**Family Caregivers Subcommittee Meeting**

**4/30/24**

* Introduced Glenda Kremer as new Co-Chair
* Started discussing metrics and discussion of what success looks like - by each recommendation
* The group would like to identify and promote a comprehensive list of resources and provide the following:
  + What success looks like
    - Consumers and professionals are commonly aware of access and resources for family and caregivers can identify them as needs arise
  + How success is measured
    - Can you use some service to track phone number or clicks on the website?
* Discussed burnout of family caregivers and possible supports to provide:
  + Support, communication, mental health resources
  + Caretaker support group
  + Importance of a long term care plan
  + Mental health resources for family members
* Shared list of available family caregiver resources currently available <https://health.mo.gov/seniors/pdf/missouri-caregiver-resources.pdf>
  + Not sure yet how to make it more accessible
  + Discussed if organizations have responsibility to update their information on these lists
* The group wants to be intentional about overlap with existing plans within the state
* Next Steps
  + Some members will do a deep dive on data sources
  + The group will continue discussing what success/failure looks like according to each of the recommendations, probably discussing 2 per meeting