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	Program Name	Organization/Contr	Agency/Division	Age Restrictions	Residency	Financial	Veteran	Diagnosis	Other	Services Offered	Referral	Contact Information
		actor	/Bureau		Requirements	Status/Medicaid	Status	Required	Requirement		Required?	
2	211	United Way	n/a	No	Nationwide, but specific services for Missouri by ZIP code	Varies by program	No	Varies by Program	Varies	Connection to resources and agencies providing services throughout the state. Information on food, housing, clothing, transportation, legal services, education, health, employment, income support, mental health, and other areas tailored to a person's location.		Call 211, text 800-427-4626, or visit 211helps.org to search resources or chat with a specialist
3	AARP	AARP	n/a	No	No	No	No	No	No	Caregiving Support Phone Line, Online Caregiver Community and Facebook Discussion Group, Brain Matters trainings in Missouri w/ Alzheimer's Association, Extensive Caregiver Guides info, and resources on a wide range of topics		www.aarp.org/caregiving Support Line: 1-877-333- 5885 or in Spanish 1-888-971-2013
4	Adult Daycare Waiver	1915c Home and Community Based Waivers granted by the Centers for Medicare and	DHSS/DSDS	Care for disabled adults ages 18- 63	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirement s	Care recipient must meet nursing facility level of care.	No	Services include but are not limited to assistance with activities of daily living, planned group activities, food services, observation, skilled nursing services as specified in the plan of care, and transportation to and from the adult daycare setting.	No	Contact DSDS Central Office at 573.526.8557
	Aged and Disabled Waiver	1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/DSDS	Care for individuals aged 63 or older	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirement s	Care recipient must meet nursing facility level of care.	No	The Aged and Disabled Waiver offers in-home services to individuals aged 63 or over who have been assessed with certain impairments and unmet needs to the extent that they would require nursing home care in the absence of these services. The services available include homemaker, chore, respite, home delivered meals and adult day care.	No	Contact DSDS Central Office at 573.526.8557
	AGE-u-cate Suite	AGE-u-cate	n/a	No	Nationwide	Some services/resources are free, others are private pay	No	Focused on dementia care, but diagnosis not required	No	AGE-u-cate offers multiple training courses for direct care workers and caregivers at various price points. They also have several free resources available on their website, as well as updated information via newsletter and blog.	No	ageucate.com or 817-857-1157 ext. 205
7	AIDS Waiver	1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/BHSH	No age restrictions	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirement s	Care recipient must meet nursing facility level of care and be diagnosed by a physician as having AIDS or an HIV-related illness.	No	The AIDS Waiver provides in-home services to participants diagnosed by a physician as having AIDS or an HIV-related illness and are assessed as meeting a nursing home level of care. The services available include personal care, private duty nursing, attendant care, and supplies. Supplies include diapers, under pads, and gloves.	No	DHSS Bureau of HIV, STD, and Hepatitis (573) 751-6475
,	ARCH National Center for Respite			Across the lifespan	Nationwide	Varies	Varies	Varies		The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs in the United States; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.	Varies by progr	https://archrespite.org/
	Best Programs for Caregiving	John A. Hartford Foundation		No	Nationwide services organized by ZIP code	Varies	No	Focused on dementia care, but diagnosis not required	Varies		No	https://bpc.caregiver.org/

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Г	Brain Injury Waiver	1915c Home and	DHSS/DCPH	Care for	Care recipient	Care recipient	No veteran	Care recipient	No	The ARCH National Respite Network includes the National	Contact your	Contact DSDS Central Office at 573.526.8557
		Community Based		individuals	must be a	must qualify for	requirement	must have a		Respite Locator, a service to help caregivers and professionals	local Division	
		Waivers granted by		between the	Missouri resident	Medicaid	S	traumatic brain		locate respite services in their community, the National Respite	of	
		the Centers for		ages of 21 and				injury and require		Coalition, a service that advocates for preserving and promoting	Developmenta	
ı		Medicare and		65				nursing home level		respite in policy and programs at the national, state, and local	l Disabilities	
		Medicaid Services						of care.		levels, and the Lifespan Respite Technical Assistance and	Regional	
										Resource Center which is funded by the Administration for	Office and ask	
										Community Living in the U.S. Department of Health and Human	for Intake	
										Services.	Eligibility	
1,												
1	Breaktime Club	Shepherd Centers	MARC (AAA)	Caregiver of	Clay, Jackson,	No	No veteran	No	No	Breaktime Club is a structured respite program to prvide a safe	No	(816) 421-2980 and ask about caregiver services
	Dicarcinic clas	of America	Wirtie (root)	adult 60+ or	Platte, Ray, Cass	110	requirement	140	140	and enriching day out for older adults who cannot be left alone	140	(010) 421 2500 and ask about caregiver services
		or / unicried		adult w/	Counties in Mo		s			while their caregiver is provided a break from caregiving		
1-				dementia	countries in mo					responsibilities.		
٣	Care Partner Educati	n Memory Care	n/a	Adult caregiver	Most services	No specific	No veteran	Caring for a person	No	Memory Care Home Solutions will make it easier for you to	No	314-645-6247 or https://memorycarehs.org/
	and Intervention	Home Solutions			provided in the	financial		with dementia		enhance your skills and adapt your home setting to meet the		
					greater St Louis	requirements.	s			ever-changing demands of caregiving. Over the course of one		
1					•	Some services are				year, Memory Care Home Solutions will provide you with in-		
1					are available	offered at no				home, personalized care partner education to reduce stress,		
1						charge, while				improve communication, make the home a safer environment,		
					virtual visits	others are				modify daily activities to promote independence, learn ways to		
						privately paid				reduce difficult behavior, connect with community resources and		
1										other supports.		
1												
1:	1		 	ļ.,							,	
ı	Caregiver Action	CAN	n/a	None	Nationwide	No specific		No	No	Online resources and support for caregivers	n/a	https://www.caregiveraction.org/
13	Network					financial	requirement					
Г	Caregiver Resources	Alzheimer's	Greater Missouri	None	Two separate	No specific	No veteran	Probable	No	24/7 helpline services in multiple languages, care consultations,	No	24/7 Helpline: 800.272.3900 or visit alz.org
ı		Association	Chapter or Heart		chapters serve	financial	requirement	Alzheimer's disease		informational resources, support groups (virtual and in person),		
ı			of America		Missouri. Choose	requirements	s	or related		etc.		
ı			Chapter		the county of			dementia				
1					residence served							
ı					by the							
					appropriate							
					chapter Heart of							
1					America service							
1/	4				map:		L			T 0 110 110 110 110 110 110 110 110 110		
ı	Community Support	Medicaid Home	DMH	Care recipient	Care recipient	Care recipient	No veteran	The person must	No	The Community Support Waiver began in July 2003 for persons	Contact your	https://dmh.mo.gov/dev-disabilities/regional-offices
1	Waiver	and Community		can be an adult	must be Missouri	must qualify for	requirement	meet intermediate		with a place to live in the community, usually with family. Annual	local Division	
		Based Waiver		or a child.	resident	Medicaid	5	care facility for individuals with		The first term of the first te	of Dovolonments	
		Program funded with federal dollars						intellectual		Waiver serves over 3,800 individuals.	Developmenta I Disabilities	
		and general						disability (ICF/ID)			Regional	
1		revenue/local						level of care and			Office and ask	
Ι.	J	county match						must be at risk of			for Intake	
12	Comprehensive Wai		DMH	Care recipient	Care recipient	Care recipient	No veteran	The participant	Thoro must	This waiver provides residential services for the care recipient:	Contact your	https://dmh.mo.gov/dev-disabilities/regional-offices
ı	comprenensive war	er Medicaid Home and Community	PINIU	must be 18+	must be Missouri	must qualify for	No veteran requirement	must meet	There must be a	Group Home, Shared Living, or Individualized Supported Living	local Division	nttps.//unin.mo.gov/uev-uisabilities/regional-offices
1		Based Waiver		must be 18+		Medicaid	requirement	Intermediate Care	determinatio	services. This waiver does not have an individual cap on the	of	
		Program funded			resident	ivicultalu	3	Facility for	n that the	The state of the s	Developmenta	
		with federal dollars						Individuals with	individual's	waiver. The Division serves over 8,000 people through the	l Disabilities	
		and general						Intellectual	needs cannot	Comprehensive Waiver. Although this waiver can provide	Regional	
		revenue/local						Disabilities (ICF/ID)	be met in the	residential support services when they are necessary for a	Office and ask	
1		county match						institutional level	Community	participant, not every participant accesses residential services.	for Intake	
ı		county materi						of care and must	Support		Eligibility	
								be at risk of	Waiver.	services.		
								needing ICF/ID	T. GIVET.	32. 11003.		
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Crisis Care Multiple DSS Children's Division Spring assistance Spring Six Care Services include providing shelter, food, personal care, requirements of children under 18 Six Care Services include providing shelter, food, personal care, requirements of children under 18 Six Care Services include providing shelter, food, personal care, requirements of children live with parents requirements of children live with parents requiring assistance six children live with parents requiring assistance of children live with parents requirements of children live with parents requirements or crisis or emergency situation of crisis Care services include providing shelter, food, personal care, Temporary medical attention, education assistance, transportation, and developmental activities for the family, participating and completing assessment/freatment planning to help eliminate stress the family is experiencing, linking families to helpful resources and coordinating services as needed.		A	В	С	D	E	F	G	Н	1	J	K	L
Designation	T	Crisis Care		DSS Children's		Missouri	No financial		Parent	No .	Crisis Care services include providing shelter, food, personal care,	Temporary	https://dss.mo.gov/cd/child-care/help-for-
parents required parents and appeared and completing profession states the family controlled completed profession and appeared and completed profession a			-	Division	children under	residents,	requirements	requirement	experiencing a		medical attention, education assistance, transportation, and	care is	families/crisis-help-for-families.htm
Condessable Completed Program (CCTEP) Prog					18			s					
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CALL On Aging For Missouri by Procedure Proc		Eldercare Locator							Varies by program	Generally no			800-677-1116 or eldercare.acl.gov
ZIP code resources include a Caregiver Corner with useful links and answers to frequently asked questions.			, ,			•		program			= = = : :	program	
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222	Foster and Adoptive Caregiver Services and Support	Foster Adopt Connect	FAC	Adults caring for minor children	Services available around Independence, Springfield, Joplin, Chillicothe, Poplar Bluff, and Kirksville	No specific financial requirements	No veteran requirement s	n/a	No	FosterAdopt Connect works with children, youth, and families as they navigate the complexities of the child welfare system. Programs include 30 Days to Family, foster care advocacy, behavioral interventions, clinical services, Connect Café, food pantry/clothing closet, Kinship Navigator, legal services, respite care, and support groups.	No	816-350-0215
23	Foster and Adoptive Parent Supportive Services	Foster & Adoptive Care Coalition		Adults caring for minor children	Serves 12 counties in the St Louis Metro (Missouri and Illinois)	No specific financial requirements	No veteran requirement s	n/a	No	Comprehensive wraparound support services help foster and adoptive families build resilience. Services include educational advocacy, parent training, support groups, therapy, wish granting, case navigation, free/discounted clothing, and more	Agency or self- referrals welcome	314-367-8373
24	General Caregiver Support Services (PGCSS)	Area VA Hospitals	US Department of Veterans Affairs	No age restrictions for caregiver or care receipent	Veterans are served by their local VA facility	Veteran enrolled in VA health care benefits	must be	Some programs require service disability of the veteran	No	PGCSS offers services including skills training, coaching, phone support, and online programs for caregivers of veterans.	Reach out to the facility CSP Team/Caregiv er Support Coordinator or request a referral from the veteran's provider	Truman Veterans Hospital-Columbia 573-814-6204 Kansas City VA 816-922-2044 Pershing VA-Poplar Bluff 573-778-4476 St. Louis VA-314-652-4100x54127 https://www.caregiver.va.gov/Care Caregivers.asp
25		n/a	n/a	No	Greater KC	No	No	Cancer diagnosis	No	Support groups, counseling, and wellness programs, and education for anyone impacted by a cancer diagnosis	No	(816) 531-5444 or gildasclubkc.org
26	Waiver	1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	·	Care for persons 60 or older and to adults with diffused by the between the ages of 18 and 59.	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirement s	Must meet disability requirements	A participant of CDS must be able to direct the care planning process and hire an attendant	The Independent Living Waiver is similar to the Consumer-Directed State Plan Personal Care program, requiring the same eligibility criteria be met and offering additional personal assistance services beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies financial management services case management The Department of Health and Senior Services, Division of Senior and Disability Services administers this program through an interagency agreement with the MO HealthNet Division.	Yes	Contact DSDS Central Office at 573.526.8557

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	Kinship Navigator	Central Missouri	n/a	Must be caring	Must live within	No financial	No veteran	n/a	No	The Kinship Navigator Program provides support to families who	No	573-298-0258
	Program	Foster Care and		for a child age	one of 24	requirements	requirement			are caring for other's children. They can be another relative to		
		Adoption		18 or under who	counties served		s			the child such as a grandparent or aunt, or a close trusted friend		
		Association		is not your own	by CMFCAA					or neighbor. The program helps families connect to necessary		
				when the	(families residing					resources, expands family support services, seeks to reduce		
				natural parent(s)	outside of					stress, and promotes family stability.		
				cannot or will	coverage area will							
				not do so	be contacted and					Services offered:		
					referred out)					Support groups that focus on the unique needs of children who		
										have been neglected or abused.		
										Navigating the child welfare, mental health, and educational		
										systems including crisis intervention services		
										Providing training and licensing assistance to relative care		
										providers		
										Connecting caregivers to food, clothing, and other tangible		
										resources		
										Respite exchange		
27												
	KU Alzheimer's Disease	Contracted w/	n/a	No	MO/KS	No	No	Dementia of any	No	CareText support program, support groups, training/education,	No	https://www.kumc.edu/research/alzheimers-disease-
28	Research Center	MARC for some services						kind		research studies galore, empowerment talks, SPARK. My Alliance for Brain Health Webinars		research-center.html
٦	Medical Foster Care	Individual providers	VA	No age	Enrolled at a	There is a montly	Care	No particular	The veteran	MFH is a voluntary care option in a non-institutional, homelike	PACT or HBPC	Natalie Gough, Medical Foster Home Coordinator 573-
	Program	in served areas		restrictions	Missouri VA	rate based on	recipient	diagnosis.	and the	setting. The Home Based Primary Care Program will visit		814-6000 x5452
					Medical Center	recipient's care	must be a	Voluntary care	caregiver will	regularly. This team includes a nurse practitioner, nurse, social	required.	
					(currently Kansas	needs and	veteran	option when living	sign a private	worker, occupational or physical therapist, pharmacist, and		
					City, St. Louis,	financial	enrolled at a	at home becomes	care	psychologist. Tem members provide case management and		
					Springfield,	resources. The	participating	difficult. Can serve	agreement	support to the veteran and the caregiver. Medical foster homes		
					Branson, Joplin,	cost may be paid	VA Medical	as an interim	covering care	II		
					and Columbia	using a	Center.	alternative while	provided,	supervision, individualized care planning, a consistent caregiver,		
					areas)	combination of	Some	waiting on long-	rate, rights,	meals, housekeeping/laundry, home-like living, flexibility and		
						private income,	medical	term care facility	and	choice, socialization and recreation, and other care support as		
						social security, savings, VA	foster care homes also	admission. Care needs may include	responsibilitie	needed.		
						income, or other	serve non-	physical care,	3.			
						funding.	veterans	medication				
							through a	management,				
							private-pay	mental health				
							arrangemen	support, or				
							t.	memory				
29								impairment.				
	Medically Fragile Adult	1915c Home and	DHSS/BSHCN	Care for	Care recipient	Care recipient	No veteran	Serious and	No	The Medically Fragile Adult Waiver offers services to individuals	Yes. Contact	Contact Bureau of Special Health Care Needs 573-751-
	Waiver	Community Based		individuals 21	must be a	must qualify for	requirement	complex medical		who have serious and complex medical needs and are no longer	BSHCN for	6246
		Waivers granted by		and older (No	Missouri resident	Medicaid	S	needs, requiring		eligible for services under the Healthy Children and Youth	process.	
l		the Centers for		longer eligible				placement in an		program. To be eligible, an individual must be age 21 or older	I	
l		Medicare and		under the				ICF/MR absent		and assessed as requiring placement in an ICF/MR absent these	I	
		Medicaid Services		Healthy Children				these services		services. The services available include attendant care, private		
				and Youth Program)						duty nursing, and specialized medical supplies.	1	
20				Fiograiii)								
30	Missouri Assistive	Missouri Assistive	Missouri	No age	Missouri Resident	Some programs	No veteran	Some programs	No	A variety of programs for individuals with disabilities or	No	https://at.mo.gov/
	Technology	Technology	Assistive	restrictions		have financial		have limitations,		experiencing age-related changes. Demonstration centers to see,	1	
			Technology			restrictions	s	while others do		try, and learn about devices, Equipment Technology Consortium		
				1				not		(ETC) short term device loan program, Telecommunications	1	
				1						Access Program (TAP) providing equipment to individuals who	I	
				1						have problems sending or receiving phone calls, texts, or emails	1	
				1						or who have problems using the Internet,	1	
١				1							1	
31											l	

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	Missouri Caregiver of the	Constituent	DHSS/DSDS/Con	No age	Missouri resident	No financial	No veteran	No diagnosis	No	Do you know someone who puts their life on hold to care for a	Anyone can	Get nomination form and photo release form from
	Year	Services	stituent Services	restrictions for		limitations	requirement	limitations		family member or friend? Nominate that person for Caregiver of	nominate	health.mo.gov/seniors/caregiver and send to
				caregiver or care			S			the Year. A story and photo of an unpaid caregiver will be		melissa.laneave@health.mo.gov
				receipent						featured each month on the DSDS website.		
32												
	Missouri Centers for	Missouri Centers	N/A	No	22 Centers in	Some programs	No veteran	Some programs	Varies by	MOCIL is a statewide association dedicated to protecting and	Self-referrals	https://mocil.org/locations/independent-living-
	Independent Living	for Independent			Missouri cover all	have financial	requirement	have limitations,	program	advancing the civil rights of people with disabilities	accepted	resource-center-ilrc/
	(MOCIL)	Living (MOCIL)			114 counties	restrictions	S	while others do		Centers are community-based, non-residential, not-for-profit		
								not		organizations that are community controlled. Funding for Centers comes from a variety of sources, including		
										federal, state, and/or local governments, grants, and fee-for-		
										service programs.		
										Federal regulations require that at least 51% of a Center's board		
										of directors and Center staff are individuals with disabilities.		
										Services vary at each center but include consumer-directed		
										services, information and referral, peer counseling, advocacy,		
33	Missouri Children's	Manding id Hame	DMH	Company de la contraction de l	Childt h -	NAO III - dalah Ni - A	N	Child must be	Ale e elettet	skills training, transitional assistance, and many other programs.	Contoto	hada a Alda ah ar a ara Alam disahiliki a Arada 1 199
	Developmental	Medicaid Home and Community	DIVIH	Care recipient must be under	Child must be living at home	MO HealthNet (Medicaid)	No veteran	eligible for and	the child must meet	The Missouri Children's with Developmental Disabilities (MOCDD) Waiver is a Medicaid waiver administered by the	Contact your local Division	https://dmh.mo.gov/dev-disabilities/regional-offices
	Disabilities Waiver	Based Waiver		the age of 18.	with one or both	guidelines require		receiving DD		Division of DD since October 1, 1995. Services available through	of	
		Program funded		80 00.	parents (not in	parental income		services.		the MOCDD Waiver include: Assistive Technology, Applied	Developmenta	
		with federal dollars			placement)	and resources to		https://dmh.mo.go	as outlined in	Behavior Analysis, Community Specialist, Crisis Intervention,	l Disabilities	
		and general				be considered in		v/media/pdf/mocd		Day Services, Environmental Accessibility Adaptations-	Regional	
		revenue/local				determining a		d-waiver-screening-	Waiver	Home/Vehicle Modification, Individual Directed Goods and	Office and ask	
		county match				child's financial		request		Services, Respite, Personal Assistant, SpecializedMedical	for Intake	
						eligibility for MO HealthNet when			Requirement document.	Equipment and Supplies, Support Broker, and Transportation. This waiver provides participants eligibility for all State plan	Eligibility	
						the child lives at				Medicaid services in addition to waiver services. The MOCDD		
						home with the				waiver serves no more than 366 participants and remains below		
						parents. This			a/pdf/mocdd-	the cost of an ICF/ID facility.		
						requirement,			waiver-			
						called deeming			eligibility-			
						parental income			requirements			
						to the child, is waived for						
						children who						
34						participate in the						
	Missouri Family-to-	UMKC/IHD -	DMH/DD	No	Missouri residents	No restrictions	No veteran	Families of persons	No	Resource center providing basic information and referral	No	https://mofamilytofamily.org/
	Family	University Center					requirement			services, help with advanced problem solving, peer matching and		
		for Excellence on					S	developmental		mentoring, advocacy and leadership training, and educational		
٦.		Developmental Disabilities						disabilities		opportunities for people with disabilities and their families.		
35	Missouri Services	Missouri Workforce	Multiple	Varies	Missouri residents	Varies	Varies	Varies	No	Enter Missouri county and type of service needed for links to	No	https://mo.servicesnavigator.org/
	Navigator	System Partners	pic		(specific programs					many public and private service providers across the state.		
					may have other					·		
					requirements)							
36			,								-	1 000 011 10071
	MS Society- Mid-	MS Society	n/a	N	Western MO, KS,	No	No	Multiple Sclerosis	No	Support groups, online discussion community, connection to	For some	1-800-344-4867 for an MS Navigator,
27	America Chapter				NE					information and resources, some case management and financial assistance if eligible	services	https://www.nationalmssociety.org/Chapters/KSG
3/	National Council on	NCOA	n/a	n/a	naitonwide	n/a	n/a	n/a	n/a	Online resources for older adults, caregivers, and aging	n/a	https://www.ncoa.org/
38	Aging						<u> </u>			professionals		
						•	•	•	•		•	

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	National Family	Area Agencies on	DHSS/DSDS/Bur	Adult family	Missouri resident	No limitations for	No veteran	No particular	Priority given	Services vary by AAA, but can include caregiver support services	Agency or self-	Call the Senior Resource Line to be connected with the
	Caregiver Support	Aging	eau of Senior	members or		enrollment, but	requirement	diagnoses of care	to those with	such as information about available resources, assistance in	referrals	AAA in your area 800.235.5503
	Program		Programs	other informal		priority given to	s	receiver required	greatest	gaining access to the resources, individual counseling,	welcome	https://health.mo.gov/seniors/aaa/
				caregivers age		low income		to participate, but	social or	organization of support groups, caregiver training, respite care,		
				18 or older		participants.		if receiver has	economic	and supplemental services. The supplemental services might		
				providing care to individuals 60				Alzheimer's disease or a related		include minor home modifications, medical or incontinence supplies, nutritional supplements, assistive technology, durable		
				or older, Adult				dementia, age		medical equipment, or one-time financial assistance.		
				family members				requirements are		medical equipment, or one-time infancial assistance.		
				or other				waived.				
				informal								
				caregivers age								
				18 or older								
				providing care								
				to individuals of								
				any age with Alzheimer's								
				disease and								
				related								
				disorders, Older								
				relatives (not								
				parents) age 55								
				or older								
				providing care								
				to children								
				under the age of								
39				18, Older								
	National Institute on	NIA	NIA	n/a	Nationwide	n/a	n/a	n/a	n/a	A series of resources including family care planning worksheets,		https://www.nia.nih.gov/health/caregiving
	Aging Caregiver Resources									articles, infographics, and referral lists.		
40	Older Adult Programs	City of Chesterfield	n/a	55+	Area around	No specific	No veteran	No	No	Senior Sizzlers gives you the opportunity to join the other Older	No	https://www.chesterfield.mo.us/older-adult-
	Older Addit Frograms	city of chesterned	11,4			financial	requirement	No		Adults within the area for different programs and events	140	programs.html
1						requirements	s			including outings, seminars, exercise programs, and support		
41										groups.		
	Online Resources	Care Connection	AAA	None	None	None		No	n/a		No	https://goaging.org/resources/
Ι.							requirement			Agency on Aging in Warrensburg		
42	Online Support	Family Caregiver	n/a	None	Nationwide	No specific	S No veteran	No	Same cunnort	FCA facilitates and sponsors several types of support groups	No	caregiver org
1	Online Support	Alliance	11/4	None		financial	requirement	INU	groups are	including those for caregivers who want a safe place to discuss	INU	caregiver.org
1		,				requirements	s			the stresses, challenges, and rewards of providing care for adults		
							Ī-		demographic	with disorders such as Alzheimer's, stroke, brain injury, and other		
1										chronic debilitating health conditions. They also have a wide		
									as LGBTQ+,	range of resources, tips, and information available online.		
1									young adult			
43									caregivers,			
43	I.	l .	l .				1	l .			I	

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Г	ParentLink	University of	College of	Caregivers of	All Missouri	No financial	No veteran	No diagnosis	No	ParentLink's WarmLine is your direct access to family	Agency or self-	Warmline (all caregivers and professionals)
		Missouri	Education and	children under	families eligible	requirements		requirements		strengthening information and support:	referrals	800.552.8522
l			Human	18			s			Visit with professionals who can assist you in thinking through	welcome	Kinship Navigator line (kinship caregivers and
			Development							solutions to your parenting concerns.		grandfamilies) 833.KIN4KID (833.546.4543)
l										Obtain community service and other resource information.		https://education.missouri.edu/parentlink/
										Family Support Specialists offer problem-solving support,		email parentlink@missouri.edu
ı										research-based information, and referrals to services. In areas of		
										the state where we have funding to do so, we also offer follow-		
										up calls to ensure that families get connected with needed		
										resources. During follow-up we help families problem-solve any		
ı										barriers to accessing services and provide additional information		
										and referrals as needed.		
ı												
ı										ParentLink's Kinship Navigator Line (Kin-4-Kid Line) exists to		
										assist and strengthen families of relative/kin caregivers,		
										grandparents, and foster parents caring for children in a kinship		
										relationship. This includes children being cared for by kin in		
										foster care or legal guardianship arrangements, children at risk of		
										entering foster care being cared for by kin, and children being		
1										cared for by kin outside of the child welfare system.		
										Statewide Kinship Navigators can assist with areas such as finding		
										transportation, assistance with housing and utility needs,		
										connection to mental and behavioral health resources, access to		
										developmental screenings for young children, finding household		
										items, clothing, and diapers, and virtual support group meetings		
44	Parkinson's Foundation-	Parkinson's	n/a	No	KS, NE, IA, MO	No	No veteran	Parkinson's Disease	No	Support groups, exercise and wellness classes for care recipient,	No	https://www.parkinson.org/sites/default/files/docume
	Heartland Chapter	Foundation					requirement	or caregiver of				nts/Heartland_Wellness_Programs_062123MS.pdf
							s	person w/ PD				https://www.parkinson.org/sites/default/files/docume
												nts/Kansas_and_Missouri_Support_Groups_062123MS
45												.pdf
	Partnership for Hope	Medicaid Home	This is a county-		Care recipient	Care recipient		Care recipient		The Partnership for Hope Waiver began October 1, 2010. Early	Contact your	Division of Developmental Disabilities at 573-526-7555.
	Waiver	and Community	based waiver	serve adults and	must be a	must qualify for	requirement	must meet	that needs	research on best practices and the waiver development was	local Division	
		Based Waiver	that is a result of	children.	resident of one of	Medicaid	s	eligibility criteria		supported by a grant from the Missouri Foundation for Health to		
1		Program funded	a partnership the		the counties			for Division of DD		the Missouri Association of County Developmental Disabilities	Developmenta	
1		with federal dollars	Missouri		shown in the			services and meet		Services. This waiver can serve adults and children and has an	l Disabilities	
1		and general	Association of		linked map.There			ICF/ID level of care.	community	annual total waiver service cost limit per participant of \$12,362.	Regional	
		revenue/local	County		are currently 11				support	The Partnership for Hope Waiver serves over 2,100 individuals.	Office and ask	
1		county match	Developmental		Missouri counties				system, meet	Services could include Applied Behavior Analysis (ABA), Assistive	for Intake	
			Disabilities		that do not				crisis or	Technology, Benefits Planning, Career Planning, Community	Eligibility	
			Services, the		participate.					Networking, Community Specialist, Community Transition, Day		
			Division of		https://dmh.mo.g					Habilitation, Dental, Environmental Accessibility Adaptations,		
			Developmental		ov/media/pdf/co					Family Peer Support, Individual DirectedGoods and Services,		
1			Disabilities (DD),		unties-				this	Individualized Skill Development, Job Development, Occupational		
1			and the MO		partnership-hope-				document	Therapy, Personal Assistant, Physical Therapy, Prevocational		
			HealthNet		waiver-map					Service, Professional Assessment & Monitoring, Specialized		
1			Division.							Medical Equipment and Supplies, Speech Therapy, Support		
									a/pdf/partner			
46									ship-hope-	Transportation		
٣	Private Homecare	Various	Missouri Alliance	No	No	Generally private	No	No	Varies by	Private citizens contracting with home care companies to provide	No	573-634-7772 or https://www.homecaremissouri.org/
	Services		for Home Care			pay			provider	care for loved ones.		
47						·						
4/		<u> </u>										

Г	A	В	С	D	E	F	G	Н	I	J	K	L
	Program of	Missouri VA	US Department	No age	Veterans are	Veteran enrolled	The Veteran	Veterans may be	No	Veterans can designate one (1) Primary Family Caregiver and up	Reach out to	https://www.caregiver.va.gov/
	Comprehensive	Hospitals	of Veterans	restrictions for	served by their	in VA health care	must be	eligible for this		to two (2) Secondary Family Caregivers on the application.	the facility CSP	
	Assistance for Family		Affairs	caregiver or care			enrolled in	clinical program if		Secondary Family Caregivers serve as a backup support to the	Team/Caregiv	
1	Caregivers (PCAFC)			receipent	·		Department	they:		Primary Family Caregiver when needed. Services will depend on	er Support	
1							of Veterans	Sustained or		whether you are the Primary Family Caregiver or a Secondary	Coordinator	
							Affairs (VA)	aggravated a		Family Caregiver. Caregivers may receive: A monthly stipend	or request a	
							health care	serious injury (or		(paid directly to the caregiver), access to health care insurance	referral from	
							and be	illness) in the line		through CHAMPVA , mental health counseling, beneficiary travel	the veteran's	
							receiving	of duty in the		benefits when traveling with the veteran to appointments,	provider	
							assistance	active military,		respite care	provider	
							from a	naval or air service		respite care		
							caregiver in	during any service				
							order for	era. Among other				
							the	applicable				
								eligibility criteria,				
							caregiver to participate.	an eligible Veteran				
							participate.					
								must:				
								Have a single or				
								combined service-				
								connected				
								disability rating by				
								the Department of				
								Veterans Affairs				
								(VA) of 70% or				
								more, and				
48								Be in need of				
	Remote Support	Careforth	n/a	None	None	Some programs	No veteran	Some services	No	Links to several virtual support groups, forums, and other	n/a	https://www.careforth.com/blog/7-best-remote-
						are free and	requirement	specifically for		resources for people living with dementia and their caregivers.		support-groups-for-caregivers-of-people-with-
						others are private	s	persons with		(Careforth also provides an expert care team, emotional support,		<u>dementia</u>
						pay		dementia and their		and connects to financial assistance for families caring for loved		
								caregivers		ones at home, but these services are not currently offered in		
49										Missouri).		
	Sandwiched-KC	Sandwiched	n/a	No	In-person services	No	No	No	No	Virtual and in-person support groups, annual caregiver		(816) 472-9178
					& respite					conference, training, respite vouchers		www.sandwichedkc.com
E0					vouchers offered						No	info@sandwichedkc.com
Γ,	Shared Care Tax Credit	n/a	Department of	Care recipient	Caregiver and	Person receiving	No veteran	The care recipient	Care recipient	Provides a tax credit to help families offset the costs of caring for	No	To file a claim for the credit with the Missouri
		,	Revenue	60 or older		care cannot		must be physically		an elderly person		Department of Revenue, the original, completed, and
					must be Missouri	receive funding or	s	or mentally	to operate a			signed physician certification for Shared Care Tax
					residents,	services through		incapable of living	motor vehicle			Credit Form MO-SCC, must be attached to the
					caregiver and care			alone, as				individual income tax return
					receiver must live			determined and				
1					in the same home			certified by a				
					at least 6 months			physician licensed				
					per tax year			pursuant to				
1					r , cui			Chapter 334,				
								RSMo; and				
1								Requires assistance				
1								with activities of				
1								daily living to the				
								extent that without				
1								care and oversight				
								at home would				
								require placement				
1								in a facility licensed				
1								pursuant to				
								Chapter 198, RSMo				
								Ciiaptei 198, KSIVIO				
F-1												
2 1		l .	1	1							1	

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	Southeast Missouri	SMTS	n/a	Anyone can ride	21 counties in	Payment is by	No veteran	No	No	Door-to-door transportation to medical appointments, shopping,	No	800-273-0646 or ridesmts.org
	Transportation Services				Southeast	anonymous	requirement			nutrition, recreation, and personal business.		
	(SMTS)				Missouri	suggested	s					
52						donation						
	Structured Family	1915c Home and	DHSS/DSDS	-			No veteran	Adults with		The Structured Family Caregiving Waiver (SFCW) was developed		HCBS Intake team 866.835.3505 online referral form at
	Caregiver Waiver (SFCW)	Community Based		and over	care receiver	eligible	requirement	Alzheimer's or a	must meet	to provide a comprehensive and cost-effective Home and	HCBS is	health.mo.gov/seniors
		Waivers granted by			must be Missouri		s	related disorder	nursing	Community-Based Service (HCBS) option for individuals ages 21	required in	
		the Centers for			residents.			diagnosed by a	facility level	and older diagnosed with Alzheimer's or a related disorder who	order to	
		Medicare and			Caregiver and			licensed physician	of care	wish to live at home in the community and would otherwise	initiate an	
		Medicaid Services			care receiver			in Missouri		require institutionalization in a nursing facility. The Department	assessment to	
					must live in the					of Health and Senior Services, Division of Senior and Disability	determine if	
					same home					Services administers this program. Services include homemaker,	eligible	
					(persons residing					attendant care, medication oversight, and escorting or	participants	
					in long-term care					transporting individuals.	meet Skilled	
53	Suicide and Crisis Lifeline	n/a	DMH	No age	facilities are not Nationwide	No financial	No veteran	No diagnosis	No	By calling or texting 988, you'll connect with mental health	Nursing	Call or text 988
	Juicide and Crisis Lifetine	11/ a	DIVITI	restrictions	ivationwide			requirements	-	professionals with the 988 Suicide and Crisis Lifeline, formerly	referrals	Call of text 300
				restrictions		requirements	e	requirements		known as the National Suicide Prevention Lifeline. The 988	welcome	
							3			Lifeline provides 24/7, confidential support to people in suicidal	Welcome	
										crisis or mental health-related distress.		
										chists of mental related distress.		
54												
	WE CARE Curriculum	UMKC/IHD -		Adults over 18	None	No financial require			No	WE♥CARE is a curriculum created for individuals with		Contact the Association on Aging with Developmental
		University Center					requirement	care team living		developmental disabilities who are in a mutual caregiving	referral	Disabilities at 314-647-8100, info@agingwithdd.com
		for Excellence on					s	with a		arrangement with an aging loved one. This curriculum focuses on	process	
		Developmental						developmental		instilling confidence as a caregiver through skill development,		
		Disabilities						disability		connecting with the community, accessing resources, and		
										learning to identify the needs of oneself and others. The goal		
										of WE♥CARE is to increase the capacity of both family members		
										to support each other and prolong their ability to age in place.		
										The program covers wellness, education, confidence,		
										assessment, and recognizing emergencies.		
										Dougland for implementation within aggregation of the trans-		
										Developed for implementation within organizations that serve		
										individuals with developmental disabilities, WE♥CARE can be facilitated by a variety of personnel, including direct support		
										professionals, organizational staff, social workers, and		
										volunteers. The curriculum was crafted to provide facilitators		
										with all the tools necessary for delivery and requires no prior		
										training. All curriculm and training is provided free of charge.		
										training. An curricum and training is provided free of charge.		
1 1				I			l	l	I		I	