**Whole Person Health Subcommittee Meeting**

**8/14/24**

* Introduced new co-chair, Xandy Harker
* Reviewed existing recommendations that were submitted in December 2023
  + Group had some clarification questions and refinements
  + Group agreed that a few topics should be added with additional detail, including:
    - Vision/hearing/oral health
    - Physical activity
    - Thriving as we age
    - Technology (infrastructure and literacy)
  + There was discussion around how to operationalize these recommendations once they are finalized
* Group split into breakout rooms to discuss the above topics related to prevention, access, maintenance/wellness, equity, and programs, education, resources
  + Vision/hearing/oral health and physical activity were discussed; the group will re-visit the topics at later meetings
* Next meeting is scheduled for October 9; subcommittee may meet more frequently, but additional guidance will be shared by the co-chairs
* Action Items
  + Subcommittee members are asked to review the existing recommendations and provide comments back to the subcommittee co-chairs
    - Existing recommendations can be found [here](https://health.mo.gov/seniors/masterplanaging/pdf/combined-recs-all-subcommittees.pdf) on the Missouri Master Plan on Aging website (pages 61-65 are related to WPH)