



My health care provider has discussed the effects on my health and the effects on the health of my unborn baby with each substance listed below:

- ALCOHOL (BEER, WINE, HARD LIQUOR, ETC.)
- TOBACCO (CIGARETTES, SECOND HAND SMOKE, VAPING, ETC.)
- PRESCRIPTION DRUGS (OXYCODONE, METHADONE, ACE INHIBITORS, ETC.)
- OVER THE COUNTER MEDICATION (PRENATAL VITAMINS, DECONGESTANT, IBUPROFEN, ETC.)
- ILLICIT DRUGS (HEROINE, COCAINE, AMPHETAMINES, ETC.)
- CANNABIS/MARIJUANA (FLOWER, PRE-ROLLS, VAPES, EDIBLES, ETC.)

I understand this information and have been given the opportunity to ask questions concerning substance use in pregnancy.

I have been provided these resources for more information:

- MISSOURI DEPARTMENT OF MENTAL HEALTH, Division of Behavioral Health – Provides referral to a treatment center for substance use. Pregnant women are given priority for treatment programs. Call 800-575-7480.
- MISSOURI TEL-LINK – Provides confidential referrals for maternal and child health services. Call 800-TEL-LINK (800-835-5465).
- MOTHERTOBABY – Provides information about the safety of medications and other exposures during pregnancy and while breastfeeding. Call 866-626-6847.
- MISSOURI TOBACCO QUIT SERVICES – A free smoking cessation quit service offering coaching, practical information, referrals, and FDA-approved cessation medications (if eligible). Call 800-QUIT-NOW (800-784-8669).
- NATIONAL DOMESTIC VIOLENCE HOTLINE – Provides information and referrals, 24/7, to anyone experiencing domestic violence. Call 800-799-SAFE (800-799-7233) or TTY: 800-787-3224.
- RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN) – Provides confidential support services, 24/7, to survivors. Call 800-656-HOPE (800-656-4673).

CLIENT SIGNATURE	DATE
PROVIDER SIGNATURE	DATE