

YOUTH TOBACCO USE in MISSOURI



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

More Missouri youth vape than adults who smoke.

This is significant because Missouri has one of the highest rates of adult use in the nation.

1/2 of current high school students tried to quit within the last year (50.9%)

4 in 10 high school students have tried e-cigarettes (39.9%)

Current vaping rates are **higher** among **females** (21.3) vs males (17.6)

LGBTQ (24.1) vs heterosexual (18.2)

High school students use **smokeless tobacco** (3.9%) at **higher** rates than the national average (2.5%)



2 in 5 youth said they vape because they feel anxious, stressed, or depressed (43%)

The number of high school students who vape **frequently** has **tripled** since 2015

2.8 ▶ **9.5**

More than 4 in 10 youth said they started vaping at age 13 - 14.

Tobacco use is a leading cause of preventable disease, disability, and death in Missouri.

Early prevention, cessation, and tobacco control policies reduce tobacco use and improve youth health.

References:

2021 Youth Risk Behavior Survey Results, Missouri High School Survey.

Office of the Surgeon General. The Health Consequences of Smoking – 50 Years of Progress: A Report of the Surgeon General. Rockville, MD: U.S. Department of Health and Human Services, 2014.

MY LIFE MY QUIT

Text "Start My Quit" to 36072.
My Life, My Quit™ is the free and confidential way to quit smoking or vaping for teens ages 13-17.

MyLifeMyQuit.com

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