

Broccoli Salad

Auburn School District

Recipe Category: Vegetables

Ingredients	50 Servings		100 Servings		____ Servings		Directions / HACCP
	Weight	Measure	Weight	Measure	Weight	Measure	
Broccoli Florets	1¼ lb	9¾ cups	3½ lb	18¾ cups			1. Mix broccoli, sunflower seeds, and cherries in a pan. 2. Pour dressing over the top and toss. 3. Transfer into containers for serving and refrigerate. CCP: Hold at 41 degrees F or below for cold service.
Sunflower Seeds, honey roasted	3 oz.		6 oz.				
Cherries, dried		1½ cups		3 cups			
Coleslaw Dressing		1½ cups		2½ cups			

Serving (portion size)	Yield per # of Servings	Volume per # of Servings
¼ cup		

Meal Pattern Contribution			
Meat/Meat Alternate	Breads/Grains	Vegetable / Vegetable Sub group	Fruits
		¼ cup (dark green)	

Nutrient Analysis (optional)		
Calories: 58	Saturated Fat: .46 gram	Sodium: 49 mg