



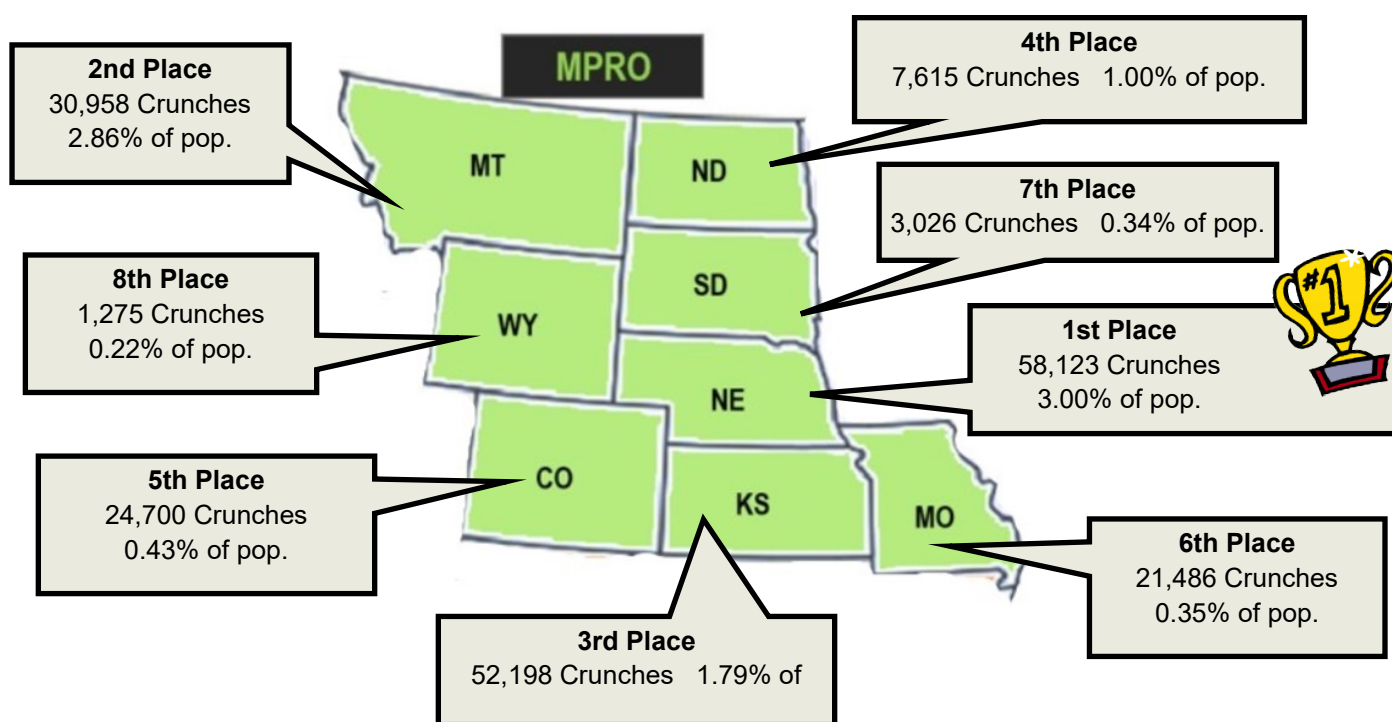
Count the Crunches: Mountain Plains Region 2021 Crunch Off Statistics

Crunches heard around the Region!

To celebrate Farm to School Month (October), States throughout the Region (CO, MT, MO, KS, NE, ND, SD, WY) hold a friendly (virtual or in-person) competition to see which State can get the most “crunches” into a local apple, or other local produce, per capita.

In 2021, our Region had a collective 199,169 “crunches” during the month of October.

Our 2022 goal is 202,200—please help us reach it!



Crunch Planning is Easy as 1, 2, 3

1. Register https://ksde.sjc1.qualtrics.com/jfe/form/SV_d9VPRUhjrVr5ppc OR
You must register to be counted!



2. Visit the official [Missouri Crunch Off](#) website to download the October 2022 Crunch Off Toolkit.

3. Plan your October Missouri Crunch!

For more information, contact one of the 2022 Missouri Crunch co-leads:

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