**Whole Person Subcommittee Meeting Notes**

**October 9, 2024**

* **Reviewed what is to be completed by the end of the year**
	+ Finish recommendations for physical health, thriving as we age
	+ Data sources for physical health, thriving as we age
	+ Finish the technology section of each recommendation
	+ Ensure all recommendations already submitted have been reviewed
* **Physical healthcare template**
	+ Worked through all sections of worksheet
		- Noted that CLAIM has changed its name
		- Health literacy as a large component
	+ Add falls prevention
	+ Consideration of all adults for insurance, not just Medicare recipients
* **Thriving as we age template**
	+ Worked through all sections of worksheet
	+ Clarified what legacy building means
		- Needs to include trust, wills, planning for end-of-life, etc.
* **Action steps**
	+ Data pulls for physical health and thriving as we age
		- The team includes Jordanna (for physical health), Juliet, and Xandy
	+ Xandy/Juliet to create a recommendation review form
		- Participants were asked to block out an hour of time between now and next session to review recommendations and provide any additional corrections
	+ Share out and review needs assessment results:
		- [Master Plan on Aging | Senior & Disability Services | Health & Senior Services](https://health.mo.gov/seniors/masterplanaging/)
* **Next meeting**
	+ December 11, 2024, at 2:00 PM