



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
 BUREAU OF COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
 SUMMER FOOD SERVICE PROGRAM (SFSP)
MENU - MEAL TEMPLATE (7 DAY)

| | | | | | | | |
|--|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| NAME OF SPONSOR | | | | | | | |
| NAME OF SITE | | | | | | WEEK OF | YEAR |
| Breakfast | DATE: | DATE: | DATE: | DATE: | DATE: | DATE: | DATE: |
| Fluid Milk (8 oz.) | | | | | | | |
| Vegetable or Fruit (1/2 cup) | | | | | | | |
| Grain/Bread (1 slice/serving) | | | | | | | |
| Other Foods | | | | | | | |
| Lunch/Supper | | | | | | | |
| Fluid Milk (8 oz.) | | | | | | | |
| Meat/Meat Alternative (2 oz.) | | | | | | | |
| 2 Vegetables and/or Fruits (3/4 cup total) | | | | | | | |
| Grain/Bread (1 slice/serving) | | | | | | | |
| Other Foods | | | | | | | |
| Snack <i>Serve 2 of 4 components</i> | | | | | | | |
| Fluid Milk (8 oz.) | | | | | | | |
| Meat/Meat Alternative (1 oz.) | | | | | | | |
| Vegetable or Fruit (3/4 cup) | | | | | | | |
| Grain/Bread (1 slice/serving) | | | | | | | |
| Other Foods | | | | | | | |