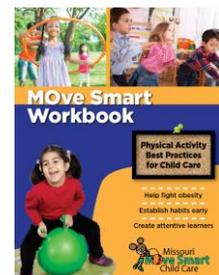


# MOve Smart Child Care Comparison Chart

See MOve Smart Workbook dated August 2018 for details of the new MOve Smart criteria.  
The new workbook cover has a blue background



Physical Activity (PA) Standard / Best Practice	Original MOve Smart Guidelines		New MOve Smart Criteria	
Recognition Levels	<b>Intermediate:</b> Required 3 Core plus choice of 4 other guidelines <b>Advanced:</b> Required all 12 guidelines		<b>Core:</b> Requires all 6 Core criteria <b>Advanced:</b> Requires all 12 criteria	
Amount of PA	Included requirements for outdoor play, structured and unstructured PA	Core	Replaced by separate criteria for amount of structured and unstructured PA	N/A
Amount of Unstructured PA	Was included under Amount of PA	N/A	60 minutes per day for toddlers and preschoolers	Core
Amount of Structured PA	Was included under Amount of PA	N/A	30 minutes per day for toddlers and preschoolers	Core
No PA Withheld	Was a core requirement	Core	Still a core requirement	Core
Equipment Available	Required specific types of play equipment	Core	No requirement for specific types of play equipment	N/A
Additional PA	Required 120 total minutes of PA per day for advanced level	Adv.	No longer required	N/A
Indoor Play Space	Was an option for intermediate level	Adv.	Criteria not changed, but explained more clearly	Adv.
Outdoor Play Space	Was not included in original MOve Smart	N/A	New criteria	Adv.
Learning Integrated	Required A in a learning activity 1 time per day; was an option for intermediate level	Adv.	Requires P in a learning activity 2 times per day	Adv.
Screen Time Limited	Was an option for intermediate level	Adv.	Added requirement for no screen time under the age of 2 years	Adv.
PA Policy	Was an option for intermediate level	Adv.	Now required for core level	Core
Staff Education and Training	Required 1 hour of PA training per year for all staff; was an option for intermediate level	Adv.	Each staff person must complete a one-time, 1 hour online or face-to-face training about MOve Smart; now required for core level	Core
Sedentary Time Limited	Was an option for intermediate level	Adv.	No change	Adv.
Visual Promotion of PA	Was an option for intermediate level	Adv.	No change	Adv.
Staff Participation and Role Modeling	Was an option for intermediate level	Adv.	Now required for core level	Core