


## CDS Training

Bureau of Long Term Services and Support  
Division of Senior and Disability Services  
Department of Health and Senior Services



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## Consumer Directed Model (CDS)

### CDS

Assistance with activities of daily living  
provided as an alternative to nursing facility  
placement to persons with a physical disability

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## Consumer Directed Services

CDS may include any of the following tasks:

- Bathing, including shampooing hair
- Assistance with toileting
- Use of transfer devices/assistance with mobility issues/prostheses
- Passive Range of Motion
- Turning and positioning
- Treatments

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
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## Consumer Directed Model (CDS)

**Additional CDS Eligibility Requirements:**

- Be physically disabled
- Be able to self-direct

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## Consumer Directed Services

- Participants hire and train their own attendant (employer of record)
- Family members may be attendants but spouses and legally responsible individuals cannot
- Participants choose a HCBS provider that is enrolled as a CDS vendor/provider
- The vendor/provider screens applicants, bills the state agency for services and pays the attendant

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## CDS Cost Maximum

- CDS shall be included in the overall cost of care.
- CDS shall not exceed 60% of cost cap.

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
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## CDS Restrictions

CDS shall not be authorized to pay for services:

- When the primary benefit is to the household
- When the task is one that members of a household may reasonably be expected to share or do for one another
- When participant is authorized for residential habilitation through DMH

\*CDS does not include tasks performed by a licensed professional

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## Consumer Directed Services

The assessor shall consider undue hardship that creates circumstances that adversely affects the participant:

- Loss of participant's income
- Overall disintegration of the family
- Abuse and neglect
- Misuse of child labor
- Physical contraindications, which prevent the caregiver from performing necessary tasks

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## CDS and Transportation

- Transportation can be authorized for shopping, errands, school, or employment
- Participants should use NEMT for medical appointments
  - NEMT: 866-269-5927

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## One Last Thing...

CDS is for "hands-on" assistance with physical tasks, so no time can be allotted for:

- Prompting
- Standby assistance
- Cueing
- Respite Care
- Time spent waiting for the participant

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## Questions?

 [BLTSS  
ReassessorTraining@health.mo.gov](mailto:BLTSS_ReassessorTraining@health.mo.gov)  
or  
[PCCP  
ProviderReassessmentReview@health.mo.gov](mailto:ProviderReassessmentReview@health.mo.gov)



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