

MOver Smart Child Care Application
Core Level

Please review the following application questions before starting the online application.
You must be prepared to complete the entire online application once you begin.

Facility Information

Name of Child Care Facility: _____

- Name of Child Care Director
- # of child care staff
- # of children enrolled
- Age groups served: *(check all that apply)*
___ infants
___ toddlers
___ preschoolers

Child care facility type: *(choose one)*

- ___ Center
- ___ Family Home
- ___ Group Home
- ___ Head Start
- ___ School-Based Preschool

Name of School District: _____

Child Care Licensure Status: *(choose one)*

- ___ Licensed
- ___ License-exempt
- ___ Pre-school regulated by DESE
(Department of Elementary and Secondary Education)

DVN # _____

DVN # _____

Does the child care participate in the Child and Adult Care Food Program? (CACFP)

- ___ Yes Sponsoring Organization: _____
- ___ No

Contact Information

- Name of person completing this application
- Name of other person or organization who helped with application (if applicable)
- Address
- Phone number
- Email address

Document Uploads

1. Please upload your current parent handbook if it includes your child care physical activity policies.
2. Please upload your current employee handbook if it includes your child care physical activity policies.

3. Please upload any other documents that include your physical activity policies. Policies must cover at least the following topics:
 - Staff participation and role modeling.
 - How children’s misbehavior is handled.

See pages 6, 9 and 11 in the MOve Smart Workbook for more information on policy requirements.

4. Please upload a daily schedule for toddlers. **See Sample Daily Schedule** for an example Schedule must clearly show the following times:
 - When the children have unstructured active play time (free play).
 - When the children have structured (teacher led) physical activity.

See pages 7 and 8 in the MOve Smart Workbook for more information on this requirement.

5. Please upload a daily schedule for preschoolers. **See Sample Daily Schedule** for an example Schedule must clearly show the following times:
 - When the children have unstructured active play time (free play).
 - When the children have structured (teacher led) physical activity.

See pages 7 and 8 in the MOve Smart Workbook for more information on this requirement.

6. Please upload a facility staff roster and clock hour training report from OPEN Initiative for all staff members, indicating the required MOve Smart training has been completed by each staff member.

Application Questions

1. Explain how your physical activity policy is communicated to staff and parents.
2. List three examples of unstructured physical activities that you use with infants.
(if infants are served)
List three examples of unstructured physical activities that you use with toddlers.
(if toddlers are served)
List three examples of unstructured physical activities that you use with preschoolers.
(if preschoolers are served)
See page 7 in the MOve Smart Workbook for more information on this requirement.
3. List three examples of structured physical activities that you use with infants.
List three examples of structured physical activities that you use with toddlers.
List three examples of structured physical activities that you use with preschoolers.
See page 8 in the MOve Smart Workbook for more information on this requirement.
4. Discuss and give examples of how staff participate and role model physical activity in your child care.
See page 9 in the MOve Smart Workbook for more information on this requirement.
5. Is physical activity ever withheld for misbehavior in your child care?
See page 11 in the MOve Smart Workbook for more information on this requirement.