

2025 MISSOURI AGING PROFILE

# HOLT COUNTY

Life Expectancy

80



Housing is more than 30% of Income

138



Without a vehicle

27



Living alone

141



Injuries from falls

51

| Social and Economic Characteristics of Older Adults                    |                     |
|------------------------------------------------------------------------|---------------------|
| Characteristic                                                         | Number of Residents |
| Number of individuals in the workforce                                 | 188                 |
| Grandparents responsible for grandchildren under age 18 (no age range) | 35                  |
| Limited English capability                                             | 0                   |
| Living in a skilled nursing facility (no age range)                    | 87                  |
| Has difficulty living independently                                    | 109                 |

Data compiled from most recently available years. Unless otherwise noted, all data is for adults 65+. [Data sources.](#)



eterans 65+

148



**AGING WITH DIGNITY**  
Missouri's Master Plan on Aging

Bureau of Senior Programs  
P.O. Box 570  
Jefferson City, MO 65102  
573.526.4542  
[Health.Mo.Gov/aging](http://Health.Mo.Gov/aging)