

SECTION 11: Resources

This section provides a list of many resources available to assist At-Risk Afterschool Care Centers and Outside School Hours Care Centers participating in the CACFP.

- At-Risk Afterschool Care Centers and Outside School Hours Care Centers Resources

Online At-Risk Afterschool Care Centers and Outside School Hours Care Centers Resources

The internet has a vast amount of information that can assist child care providers with their food service operations and the education of staff and children. Below are some resource recommendations that may also be found at <http://health.mo.gov/cacfp> under Resources.

A Flash of Food Safety - <https://www.fns.usda.gov/fs/food-safety-flashes>

Choose My Plate - <https://www.myplate.gov/>

DHSS Food Safety - <https://health.mo.gov/safety/foodsafety.php>

Academy of Nutrition and Dietetics; eatright.org – <https://www.eatright.org/>

Farm to Early Care and Education (ECE) -

<https://health.mo.gov/living/wellness/nutrition/farmtopreschool/>

Food Product Thermometer Calibration –

Food Safety - <https://www.foodsafety.gov/>

Institute of Child Nutrition - <https://theicn.org/>

- ICN Child Care Center Food Allergy Fact Sheets
- Food Safety Resources

Nutrition for Kids - <https://nutritionforkids.com/>

Recipes for Healthy Kids - <https://www.fns.usda.gov/tn/recipes-healthy-kids-cookbook-homes>

Serving Traditional Indigenous Foods - <https://www.fns.usda.gov/cn/serving-traditional-indigenous-foods>

Team Nutrition - <https://www.fns.usda.gov/tn/child-care-organization>

- CACFP Meal Pattern Training Worksheets (English and Spanish)
- Crediting Tip Sheets in Child Nutrition Programs
- Mealtimes with Toddlers in the Child and Adult Care Food Program
- Offering Water in the USDA CACFP
- Tips for Family Style Dining
- Milk Aide
- Serving Meats and Meat Alternates at Breakfast
- Serving Meats and Meat Alternates at Lunch and Supper in the USDA CACFP
- Serving Vegetables in the CACFP
- Adding Whole Grains to your CACFP Menu
- Crediting Single-Serving Packages of Grains in the CACFP
- Crediting Store-Bought Combination Baby Foods in the CACFP

- Spanish Materials Available for Team Nutrition
- Training Resources on Using Ounce Equivalents for Grains
- Team Nutrition Quizzes
- Feeding Infants in the Child and Adult Care Food Program (English and Spanish)

USDA Child and Adult Care Food Program – <https://www.fns.usda.gov/cacfp>

USDA Civil Rights - <https://www.fns.usda.gov/civil-rights>

USDA Food Buying Guide for Child Nutrition Programs - <https://www.fns.usda.gov/tn/fbg>

USDA Procuring Local Foods - <https://www.fns.usda.gov/f2s/procuring-local-foods>

USDA Standardized Recipes - <https://www.fns.usda.gov/tn/recipes>

WIC Approved Food List - <https://www.fns.usda.gov/tn/recipes>