



# **GOOD FOR YOUR BREATH, NOT FOR VAPING!**

**YOUR GUT CAN HANDLE A LOT MORE THAN  
YOUR LUNGS AND FLAVORINGS IN E-LIQUIDS  
MAY NOT BE SAFE WHEN INHALED.**



This publication was funded with Federal funds from the Centers for Disease Control and Prevention. The contents do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.

Visit [stopthevapemissouri.org](http://stopthevapemissouri.org) for more information. For free help to quit call the Missouri Tobacco Quitline at 1-800-QUIT-NOW (784-8669) or log on to [YouCanQuit.org](http://YouCanQuit.org).