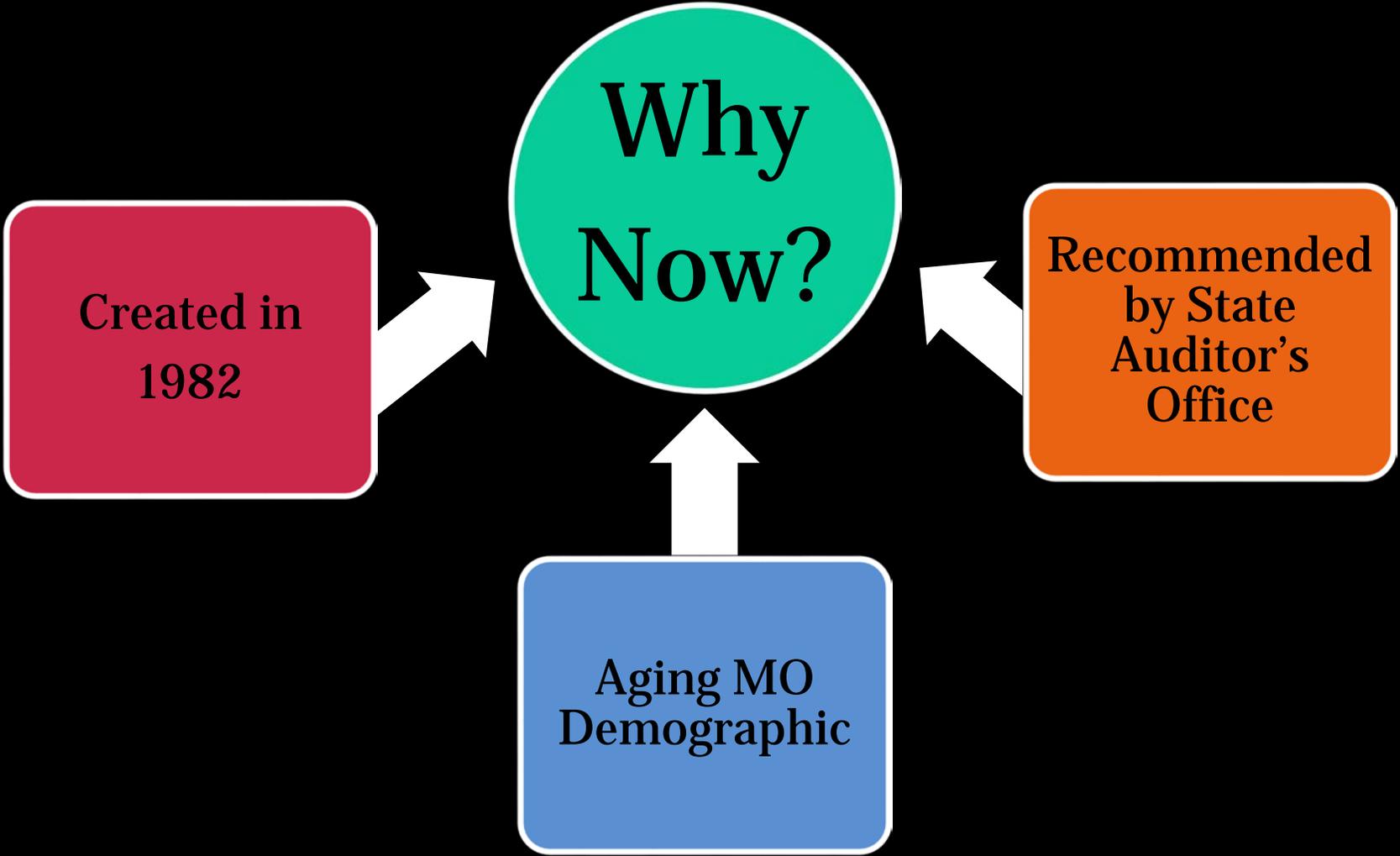


Level of Care Transformation

Division of Senior and Disability Services (DSDS)
Jessica Schaefer, Division Nurse
Kitty Engler, Bureau Chief

Goal?

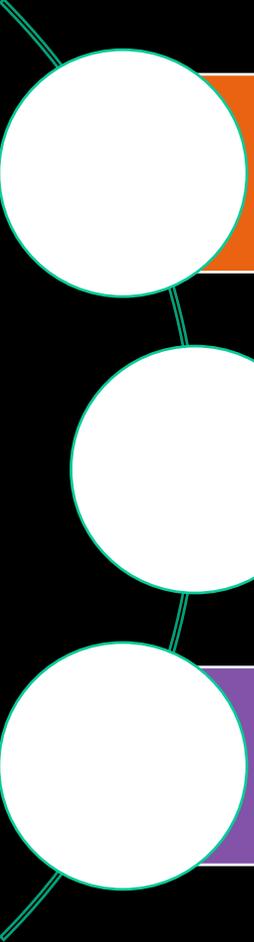
Create a new Level of Care (LOC) model that ensures the right services are provided to the right individuals at the right time.



Recap

- **Research/Consultation – Robert Wood Johnson Foundation Grant Recipient**
- **3 stakeholder meetings**
- **1.0 draft released**
- **Evaluated feedback**
- **2.0 draft just released**

Feedback – Key Points



LOC scores consistently lower

More emphasis needed on participants with a mental health diagnosis

Reevaluation needed on ADL scoring

Current LOC Categories

Dietary

Behavioral

Mobility

Medications

Restorative

Personal
Care

Rehab

Treatments

Keep this in mind...

Would this individual require nursing facility placement if they did not receive HCBS services?

Proposed LOC Categories

Higher Level Activities of Daily Living (ADLs):
Mobility, Eating, Toileting

Treatments

Behavioral

Rehab

Cognition

IADLs: Med
Management,
Meal Prep

Lower ADLs:
Dressing/
Grooming,
Bathing

Safety

Proposed Score Summary

Must score **18** or greater to meet LOC

	Minimum	Moderate	Maximum
Mobility	3	6	9
Eating	3	6	9
Toileting	3	6	9
Dressing/Grooming	3	6	X
Bathing	3	6	X
Treatments	X	6	X
Cognition	3	6	9
Behavioral	3	6	9
Rehab	3	6	9
Meal Prep	3	6	X
Med Management	3	6	X
Safety	3	6	X

Mobility

- Very similar to current Mobility Category
- Walking—assistance needed to walk between locations on same floor indoors
- Locomotion—assistance needed to move between locations on same floor (If in wheelchair, self-sufficiency once in wheelchair)
- Bed Mobility— assistance needed to move to and from lying position, ability to turn and position
- Primary mode of locomotion - is there a need for an assistive device
 - **Trigger: bedbound**

Eating

- No longer dietary category, this section focuses on the ADL aspect of eating
- Eating – assistance needed to eat/drinks regardless of mode of intake
 - **Trigger: Total dependence for eating**
- Therapeutic Diet – physician ordered, weighing, measuring, and/or calculating restricting nutritional components such as sodium, calories, or potassium

Toileting

- Currently this would be found in Personal Care
- Toilet use—assistance needed to use the toilet (or commode, bedpan, urinal), cleanse self after toilet use or incontinent episode, change pads, manages ostomy or catheter, and adjust clothes
- Transfer toilet—assistance needed to move on and off toilet or commode

Dressing/Grooming

- Currently included in Personal Care
- Personal Hygiene – assistance needed to comb hair, brush teeth, shave, apply make-up, wash and drying face and hands, etc
- Dressing Lower Body – assistance needed to dress below the waist, includes items like orthotics
- Dressing Upper Body – assistance needed to dress above the waist

Bathing

- Currently included in Personal Care
- Assistance needed to take a full body bath/shower, including the transfer to and in into the bath/shower.



Treatments

- Removed a few treatments – e.g. oxygen, ted hose, whirl pool
- Proposed treatments:
 - Catheter/Ostomy
 - Suctioning
 - Ventilator or Respirator
 - Wound Care
 - Tracheostomy Care
 - Tube Feeding/TPN

Cognition

- New category – separated from behavioral
- Cognitive Skills – daily decision making for everyday tasks
 - Trigger: Comatose
- Short Term Memory - recall something in a short time
- Procedural Memory - recall the steps to a multisequence action
- Situational Memory – recall common caregivers and places
- Mental Function – variance in different time of the day
- Making Self Understood – expressing content
- Ability to Understand Others - comprehension



Behavioral

- Modified to focus just on the behaviors
- Proposed behaviors include:
 - Wandering
 - Verbal Abuse
 - Physical Abuse
 - Socially Inappropriate / Disruptive
 - Inappropriate Public Sexual Behavior
 - Resists Care
 - Abnormal Thought Process
 - Delusions
 - Hallucinations
 - Mental Condition – stable vs unstable

Rehabilitation

No Changes



Meal Prep

- Currently in dietary
- Assistance needed to prepare a meal



Medication Management

- Currently in Medication category
- Assistance needed to manage medications safely – physical or mental limitations



Safety

- Vision – ability to see after glasses and contacts are used
- Falls – recent fall activity
- Balance – ability to move self to standing position unassisted, turn self around and face the opposite direction when standing, and determine if there is issue with dizziness

What's Next?

Review feedback
from algorithm 2.0
release

Finalize algorithm
and develop
predictive budget
models by
September 30

Budget/algorithm
approval process –
next session

More Info Available:

← → ↻ <https://health.mo.gov/seniors/hcbs/loc-transformation.php>

DHSS
Department of Health
and Senior Services

Health & Senior Services

Healthy Living Senior & Disability Services Licensing & Regulations Disaster &

LOC Transformation

DHSS Home » Senior & Disability Services » Home/Community Based Services Provider Information » loc-transformation

NEW! PRESS RELEASE: DHSS Opens Public Comment Period for Updates to Medicaid-Funded Home and Community Based Services Program - <https://health.mo.gov/information/news/2018/hcbs-121818>

Home & Community Based Services Provider Information

- **PM/VM-18-22 Level of Care (LOC) Transformation Project - Draft LOC Algorithm Release – December 2018**  **NEW!**
- **NFLOC Presentation - May 2018** 
- **NFLOC Presentation - June 2018** 
- **NFLOC Presentation - November 2018** 

Video Tutorial **NEW!**
LOC Algorithm  **NEW!**
Send Feedback 

Questions?



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