

Commodity Supplemental Food Program Health & Social Services Referral Information

Supplemental Nutrition Assistance Program (SNAP)

SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. You can contact the SNAP office by calling 855-373-4636 or go to the webpage at <https://mydss.mo.gov/food-assistance/food-stamp-program>.

Missouri HealthNet

The purpose of the MO HealthNet program is to provide medical services to persons who meet certain eligibility requirements as determined by Family Support Division (FSD). The goals of the MO HealthNet program are to promote good health, to prevent illness and premature death, to correct or limit disability, to treat illness, and to provide rehabilitation to persons with disabilities. You can contact MO HealthNet by calling 855-373-4636 or go to the webpage at <https://mydss.mo.gov/msmed>.

The Emergency Food Assistance Program (TEFAP)

TEFAP provides USDA-donated foods to needy households, including low-income/unemployed persons for home consumption and to organizations serving the homeless and other non-profit organizations providing meals in a congregate setting to needy persons. Go to the webpage at <https://mydss.mo.gov/food-assistance/food-distribution/tefap>.

Supplemental Security Income (SSI)

SSI pays monthly benefits to people who are 65 and older, or blind, or have a disability, and meet the income and asset qualifications. Many people who get SSI are also eligible to receive food stamps and Medicaid benefits. You can contact the SSI office at 800-772-1213 or go to the webpage at <https://mydss.mo.gov/adult-supplemental-payments>.

Medicare

Medicare provides health insurance to persons aged 65 and over, disabled persons under the age of 65 whom have received social security disability cash benefits for at least twenty-four months, and persons with end stage renal disease. You can contact the Medicare office by calling 800-MEDICARE (800-633-4227) or TTY at 877-486-2048 or go to the webpage at <https://www.medicare.gov/>.

Energy Assistance Program

The Low Income Home Energy Assistance Program (LIHEAP) can help you in two ways: Energy Assistance/Regular Heating (EA) and Energy Crisis Intervention Program (ECIP). Energy Assistance (EA) helps you with a one-time payment for your primary heating bills from November through March. The Energy Crisis Intervention Program (ECIP) helps pay your fuel bill when your energy is shut off or is threatened to be shut off. The amount of help you receive is based on the amount of money needed to settle your crisis with the energy provider. For more information call 800-392-1261 or go to the webpage at <https://dss.mo.gov/fsd/energy-assistance/index.htm>.

Missouri Senior Legal Helpline

The Missouri Senior Legal Helpline is a service of the Department of Health and Senior Services, Division of Senior and Disability Services, in partnership with the Missouri Association of Area Agencies on Aging, to connect older adults to local attorneys who provide legal assistance for seniors and their caregivers. The federal Older Americans Act provides assistance and funding for this program. The Legal Helpline provides information and assistance on power of attorney, guardianship, living wills, advance directives, wills, trusts, and other civil legal issues. The helpline does not help with criminal cases, fee-generating cases, imprisonment, or municipal/traffic cases. Call toll-free 800-235-5503 or go to the webpage at <https://health.mo.gov/seniors/senior-legal-helpline.php>.

Abuse, Neglect, and Exploitation of the Elderly and Disabled

Missouri's Adult Abuse and Neglect Hotline responds to reports of abuse, bullying, neglect, and financial exploitation. If you suspect someone is abused, bullied, neglected or exploited, call the hotline at 800-392-0210. The hotline operates 365 days per year from 7 a.m. to 12 a.m. Hearing-impaired persons may utilize Relay Missouri by calling 800-735-2466. [Online Reporting](#) is available for use. More information is available at <https://health.mo.gov/safety/abuse/index.php>.