

MOve Smart Child Care Application
Advanced Level

Please review the following application questions before starting the online application.
You must be prepared to complete the entire online application once you begin.

Facility Information

Name of Child Care Facility: _____

- Name of Child Care Director
- # of child care staff
- # of children enrolled
- Age groups served: *(check all that apply)*
___ infants
___ toddlers
___ preschoolers

Child care facility type: *(choose one)*

- ___ Center
- ___ Family Home
- ___ Group Home
- ___ Head Start
- ___ School-Based Preschool

Name of School District: _____

Child Care Licensure Status: *(choose one)*

- ___ Licensed
- ___ License-exempt
- ___ Pre-school regulated by DESE
(Department of Elementary and Secondary Education)

DVN # _____

DVN # _____

Does the child care participate in the Child and Adult Care Food Program? (CACFP)

- ___ Yes
- ___ No

Sponsoring Organization: _____

Contact Information

- Name of person completing this application
- Name of other person or organization who helped with application (if applicable)
- Address
- Phone number
- Email address

Document Uploads

1. Please upload your current parent handbook if it includes your child care physical activity policies.
2. Please upload your current employee handbook if it includes your child care physical activity policies.
3. Please upload any other documents that include your physical activity policies.

Policies must cover at least the following topics:

- a. Staff participation and role modeling.
- b. How children’s misbehavior is handled.
- c. Screen time.

See pages 6, 9, 11 and 15 in the MOve Smart Workbook for more information on policy requirements.

4. Please upload a daily schedule for toddlers. **See Sample Daily Schedule** for an example Schedule must clearly show the following times:
- When the children have unstructured active play time (free play).
 - When the children have structured (teacher led) physical activity.
 - When physical activity is incorporated into other lessons.
 - When the children are sedentary (seated).

See pages 7, 8, 14 and 16 in the MOve Smart Workbook for more information on this requirement.

5. Please upload a daily schedule for preschoolers. **See Sample Daily Schedule** for an example Schedule must clearly show the following times:
- When the children have unstructured active play time (free play).
 - When the children have structured (teacher led) physical activity.
 - When physical activity is incorporated into other lessons.
 - When the children are sedentary (seated).

See pages 7, 8, 14 and 16 in the MOve Smart Workbook for more information on this requirement.

6. Please upload a photo of your child care that shows the space that is used for indoor physical activity.
See page 12 in the MOve Smart Workbook for more information on this requirement.

7. Please upload a photo of your child care that shows your outdoor play area.
See page 13 in the MOve Smart Workbook for more information on this requirement.

8. Please upload a photo of your child care that shows visual materials (pictures, posters, books, etc.) that are displayed in classrooms.

See page 17 in the MOve Smart Workbook for more information on this requirement.

Photos will only be used by DHSS to document this application and will not be used publically without permission.

9. Please upload a facility staff roster and clock hour training report from OPEN Initiative for all staff members, indicating the required MOve Smart training has been completed by each staff member.

Application Questions

1. Explain how your physical activity policy is communicated to staff and parents.

2. List three examples of unstructured physical activities that you use with infants.
(if infants are served)

List three examples of unstructured physical activities that you use with toddlers.
(if toddlers are served)

List three examples of unstructured physical activities that you use with preschoolers.
(if preschoolers are served)

See page 7 in the MOve Smart Workbook for more information on this requirement.

3. List three examples of structured physical activities that you use with infants.

List three examples of structured physical activities that you use with toddlers.

List three examples of structured physical activities that you use with preschoolers.

See page 8 in the MOve Smart Workbook for more information on this requirement.

4. Discuss and give examples of how staff participate and role model physical activity in your child care.

See page 9 in the MOve Smart Workbook for more information on this requirement.

5. Is physical activity ever withheld for misbehavior in your child care?

See page 11 in the MOve Smart Workbook for more information on this requirement.

6. Describe how your indoor space is used for physical activity.
See page 12 in the MOve Smart Workbook for more information on this requirement.
7. Describe how your outdoor play area is designed and used for active play.
See page 13 in the MOve Smart Workbook for more information on this requirement.
8. List three examples of learning activities that include movement in your child care.
See page 14 in the MOve Smart Workbook for more information on this requirement.
9. Does your child care policy limit screen time to 30 minutes per week for children ages two and over?
10. Is screen time allowed for children under two years of age?
11. Is screen time used for educational and physical activity purposes only?
12. Are the children ever sedentary for more than 30 minutes at a time except during meals and nap time? If yes, please explain why.