	100%	N=2199
Feeling FINANCIALLY burdened by providing care for another person	46%	N=1006	25%	N=544	14%	N=310	12%	N=265	3%	N=67	100%	N=2192
Performing regular activities, including walking, eating, and preparing meals	64%	N=1418	20%	N=450	10%	N=218	5%	N=106	0%	N=8	100%	N=2200
Finding meaningful volunteer work	64%	N=1397	8%	N=183	3%	N=69	2%	N=43	22%	N=485	100%	N=2177
Finding productive or meaningful activities to do	62%	N=1353	18%	N=400	8%	N=169	5%	N=103	6%	N=140	100%	N=2165
Finding accessible locations to gather with people of similar age or ability (e.g., senior centers, regular clubs or support groups, etc.)	54%	N=1174	18%	N=395	9%	N=200	6%	N=132	12%	N=260	100%	N=2160
Having interesting recreational or cultural activities to attend	54%	N=1158	20%	N=430	11%	N=234	7%	N=159	8%	N=167	100%	N=2148
Having interesting social events or activities to attend	52%	N=1123	21%	N=451	12%	N=253	8%	N=172	8%	N=166	100%	N=2165
Participating in activities with others (e.g., pickleball or other sports, arts and crafts, etc.)	48%	N=1036	21%	N=458	10%	N=223	8%	N=184	12%	N=260	100%	N=2161

Table 182: Question 20

How many times have you fallen in the last 12 months?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
No falls	65%	48%	66%	65%
1-2 falls	27%	34%	25%	33%
3-4 falls	6%	12%	6%	2%
5+ falls	3%	7%	3%	0%
Total	100%	100%	100%	100%

Table 183: Question 21

What was the outcome of your fall(s)? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I did not fall in the last 12 months	0%	0%	1%	6%
Got up on my own (did not need assistance)	73%	64%	70%	81%
Needed someone to help me get up	24%	34%	28%	13%
Went to my primary doctor	10%	14%	12%	0%
Went to the emergency room (ER) or urgent care clinic	15%	18%	16%	13%
Was hospitalized	4%	7%	5%	6%
Other	4%	6%	5%	0%

Table 184: Question 22

In the past 12 months, have you been unable to access healthcare that you needed?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Yes	26%	30%	33%	28%
No	74%	70%	67%	72%
Total	100%	100%	100%	100%

Table 185: Question 23

In the past 12 months, how often, if ever, have you accessed the following types of healthcare? (Percent: never)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Primary care provider (a medical provider that takes care of basic needs, including annual wellness visits)	9%	8%	8%	11%
Specialty care provider (a medical provider that takes care of specific area of medicine, such as cardiology, dermatology, etc.)	27%	18%	26%	32%
Urgent care center (a walk-in clinic focused on caring for minor illnesses and injuries)	62%	54%	57%	57%
Emergency room	73%	57%	71%	77%
In-patient hospital treatment (non-emergency)	82%	71%	82%	89%
Out-patient hospital treatment	66%	56%	63%	77%

Table 186: Question 24

Which, if any, of the following barriers to accessing physical or mental healthcare have you experienced in the past 12 months? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
None, I accessed the healthcare that I needed	81%	74%	76%	77%
None, I did not need to access healthcare in the past 12 months	7%	5%	5%	11%
I did not have insurance	3%	3%	6%	4%
I could not find a provider in my area that accepts my insurance	3%	6%	5%	9%
The cost to access healthcare was too high	9%	11%	13%	11%
I could not find a provider in my area that provides the healthcare I need	6%	10%	8%	6%
I did not feel welcome at the providers in my area	2%	4%	4%	2%
I did not have transportation to a healthcare provider	3%	6%	4%	2%

Table 187: Question 25

By which types of health insurance, if any, are you currently covered? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I am not insured	3%	1%	4%	4%
Insurance through employer	31%	14%	40%	77%
Retirement insurance from former employer	11%	10%	9%	0%
Insurance through the Marketplace	6%	5%	8%	4%
Veteran's Administration	5%	8%	6%	0%
TRICARE or other military insurance	4%	4%	3%	2%
Medicare	36%	51%	26%	6%
Medicare Advantage or Medicare Supplement	31%	45%	23%	10%
Mo Healthnet (Missouri Medicaid)	9%	20%	10%	8%
Indian health service	0%	0%	0%	0%
Other	4%	4%	4%	0%

Table 188: Question 26

Which of the following do you currently have? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
A will	41%	33%	41%	27%
A durable Power of Attorney (for finances)	32%	29%	31%	23%
A durable Power of Attorney (for medical decisions)	37%	37%	35%	21%
An advance healthcare directive	33%	32%	32%	15%
A legal guardian or conservator	6%	7%	6%	2%
None of these	47%	50%	48%	63%

Table 189: Question 27

Do you know how to report abuse, neglect, or exploitation of yourself or others?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Yes	78%	77%	79%	86%
No	22%	23%	21%	14%
Total	100%	100%	100%	100%

Table 190: Question 28

In the last 12 months, have you done any of the following because you could not afford (more) medication? (Percent: yes)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Gone without medication (not refilled a medication when you ran out)	13%	21%	19%	18%
Skipped dosages	16%	25%	21%	18%
Taken less than the prescribed dose	13%	22%	20%	11%

Table 191: Question 29

Please indicate whether each of the following are true for you. (Percent: yes)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I typically see a dentist for a check-up every 6 months	58%	47%	56%	84%
I typically get an eye exam every 12 months	69%	67%	66%	64%
I typically get a hearing test every 5 years	29%	34%	28%	20%
I need new eyeglasses or need my eyeglasses repaired	37%	46%	42%	21%
I need new contact lenses	9%	11%	15%	26%
I need dental work	43%	57%	48%	38%
I need new dentures or need my dentures repaired	22%	38%	21%	7%
I need new hearing aids or need my hearing aids repaired	17%	28%	17%	12%

Table 192: Question 30

Are you aware of any of these food assistance programs? (Percent: know or have used)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
SNAP (food stamps)	89%	88%	90%	96%
Congregate meals (eaten at a senior center or other location where you eat with others)	75%	74%	75%	67%
Home-delivered meals from an Area Agency on Aging	77%	75%	77%	70%
Food from a community food pantry	88%	86%	89%	89%
Government-sponsored supplemental food sources	57%	50%	58%	66%

Table 193: Question 31

In the last 12 months, how often have the following statements been true? (Percent: always or frequently)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
I did not have adequate access to fruits and vegetables	25%	27%	23%	33%
There was not enough money available to eat balanced meals	30%	33%	32%	24%

In the last 12 months, how often have the following statements been true? (Percent: always or frequently)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Less food was eaten because there was not enough money	20%	26%	23%	18%
Meals were skipped because there was not enough money	17%	22%	20%	8%

Table 194: Question 32

Which of the following types of phones, if any, do you have at your residence? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Smart phone (call, text, and internet)	86%	82%	87%	96%
Mobile phone or cellphone (call and text only)	17%	21%	16%	8%
Landline phone	21%	22%	23%	13%
No phone	0%	0%	1%	0%

Table 195: Question 33

Do you have high-speed internet/broadband at home?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Yes	85%	83%	85%	98%
No	15%	17%	15%	2%
Total	100%	100%	100%	100%

Table 196: Question 34

Please rate your preferred modes of communication from the State of Missouri or your local providers about new programs, services, and emergency information. (Percent: strongly or somewhat prefer)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Phone voicemail messages	44%	51%	44%	47%
Email	82%	81%	83%	67%
Text	69%	72%	74%	80%

Please rate your preferred modes of communication from the State of Missouri or your local providers about new programs, services, and emergency information. (Percent: strongly or somewhat prefer)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Website updates	63%	61%	63%	65%
Social media (e.g., Facebook, Instagram, etc.)	44%	47%	48%	67%
Newspaper	37%	35%	35%	36%
Brochures	52%	53%	53%	57%
Presentations	42%	37%	40%	59%
Health fairs	47%	43%	46%	59%

Table 197: Question D1

How many years have you lived in your community?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Less than 2 years	6%	8%	5%	6%
2-5 years	11%	13%	11%	19%
6-10 years	12%	13%	12%	19%
11-20 years	13%	13%	14%	13%
More than 20 years	58%	53%	58%	43%
Total	100%	100%	100%	100%

Table 198: Question D2

In which category is your age?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
18-24 years	0%	0%	0%	6%
25-29 years	0%	1%	1%	8%
30-34 years	0%	1%	1%	10%
35-39 years	0%	1%	1%	17%
40-44 years	0%	2%	2%	17%
45-49 years	0%	3%	4%	40%
50-54 years	12%	5%	13%	0%
55-59 years	15%	8%	18%	0%
60-64 years	23%	11%	25%	0%
65-69 years	15%	21%	12%	0%
70-74 years	14%	17%	10%	0%
75 years or older	21%	29%	13%	2%
Total	100%	100%	100%	100%

Table 199: Question D3

Race	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
White	89%	88%	91%	87%
Black or African American	6%	6%	6%	9%
Hispanic or Latino	3%	4%	2%	4%
Asian or Asian American	2%	2%	2%	0%
American Indian or Alaska Native	3%	6%	4%	2%
Native Hawaiian or Other Pacific Islander	0%	1%	1%	0%
A race not listed	2%	3%	2%	2%

Table 200: Question D4

What is the highest level of education you have completed?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Less than a high school graduate	2%	4%	1%	0%
High school graduate or GED	21%	23%	16%	13%
Some college or associate's degree	31%	37%	32%	32%
Bachelor's degree or higher	46%	36%	50%	55%
Total	100%	100%	100%	100%

Table 201: Question D5

What is your gender?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Woman	54%	59%	60%	77%
Man	46%	40%	39%	23%
Identify in another way	0%	1%	0%	0%
Total	100%	100%	100%	100%

Table 202: Question D6

What is your sexual orientation?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Heterosexual	95%	92%	93%	86%
Lesbian	1%	1%	1%	0%
Gay	2%	2%	2%	0%
Bisexual	1%	2%	2%	7%
Identify in another way	1%	3%	2%	7%
Total	100%	100%	100%	100%

Table 203: Question D7

How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Less than \$15,000	9%	19%	10%	4%
\$15,000 to \$29,999	19%	27%	13%	4%
\$30,000 to \$49,999	22%	23%	24%	17%
\$50,000 to \$74,999	19%	15%	18%	21%
\$75,000 to \$99,999	13%	9%	14%	21%
\$100,000 to \$149,999	10%	5%	13%	13%
\$150,000 to \$199,999	5%	1%	4%	13%
\$200,000 to \$299,999	2%	1%	2%	4%
\$300,000 or more	1%	0%	1%	2%
Total	100%	100%	100%	100%

Table 204: Question D8

What is your source(s) of household income? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Employment	47%	28%	58%	83%
Social Security	55%	69%	45%	13%
State retirement	13%	11%	12%	6%
Federal retirement	4%	4%	4%	0%
Military retirement	4%	4%	3%	2%
Investments	22%	17%	20%	13%
Public assistance	2%	4%	3%	2%
Disability (including SSI, SSDI, or Veteran Disability Benefits)	9%	22%	13%	0%
None/no income	3%	4%	2%	2%

What is your source(s) of household income? (Select all that apply)	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Other	12%	12%	9%	4%

Table 205: Question D9

Which best describes the building you live in?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Single-family detached home	74%	65%	79%	83%
Townhouse or duplex (may share walls but no units above or below you)	4%	5%	4%	8%
Condominium or apartment (have units above or below you)	14%	17%	11%	6%
Assisted living residence	1%	2%	0%	0%
Nursing home	0%	0%	0%	0%
Other	8%	11%	7%	2%
Total	100%	100%	100%	100%

Table 206: Question D10

Do you rent or own your home?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Rent	21%	31%	18%	19%
Own (with a mortgage payment)	38%	34%	44%	67%
Own (free and clear; no mortgage)	41%	34%	37%	15%
Total	100%	100%	100%	100%

Table 207: Question D11

About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance and homeowners' association (HOA) fees)?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Less than \$300	13%	13%	11%	9%
\$300 to \$599	27%	28%	22%	11%
\$600 to \$999	24%	25%	25%	26%
\$1,000 to \$1,499	15%	14%	17%	20%
\$1,500 to \$2,499	13%	13%	17%	30%
\$2,500 to \$3,999	4%	4%	4%	4%
\$4,000 to \$6,999	2%	2%	3%	0%
\$7,000 to \$9,999	0%	0%	0%	0%
\$10,000 or more	0%	0%	1%	0%
Total	100%	100%	100%	100%

Table 208: Question D12

How many people, including yourself, live in your household?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
1 person (live alone)	35%	44%	19%	23%
2 people	47%	39%	53%	25%
3 people	10%	9%	16%	15%
4 or more people	8%	8%	12%	38%
Total	100%	100%	100%	100%

Table 209: Question D13

How many of these people, including yourself, are 50 or older?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
None	6%	13%	7%	80%
1 person	41%	46%	32%	9%
2 people	49%	38%	54%	11%
3 people	3%	3%	5%	0%
4 or more people	1%	1%	1%	0%
Total	100%	100%	100%	100%

Table 210: Question D14

How many of these people, including yourself, have a disability?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
None	62%	24%	44%	87%
1 person	30%	56%	38%	9%
2 people	7%	16%	14%	4%
3 people	1%	3%	4%	0%
4 or more people	1%	1%	1%	0%
Total	100%	100%	100%	100%

Table 211: Question D15

Have you ever served on active duty in the Armed Forces of the United States and separated from such service under conditions other than dishonorable?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Yes	13%	14%	12%	6%
No	87%	86%	88%	94%
Total	100%	100%	100%	100%

Table 212: Question D16

Would you like to receive information and assistance regarding veteran services?	Older Adult (age 50+)	Person with a disability (age 18+)	Caregiver (age 18+)	None of the above
Yes	11%	13%	13%	4%
No	89%	87%	87%	96%
Total	100%	100%	100%	100%

Appendix E. Survey Methodology

Survey Purpose

In 2024, the State of Missouri Department of Health and Human Services in partnership with the Missouri Association of Area Agencies on Aging (MAA) contracted with Polco to implement a needs assessment survey with a representative sample of older adult residents to inform decision making and Missouri's Master Plan on Aging. In addition, they wished to gather information from adults (age 18 and older) with disabilities and from adult (age 18 and older) caregivers.

The Area Agencies on Aging in Missouri partnered with the State on this effort to ensure they all received reports specific to their AAA service areas so that they could use the data gathered to make data driven decisions in their service areas and better support their residents.

Please contact Mindy Ulstad at Mindy.Ulstad@health.mo.gov if you have any questions about the survey.

Developing the Questionnaire

The 2024 Missouri Needs Assessment survey questionnaire was developed by starting with the version that the State had used previously. Through an iterative process between the State of Missouri staff and Polco staff, a final eight-page questionnaire was developed. This research was funded by the State of Missouri.

Selecting Survey Recipients

In order to hear from a representative group of the target population for this survey, households were randomly selected to receive the survey invitation. As one of the primary purposes of the survey was to hear from older adults age 50+ in Missouri, half of the households selected to receive the survey invitation were those believed to include at least one older adult member. This mailing list was purchased Marketing Systems Group who uses propriety methods and resources to identify these households. A total of 78,338 older adult addresses were selected from within each County in Missouri.

To target caregivers and adults with disabilities, the other half of selected survey recipients came from a list of all households within the State, also purchased from Marketing Systems Group, using updated listings from the United States Postal Service's Delivery Sequence File. A random selection 80,151 addresses was made within each County; these addresses were "de-duped" against the older adult list to make sure that no household was selected twice.

Multiple individuals within each household who met the survey criteria were able to complete the survey. The survey was available in Spanish, French, German, Arabic, and

Simplified Chinese and all mailings contained instructions in those languages on how to access the online survey.

In addition to the invitations sent to this probability-based (random sample) list, a link to an online “open participation” survey was publicized through various channels. This open participation questionnaire was identical to that sent to the probability-based list, and open to all residents of Missouri. The open participation survey was also available in Spanish, French, German, Arabic, and Simplified Chinese.

Survey Administration and Response

The 158,489 randomly selected households were contacted twice through mailed outreach. All mailed materials were co-branded with State logos and signatories, and AAA logos and signatories. First, an invitation postcard informing the household members that they had been selected to participate in the State of Missouri Needs Assessment Survey was sent on June 13, 2024. The postcard included a URL and QR code to take the survey online. It also provided a phone number where residents could call to request a paper survey, complete the survey over the phone, or request an in-person interview. Approximately one week after mailing the initial postcard, these households were mailed a reminder postcard enlisting participation. The reminder postcard asked those who had not completed the survey to do so and included the URL and QR code for the online response option. It, again, provided a phone number where residents could call to request a paper survey, complete the survey over the phone, or request an in-person interview. Completed surveys were collected over the following thirteen weeks.

Generally, about 2% of postcards mailed are returned because the housing unit was vacant, or the postal service was unable to deliver the survey as addressed. Of the remaining 155,320 households estimated to have received the survey, 3,858 completed the survey, providing an overall response rate of 2.4%. Of the 3,858 completed surveys, 2,962 were completed online, 22 were completed via phone interview, and 874 on paper. The response rates were calculated using AAPOR’s response rate #2¹ for mailed surveys of unnamed persons.

The online open participation survey became available to all residents on July 8, 2024, and remained open for ten weeks. A total of 3,763 residents responded to this outreach effort. The data from the “open participation” outreach effort was blended with the random sample dataset after making statistical adjustments based on how different the datasets were.

The 95% confidence interval (or “margin of error”) quantifies the “sampling error” or precision of the estimates made from the survey results. A 95% confidence interval can be calculated for any sample size and indicates that in 95 of 100 surveys conducted like this one, for a particular item, a result would be found that is within three percentage points of

¹ See AAPOR’s Standard Definitions here: [http://www.aapor.org/Standards-Ethics/Standard-Definitions-\(1\).aspx](http://www.aapor.org/Standards-Ethics/Standard-Definitions-(1).aspx) for more information

the result that would be found if everyone in the population of interest was surveyed. The practical difficulties of conducting any resident survey may introduce other sources of error in addition to sampling error. Despite best efforts to boost participation and ensure potential inclusion of all households, some selected households will decline participation in the survey (referred to as non-response error) and some eligible households may be unintentionally excluded from the listed sources for the sample (referred to as coverage error).

While the margin of error for the survey is generally no greater than plus or minus 2 percentage points around any given percent reported for all 3,858 respondents, results for subgroups will have wider confidence intervals. Where estimates are given for subgroups, they are less precise and statistical differences between subgroups are noted in the tables in the Appendices.

The table below shows the number and proportion of respondents who fell into each of the three target groups. Of course, respondents could identify in more than one category, so these percents add to more than 100%. About 90% of all the respondents identified as an older adult.

Table 213: Number and Proportion of Respondents in Each Target Population Category

Target Population	Number	Percent
Older Adult (age 50+)	6,842	90.1%
Person with a disability (age 18+)	2,723	35.9%
Caregiver (age 18+)	2,285	30.1%
None of the above	290	3.8%

** Percents add to more than 100% as respondents could identify in more than one category, e.g., be an older adult who is also a caregiver.*

The table below shows the number and proportion of respondents in each unique category when the categories were combined.

Table 214: Number and Proportion of Respondents in Each Combination of Target Population Category

Target Population	Number	Percent
Older Adult (only)	3,058	40.3%
Person with Disability (only)	181	2.4%
Caregiver (only)	122	1.6%
Older Adult & Person with Disability	1,780	23.4%
Older Adult & Caregiver	1,402	18.5%
Person with Disability & Caregiver	159	2.1%
Older Adult & Person with Disability & Caregiver	602	7.9%
None Above	290	3.8%
Total	7,594	100.0%

Survey Processing (Data Entry)

Mailed surveys were returned via postage-paid business reply envelopes. Once received, staff assigned a unique identification number to each questionnaire. Additionally, each survey is reviewed and “cleaned” as necessary. For example, a question may have asked a respondent to pick two items out of a list of five, but the respondent checked three; staff would choose randomly two of the three selected items to be coded in the dataset.

Once all surveys were assigned a unique identification number, they were entered into an electronic dataset. This dataset is subject to a data entry protocol of “key and verify,” in which survey data were entered twice into an electronic dataset and then compared. Discrepancies were evaluated against the original survey form and corrected. Range checks as well as other forms of quality control were also performed.

Polco used its own platform to collect online and phone survey data. Use of an online system means all collected data are entered into the dataset when the respondents submit the surveys. Skip patterns or logic are programmed into the system, so respondents are automatically “skipped” to the appropriate question based on the individual responses being given. Online programming also allows for more rigid control of the data format, making extensive data cleaning unnecessary.

A series of quality control checks were also performed in order to ensure the integrity of the web data. Steps may include and not be limited to reviewing the data for clusters of repeat IP addresses and time stamps (indicating duplicate responses) and removing empty submissions (questionnaires submitted with no questions answered).

Weighting the Data

Statistically adjusting the relative “weight” given to different demographic subgroups is a survey research best practice to ensure the responses from survey respondents are reflective of the target population. However, for this needs assessment, only 10% of respondents were not older adults, and there are no known population norms for the demographic characteristics of caregivers. So weighting was only applied to the older adults; respondents who were not age 50 or more were all assigned a weight of one.

The demographic characteristics of the older adult survey respondents were compared to those found in the 2022 American Community Survey (ACS) 5-year estimates. Survey results were weighted using the population norms to reflect the appropriate percentage of those residents in the State. Other discrepancies between the whole population and the sample were also aided by the weighting due to the intercorrelation of many socioeconomic characteristics. The results of the weighting scheme are presented in table below.

Table 215: 2024 State of Missouri Needs Assessment Survey Older Adult Weighting Table

Characteristic	Population Norm	Unweighted	Weighted
Gender and Age			
Woman Age 50 to 64	27%	29%	27%
Woman Age 65 to 74	15%	29%	15%
Woman Age 75+	12%	15%	12%
Man Age 50 to 64	26%	10%	25%
Man Age 65 to 74	13%	11%	13%
Man Age 75+	8%	6%	8%
Disability and Age			
Age 50 to 64 with disability	8%	18%	8%
Age 50 to 64 no disability	45%	21%	43%
Age 65+ with disability	17%	20%	17%
Age 65+ no disability	31%	41%	31%
Race/Ethnicity			
Non-Hispanic White	79%	90%	80%
Non-Hispanic Black or African American	8%	5%	7%
Indigenous, Asian, Hispanic, Other or Multi Racial/Ethnic Identity	13%	5%	12%
Housing Tenure (Own or Rent)			
Own	78%	82%	78%
Rent	22%	19%	22%
Units in Building of Home			
1-unit attached or detached	76%	88%	77%
Other type of housing unit	24%	12%	23%

Characteristic	Population Norm	Unweighted	Weighted
County			
Adair	0.3%	0.7%	0.3%
Andrew	0.3%	0.5%	0.3%
Atchison	0.1%	0.4%	0.1%
Audrain	0.4%	0.6%	0.4%
Barry	0.6%	0.7%	0.6%
Barton	0.2%	0.5%	0.2%
Bates	0.3%	0.5%	0.3%
Benton	0.5%	0.8%	0.6%
Bollinger	0.2%	0.6%	0.2%
Boone	2.3%	2.8%	2.3%
Buchanan	1.4%	0.8%	1.3%
Butler	0.7%	0.6%	0.7%
Caldwell	0.2%	0.6%	0.2%
Callaway	0.7%	1.0%	0.7%
Camden	1.0%	1.3%	1.0%
Cape Girardeau	1.3%	1.2%	1.2%
Carroll	0.2%	0.4%	0.2%
Carter	0.1%	0.3%	0.1%
Cass	1.8%	0.7%	1.7%
Cedar	0.3%	0.6%	0.3%
Chariton	0.2%	0.2%	0.1%
Christian	1.4%	1.1%	1.4%
Clark	0.1%	0.3%	0.1%
Clay	3.7%	2.1%	3.7%
Clinton	0.4%	0.9%	0.4%
Cole	1.2%	2.9%	1.2%
Cooper	0.3%	0.5%	0.3%
Crawford	0.4%	0.6%	0.4%
Dade	0.2%	0.4%	0.1%
Dallas	0.3%	0.4%	0.3%
Daviess	0.2%	0.4%	0.2%
DeKalb	0.2%	0.4%	0.2%
Dent	0.3%	0.5%	0.3%
Douglas	0.2%	0.6%	0.2%
Dunklin	0.5%	0.6%	0.4%
Franklin	1.9%	2.7%	1.9%

Characteristic	Population Norm	Unweighted	Weighted
Gasconade	0.3%	0.5%	0.3%
Gentry	0.1%	0.4%	0.1%
Greene	4.5%	2.7%	4.5%
Grundy	0.2%	0.6%	0.2%
Harrison	0.2%	0.4%	0.1%
Henry	0.4%	0.7%	0.4%
Hickory	0.2%	0.6%	0.2%
Holt	0.1%	0.3%	0.1%
Howard	0.2%	0.6%	0.2%
Howell	0.7%	0.7%	0.7%
Iron	0.2%	0.3%	0.2%
Jackson	10.8%	4.0%	10.8%
Jasper	1.8%	1.2%	1.8%
Jefferson	3.7%	2.2%	3.7%
Johnson	0.7%	0.8%	0.6%
Knox	0.1%	0.4%	0.1%
Laclede	0.6%	0.4%	0.6%
Lafayette	0.6%	0.5%	0.6%
Lawrence	0.6%	0.6%	0.6%
Lewis	0.2%	0.4%	0.2%
Lincoln	0.9%	0.6%	0.9%
Linn	0.2%	0.5%	0.2%
Livingston	0.2%	0.4%	0.2%
Macon	0.3%	0.7%	0.3%
Madison	0.2%	0.5%	0.3%
Maries	0.2%	0.4%	0.2%
Marion	0.5%	0.6%	0.5%
McDonald	0.4%	0.7%	0.5%
Mercer	0.1%	0.3%	0.1%
Miller	0.4%	1.4%	0.4%
Mississippi	0.2%	0.5%	0.3%
Moniteau	0.2%	0.7%	0.2%
Monroe	0.2%	0.4%	0.2%
Montgomery	0.2%	0.5%	0.2%
Morgan	0.4%	0.7%	0.5%
New Madrid	0.3%	0.4%	0.3%
Newton	1.0%	0.8%	1.0%

Characteristic	Population Norm	Unweighted	Weighted
Nodaway	0.3%	0.8%	0.3%
Oregon	0.2%	0.7%	0.2%
Osage	0.2%	0.3%	0.2%
Ozark	0.2%	0.5%	0.2%
Pemiscot	0.3%	0.4%	0.3%
Perry	0.3%	0.3%	0.3%
Pettis	0.7%	0.6%	0.6%
Phelps	0.7%	1.1%	0.7%
Pike	0.3%	0.7%	0.3%
Platte	1.6%	0.8%	1.7%
Polk	0.5%	0.7%	0.5%
Pulaski	0.5%	0.9%	0.5%
Putnam	0.1%	0.3%	0.1%
Ralls	0.2%	0.8%	0.2%
Randolph	0.4%	0.6%	0.4%
Ray	0.4%	0.5%	0.4%
Reynolds	0.1%	0.3%	0.1%
Ripley	0.2%	0.5%	0.2%
Saint Charles	6.5%	1.9%	6.5%
Saint Clair	0.2%	2.6%	0.2%
Saint Francois	1.1%	1.0%	1.0%
Saint Louis County	17.0%	11.6%	17.0%
The City of Saint Louis	4.4%	3.7%	4.4%
Sainte Genevieve	0.4%	0.4%	0.4%
Saline	0.4%	0.2%	0.3%
Schuyler	0.1%	0.4%	0.1%
Scotland	0.1%	0.5%	0.1%
Scott	0.6%	0.5%	0.6%
Shannon	0.1%	0.4%	0.2%
Shelby	0.1%	0.5%	0.1%
Stoddard	0.5%	0.6%	0.5%
Stone	0.8%	0.6%	0.8%
Sullivan	0.1%	0.3%	0.1%
Taney	1.0%	0.8%	1.0%
Texas	0.5%	0.8%	0.5%
Vernon	0.4%	0.7%	0.4%
Warren	0.6%	0.8%	0.6%

Characteristic	Population Norm	Unweighted	Weighted
Washington	0.4%	1.0%	0.4%
Wayne	0.2%	0.4%	0.2%
Webster	0.6%	0.7%	0.6%
Worth	0.0%	0.2%	0.0%
Wright	0.3%	0.5%	0.3%

* 2020 U.S. Census Bureau, 2022 American Community Survey Population Estimates

Analyzing the Data

The electronic dataset was analyzed by Polco staff using the Statistical Package for the Social Sciences (SPSS). For the most part, frequency distributions and mean ratings are presented in the body of the report. A complete set of frequencies for each survey question for each target group is presented *Appendix A. Full Frequencies of Older Adults*, *Appendix B. Full Frequencies of those with Disabilities*, and *Appendix C. Full Frequencies of Caregivers*. Results by respondent characteristics are included in a separate document.

Appendix F. Survey Instrument

A copy of the 2024 survey instrument is included on the following pages.

State of Missouri Needs Assessment 2024

Please complete this survey if you are any one or more of the following: an adult age 50 or older; an adult age 18 or older with a disability; or an unpaid caregiver age 18 or older to an adult.

If you need assistance completing this survey, please call 855-773-0665 to schedule a time to take the survey over the phone or in-person with assistance.

County: _____ Zip code: _____

Unique ID (leave blank if you did not receive a mailed invitation): _____

Screening Questions

1. Please select which of the following are true for you. (Select all that apply.)

- I am an adult age 50 or older
- I am an adult age 18 or older with a disability
- I am an unpaid caregiver to an adult age 18 or older
- None of the above → Do not proceed with remainder of survey

2. Which of the following disabilities, if any, do you currently have? (Select all that apply.)

- I do not have a disability
- A sensory impairment (e.g., difficulty hearing or seeing)
- A mobility impairment (e.g., difficulty walking without assistance)
- A long-term mental health condition (e.g., depression, anxiety)
- A temporary impairment resulting from illness or injury (e.g., broken ankle, surgery)
- A long-term medical illness (e.g., epilepsy, cystic fibrosis)
- An intellectual/developmental disability (e.g., ADHD, autism, cerebral palsy, PKU)
- Other (please specify): _____

Current Caregivers

3. During a typical week, how many hours do you spend providing care for:

	None	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours	Don't know
An adult over age 60 without a disability	1	2	3	4	5	6	7
An adult over age 60 with a disability.....	1	2	3	4	5	6	7
An adult 18 to 59 years old with a disability	1	2	3	4	5	6	7
A child/children under age 18.....	1	2	3	4	5	6	7
An individual of any age with Alzheimer's or related dementias.....	1	2	3	4	5	6	7

If you selected "None" for all items in Question 3, please skip to question 6.

4. What is your relationship to those for whom you provide care? (If caring for more than one individual, select each relevant option.)

- Parent
- Sibling
- Child
- Friend/non-relative
- Parent-in-law
- Spouse
- Grandchild
- None of the above
- Grandparent
- Domestic partner
- Other relative
- Don't know

5. How much do you agree or disagree with each of the following statements?

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Don't know
I need help paying for services needed by the person I care for	1	2	3	4	5
I need help locating services for the person I care for	1	2	3	4	5
I would like training on caring for someone at home.....	1	2	3	4	5
I need a place for the person I care for to go during the day	1	2	3	4	5
I sometimes need temporary relief from my caregiver duties (respite)..	1	2	3	4	5

If you need additional information about resources available to you as a caregiver, call 1-800-235-5503. If you are providing care to an individual with Alzheimer's disease or dementia, you can find additional resources here:

<https://cabllc.com/caregiver-training-and-relief-program/>

Future Caregivers

6. In the next two years, do you expect to provide care or assistance to a friend or family member who has a health problem or disability?

- Yes No → skip to question 9

7. How likely or unlikely are you to need each of the following types of caregiving support in the future?

	Very likely	Somewhat likely	Somewhat unlikely	Very unlikely	Don't know
Help paying for services needed by the person I care for.....	1	2	3	4	5
Help locating services for the person I care for	1	2	3	4	5
Training on providing care for someone at home	1	2	3	4	5
A place for the person I care for to go during the day	1	2	3	4	5
Temporary relief from caregiver duties (respite)	1	2	3	4	5

8. What other support(s) do you think you will need in order to provide care to a friend or family member?

Employment Status

9. What is your employment status?

- Employed full-time Unemployed, seeking work Student
 Employed part-time Unemployed, not seeking work Disabled
 Homemaker Retired → Skip to question 11 Other (please specify): _____

10. At what age do you expect to retire completely and not work for pay at all?

- 55-59 65-67 70-72 I don't think I will ever be able to retire
 60-64 68-69 73 or older

11. Which, if any, of the following employment-related challenges have you faced in the last 12 months? (Select all that apply.)

- Difficulty finding a job that matched my skills
 Difficulty finding a job close to my home
 Difficulty finding a job that paid enough
 Difficulty finding a job working the shift or hours that I prefer
 Difficulty finding transportation for a job
 I am a caregiver and was unable to leave the individual I was caring for alone
 Concern about losing public benefits (health insurance, housing assistance, etc.)
 Other (please specify): _____
 Not applicable

12. During a typical week, how many hours do you spend volunteering your time?

- None 1 to 3 hours 4 to 5 hours 6 to 10 hours 11 to 19 hours 20 or more hours

Housing and Accessibility

13. Please rate the availability of each of the following in your community:

	Excellent	Good	Fair	Poor	Don't know
Sidewalks in needed locations.....	1	2	3	4	5
Curb cutouts to allow safe street crossing.....	1	2	3	4	5
Parks that I feel safe visiting.....	1	2	3	4	5
Parks that are accessible to me	1	2	3	4	5
Public restrooms accessible to people of different physical abilities	1	2	3	4	5
Benches in public areas (e.g., parks, sidewalks, public buildings).....	1	2	3	4	5
Conveniently located areas to park, including handicapped parking.....	1	2	3	4	5
A place for people to live as they age	1	2	3	4	5

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14. Does your current residence need home repairs (e.g., a new roof or heating system) to improve your ability to live safely?

- No Yes → **What barriers have kept you from making the repairs? (Select all that apply.)**
- I have not yet had the time or ability to complete the repairs myself
 - I cannot afford to make the repairs
 - I do not own my home, and the landlord will not make the repairs
 - I cannot find an individual or company to do the repair work
 - I have scheduled the repairs, but they have not yet been completed
 - Other (please specify): _____

15. Please indicate whether your home has or could use each of the following accessibility features.

	<u>Already have</u>	<u>Do not have, but would be useful for my home</u>	<u>Would not be useful</u>
Main-level living (at least the bedroom, bathroom, and kitchen are located on the main level)	1	2	3
Step-free entrances and walkways	1	2	3
Ramp access	1	2	3
Doorways wide enough to accommodate a walker or wheelchair	1	2	3
Bright overhead lighting, night lights, accessible lamps, and other lighting to easily see and maneuver in the home	1	2	3
Shelves where nothing is out of reach	1	2	3
Countertops that are comfortable sitting or standing	1	2	3
Walk-in bath or shower	1	2	3
Stairs with handrails	1	2	3
Floors that allow for easy movement between rooms (e.g., minimal or no carpet, level floors without tripping hazards)	1	2	3
Easy to reach (sitting or standing) light switches, electrical outlets, thermostats, and other environmental controls	1	2	3
Lever door handles	1	2	3
Lever sink faucets	1	2	3
Grab bars or rails in the bathroom (e.g., in or near shower/bathtub, near the toilet)	1	2	3
Raised toilet seat	1	2	3

Transportation

16. Do you have regular access to any of the following forms of transportation?

	<u>Yes, and I use it</u>	<u>Yes, but I don't use it</u>	<u>No, I don't have access</u>
Bus	1	2	3
Trolley/streetcar	1	2	3
Metro/train	1	2	3
OATS/SMTS	1	2	3
Paratransit (e.g., JeffCo Express/JCTransit, Go COMO, Ride KC, Metro St. Louis, Jefftran, etc.)	1	2	3
Public use bicycles, scooters, etc.	1	2	3
Personal vehicle	1	2	3
Taxi	1	2	3
Rideshare service (e.g., Uber, Lyft)	1	2	3
Rental vehicles	1	2	3
Rides from friends or family	1	2	3

17. If you have access to or use any additional types of transportation, please specify here.

18. What barriers, if any, have you experienced in accessing transportation in the past 12 months? (Select all that apply.)

- I didn't experience any barriers
- I didn't know who to call to get a ride
- Public transportation schedules were confusing or not easy to find
- I didn't know what transportation services are available in my community
- Transportation services didn't go where I needed them
- Transportation was not available during the time of day that I needed it
- The cost of transportation was too high
- Other (please specify): _____

Whole-Person Health

19. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

	Not a problem	Minor problem	Moderate problem	Major problem	Don't know/NA
Having enough money to meet daily expenses.....	1	2	3	4	5
Having enough money to pay your property taxes	1	2	3	4	5
Having housing to suit your needs.....	1	2	3	4	5
Doing heavy or intense housework	1	2	3	4	5
Maintaining your home	1	2	3	4	5
Maintaining your yard	1	2	3	4	5
Having safe and affordable transportation available	1	2	3	4	5
No longer being able to drive.....	1	2	3	4	5
Safely navigating community spaces (e.g., poorly maintained sidewalks, pedestrian intersections, inaccessible public buildings, etc.)	1	2	3	4	5
Finding work in retirement	1	2	3	4	5
Building skills for paid or unpaid work.....	1	2	3	4	5
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid.....	1	2	3	4	5
Reading or understanding health information provided to you.....	1	2	3	4	5
Not knowing what services are available to older adults in your community.....	1	2	3	4	5
Not knowing what services are available to people with disabilities in your community.....	1	2	3	4	5
Finding affordable health insurance.....	1	2	3	4	5
Staying physically fit	1	2	3	4	5
Experiencing confusion or forgetfulness	1	2	3	4	5
Feeling depressed	1	2	3	4	5
Feeling bored	1	2	3	4	5
Having friends or family you can rely on	1	2	3	4	5
Having opportunities to socialize and meet new people	1	2	3	4	5
Feeling lonely or isolated.....	1	2	3	4	5
Dealing with the loss of a close family member or friend.....	1	2	3	4	5
Being a victim of crime	1	2	3	4	5
Being a victim of fraud or a scam.....	1	2	3	4	5
Feeling concerned about your personal safety (e.g., worried that others may try to harm, steal from, or take advantage of you).....	1	2	3	4	5
Being physically or emotionally abused.....	1	2	3	4	5
Being treated unfairly or discriminated against because of your age	1	2	3	4	5
Being treated unfairly or discriminated against because of a disability	1	2	3	4	5
Feeling like you don't fit in or belong.....	1	2	3	4	5
Feeling like your voice is heard in the community.....	1	2	3	4	5
Feeling <u>physically</u> burdened by providing care for another person	1	2	3	4	5
Feeling <u>emotionally</u> burdened by providing care for another person ...	1	2	3	4	5
Feeling <u>financially</u> burdened by providing care for another person	1	2	3	4	5

	Not a problem	Minor problem	Moderate problem	Major problem	Don't know/NA
Performing regular activities, including walking, eating, and preparing meals.....	1	2	3	4	5
Finding meaningful volunteer work.....	1	2	3	4	5
Finding productive or meaningful activities to do	1	2	3	4	5
Finding accessible locations to gather with people of similar age or ability (e.g., senior centers, regular clubs or support groups, etc.)	1	2	3	4	5
Having interesting recreational or cultural activities to attend	1	2	3	4	5
Having interesting social events or activities to attend.....	1	2	3	4	5
Participating in activities with others (e.g., pickleball or other sports, arts and crafts, etc.)	1	2	3	4	5

20. How many times have you fallen in the last 12 months?

- No falls → Skip to question 22 1-2 falls 3-4 falls 5+ falls

21. What was the outcome of your fall(s)? (Select all that apply.)

- I did not fall in the last 12 months
- Got up on my own (did not need assistance)
- Needed someone to help me get up
- Went to my primary doctor
- Went to the emergency room (ER) or urgent care clinic
- Was hospitalized
- Other (please specify): _____

22. In the past 12 months, have you been unable to access healthcare that you needed?

- Yes No

23. In the past 12 months, how often, if ever, have you accessed the following types of healthcare?

	Never	Once	2-4 times	5 or more times
Primary care provider (a medical provider that takes care of basic needs, including annual wellness visits).....	1	2	3	4
Specialty care provider (a medical provider that takes care of specific area of medicine, such as cardiology, dermatology, etc.).....	1	2	3	4
Urgent care center (a walk-in clinic focused on caring for minor illnesses and injuries).....	1	2	3	4
Emergency room	1	2	3	4
In-patient hospital treatment (non-emergency).....	1	2	3	4
Out-patient hospital treatment	1	2	3	4

24. Which, if any, of the following barriers to accessing physical or mental healthcare have you experienced in the past 12 months? (Select all that apply.)

- None, I accessed the healthcare that I needed
- None, I did not need to access healthcare in the past 12 months
- I did not have insurance
- I could not find a provider in my area that accepts my insurance
- The cost to access healthcare was too high
- I could not find a provider in my area that provides the healthcare I need
- I did not feel welcome at the providers in my area
- I did not have transportation to a healthcare provider

25. By which types of health insurance, if any, are you currently covered? (Select all that apply.)

- I am not insured
- Insurance through employer
- Retirement insurance from former employer
- Insurance through the Marketplace
- Veteran's Administration
- TRICARE or other military insurance
- Medicare
- Medicare Advantage or Medicare Supplement
- Mo Healthnet (Missouri Medicaid)
- Indian health service
- Other (please specify): _____

26. Which of the following do you currently have? (Select all that apply.)

- A will
- A durable Power of Attorney (for finances)
- A durable Power of Attorney (for medical decisions)
- An advance healthcare directive
- A legal guardian or conservator
- None of these

27. Do you know how to report abuse, neglect, or exploitation of yourself or others?

- Yes
- No

If you or someone you know is facing abuse, neglect, or exploitation, please call the Adult Abuse hotline at 1-800-392-0210.

28. In the last 12 months, have you done any of the following because you could not afford (more) medication?

	Yes	No	N/A
Gone without medication (not refilled a medication when you ran out)	1	2	3
Skipped dosages	1	2	3
Taken less than the prescribed dose	1	2	3

29. Please indicate whether each of the following are true for you.

	Yes	No	N/A
I typically see a dentist for a check-up every 6 months	1	2	3
I typically get an eye exam every 12 months.....	1	2	3
I typically get a hearing test every 5 years	1	2	3
I need new eyeglasses or need my eyeglasses repaired.....	1	2	3
I need new contact lenses.....	1	2	3
I need dental work	1	2	3
I need new dentures or need my dentures repaired	1	2	3
I need new hearing aids or need my hearing aids repaired	1	2	3

30. Are you aware of any of these food assistance programs?

	Know about this program but have not used it	Have used this program	Did not know about this program
SNAP (food stamps).....	1	2	3
Congregate meals (eaten at a senior center or other location where you eat with others).....	1	2	3
Home-delivered meals from an Area Agency on Aging.....	1	2	3
Food from a community food pantry	1	2	3
Government-sponsored supplemental food sources.....	1	2	3

Learn more about food assistance in Missouri at <https://health.mo.gov/seniors/aaa/find-food.php>

31. In the last 12 months, how often have the following statements been true?

	Always	Frequently	Sometimes	Rarely	Never
I did not have adequate access to fruits and vegetables.....	1	2	3	4	5
There was not enough money available to eat balanced meals....	1	2	3	4	5
Less food was eaten because there was not enough money	1	2	3	4	5
Meals were skipped because there was not enough money	1	2	3	4	5

Technology and Information Resources

32. Which of the following types of phones, if any, do you have at your residence? (Select all that apply.)

- Smart phone (call, text, and internet)
- Mobile phone or cellphone (call and text only)
- Landline phone
- No phone

33. Do you have high-speed internet/broadband at home?

- Yes → Skip to question 34
- No

33a. What are the reasons you do not have high-speed internet/broadband at home? (Select all that apply.)

- High-speed internet is not available in my area.
- High-speed internet is available but not reliable.
- I cannot afford high-speed internet.
- I'm not interested in high-speed internet.
- Other (please specify): _____

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34. Please rate your preferred modes of communication from the State of Missouri or your local providers about new programs, services, and emergency information.

	<u>Strongly prefer</u>	<u>Somewhat prefer</u>	<u>Do not prefer</u>
Phone voicemail messages.....	1	2	3
Email.....	1	2	3
Text.....	1	2	3
Website updates.....	1	2	3
Social media (e.g., Facebook, Instagram, etc.)	1	2	3
Newspaper.....	1	2	3
Brochures.....	1	2	3
Presentations.....	1	2	3
Health fairs.....	1	2	3

35. If you prefer other modes of communication, please specify here.

36. What other needs not already addressed in this survey do you have in order to live and age with dignity in Missouri?

Demographics

D1. How many years have you lived in your community?

- Less than 2 years
- 2-5 years
- 6-10 years
- 11-20 years
- More than 20 years

D2. In which category is your age?

- 18-24 years
- 25-29 years
- 30-34 years
- 35-39 years
- 40-44 years
- 45-49 years
- 50-54 years
- 55-59 years
- 60-64 years
- 65-69 years
- 70-74 years
- 75 years or older

D3. What is your race/ethnicity? (Mark one or more to indicate what race/ethnicity you consider yourself to be.)

- White
- Black or African American
- Hispanic or Latino
- Asian or Asian American
- American Indian or Alaska Native
- Native Hawaiian or Other Pacific Islander
- A race not listed

D4. What is the highest level of education you have completed?

- Less than a high school graduate
- High school graduate or GED
- Some college or associate's degree
- Bachelor's degree or higher

D5. What is your gender?

- Woman
- Man
- Identify in another way → go to D5a

D5a. If you identify in another way, how would you describe your gender?

- Agender/I don't identify with any gender
- Genderqueer/gender fluid
- Non-binary
- Transgender man
- Transgender woman
- Two-spirit
- Identify in another way

D6. What is your sexual orientation?

- Heterosexual
- Lesbian
- Gay
- Bisexual
- Identify in another way → go to D6a

D6a. If you identify in another way, how would you describe your sexual orientation?

- Asexual
- Queer
- Identify in another way

- Pansexual Questioning

D7. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

- Less than \$15,000 \$50,000 to \$74,999 \$150,000 to \$199,999
 \$15,000 to \$29,999 \$75,000 to \$99,999 \$200,000 to \$299,999
 \$30,000 to \$49,999 \$100,000 to \$149,999 \$300,000 or more

D8. What is your source(s) of household income? (Select all that apply.)

- Employment Investments
 Social Security Public assistance
 State retirement Disability (including SSI, SSDI, or Veteran Disability Benefits)
 Federal retirement None/no income
 Military retirement Other (please specify): _____
 Other retirement

D9. Which best describes the building you live in?

- Single-family detached home
 Townhouse or duplex (may share walls but no units above or below you)
 Condominium or apartment (have units above or below you)
 Assisted living residence
 Nursing home
 Other

D10. Do you rent or own your home?

- Rent Own (with a mortgage payment) Own (free and clear; no mortgage)

D11. About how much is your MONTHLY housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

- Less than \$300 \$600 to \$999 \$1,500 to \$2,499 \$4,000 to \$6,999 \$10,000 or more
 \$300 to \$599 \$1,000 to \$1,499 \$2,500 to \$3,999 \$7,000 to \$9,999

D12. How many people, including yourself, live in your household?

- 1 person (live alone) 2 people 3 people 4 or more people

D13. How many of these people, including yourself, are 50 or older?

- None 1 person 2 people 3 people 4 or more people

D14. How many of these people, including yourself, have a disability?

- None 1 person 2 people 3 people 4 or more people

D15. Have you ever served on active duty in the Armed Forces of the United States and separated from such service under conditions other than dishonorable?

- Yes No

D16. Would you like to receive information and assistance regarding veteran services?

- Yes - please email MoStatePlanOnAging@health.mo.gov to request information about available services for veterans.
 No

Thank you! Please return the completed survey in the postage-paid envelope to:
National Research Center, Inc., PO Box 549, Belle Mead, NJ 08502