**Whole Person Subcommittee Meeting Notes**

**October 9, 2024**

* **Reviewed what is to be completed by the end of the year**
  + Finish recommendations for physical health, thriving as we age
  + Data sources for physical health, thriving as we age
  + Finish the technology section of each recommendation
  + Ensure all recommendations already submitted have been reviewed
* **Physical healthcare template**
  + Worked through all sections of worksheet
    - Noted that CLAIM has changed its name
    - Health literacy as a large component
  + Add falls prevention
  + Consideration of all adults for insurance, not just Medicare recipients
* **Thriving as we age template**
  + Worked through all sections of worksheet
  + Clarified what legacy building means
    - Needs to include trust, wills, planning for end-of-life, etc.
* **Action steps**
  + Data pulls for physical health and thriving as we age
    - The team includes Jordanna (for physical health), Juliet, and Xandy
  + Xandy/Juliet to create a recommendation review form
    - Participants were asked to block out an hour of time between now and next session to review recommendations and provide any additional corrections
  + Share out and review needs assessment results:
    - [Master Plan on Aging | Senior & Disability Services | Health & Senior Services](https://health.mo.gov/seniors/masterplanaging/)
* **Next meeting**
  + December 11, 2024, at 2:00 PM