First Aid/CPR Approval

First Aid and CPR training must be processed through the Missouri Workshop Calendar to count toward annual clock hour requirements. Training must be in person or a blend of online learning with a hands on in person assessment. Online-only First Aid and CPR training is not allowed.

When submitting the application for clock hour approval, trainers will need to mark the characteristic indicating that it is a “DHSS designated First Aid or CPR session” so that the provider will receive both clock hour credit and certification. Training organizations with approved First Aid or CPR training can contact Missouri Workshop Calendar to be listed on the First Aid/CPR tab.

The following national models are accepted by the Section for Child Care Regulation for First Aid/CPR:

- American Academy of Pediatrics PedFACTs
- American Red Cross
- American Heart Association
- American Safety and Health Institute
- American Trauma Event Management
- Emergency Care and Safety Institute
- EMS Safety
- National Safety Council
- ProTrainings