

YOUTH TOBACCO USE in MISSOURI



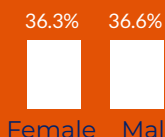
MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

Missouri youth are smoking fewer cigarettes but are using more electronic tobacco products.

1/2 of high school students have
tried e-cigarettes (49.6%)

1/2 of current high school students
tried to quit within the last year

Tobacco use is
gender-equal



1 in 5 high school students
currently vape (20.7%)
Double the number of
students since 2017

Smokeless tobacco
use is more than **3x**
higher than the
national average

The number of high school
students **vaping daily** has
tripled since 2017



Tobacco use is a **leading cause** of preventable disease, disability, and death in
Missouri. Nearly **9 in 10** people who smoke start smoking **before age 18**.*

Early prevention, cessation, and tobacco control policies reduce tobacco use and improve youth health.

References:

2019 Youth Risk Behavior Survey Results, Missouri High School Survey.

* Office of the Surgeon General. The Health Consequences of Smoking – 50 Years of Progress: A Report of the Surgeon General. Rockville, MD: U.S. Department of Health and Human Services, 2014.

MY LIFE MY QUIT

Text "Start My Quit" to 36072.
My Life, My Quit™ is the free and
confidential way to quit smoking
or vaping for teens ages 13-17.

MyLifeMyQuit.com

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