



MISSOURI DEPARTMENT OF  
**HEALTH &  
SENIOR SERVICES**

Youth Tobacco Use  
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## HOW TO ADDRESS YOUTH VAPING AND TOBACCO USE?

A comprehensive tobacco-free campus policy that includes full implementation of all of the following:

- ✓ Evidence-based prevention education for all students.
- ✓ Access to and wide promotion of evidence-based cessation resources to help those wanting to quit.
- ✓ Consistent and frequent communication about the policy and related practices.
- ✓ Consistent and friendly enforcement with everyone. Instead of suspension, offer cessation access and require an evidence-based supportive discipline program for students.
- ✓ Engage students in policy adoption and implementation.



**Find resources below to support implementation of the strategies listed above. Schools should fully implement, regularly communicate, and enforce a comprehensive tobacco and vape-free campus policy:**



### Implement Prevention Education for all Students in all Grades

[CATCH My Breath](#), [Tobacco Prevention Toolkit](#), [Vaping: Know the Truth](#), [ASPIRE](#), or [Tobacco Prevention and Education Resource Center](#).



### Offer and Promote Cessation for Everyone

Find training for professionals through [Adolescent Cessation in Every School, Not On Tobacco](#), or [ACT to Address Youth Cessation](#).



For students - [My Life My Quit](#), [NOT for Me](#)

For staff, contractors, and visitors - [MO Tobacco Quit Services](#).

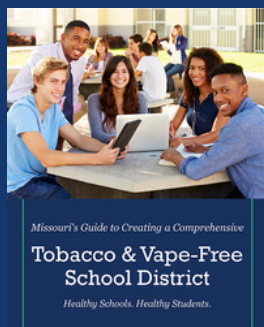


### Implement Alternative to Suspension

Two evidence-based options are available to implement as a supportive discipline program, [INDEPTH](#) or [Healthy Futures](#). Offer cessation access through [My Life My Quit](#), [NOT for Me](#). Find training for professionals through [Adolescent Cessation in Every School, Not On Tobacco](#), or [ACT to Address Youth Cessation](#).

**CLICK TO DOWNLOAD** >

Tobacco and Vape Free School District Guide  
or  
Resource List for Tobacco and Vape-Free Schools



**Media Campaigns!**

[BEHINDTHEHAZEMO.ORG](http://BEHINDTHEHAZEMO.ORG)

[DOWNANDDIRTYLIFEMO.COM](http://DOWNANDDIRTYLIFEMO.COM)

[TOBACCOISCHANGINGMO.ORG](http://TOBACCOISCHANGINGMO.ORG)