

# PLANTING AND HARVESTING FOOD SAFETY TIPS

**Discard any and all damaged produce in the compost or trash.**

**Enclose garden to help keep out animals.**

**Water plants at the root or use drip irrigation.**

**Contact your local health department for guidelines before planting a school garden.**

**Avoid using chemicals in school gardens.**

**Transport foods from the garden to the school in clean, sanitized containers.**

## Wash hands

- **After handling soil or planting seeds. Remove visible debris from under fingernails**
- **After handling any animals**
- **Before harvesting**

**Harvest only when you are healthy!**

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