

**FEELING ON EDGE,  
CAN'T CONCENTRATE?**

**SYMPTOMS  
OF NICOTINE  
ADDICTION  
INCLUDE  
IRRITABILITY,  
ANXIETY,  
DIFFICULTY  
CONCENTRATING,  
INSOMNIA,  
ANGER,  
DEPRESSED  
MOOD.**

**YOU COULD BE ADDICTED  
TO NICOTINE FROM VAPING.**



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Visit [stopthevapemissouri.org](http://stopthevapemissouri.org) for more information. For free help to quit call the Missouri Tobacco Quitline at 1-800-QUIT-NOW (784-8669) or log on to [YouCanQuit.org](http://YouCanQuit.org).