



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

Youth Tobacco Use
Prevention Specialist

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HOW TO ADDRESS YOUTH VAPING AND TOBACCO USE?

A comprehensive tobacco-free campus policy that includes full implementation of all of the following:

- ✓ Evidence-based prevention education for all students.
- ✓ Access to and wide promotion of evidence-based cessation resources to help those wanting to quit.
- ✓ Consistent and frequent communication about the policy and related practices.
- ✓ Consistent and friendly enforcement with everyone. Instead of suspension, offer cessation access and require an evidence-based supportive discipline program for students.
- ✓ Engage students in policy adoption and implementation.



Find resources below to support implementation of the strategies listed above. Schools should fully implement, regularly communicate, and enforce a comprehensive tobacco and vape-free campus policy:



Implement Prevention Education for all Students in all Grades

[CATCH My Breath](#), [Tobacco Prevention Toolkit](#), [Vaping: Know the Truth](#), [ASPIRE](#), or [Tobacco Prevention and Education Resource Center](#).



Offer and Promote Cessation for Everyone

Find training for professionals through [Not On Tobacco](#) or [ACT to Address Youth Cessation](#).

➤➤➤ For students – [My Life My Quit](#), [NOT for Me](#)

For staff, contractors and visitors – [MO Tobacco Quit Services](#).



Implement Alternative to Suspension

Two evidence-based options are available to implement as a supportive discipline program, [INDEPTH](#) or [Healthy Futures](#). Offer cessation access through [My Life My Quit](#), [NOT for Me](#). Find training for professionals through [Not On Tobacco](#) or [ACT to Address Youth Cessation](#).

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Tobacco and Vape
Free School District
Guide
or
Resource List for
Tobacco and Vape-Free
Schools



Missouri's Guide to Creating a Comprehensive
**Tobacco & Vape-Free
School District**
Healthy Schools. Healthy Students.



Missouri's Resource List for
Tobacco and Vape-Free Schools

April 2024



Media Campaigns!

[BEHINDTHEHAZEMO.ORG](https://behindthehazemo.org)

[TOBACCOISCHANGINGMO.ORG](https://tobaccoischangingmo.org)