





RCF/ALF Training

Bureau of Long Term Services and Support
Division of Senior and Disability Services
Department of Health and Senior Services




Division of Senior and Disability Services 

ALF/RCF- PC Services




- Personal Care
- Advanced Personal Care
- RN Services

- Maintenance services provided to residents of Residential Care Facilities (RCFs) or Assisted Living Facilities (ALFs) to assist with activities of daily living (ADLs).
- Services are provided by the facility.
- Outside agencies shall not be authorized to deliver services in an RCF or ALF.

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ALF/RCF- PC Tasks

- Bathing
- Dietary
- Dressing/Grooming
- Mobility/Transfer
- Toileting/Continence
- Self-Administration of Medications
- Medically Related Household Tasks

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ALF/RCF- APC Tasks

- Ostomy Hygiene
- Catheter Hygiene
- Bowel Program
- Aseptic Dressings
- Non-Injectable Medications
- Passive Range of Motions
- Assistive Transfer Device


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ALF/RCF- RN Tasks

- Evaluate APC care plan
- Other RN care
 - Nail Care (Must be medically necessary)
 - Skin Monitoring
 - Administration of injectable meds

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Questions?



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