



ACKNOWLEDGEMENT OF COUNSELING

My health care provider has discussed with me the effects of the following on my health and the health of my unborn child:

- ALCOHOL (BEER, WINE, WINE COOLERS, LIQUOR)
- TOBACCO (INCLUDING SECOND HAND SMOKE)
- PRESCRIPTION DRUGS (WITHOUT DOCTOR ADVICE)
- OVER THE COUNTER MEDICATION (WITHOUT DOCTOR OR PHARMACIST ADVICE)
- STREET DRUGS SUCH AS: CRACK/COCAINE, MARIJUANA, BARBITURATES, AMPHETAMINES, ETC.

My health care provider has given me literature on:

- ALCOHOL
- TOBACCO
- DRUGS

I understand this information and have been given the opportunity to ask questions concerning substance use in pregnancy.

I have been given these toll-free numbers for more information:

- MISSOURI DEPARTMENT OF MENTAL HEALTH, Division of Alcohol and Drug Abuse – Referral to a treatment center, pregnant women given priority for treatment. 800-575-7480.
- TEL-LINK – Missouri’s information and referral telephone line for maternal, child, and family health services. 800-TEL-LINK or 800-835-5465.
- OTIS (Organization of Teratology Information Specialists) – A toll-free line that provides information about the effects of exposure during pregnancy to substances or maternal diseases that may influence the development of an unborn baby. 866-626-OTIS or 866-626-6847.
- MISSOURI TOBACCO QUITLINE – A free smoking cessation coaching quitline and self-help materials. 800-QUIT-NOW or 800-784-8669.
- NATIONAL DOMESTIC VIOLENCE HOTLINE – A 24-hour referral hotline for women in domestic violence environments. 800-799-SAFE or 800-799-7233. TTY: 800-787-3224.
- NATIONAL SEXUAL ASSAULT HOTLINE – A 24-hour referral hotline for victims, including friends and family members of the victim, who have experienced some form of sexual assault or rape. 800-656-HOPE or 800-656-4673.

CLIENT SIGNATURE

DATE

PROVIDER SIGNATURE

DATE