**Family Caregivers Subcommittee Meeting**

**2/20/2024**

* Brief introduction from Carrie Morrow, new subcommittee member
* Draft recommendations developed in 2023 will be circulated and discussed via the upcoming town halls, focus groups, and surveys
* Town Halls will occur across the state in late February – early March 2024
* Group discussed the 2024 goals of the subcommittee, which will focus on data
  + High level questions:
    - What data do we need to measure success?
    - What exists (locally, nationally?)
    - Identify leads to explore existing data sources
  + Open discussion - what data are you using? What is it measuring?
    - BRFSS - core survey + modules. Works with state of MO for the caregiver module. Are people caregivers, how they rate their physical health and stress. Part of CDC-MO BOLD grant
    - AARP - mostly national data, some state data around pricing pricing
      * The [AARP Caregiving Resource CenterOpens In A New Window](http://www.aarp.org/home-family/caregiving/) and [Family Caregiver AllianceOpens In A New Window](https://www.caregiver.org/) provide additional information and resources for caregivers.
    - US Aging
      * <https://www.usaging.org/index.asp>
    - AAAs for services being provided
    - Grandfamiliies and Kinship Technical Assistance site ([www.gksnetwork.org](http://www.gksnetwork.org))
    - Caregiver waiver statewide information, information from foster system
    - Caregivers corner - training videos on Aging Ahead's website
    - Easter Seals
      * <https://www.easterseals.com/support-and-education/for-caregivers/understanding-aging-and-caregiving.html>
      * <https://www.easterseals.com/support-and-education/for-caregivers/how-to-remain-at-home.html>
    - Alzheimer's Disease Research Center at KU. We work closely with them at MARC for CareText
  + There was a comment made that group should stay away from using surveys to determine any part of success because most people do not fill out surveys, even when they were happy with surveys
  + There was also a comment that it may be hard to specifically measure "adequate training" for caregivers. Potentially change language to measure available training.
* A few subcommittee members volunteered to look more about the data and resources suggested by the group. They will bring findings to the next meeting (April 2).