

LISTEN TO HEAVY METAL, DON'T INHALE IT!

**BESIDES NICOTINE, E-LIQUIDS
CAN CONTAIN HEAVY METALS
AND ULTRAFINE PARTICLES
THAT CAN BE INHALED DEEPLY INTO
THE LUNGS AND HARM YOUR BODY.**

**CLEAR
the
AIR**

**Missouri
DHSS**
Department of Health
and Senior Services

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Visit stopthevapemissouri.org for more information.

For free help to quit call the Missouri Tobacco Quitline at 1-800-QUIT-NOW (784-8669) or log on to YouCanQuit.org.